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AAWAZ

Full Name: Zulekha Dala

Job Title: Chief Officer

AAWAZ Access Point

225 Blackburn Road

Accrington

BB5 0AL

Bus: 01254 398176

E-mail: aawazlancashire@tiscali.co.uk

Notes: AAWAZ is an independent voluntary organisation with the main base in Hyndburn & sister groups in Lancaster, Pendle & Preston. AAWAZ work with Asian women & families with the focus being self development, training, education & employment.

ABBNEYFIELD SILVERDALE & DISTRICT SOCIETY LTD

Full Name: Nicola Spedding

Job Title: Manager

Cove House

Cove Rd

Silverdale

Carnforth

LA5 0SG

Bus: (01524) 701219

Bus Fax: 01524 701410

E-mail: covehouse1@btconnect.com

Notes: Cove House provides 24 hour care for elderly people with a varying range of needs. All staff are NVQ trained or in the process of training. We offer a wide variety of activities from Tai Chi to board games, including regular outings.

ABBNEYFIELD UK, BOLTON-LE-SANDS

Charity Number: 200,719

Full Name: Paul Cheesebrough

Job Title: Administrator

107 Main Road

Bolton-le-Sands

Carnforth

LA5 8EQ

Bus: (015395) 61165

Bus Fax: 015395 61165

E-mail: p.cheesebrough@abbeyfield.com

Notes: Abbeyfield UK provides sheltered housing for the elderly.

ADACTUS (SUPPORTED ACCOMODATION)

Full Name: Lisa Madrell

Job Title: Supported Housing Officer

2a High Street

Lancaster

LA1 1LA

Bus: 01524 841966

E-mail: lisa.madrell@adactushousing.co.uk

Notes: Adactus Housing Group build, renovate & manage affordable housing for rent & sale. In Lancaster Adactus also provides supported accomodation for homeless people & sheltered accomodation for elderly people.

ADHD NORTHWEST

Charity Number: 1,082,031

Full Name: Barbara Worrall

Job Title: Chair

The Barn

Church Court

Bolton-le-Sands

LA5 8EB

Bus: (01524) 822887

E-mail: adhd.northwest@virgin.net

Notes: Information, advice and support for individuals and families affected by ADHD and associated conditions. Workshops and programmes for parents and families. Training for professionals. Organises lectures and conferences.

AGE CONCERN CHARITY SHOP, CARNFORTH

Full Name: Barbara Woods

Job Title: The Manager

33 Market Street

Carnforth

LA5 9JX

Bus: (01524) 733990

Notes: This is a charity shop selling donated goods of good quality to raise funds for the parent organisation.

AGE CONCERN, LANCASHIRE (CARNFORTH)

Charity Number: 504,906

Full Name: The Manager

Job Title: Manager

4 Ashtrees Way

Off Market Street

Carnforth

LA5 9JX

Bus: (01524) 720232

E-mail: reception_ac@btconnect.com

Notes: This organisation works to develop and support services for older people in the rural parts of North Lancashire. Information sessions take place in the Carnforth office, open from 10.00am - 3.00pm Monday to Friday.

AGE CONCERN, LANCASHIRE

Charity Number: 504,906

Full Name: Geraldine Moore

Job Title: Chief Officer

61/63 St Thomas's Road

Chorley

Lancs

PR7 1JE

Bus: 01257 233200

Bus Fax: 01257 479012

E-mail: gmoore@ageconcernlancs.org.uk

Notes: Age Concern Lancashire is a charity helping all older people to make more of later life. The services we provide are developed from an awareness of the changing needs of the older people we work with in communities across Lancashire.

AGE CONCERN, LANCASHIRE (LANCASTER)

Charity Number: 504,906

Full Name: Sally Richardson

Job Title: Community Links Co-ordinator

87 King Street

Lancaster

LA1 1RH

Bus: 01524 63961

Bus Fax: 01524 843183

E-mail: cwilkinson@ageconcernlancs.org.uk

Notes: We provide advice & information, including Age Concern insurance products. There is an assisted shopping service as well as a Carers Access to Health which accompanies older people to hospital/doctors appointments.

AIR TRAINING CORPS 455 MORECAMBE & HEYSHAM SQUADRON

Full Name: Fit Lt P. Tracy
 Job Title: Commanding Officer
 Out Moss Lane
 Morecambe

Notes: Based in Moss Lane, Morecambe, the squadron meets on Wed & Fri evenings. Cadets are involved in flying, engineering, expeditions & orienteering and develop self-awareness, confidence and respect for others.

AL-ANON FAMILY GROUPS

Bus: 020 7403 0888
 E-mail: enquiries@al-anonuk.org.uk

Notes: Al-Anon family groups is an established community resource for those whose lives have been affected by the stress of close association with a problem drinker. The local group meets from 7:00 - 8:15 pm on Sundays, at St Chads Church Hall, Torrisholme Road

ALZHEIMER'S SOCIETY, LANCASTER & MORECAMBE BRANCH

Charity Number: 296,645
 Full Name: Diane Dew
 Job Title: Branch Manager
 Altham Meadows
 Bartholomew Rd
 Morecambe
 Lancs
 LA4 4RR

Bus: (01524) 402610
 Bus Fax: 01524 402611
 E-mail: alzheimerslm@gmail.com

Notes: The branch provides specialist services to people with Alzheimer's disease and other dementias, and their carers in their own homes. Practical help includes relief care and day care services to give respite to carers. Information and support.

AMATEUR DRAMATIC & OPERATIC SOCIETY, LANCASTER (LADOS)

Charity Number: 515,089
 Full Name: Audrey Tarney
 Job Title: Secretary
 22 Parkfield Drive
 Lancaster
 LA1 4BU

Bus: (01524) 34937
 E-mail: nicola@ntarney.freemove.co.uk

Notes: This is an amateur musical society which produces a show annually in Spring. New members are always welcome to take part in all the activities of the society.

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AMATEUR OPERATIC & DRAMATIC SOCIETY, LANCASTER RED ROSE

Full Name: Duncan Stackhouse

Job Title: Secretary

26 Ashford Road

Lancaster

LA1 4QA

Bus: (01524) 389150

E-mail: info@redrose.uk.net

Notes: The society stages regular operatic and dramatic theatre performances.

AMATEUR OPERATIC & DRAMATIC SOCIETY, MORECAMBE

Full Name: Jane Anderson

Job Title: Secretary

8 Pemberton Drive

Morecambe

LA4 6SL

Bus: (01524) 417417

E-mail: andersonjane1@hotmail.com

Notes: The society exists for the production of musical plays.

ANIMAL CARE CHARITY SHOP, MORECAMBE

Full Name: Resources Manager

Bus: (01524) 65495

Bus Fax: (01524) 841819

Notes: This is a charity shop selling goods of all kinds donated by the public. Proceeds go to Animal Care.

ANIMAL CARE, LANCASTER, MORECAMBE & DISTRICT

Full Name: Faye Goymer

c/o Animal Care

Blea Tarn Road

Scotforth

Lancaster

LA2 0RD

Bus: (01524) 65495 (11 am-3pm)

Bus Fax: (01524) 841819

E-mail: admin@animalcare-lancaster.co.uk

Notes: Animal Care cares for stray and unwanted animals in the district, by admitting these in to the group's sanctuary. Veterinary treatment is given if needed, and new caring homes are sought for the animals. The group promotes responsible pet ownership.

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ART AND CRAFTS GROUP, WARTON

Full Name: Mr Ken Clough

Job Title: Secretary

11 Long Acre Close

Carnforth

LA5 9EN

Bus: (01524) 735346

Notes: We meet at Warton Church Hall most Fridays in the year. We encourage each other in craft or art hobbies. The subscription is £15 per annum and we have two exhibitions where you may recoup the subscription.

ART SOCIETY, LANCASTER & DISTRICT

Full Name: Arthur Lamb

Job Title: Secretary

9 Winmarleigh Road

Lancaster

LA1 4LG

Bus: 07840 527712

E-mail: arthur.lamb@hotmail.co.uk

Notes: The society meets weekly on Friday nights during the winter for painting demonstrations and lectures. In summer, some days to paint at chosen sites. An annual exhibition is held at the Storey Institute and a biennial exhibition at the City Museum Gallery

ASHTON HALL ORGAN RESTORATION PROJECT

Charity Number: 1,113,551

Full Name: Colin H Parsons

Job Title: Chairman

10 Whernside Road

Scale Hall

Lancaster

LA1 2TA

Bus: 01524 843117

Mobile: 07901825762

E-mail: colinparsons@talktalk.net

Notes: AHORP is a charity established to raise funds for the restoration of the historic pipe organ in Lancaster Town Hall. The project includes an education programme plus promoting the Ashton Hall as a venue for musical & arts events.

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ASSOCIATION FOR FAMILY SOCIAL WORK, LANCASTER, MORECAMBE & DISTRICT

Charity Number: 223,610

Full Name: Judith Clarke

Job Title: Secretary

75 Spruce Avenue

Lancaster

LA1 5LB

Bus: (01524) 64053

Notes: This group administers a small trust fund for the relief of hardship arising from breakdown of the family unit, disability or poverty within the family. Financial support for the relief of permanent or temporary homelessness.

ASTRONOMICAL SOCIETY, LANCASTER & MORECAMBE

Full Name: Mrs Robinson

Job Title: Secretary

4 Bedford Place

Lancaster

LA1 4EB

Bus: (01524) 36211

E-mail: ehelenerob@talktalk.net

Notes: The society aims to promote awareness of and interest in astronomy by monthly meetings, liaison with other societies.

ATHLETIC UNION, UNIVERSITY

Full Name: James Marenghi

Job Title: President

Athletics Union

Lancaster University

Bailrigg

Lancaster

LA1 4YW

Bus: (01524) 592189

E-mail: aupres@lancaster.ac.uk

Notes: The union organises the activities of 30 constituent clubs offering all major sporting activities for students.

ATTUNE TO HEALTH

Full Name: Gordon Dalgano

Job Title: Chair

Glengarry

3 Thornton Grove

Morecambe

LA4 5PU

Bus: (01524) 427919

E-mail: attunetohealth@yahoo.co.uk

Notes: This organisation is concerned with complementary medicine; practically helping people on low incomes who could not normally afford complementary medicine and developing a new therapy to help people with depression and similar illnesses, who cannot be ef

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AUTUMN CLUB, SLYNE-WITH-HEST

Full Name: Betty Dyer

Job Title: Secretary

2 Coastal Rise

Hest Bank

Lancaster

LA2 6HJ

Bus: (01524) 822654

E-mail: Dyerhestbank@aol.com

Notes: Established in the 1960's, the club has a membership of over 90 elderly villagers, who meet monthly to hear a speaker, followed by socialisation over tea & biscuits. The Committee also arranges excursions, theatre trips & the Christmas party.

b

BADMINTON LEAGUE, LANCASTER, MORECAMBE & DISTRICT

Full Name: Mrs H Greenwood

Job Title: Secretary

26 Hala Grove

Scotforth

Lancaster

LA1 4PS

Bus: (01524) 67866

E-mail: brian@lancashirebadminton.co.uk

Notes: The league promotes the sport of badminton in an area which extends from Ingleton in the north to Garstang in the south. 16 clubs with 46 teams play regularly in the league.

BAPTIST CHURCH, LANCASTER

Full Name: Karen Ness

Job Title: Church Secretary

Nelson St

Lancaster

LA1 1PT

Bus: (01524) 39677

E-mail: office@lancasterbaptistchurch.org.uk

Notes: We are an Evangelical Church located on Nelson St off Dalton Square. Students are welcomed and encouraged to take part in church life. Small weekly groups and other meetings are held where anyone welcome.

b

BARE NECESSITIES PRE-SCHOOL

Full Name: Jill Allen
Job Title: Supervisor
St Margarets Road
Bare
Morecambe
LA4 6DZ
Bus: (01524) 415975
Notes: Registered charities playgroup providing sessional childcare.

BAY BRIDGE CLUB, MORECAMBE

Full Name: Angela Clare
52 Torrisholme Road
Lancaster
LA1 2RW
Bus: (01524) 69217
Notes: This club meets at 1.30pm each Friday in the vestry at the Church of the Ascension in Torrisholme. New members are very welcome.

BEAUMONT COLLEGE OF FURTHER EDUCATION

Charity Number: 208,231
Full Name: Shian Crawford
Job Title: Enterprise Co-ordinator
Beaumont College
Slyne Road
Lancaster
LA2 6AP
Bus: +44 (01524) 541400
Bus Fax: +44 (01524) 846896
E-mail: crawfords@beaumontcollege.org
Notes: The college offers further education to young people with a wide range of physical disabilities, giving the opportunity to develop the skills and personal qualities needed for adult independent living. Places can be residential or day.

BEEKEEPERS' ASSOCIATION, LANCASTER & DISTRICT

Full Name: Derek Wright
Job Title: Secretary
Bridge Barn
Tatham
Lancaster
LA2 8NL
E-mail: dertine@hotmail.com
Notes: The association encourages, improves and advances beekeeping in the district. Members meet monthly between March and November for practical and theoretical sessions.

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BIRDWATCHING SOCIETY, LANCASTER & DISTRICT

Charity Number: 501,753

Full Name: Andrew Cadman

Job Title: Secretary

57 Greenways

Over Kellet

Carnforth

LA6 1DE

Bus: +44 (01524) 734462

E-mail: andrewokuk@yahoo.co.uk

Notes: The society was formed to study the bird life of Morecambe Bay and the country lying inland. Monthly meetings Sept to April at Bare Methodist Church Hall, St Margarets Road, Bare, Morecambe. Participation in local and national surveys of birds.

BOWERHAM LAWN TENNIS CLUB

Full Name: Chris Adams

Job Title: Treasurer

Wardside Lodge

Chapel Lane

Ellel

Lancaster

LA2 0PN

Bus: (01524) 751539

E-mail: chrisadamstt@hotmail.com

Notes: Bowerham Lawn Tennis Club is committed to the promotion and development of tennis for all age groups, standards and from all walks of life

BOWLING & RECREATION CLUB, LUNESIDE & ROSEBANK

Full Name: Mrs P B Satterthwaite

Job Title: Secretary

22 Albion Mews

Lancaster

LA1 1GE

Bus: (01524) 39404

Notes: The club provides recreational activities for all ages. Crown Green Bowling is the main activity, but there is also snooker and table tennis.

Form returned 14/04 - reverse not filled in

BOY'S BRIGADE: 1st BARE

Full Name: David Normington

Job Title: Treasurer

98 Beaufort Road

Bare

Morecambe

LA4 6UA

Bus: (01524) 416470

E-mail: dinorm@talktalk.net

Notes: The Boy's Brigade is a long established Christian youth organisation which provides a wide range of activities for boys and young men between 5 and 18 years of age. Membership is open to boys of all backgrounds and activities.

BRIDGE ROAD ALLOTMENTS ASSOCIATION

Full Name: Cathryn McCrink

Job Title: Chairperson

Bus: (01524) 36967

E-mail: cathryn.mccrink@hotmail.co.uk

Notes: The promotion of the Bridge Road allotment site including growing fruit, vegetables & flowers. The promotion of sustainable gardening & protection of native wildlife. Also the promotion of open community spaces for the benefit of the local neighbourhood.

BRIDLEWAY SOCIETY, NORTH LANCASHIRE

Charity Number: 1,076,096

Full Name: Vicky Lowe

Job Title: Secretary

Flat 2

453 Marine Road East

Morecambe

LA4 6AD

Bus: (01524) 832526

E-mail: vicky.lowe453@btinternet.com

Notes: This group aims to open up existing bridleways and re-open old disused bridleways for horse traffic. Bi-monthly meetings. Raises funds for national organisation.

BRITISH CACTUS & SUCCULENT SOCIETY, LANCASTER BRANCH

Full Name: Mr R Hewitt

Job Title: Secretary

16 Belle Vue Drive

Lancaster

LA1 4DE

Bus: (01524) 66300

Notes: This society aims to further interest in the study, culture and propagation of cacti and other succulent plants by arranging meetings, displays and visits to collectors and nurseries.

b

BRITISH RED CROSS

Charity Number: 220,949

Full Name: Mrs B E Alexander

Job Title: Member's group leader

30 Albert Road

Morecambe

LA4 4HB

Bus: (01524) 425571

Notes: The Red Cross responds daily to the emergency needs of individuals both nationally and internationally. They provide key services - medical loan (from Preston Branch) transport, escort and first aid.

BROCKBANK ANNUITIES TRUST

Charity Number: 223,595

Full Name: Amanda Owen

Job Title: Correspondent

Blackhurst Swainson

3/4 Aalborg Square

Lancaster

LA1 1GG

Bus: (01524) 32471

Bus Fax: (01524) 386515

E-mail: ajo@bsglaw.co.uk

Notes: Grants of up to £1.000 per annum are awarded by this trust to single women aged 50 or over, living in the former borough of Lancaster for over 3 years who are in financial need.

BSR GRASSROOTS PROJECTS - DISABILITY & CARERS

Full Name: Sheron Hall

Job Title: Manager, Equalities & Inclusion Team

St. Paul's Parish Hall

Scotforth Road

Lancaster

LA1 4SA

Bus: (01524) 843135

Bus Fax: (01524) 843135

E-mail: sheron.hall@bsrgrassroots.org

Notes: This project is part of the Diocese of Blackburn, working across Lancashire in partnership with disabled people & their carers to raise awareness of disability and carers issues, influence positive change & promote and develop inclusive communities.

b**BUDDIST CENTRE CHENREZIG KADAMPA**

Full Name: John Rigby

Job Title: Chenrezig Centre Director

93 King Street

Lancaster

LA1 1RH

Bus: 01524 596108

E-mail: info@meditationinlancaster.org

Notes: The Charity promotes the Buddhist faith through the activities of teaching, study, & practice of the New Kadampah tradition at different levels. All members of the community are welcome to participate in the Buddhist meditations, workshops & general study

BUTTERFLY CONSERVATION

Full Name: Martin Wain

Job Title: Morecambe Bay Limestones Officer

South Tilery Cottage

Quernmore

LA2 9EW

Bus: 01524 33851

E-mail: mwain@butterfly-conservation.org.uk

Notes: The charity encourages the management of habitats for butterflies & moths. We contribute to data collection & surveys to monitor species numbers as well as offering advice & information & opportunities for volunteers.

c**CAMPAIGN FOR NUCLEAR DISARMAMENT, LANCASTER DISTRICT**

Full Name: Joan & Dick Allwright

Job Title: Secretaries

13 East Road

Lancaster

LA1 3EE

Bus: +44 (01524) 33991

E-mail: r.allwright@lancaster.ac.uk

Notes: The main purpose of CND is to educate the public about the destructive and indiscriminate nature of nuclear weapons.



CAMPAIGN FOR REAL ALE, LUNESDALE

Full Name: Cliff Laine

Job Title: Chair

28 Melbourne Road

Lancaster

LA1 3QB

Bus: +44 (01524) 63788

E-mail: chairman@lunesdalecamra.org.uk

Notes: The campaign promotes the brewing of beer from traditional ingredients, served without gas pressure after secondary fermentation; campaigns for the retention of public houses and breweries; organises meetings, coach trips, and visits to beer festivals.

CANAL TRUST, LANCASTER

Charity Number: 240,957

Full Name: David Currington

Job Title: Hon Secretary

12 Sedburgh Road

Kendal

LA9 6AD

Bus: 01539 732599

E-mail: dadcurreington@hotmail.com

Notes: The trust aims to stimulate public interest in the navigable and non-navigable sections of the Lancaster Canal and the retention of its essential character as a public amenity.

CANCERCARE (N. LANCS AND SOUTH LAKELAND)

Charity Number: 1,120,048

Full Name: Iona Price

Job Title: Volunteer Co-ordinator

Slynedales

Slyne Road

Lancaster

LA2 6ST

Bus: +44 (01524) 381820

Bus Fax: +44 (01524) 845040

E-mail: admin@cancercare.org.uk

Notes: CancerCare is dedicated to the support of people with cancer, their families and their carers, throughout North Lancashire and South Cumbria. All CancerCare's services are free of charge.

Iona now on telephone 01539 735800



CARERS, LONSDALE DISTRICT

Charity Number: 1,070,311

Full Name: Julia Reay

Job Title: Project Manager

The Cartmel Centre

Euston Road

Morecambe

LA4 5NR

Bus: +44 (01524) 833456 ; 0800 1696529

Bus Fax: 01524 419664

E-mail: lonsdale@dcarers.freemove.co.uk

Notes: Lonsdale District Carers exists to support carers and former carers through the provision of information, advice, respite, social and learning opportunities. A new centre has also been opened on Sulyard Street in Lancaster.

CARNFORTH OTTERS AMATEUR SWIMMING CLUB

Full Name: Anna Thompson

Job Title: Fundraising Co-ordinator

1 Hollybank

Warton

Nr Carnforth

Lancs

LA5 9PL

Bus: 07973 192 872

E-mail: anna.thompson@uk.hjheinz.com

Notes: Carnforth Otters is a Swim 21 competitive swimming club for 5-18 year olds. The club has teams competing in open competitions & leagues across the UK. We also train young people with disabilities.

CARR-GOMM

Charity Number: 245,698

Full Name: Mark Kirkley

Job Title: Project Worker

Wyngarth Court

Queen Street

Lancaster

LA1 5PN

Bus: +44 (01524) 388201

Bus Fax: 01524 388201

E-mail: mark.kirkley@carr-gomm.org.uk

Notes: Carr-Gomm is a national charity. Our purpose is to help people who are disadvantaged through illness or disability, who may be lonely or experiencing crises in their lives, to create a valued future of their choice.



CASTLE AREA RESIDENTS ' ASSOCIATION

Full Name: Mr R Frankland

Job Title: Secretary

Bus: +44 (01524) 382097

Bus Fax: 01524 848519

E-mail: Roger.frankland@lancashire.probaton.gsi.gov.uk

Notes: The association is open to all residents living in the Lancaster Castle area. Meetings are organised bi-monthly in a member's home.

CATHOLIC CARING SERVICES, LANCASTER DIOCESE

Charity Number: 326,021

Full Name: Jim Cullen

Job Title: Director - Community Services

218 Tulketh Road

Preston

PR2 1ES

Bus: 01772 732313

Bus Fax: 01772 768726

E-mail: info@catholiccaringservices.org.uk

Notes: The Children's Services provide adoption, fostering and residential services for children . The Community Services provide day, outreach, advocacy and support services for people with learning disabilities.

CATON LEISURE CLUB

Full Name: Barbara Dearnley

Job Title: Secretary

21 Brookhouse Road

Caton

LA2 9QT

Bus: 01524 770085

Notes: The leisure club operates from Sept - May at the Victoria Institute, Caton on Mondays & Tuesdays. For further details check the website.

CATON TODDLERS

Full Name: Susanne Smith

Job Title: Group Leader

32 Brookhouse Road

Caton

Lancaster

LA2 9QT

Notes: We are a parent and toddler group meeting on a Tuesday morning 10-11.30am at the Victoria Institute, Caton during school term times.

CEEP LTD

Charity Number: 1,128,071

Full Name: Steven Naylor

Job Title: Director

Stanley's Youth & Community Centre

79-83 Stanley Road

Morecambe

LA3 1UT

Bus: 01524 410076

E-mail: stevennaylor@ceep.org.uk

Notes: CEEP is a youth & community development voluntary organisation that aims to make a positive difference in communities by providing opportunity for personal & collective growth. CEEP stands for connect, engage, empower, participate.

CHESS CLUB, MORECAMBE

Full Name: Mr N Blade

Job Title: Secretary

23 Mardale Avenue

Morecambe

LA4 5XF

Bus: +44 (01524) 421125

Notes: The club meets weekly from September to May to organise chess games. Open membership for any chess player over 16 years of age.

CHILDREN INTEGRATION GROUP, LANCASTER & DISTRICT

Charity Number: 1,032,308

Full Name: Mr Birkill

Job Title: Secretary

29 Longlands Avenue

Heysham

LA3 2NU

Bus: +44 (01524) 859725

E-mail: ldcig@hotmail.co.uk

Notes: This group provides support to parents/carers of young people with physical and/or learning disabilities, by offering organised trips, activities and advice on benefits and support available.

CHILDREN'S HOLIDAY OF A LIFETIME SOCIETY

Full Name: N Reeves

Job Title: Chairman

31 Tranmere Crescent

Heysham

Morecambe

LA3 2BD

Bus: +44 (01524) 852584

E-mail: nreeves31@aol.com

Notes: The society aims to send local children with possible life threatening illnesses, along with a parent or guardian, on a holiday of a lifetime to Disneyland, Florida.



CHILDREN'S RIGHTS SERVICE, LANCASHIRE

Charity Number: 221,124

Full Name: Clare Jackson / Lynda Kendall

Job Title: Volunteer Development Workers

30 Ribblesdale Place

Preston

PR1 3NA

Bus: +44 (01772) 256900

Bus Fax: +44 (01772) 256901

E-mail: crl@childrenssociety.org.uk

Notes: This is an independent service for children and young people in the care of Lancashire County Council which offers advocacy, independent visitors and the participation of children and young people in the development of services which affect them.

CHRISTIAN AID, LANCASTER GROUP

Charity Number: 5,171,525

Full Name: Mr Arton Medd

Job Title: Local Organiser

65 Winchester Avenue

Lancaster

LA1 4HX

Bus: +44 (01524) 64730

E-mail: arton.medd@btinternet.com

Notes: Christian Aid works in some of the world's poorest communities in more than 50 countries. It works where the need is greatest, regardless of religion, supporting local organisations which are best placed to understand their communities.

CHRISTIAN HELP IN PARTNERSHIP (CHIPS)

Charity Number: 1,088,634

Full Name: Pauline Elder

Job Title: Project Director

The Open Door

9 Morecambe Street

Morecambe

LA4 5HE

Bus: +44 (01524) 422448

E-mail: chips@cleanmail.org.uk

Notes: This is an ecumenical visiting and befriending service for isolated older people in Morecambe run by a qualified social worker. The Centre also offers a 'Tea at Two' service for the housebound on Tuesday afternoons.

CHRISTMAS SHELTER

Full Name: Islay Watson

Job Title: Contact

Homeless Action Service

Edward Street

Lancaster

LA1 1QH

Bus: +44 (01524) 842008

Bus Fax: +44 (01524) 847724

E-mail: admin@ldhas.org.uk

Notes: The Christmas Shelter offers accommodation for homeless people during the Christmas period.

CHURCH OF ENGLAND CHILDREN'S SOCIETY SHOP, LANCASTER

Charity Number: 40,004

Full Name: Debbie Schwarzer

Job Title: Contact

15 Goldcrest Drive

Bamber Bridge

Nr Chorley

PR5 6ZD

Bus: +44 (01772 627608)

E-mail: .

Notes: The shop sells good quality second-hand clothing and bric-a-brac donated by the general public.

CITIZENS ADVICE BUREAU (CAB) LANCASTER

Charity Number: 1,103,704

Full Name: Rachel Barlow

Job Title: Manager

87 King Street

Lancaster

LA1 1RH

Bus: 01524 389123

Bus Fax: +44 (01524) 846447

E-mail: rachelb@lancastercab.org

Notes: CAB ensures that individuals do not suffer through ignorance of their rights/responsibilities, or inability to express their needs effectively.

CIVIC SOCIETY LANCASTER

Charity Number: 258,434

Full Name: Mrs W.Clark

Job Title: Honorary Secretary

35 Windsor Avenue

Lancaster

LA1 4BE

Bus: +44 (01524) 33411

E-mail: clark4be@btinternet.com

Notes: The society seeks to promote high standards of architecture and town planning in the city and encourages the development and improvement of features of architectural or historic interest. Programme of winter lectures and summer visits.

CLARENDON OUT AND ABOUT CLUB

Full Name: Ruth Taylor

Job Title: Secretary

3 Downes Grove

Morecambe

LA4 5TR

Bus: +44 (01524) 416793

Notes: Enjoy a 3 Course, reasonably priced dinner in convivial company and a Guest Speaker on the first Saturday of the month at the Clarendon Hotel, where members have gathered since 1971. Ladies and Gentlemen, couples or singles are most welcome.

CLASS ACT - COMMUNITY DRAMA GROUP

Full Name: Jennifer O'Callaghan

Job Title: Chairperson

27 Delamere Avenue

Heysham

Lancaster

LA3 2TS

Home: 0795 7543573

Notes: Class Act aims to bring people from different communities together, under the guidance of a tutor, to develop their creative & writing skills, character & self confidence building. Meetings are at the Deaf Centre on Mondays 9.30am - 12.30 pm term time.

COELIAC UK, NORTH LANCASHIRE & SOUTH CUMBRIA

Charity Number: 1,048,167

Full Name: Celia Kaye

Job Title: Local Contact

PO Box 131

Kendal

LA9 4XE

E-mail: nlanacs@coeliac.org.uk

Notes: This support group is for people diagnosed as affected by gluten intolerance.



COMMUNITY ASSOCIATION FOR THE WEST END

Full Name: Ronald Hayhurst

Job Title: Chair

9 Alexandra Road

Morecambe

LA3 1TH

Bus: +44 (01524) 421270

E-mail: morecambe_r3s-shop@tiscali.co.uk

Notes: This is a residents association for the West End of Morecambe and Heysham North

COMMUNITY GREENWASTE RECYCLING PROJECT (PICCADILLY GARDEN)

Full Name: Andrea Crook

Job Title: Contact

South Lodge

Piccadilly

Lancaster

LA1 5AA

Bus: 01524 847685

Bus Fax: 01524 381513

E-mail: andrea.crook@piccadillygarden.org

Notes: This is a community scheme for recycling green waste based at the Piccadilly Garden site.

COMMUNITY LEARNING NETWORK

Full Name: Debra Hughes

Job Title: Co-ordinator

Lancaster District CVS

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: 01524 555900 ext 23

E-mail: debrahughes@lancastercvs.org.uk

Notes: CLN organises training to give people the opportunity to share skills, knowledge, and experience. The Network aims to involve people in projects that link and improve communities for the benefit of all.

COMMUNITY MUSIC TRUST, LANCASTER

Charity Number: 1,062,049

Full Name: Mr A Sutherland

Job Title: Administrator

18 Lonsdale Place

Lancaster

LA1 4BX

Bus: +44 (07866) 289545

E-mail: lcmc_info@yahoo.co.uk

Notes: The trust operates a term time Saturday morning music centre at Lancaster Royal Grammar School, which offers tuition in music to local residents, of any age, and the opportunity to participate in various musical ensembles.

COMPASSIONATE FRIENDS, CARNFORTH & DISTRICT, THE

Charity Number: 1,082,335

Full Name: Sheila Harris

Job Title: Local Contact

Yew Tree farm

Capernwray

Carnforth

LA6 1AF

Bus: +44 (01524) 732876

Notes: TCF offers support and friendship for bereaved parents and their families by those similarly bereaved. The local group meets monthly at 7.30pm every 3rd Tuesday in the Conference Room, Royal Station Hotel, Carnforth.

CONSERVATION VOLUNTEERS LANCASTER & DISTRICT

Full Name: Liz and David Alexander

Job Title: Joint Project Officers

54 Michaelson Avenue

Torrisholme

Morecambe

LA4 6SE

Bus: +44 (01524) 412938

E-mail: david.a.alexander@btinternet.com

Notes: The group carries out practical conservation work mainly at weekends, to improve existing wildlife habitats and to create new ones. The work includes tree planting, pond digging, hedge laying, orchard management & dry stone walling.



COUNCIL FOR VOLUNTARY SERVICE (CVS), LANCASTER DISTRICT

Charity Number: 502,265

Full Name: Jon Rigby

Job Title: Chief Officer

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 555900 X 20

E-mail: mail@lancastercvs.org.uk

Notes: The CVS supports local voluntary groups; encourages them to work together; provides a link between voluntary and statutory bodies; and finds ways of meeting unmet needs by voluntary action.

COUNSELLING SERVICE, NORTH LANCASHIRE

Charity Number: 1,024,760

Full Name: Mr J Millington

Job Title: Secretary

Edenside

Armathwaite

Carlisle

CA4 9SY

Bus: 01524 389389

E-mail: johnmilly@hotmail.com

Notes: This is a personal counselling service for people with emotional problems, eg anxiety, depression, grief, abuse, relationships. Counsellors are fully qualified, they give their services voluntarily and no charge is made.

COUNTRYSIDE ASSOCIATION, LUNESDALE

Full Name: Mr D Atkinson

Job Title: Secretary

20 Priory Lane

Kents Bank

Grange-over-Sands

Cumbria

LA11 7BH

Bus: +44 (015395) 35281

Notes: This is a local ramblers' group.



CRAFT AID

Charity Number: 1,062,070

Full Name: Dr C Howorthi

Job Title: Co-ordinator

St Thomas' Centre

Marton Street

Lancaster

LA1 1XX

Bus: +44 (01524) 590419

E-mail: c.howorth@lancaster.ac.uk

Notes: This is an outlet for handicrafts made by small cottage industries in the third world and purchased through Tearcraft and Traidcraft. The shop sells recycled paper, stationery, various foods, tea, coffee & chocolate. (see also Tearcraft and Traidcraft)

CRICKET CLUB, CARNFORTH

Full Name: Anthony Chick

Job Title: Secretary

3 Green Cross Cottages

Burton-in-Kendal

Cumbria

LA6 1JA

Bus: +44 (01524) 781856

Bus Fax: +44 (01524) 781856

E-mail: chick573@btinternet.com

Notes: This club has three senior and two junior teams. Local league matches are played.

CRICKET CLUB, TORRISHOLME

Full Name: Mark Drinkall

Job Title: Chairperson

5 Waltham Court

Halton

LA2 6QY

Bus: 01524 811939

E-mail: m.drinkall@christeyns.co.uk

Notes: Our club is ECB Clubmark accredited, equitable & open & our philosophy is made up of two parallel objectives:-

1. To make cricket available to all.
2. To provide a pathway for talented players to fulfil their full potential.

c

CUBA SOLIDARITY CAMPAIGN

Full Name: Brian Penney

Job Title: Local Contact

13 Royds Avenue

Heysham

Morecambe

LA3 1PA

Bus: +44 (01524) 855435

E-mail: penney.brian@btinternet.com

Notes: CSC works to raise awareness of the illegal US economic blockade of Cuba and the achievements of Cuba in health, education and international aid. CSC defends Cuba's right to normal relations with the US, sends aid to Cuba and organises public events.

d

DAD'S GROUP AT LUNE PARK CHILDREN'S CENTRE

Full Name: Les Knowles

Job Title: Contact

9 Granville Road

Lancaster

LA1 2PA

Bus: 07931 362400

E-mail: les.syknowles@yahoo.co.uk

Notes: Our aim is to provide a friendly environment & support for male carers & dads who require access to children due to court orders etc. A range of activities & training courses is available to help develop as parents.

DIABETES UK - LANCASTER AND DISTRICT VOLUNTARY SUPPORT GROUP

Charity Number: 215,199

Full Name: Veronica Gilpin

Job Title: Group Secretary

2 Fellside View

Heysham

Morecambe

LA3 2JZ

Bus: 07870 896628

E-mail: veegee1@live.co.uk

Notes: We are a local voluntary support group run by diabetics for diabetics, their family or carers. We provide regular sociable meetings aiming to broaden understanding of the condition, range of treatments offered and the type of care to expect.

d

DOWAGER COUNTESS ELEANOR PEEL, THE

Charity Number: 214,684

Full Name: R.Michael Parkinson

Job Title: Trustee

Beechcroft

Back Commons

Clitheroe

Lancs

BB7 2DX

Bus: 01200 422660

E-mail: mparkinson@inghamandyorke.co.uk

Notes: The Trust is for general charitable purposes with particular regard for medical charities, charities for old people and those who have fallen on hard times through no fault of their own. Charities primarily for those under 18 can not be supported.

DUKES, THE

Charity Number: 501,935

Full Name: Amanda Belcham

Job Title: Chief Executive

Moor Lane

Lancaster

LA1 1QE

Bus: +44 (01524) 598505

Bus Fax: +44 (01524) 598519

E-mail: info@dukes-lancaster.org

Notes: The Dukes is a producing theatre and independent cinema with a range of activities at DT3 - the Education Centre.

DYNAMO, THE LCR AND DISTRICT CYCLE CAMPAIGN

Full Name: Claire Diplock

Job Title: Committee Member

123 Scotforth Road

Lancaster

LA1 4SD

E-mail: dynamocycle@btinternet.com

Notes: This is a broad based group established in 1994 to work with official bodies , other cycling organisations and individuals to promote cycling as a safe, sustainable, enjoyable and healthy means of transport.

d

DYSPRAXIA FOUNDATION

Charity Number: 1,058,352

Full Name: Mr K Hummer

Job Title: Lancs Co-ordinator

261 Inner Promenade

Fairhaven

Lytham St Annes

FY8 1AZ

Bus: +44 (01253) 738679

Notes: The Dyspraxia Foundation promotes awareness and understanding of dyspraxia. It supports individuals and families affected by dyspraxia; organising conferences and talks. There are local groups throughout the UK for pre-school and school age children an

e

ELM HOUSE DAY CENTRE

Charity Number: 702,870

Full Name: A Cooke

Job Title: Manager

21 Meeting House Lane

Lancaster

LA1 1TJ

Bus: +44 (01524) 35341

Bus Fax: +44 (01524) 847638

E-mail: elmhouselancs@googlemail.com

Notes: Elm House is an informal drop-in day centre for people who have mental health problems. It is open 7 days a week from 10.00am to 5.00pm weekdays & 10.30am to 4.30pm weekends and provides a range of social and recreational activities.

EMMANUEL CHURCH, MORECAMBE

Full Name: Rev J D Mc Lean

Job Title: Minister in Charge

Marine Road East

Morecambe

LA4 5AJ

Bus: +44 (01524) 412230

Notes: This church holds traditional services, according to the Book of Common Prayer, every Sunday in their church on Marine Road East, Morecambe.

e

ENTERPRISE4ALL

Full Name: Howard Bentley

Job Title: Contact

Enterprise Suite

Blakewater House

Capricorn Park

Blakewater Road

Blackburn

BB1 5QR

Bus: 0845 607 0786

E-mail: howard@enterprise4all.co.uk

Notes: A thriving social enterprise led by a strong team of successful business people & professionals. Focussed upon maximising engagement in enterprise, education & employment, we offer innovative consultancy services & funded programmes to support businesses

EVERSLEY CHORAL UNION

Charity Number: 1,042,302

Full Name: Mrs J Ager

Job Title: Secretary

51, The Row

Silverdale

Carnforth

LA5 0UG

Bus: +44 (01524) 701491

Bus Fax: 01524 702361

E-mail: jenny_ager@btopenworld.com

Notes: This is a mixed choir of 50-60 voices which performs a repertoire of mainly classical music at concerts mainly at Christmas and Easter. Rehearsals are held at Milnthorpe Primary School and any keen, interested singers are most welcome to join.

f

FAIRTRADE GROUP, LANCASTER, MORECAMBE & DISTRICT

Full Name: Jennifer Sullivan

Job Title: Chair

St Luke's Vicarage

Slyne Road

LA1 2HU

Bus: +44 (01524) 63249

E-mail: lewis_gary@talktalk.net

Notes: The Fairtrade group promotes fair trade in a number of ways throughout the district and also monitors the Fairtrade status of the district.



FAITH IN LANCASTER

Full Name: Chris Robson

Job Title: Acting Chair

19 Woodlands Road

Skerton

Lancaster

LA1 2EH

Bus: 01524 62465

E-mail: glospurrblack7@yahoo.co.uk

Notes: The aim of Faith in Lancaster is to bring representatives of the different faith communities together to facilitate networking in a way acceptable to the mainstream of each religious group.

FAMILY HISTORY GROUP, LANCASTER

Full Name: Mrs P A Harrison

Job Title: Secretary

116 Bowerham Road

Lancaster

LA1 4HL

E-mail: secretary@lfhg.org

Notes: LFHG aims to support and assist members to research their family trees. Resources, information and assistance are provided along with a varied programme of speakers, visits, workshops and computer sessions. A monthly newsletter is published for members.

FIFTY FORWARD CARE NAVIGATION SERVICE

Full Name: Pamela Beswick

Bus: 01524 413967

Notes: The 50 Forward project provides support for older people who need help to address services.

FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS

Full Name: Mrs M Carter

Job Title: Hon Secretary

7 St Michaels Place

Bolton-le-Sands

Carnforth

Lancs

LA5 8LF

Bus: 01524 823013

E-mail: mvcarter@talktalk.net

Notes: The aim of the group is to promote interest in gardening. Annual activities include shows of flowers,vegetables,homecraft,art,photography & children's sections. We also have coffee evenings, evening lectures, quizzes and best kept garden competition.



FOLK DANCE GROUP, BOLTON-LE-SANDS

Full Name: Mr B Wilkinson

Job Title: Secretary

101 Westminster Road

Morecambe

LA3 1SG

Bus: +44 (01524) 412754

Notes: The group promotes folk dancing as an enjoyable leisure activity. Dances are arranged each month on Saturdays.

FOLLY GALLERY

Charity Number: 328,232

Full Name: Wendy Rogerson

Job Title: Administrator

Unit 6.4.4

Alston House

White Cross

Lancaster

LA1 4XQ

Bus: +44 (01524) 388550

Bus Fax: +44 (01524) 388513

E-mail: wendy.rogerson@folly.co.uk

Notes: Folly is a leading digital arts organisation. Delivering events, exhibitions, activities and workshops in Cumbria, Lancashire and online, Folly is committed to enabling people from all walks of life to explore art through technology.

FOOD 4 THOUGHT CAFE & OUTSIDE CATERING SERVICE

Full Name: Pamela Beswick

Job Title: Contact

Garden Entrance

Poulton War Memorial Hall

Church Street

Morecambe

LA4 5QA

Bus: 01524 416481

E-mail: F4T@signposts.org

Notes: This is a community café open 10-2 Monday - Friday. Outside catering is also available.



FOOTBALL CLUB, SLYNE-WITH-HEST

Full Name: Mr Knowles

Job Title: Chairman

28 Forgewood Drive

Halton

Lancaster

LA2 6NY

Bus: +44 (01524) 811515

E-mail: christopher.knowles@btinternet.com

Notes: This is an amateur football club with four teams playing in the West Lancashire League, North Lancashire & District Football League & Lancaster & Morecambe Service of Youth League.

FOOTLIGHTS CLUB, LANCASTER

Charity Number: 509,425

Full Name: Chris Hayhurst

Job Title: Membership Secretary

c/o Grand Theatre

St Leonardgate

Lancaster

LA1 1NL

Bus: +44 (01524) 63831

E-mail: chris-footnote@tiscali.co.uk

Notes: The club owns one of the oldest theatres in Britain - the Grand Theatre (circa 1782) - and presents all kinds of plays. It also offers the theatre, plus theatrical props and costumes for all kinds of productions, for hire.

FRIENDS OF DOUBLE JOY

Charity Number: 1,087,172

Full Name: Wendy Pattinson

Job Title: Newsletter Editor

9 Colchester Avenue

Lancaster

LA1 4AX

Bus: 01524 389117

E-mail: wpattinson@yahoo.co.uk

FRIENDS OF LANCASTER MARITIME MUSEUM

Full Name: Chris Oxborrow

Job Title: Acting Chairman

2 Coppice Brow

Carnforth

LA5 9XG

Bus: 01524 736114

Bus Fax: +44 (01524) 841692

E-mail: christopher.oxborrow@mypostoffice.co.uk

Notes: This group aims to support the Maritime Museum and increase public awareness of maritime matters.



FRIENDS OF ST JOHN'S CHURCH

Full Name: Kathleen Walker

Job Title: Custodian

26 St Paul's Drive

Lancaster

LA1 4SR

Bus: 01524 64495

Notes: We aim to raise funds to assist in the conservation of St John's Church starting with the clock's restoration & to promote, publicise & further the interests of St John's & make the church more available to the community.

FRIENDS OF THE EARTH, NORTH LANCASHIRE

Full Name: Paul Martyn

Job Title: Contact

4 Sylvester Street

Lancaster

LA1 5DG

Bus: 01524 62146

E-mail: paulmartyn@onetel.com

Notes: The group campaigns for environmental protection and sustainable development globally, nationally and locally and is represented in 52 countries around the world. This group is one of 250 local groups campaigning at community level throughout the UK.

FRIENDSHIP CENTRE

Charity Number: 1,087,845

Full Name: Alys Jenkins

Job Title: Project Worker

C/O CVS

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 555900 x 30

E-mail: alysjenkins@lancastercvs.org.uk

Notes: The Friendship Centre, a social centre for older people, is open Monday, Wednesday and Friday from 10am-1.30pm. There are a range of social and recreational activities on offer, and lunch is available on Wednesdays. Admission is £1 including fairtrade te

f

FUCHSIA SOCIETY

Full Name: Mrs G Dennison

Job Title: Secretary

38 Beaufort Road

Morecambe

LA4 6TZ

Bus: +44 (01524) 417710

E-mail: rdennison@lancaster.gov.uk

Notes: The society exists to develop interests and skills in the growing and showing of fuchsias. Meetings are held on the 3rd Monday of each month at Lansil Social Club on Caton Road. Other specialist lectures are on offer.

FURNITURE MATTERS

Charity Number: 1,085,696

Full Name: Rachel Davies

Job Title: Office Supervisor

Old Grand Garage

Thornton Road

Morecambe

LA4 5PB

Bus: +44 (01524) 426622

Bus Fax: +44 (01524) 426633

E-mail: enquiries@furniturematters.org.uk

Notes: Furniture Matters is a recycling, re-use and training charity, which provides low cost household goods to local disadvantaged people, practical volunteering and training opportunities. Services include Portable Electrical Appliance Testing.

g

GALGATE PRE-SCHOOL

Full Name: Jaqui Moore

Job Title: Administrator

Ellel War Memorial Institute

Stoney Lane

Galgate

LA2 oJZ

Bus: 07855615714

E-mail: galgate-preschool@btconnect.com

Notes: We offer high quality care & education to children of pre-school age in a warm, safe & friendly environment. Free places are available to all 3 & 4 year olds through the government nursery education grant scheme.

To return - not filled in the back

GALLOWAY'S SOCIETY FOR THE BLIND

Charity Number: 526,088

Full Name: Mr T Kimpton

Job Title: Development Worker

91 Balmoral Road

Morecambe

LA3 1SS

Bus: +44 (01524) 414846

Bus Fax: +44 (01524) 414846

E-mail: gallowaysmorecambe@tiscali.co.uk

Notes: Galloway's offers support, advice & information to local blind & partially sighted people through our Hospital Support Service, interest groups, holidays, talking books & newspapers, courses, befriending service, computer classes, activity programme & th

GEORGE FOX SCHOOL EDUCATIONAL CHARITY

Charity Number: 526,723

Full Name: Stephen Wright

Job Title: Secretary

63 Victoria Street

Morecambe

LA4 4AF

Bus: +44 (01524) 402050

Bus Fax: +44 (01524) 402051

E-mail: stephen.wright@wrightandlord.com

Notes: This charity promotes the education of persons under the age of 25 who are in need of financial assistance and are resident in the area of benefit, ie in or near the city of Lancaster. Applications to be made to the above address.

GFS PLATFORM, BLACKBURN DIOCESE

Charity Number: 3,172,713

Full Name: Ann Andrews

Job Title: Diocesan President

14 St Nicholas Grove

Wrea Green

Preston

PR4 2WB

Bus: +44 (01257) 01772 685427

E-mail: Ann@wreagreen.com

Notes: The purpose of the society, formerly the Girls' Friendly Society, is to enable girls and women to develop their whole potential, personally, socially and spiritually.

GIRLGUIDING UK, LANCASTER & GARSTANG DIVISION

Full Name: Sheila Regan
Job Title: Division Commissioner
Lyndene
3 Whinfell Drive
Lancaster
LA1 4NY
Bus: 01524 33604
E-mail: sheilaregan@hotmail.com

Notes: Within the GirlGuiding movement, girls and young women, from 5-25 are provided with varied activities, camps and holidays. These activities give all the participants the chance to develop leadership skills in preparation for adult life.

GIRLGUIDING UK, MORECAMBE DIVISION

Full Name: Lesley Oldfield
Job Title: Division Commissioner
4 Seymour Avenue
Heysham
LA3 2JR
Bus: 01524 851934
E-mail: lesley.oldfield@yahoo.co.uk

Notes: The association provides a programme of enjoyable activities for girls from the age of five in the various sections of the movement - Rainbows, Brownies, Guides, Rangers, with the aim of promoting physical, mental and spiritual development.

GLOBAL LINK, DEVELOPMENT EDUCATION CENTRE

Charity Number: 1,107,471
Full Name: Gisela Reynolds
Job Title: Manager
24A New Street
Lancaster
LA1 1EG
Bus: +44 (01524) 36201
Bus Fax: 01524 36201
E-mail: info@globalink.org.uk

Notes: Global Link aims to promote awareness of global issues of justice, development & sustainability. We have two interactive exhibitions available for hire; provide training in participatory methodologies; & offer a wide range of educational resources.

g

GRAND THEATRE

Charity Number: 509,425

Full Name: Ellie Singleton

Job Title: Theatre Manager

Grand Theatre

St Leonardgate

Lancaster

LA1 1NL

Bus: +44 (01524) 845230

Bus Fax: 05601132771

E-mail: ellie@lancastergrand.co.uk

Notes: This theatre, owned by Lancaster Footlights Club, supports local amateur dramatic musical groups whilst accepting visiting professional companies in its aim of 'educating and developing appreciation of the public in the dramatic arts.

FORM RETURNED

GREGSON COMMUNITY ASSOCIATION, GREGSON CENTRE

Charity Number: 1,115,084

Full Name: Will Medd

Job Title: Secretary

Gregson Centre

33 Moorgate

Lancaster

LA1 3PY

Bus: +44 (01524) 849959

E-mail: w.medd@lancaster.ac.uk

Notes: This group benefits the local community by providing facilities for educational, social, recreational and leisure time pursuits, including theatre, music, sporting activities, meetings and social gatherings. A café is open all day apart from Mondays.

GUIDE DOGS FOR THE BLIND ASSOC, LANCASTER & MORECAMBE

Full Name: Mr C Fisher

Job Title: Chairman

90 Barton Road

Lancaster

LA1 4EL

Bus: +44 (01524) 64706

Notes: The association organises a variety of local events to raise money for local and the national association.

g

GUYS FARM ACTIVITY CENTRE

Charity Number: 1,025,310

Full Name: Paul Hargreaves

Job Title: Centre Manager

Stoney Lane

Bay Horse

Lancaster

LA2 9DF

Bus: +44 (01524) 791276

E-mail: manager@guysfarm.org.uk

Notes: Guys Farm Activity Centre predominantly serves the guiding and scouting communities. We are also open to other organised youth organisations and schools. We can also provide meeting room hire with flip charts, ohp etc. Further details from centre manager

h

HAFFNER ORCHESTRA

Charity Number: 509,571

Full Name: Mr Roger Dillon

Job Title: Secretary

14 Moorside Road

Brookhouse

Lancaster

LA2 9PJ

Bus: +44 (01524) 822045

E-mail: enquiries@haffnerorchestra.org

Notes: This orchestra was formed in 1976 to provide playing opportunities of the highest standard for local amateur and professional musicians. It consists of 40 - 50 players and usually gives three concerts a year at the Ashton Hall (Town Hall) Lancaster

HARVESTERS DAY AND RESOURCE CENTRE

Full Name: Paul Bonnell

90/92 Thornton Rd

Morecambe

LA4 5PJ

Bus: +44 (01524) 832606

Bus Fax: +44 (01524) 427380

E-mail: general.harvesters@makingspace.co.uk

Notes: An informal day and resource centre open every day except Monday, providing support to sufferers of mental health issues and promoting social inclusion and choice. Services include meals, activities, laundry, bathing, advice, signposting and 1-1 support



HEADWAY, LANCASTER & DISTRICT

Full Name: Ian Gee

Job Title: Contact

5 Aalborg Square

Lancaster

Lancs

LA1 1GG

Bus: +44 (01524) 598304

Bus Fax: 01524 598339

E-mail: ijng@gmail.com

Notes: This is a support and self help group for people who have suffered brain damage or injury; their families, carers and professionals. Monthly meetings for advice on problem solving and social contact.

HEART CONCERN LANCASTER & MORECAMBE DISTRICT SUPPORT GROUP

Charity Number: 701,746

Full Name: Mrs Christine Nightingale

Job Title: Secretary

17 Parkfield Drive

Lancaster

LA1 4BT

Bus: +44 (01524) 67859

E-mail: c.nightingale@lancaster.ac.uk

Notes: The group provides support for cardiac patients, their family & carers, holding monthly open meetings with guest speakers on many subjects. There is a walking group & also weekly exercise classes. Social events include theatre, shopping & boat trips.

HELP DIRECT

Full Name: Lisa Gurung

Job Title: Lancaster District Co-ordinator

7-11 Chapel Street

Lancaster

LA1 1NZ

Bus: 01524 387853 / 0303 3331000 (helpline)

E-mail: lisag@loc.helpdirectlancs.org.uk

Notes: Help Direct is a new service being developed for all adults in Lancashire. It aims to be the first port of call for practical support, guidance and information and works with local organisations and community groups

HELP THE AGED, CHARITY SHOP, LANCASTER

Job Title: Manager

14 New Street

Lancaster

LA1 1EG

Bus: +44 (01524) 389612

Notes: This is a charity shop selling donated goods to raise funds for the national organisation which aims to provide practical support to help older people live independent lives.



HEYSHAM ATOMS ARLFC

Full Name: Andrew Raines

Job Title: Coach

46 Melrose Sreet

Lancaster

LA1 3DL

Bus: 07736 775065

E-mail: raines57@hotmail.com

Notes: We are an amateur rugby league team that provides rugby for Lancaster. Morecambe & Heysham. Our aim is to provide training & playing opportunities for the area & introduce new players to the sport.

HINDU SOCIETY, LANCASTER & MORECAMBE

Full Name: Mrs Harsha Y Shukla

Job Title: Chairman

5 Redwood Heights

Standen Park

Lancaster

LA1 3FG

Bus: +44 (01524) 68939

E-mail: hindusociety2004@yahoo.co.uk

Notes: This is a society of people with Hindu faith. Social, cultural and religious discussions are organised and support offered to ethnic minority groups. It encourages inter-faith dialogue/discussion for better understanding of all faiths.

HOME - START, MORECAMBE & LANCASTER

Charity Number: 1,077,421

Full Name: David Holleley

Job Title: Senior Co-ordinator

3 Anderton Street

Morecambe

LA4 5DJ

Bus: +44

Bus Fax: +44 (01524) 402483

E-mail: mail@homestartml.co.uk

Notes: Homestart offers regular support, friendship and practical help to young families under stress in their own homes, helping prevent family crisis and breakdown and emphasising the pleasures of family life.

HOME CHURCH (FREE METHODIST)

Full Name: Richard Scholes

Job Title: Pastor

76 Alexandra Road

Morecambe

LA3 1RS

Bus: 07816 900074

E-mail: home.morecambe@googlemail.com

Notes: Our aim is to help people & integrate them into a community where they can be valued, loved & developed. We hold monthly celebrations at West End Community Centre, Westminster Road on the last Sunday of the month at 4.00pm.



HOMEBOUND & DISABLED FELLOWSHIP, LANCASTER & MORECAMBE

Charity Number: 223,920

Full Name: Peter Hunt

Job Title: Secretary

8 Kempton Road

Lancaster

LA1 4LS

Bus: +44 (01524) 67581

E-mail: pchunt@talktalk.net

Notes: To provide fellowship and social wellbeing through meetings, speakers, entertainment and excursions.

HOMELESS ACTION SERVICE, LANCASTER & DISTRICT

Charity Number: 1,093,016

Full Name: Islay Watson

Job Title: Centre Manager

Homeless Action Centre

Edward Street

Lancaster

LA1 1QH

Bus: +44 (01524) 842008

Bus Fax: +44 (01524) 847724

E-mail: admin@ldhas.org.uk

Notes: The service exists to help homeless people and those with housing difficulties. It works through the Centre in Edward Street, which is open daily, offering friendship, advice, counselling and help and facilities for food and washing.

HORTICULTURAL SOCIETY, OVER KELLET & DISTRICT

Full Name: Miss Joan Smith

Job Title: Secretary

17 Greenways

Over Kellet

Carnforth

LA6 1DE

Bus: +44 (01524) 732335

Notes: This society, with approximately 300 members, organises horticultural activities for the local community; these include lectures in spring and autumn, an annual plant sale, an annual open show, and occasional radio broadcasts.



HOST, LANCASHIRE

Charity Number: 327,592

Head Office (Head Office contact - Eniah Nhika)

1 Ardleigh Road

London

N1 4HS

Bus: +44 (020) 7254 3039 (Head office , London)

Notes: This organisation exists to offer adult international students, studying at universities in this country, hospitality and friendship during a one-off visit to a local family for a weekend or for a few days at Christmas.

HOUSING 21, NORTH REGIONAL OFFICE

Full Name: Sharon Preston

Job Title: Court Manager

15 John Kay Court

St Chad's Drive

Lancaster

LA1 2SN

Bus: 0370-192-4764

E-mail: prestons@housing21.co.uk

Notes: Housing 21 is a non-profit making organisation providing good quality accommodation for older people with a variety of special needs and works with both active and frail older people to encourage an independent life style.

HUA XIAN CHINESE SOCIETY

Full Name: Raymond Chan

Job Title: Secretary

58 Queen Street

Morecambe

Lancashire

LA4 5EP

Bus: 01524 400161

E-mail: huaxiansociety@hotmail.co.uk

Notes: The Society organises educational, social activities & services for the residents of Lancaster District. Our aim is to help people from chinese communities actively contribute to local life & work with other local agencies to identify & resolve issues.

ILEOSTOMY ASSOCIATION,CENTRAL & NORTH LANCASHIRE

Charity Number: 1,040,010

Full Name: Keith Woan

Job Title: Secretary

80 Carelton Road

Chorley

Lancs

PR6 8UB

Bus: 01257 278759

Notes: This association helps and encourages people who have had their colons removed to return to a full and active life. A quarterly journal is published and regular local meetings are held.

INDEPENDENTAGE

Charity Number: 210,729

Full Name: Mrs Pam Shafe

Job Title: Organising Secretary

12 Pear Tree Park

Holme

Carnforth

LA6 1PP

Bus: +44 (01524) 781096

E-mail: m.m.shafe@btinternet.com

Notes: Independentage works to keep older people independent & out of poverty by providing them with practical support, financial help & lifelong friendship.

INTER-AGENCY GROUP (MIG), MORECAMBE

c/o Lancaster CVS

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 555900

Bus Fax: +44 (01524) 389550

Notes: The group brings together representatives of many different agencies, voluntary and statutory, who work in Morecambe. It provides a forum for discussion, networking, research and development projects.

i**INTERNATIONAL AID TRUST, NORTH LANCASHIRE GROUP**

Charity Number: 1,086,597

Full Name: Dave Savage

Job Title: Area Manager

7 - 9 Albert Road

Morecambe

LA4 4HD

Bus: +44 (01524) 418057

E-mail: davejanesavage@aol.com

Notes: International Aid Trust is a Christian organisation with a network of shops in the North West. The funds generated allow us to send clothing/bedding/medical aid to various parts of the world, & fund orphanages & holiday centres in the Ukraine.

INWARD HOUSE PROJECTS

Charity Number: 1,075,954

Full Name: Mr J Sutton

Job Title: Chief Executive

Falcon House

4 Queen Square

Lancaster

LA1 1RN

Bus: +44 (01524) 541530

Bus Fax: +44 (01524) 541538

E-mail: HQAdmin@inwardhouse.co.uk

Notes: This is a local charity with a national catchment area. It offers residential rehabilitation and community based aftercare for ex-substance abusers, thereby helping to develop safer communities.

j**JOHN O'GAUNT MORRIS MEN**

Full Name: Mr Rodney Briddon

Job Title: Secretary/Bagman

Roan House

3 Lathom Way

Garstang

PR3 1RX

Bus: +44 (01995) 600369

E-mail: rodneybriddon@aol.com

Notes: The club practises and performs traditional English Morris dances, in particular those of the Cotswold and North West traditions. The club performs at both public and private functions. Enquiries welcome from men interested in Morris and lady musicians

j

JOHN O'GAUNT'S BOWMEN

Full Name: Mr D G Gardner
Job Title: Treasurer/Instructor
8 St Paul's Drive
Scotforth
Lancaster
LA1 4SR

Bus: +44 (01524) 63896
E-mail: aldongardner@aol.com

Notes: The group exists to further and enjoy the skills of archery both for pleasure and competition.

JUNIOR ANGLERS, MORECAMBE & DISTRICT

Notes: A voluntary organisation for young people between the ages of 8-16 years. We aim to teach all aspects of coarse angling and lessons about conservation and wildlife. We hold regular lessons, matches and away days.

k

KEEP FIT ASSOCIATION (KFA), LUNE VALLEY

Full Name: Mrs Ann Wardle
Job Title: Publicity Officer
51 Greenwood Avenue
Bolton-Le Sands
Carnforth
LA5 8AW

Bus: +44 (01524) 822738
E-mail: mike@wardle51.freeserve.co.uk

Notes: The association aims to promote physical fitness and a positive attitude to health in women of all ages. It co-operates with all recognised bodies concerned with this field and recruits and trains teachers for local classes.

l

LADIES SPEAKERS' CLUB, MORECAMBE

Full Name: Kathleen Staveley
Job Title: President
127 Torrisholme Road
Lancaster

Bus: +44 (01524) 32028

Notes: This club aims to develop the skills of speaking in public and conducting meetings. The club meets on the 2nd and 4th Monday of each month at the Elms Hotel from Oct to May.

LANCASHIRE ASSOCIATION OF CHANGE RINGERS, LANCASTER BRANCH

Full Name: Revd Deborah Preston

Job Title: Contact

The Old School House

Kirby Lonsdale

Carnforth

LA6 2DX

Bus: +44 (015242) 72509

E-mail: deborah@jpreston83.freeserve.co.uk

Notes: This is a band of local bellringers who meet to ring changes in churches around the Lancaster area. New members urgently needed.

LANCASHIRE ASSOCIATION OF CLUBS FOR YOUNG PEOPLE

Charity Number: 521,362

Full Name: Alan M Donkin MBE

Job Title: County Director

South Place

1 Meeting House Lane

Lancaster

LA1 1TQ

Bus: +44 (01524) 65106

Bus Fax: +44 (01524) 383525

E-mail: lacyp@lacyp.org.uk

Notes: The association is an autonomous voluntary youth organisation supporting clubs throughout Lancashire and surrounding areas. We provide a range of activities, support and other services such as a mobile activity centre.

LANCASHIRE ASSOCIATION OF VILLAGE & COMMUNITY HALLS

Charity Number: 1,079,777

Full Name: Barbara Dearnley

Job Title: Secretary

21 Brookhouse Road

Caton

LA2 9QT

Bus: 01524 770085

E-mail: bcd@hotmail.co.uk

Notes: We provide support services to village & community halls throughout Lancashire. We hold regular meetings to promote our activities & information can be accessed via our website. We have links to various county & national organisations.

LANCASHIRE COMMUNITY FINANCE

Charity Number: 1,106,165

Full Name: Phil Bamford

Job Title: Loans Officer

c/o Lancaster & District YMCA

New Road

Lancaster

LA1 1EZ

Bus: 0844 5611292

Bus Fax: 01772 556826

E-mail: northlancs@prestonmoneyline.co.uk

Notes: Preston Moneyline is a not for profit ' community business. We offer loans and financial help to people who are unable to finance from High Street banks or builing societies.

LANCASHIRE PLAYING FIELDS' ASSOCIATION

Charity Number: 521,365

Full Name: Mrs Gill Mason

Job Title: Secretary

56 Lancaster Avenue

Great Eccleston

Preston

PR3 0XX

Bus: 01995 670462

E-mail: lpfa@btinternet.com

Notes: This organisation exists to protect, preserve and, where possible, provide playing space. It encourages participation in sport and physical activities via Youth Sport grant awards, member club support and for holiday sports activities.

LANCASTER & LAKES JEWISH COMMUNITY

Full Name: Fiona Frank

Job Title: Secretary

c/o Dept of Continuing Education

Lancaster University

Lancaster

LA1 4YT

Bus: 07778 737681

E-mail: lancasterlakesjc@googlemail.com

Notes: A small unaffiliated Jewish community for Jewish people, people of Jewish heritage or with Jewish partners or children. Services organised for festivals, regular family services & other activities throughout the year including regular events & talks of

LANCASTER & MORECAMBE SERVICE TO YOUTH LEAGUE

Full Name: Mr Akrigg

Job Title: Secretary

28 Noel Road

Vale

Lancaster

LA1 2LZ

Bus: +44 (01524) 382730

Notes: The league organises competitive team events for junior football teams in the Lancaster area.

LANCASTER BOYS CLUB

Charity Number: 521,134

Full Name: Colin Hewitt

Job Title: Manager/Leader

Lancaster Boys' Club

Dallas Road

Lancaster

LA1 1TP

Bus: +44 (01524) 32020

E-mail: lancaster.boys.club@unicombox.co.uk

Notes: The club provides and promotes facilities, activities and opportunities to assist the personal development of young people. The club programme includes a wide variety of educational, sporting including boxing and football, and social activities.

LANCASTER CHARITY

Charity Number: 213,461

Full Name: Mr P E Oglethorpe

Job Title: Clerk to Trustees

16 Castle Park

Lancaster

LA1 1YG

Bus: +44 (01524) 846846

Bus Fax: +44 (01524) 382247

Notes: This charity provides almshouses within the city for elderly people who have resided in the city for not less than three years. These are situated in King Street, Queen Street, Lindow Street and Regent Street.

LANCASTER DIOCESAN FAITH AND JUSTICE COMMISSION

Full Name: Margaret McSherry
Job Title: Administrator
St Bernadette's Parish House
Bowerham Road
Lancaster
LA1 4HT
Bus: +44 (01524) 383081
Bus Fax: +44 (01524) 383081
E-mail: lfjc@talktalk.net

Notes: The group aims to encourage Christians and others of good will, to campaign and work for social justice and respect for the environment, locally and globally.

LANCASTER SINGERS

Charity Number: 1,099,551
Full Name: Brenda Harding
Job Title: Secretary
14 Ascot Close
Lancaster
LA1 4LT
Bus: 01524 66071
E-mail: brenda.harding@cumbria.ac.uk

Notes: This is a mixed-voice choir of about 50 members which was founded in 1975 with the object of performing a wide range of choral works. Weekly rehearsals are organised. Entry is by audition.

LANCASTER UNIVERSITY VOLUNTEERING UNIT

Full Name: Ben Matthews
Job Title: Director
LUVU
Alexandra Square
Lancaster University
LA1 4XX
Bus: +44 (01524) 592063
E-mail: b.j.matthews@lancaster.ac.uk

Notes: LUVU facilitates student and staff volunteer projects within the local community. Community organisations are welcome to contact us to discuss possible project ideas.

LANGLEY HOUSE TRUST

Charity Number: 290,059

Full Name: Joe Costello

Job Title: Project Manager

Longcroft

58 Westbourne Road

Lancaster

LA1 5EF

Bus: +44 (01524) 64950

Bus Fax: 01524 39435

E-mail: longcroft@langleyhousetrust.org

Notes: The trust is a Christian charity working for the care and support of ex-offenders. The Trust was formed in 1958 and has 16 residential homes of differing styles of support throughout England aiming to provide physical, mental and spiritual help.

LEONARD CHESHIRE NORTH WEST

Charity Number: 218,186

Full Name: Joanne Berry

Job Title: Volunteer co-ordinator

Oaklands

Dimples Lane

Garstang

Preston

PR3 1UA

Bus: +44 (01995) 602290

Bus Fax: 01995 600026

E-mail: joanne.berry@LCDisability.org

Notes: This charity is concerned with home care for disabled people and residential and day care at Oaklands in Garstang for individuals aged from 18-65 with physical disabilities.

LESS

Charity Number: 6,181,400

Full Name: Claire Drury

Job Title: Food Co-ordinator

F16, St Leonard's House

St Leonardgate

Lancaster

LA1 1NN

Bus: 01524 66100

E-mail: claire@lessuk.org

Notes: We provide advice to householders in the Lancaster district regarding energy conservation, local food networks and climate change.

LIFE EDUCATION CENTRES LANCASHIRE , LANCASTER SUPPORT GROUP

Charity Number: 1,058,867

Full Name: Deirdre Jacks

Job Title: Chair

7 Townley Close

Lancaster

LA1 5UX

Bus: +44 (01524) 63721

E-mail: deirdre.jacks@btinternet.com

Notes: Life Education Centres for Lancashire have 5 mobile classrooms, each staffed by an Educator. The mobile classrooms visit primary schools throughout Lancashire to each class, providing information and skills to assist children to make healthy choices.

LIONS CLUB , LANCASTER & MORECAMBE

Charity Number: 510,818

Full Name: Mr Andrew Dodgson

Job Title: Secretary

11 Lawnswood Avenue

Scotforth

Lancaster

LA1 4NZ

Bus: +44 (01524) 383375

E-mail: andrewdodgson@fsmail.net

Notes: The club works primarily to help needy groups and individuals in the local community both by fundraising and through direct action. The club is open to both men and women over 18 years old and combines its community work with a lively social programme.

LITFEST, LANCASTER

Charity Number: 510,670

Full Name: Jonathan Bean

Job Title: Admin & Finance manager

26 Sun Street

Lancaster

LA1 1EW

Bus: 01524 62166

E-mail: all@litfest.org

Notes: This group exists to develop, challenge and celebrate literary excellence. It operates an annual literature festival in Lancaster and develops project and outreach work for readers and writers. Litfest also publish new writing by writers for Lancashire

LMC VOLUNTEERS

Full Name: Naomi Oosman
 Job Title: Advice & Guidance officer
 Lancaster & Morecambe College
 Morecambe Road
 Lancaster
 LA1 2TY
 Bus: 01524 521237
 Bus Fax: 01524 843078
 E-mail: n.oosman@lmc.ac.uk

Notes: We work as a volunteer bureau, through which local voluntary organisations may publicise their organisation in order to recruit new volunteers.

LOCAL HISTORY GROUP, SLYNE-WITH-HEST

Full Name: Maris Foster
 Job Title: Chair
 32 Prospect Drive
 Hest Bank
 Lancaster
 LA2 6HZ
 Bus: 01524 822722

Notes: This group gathers information on the history of Slyne-with-Hest for later dissemination by publication, displays, village walks and talks. Meetings are held in the village from October to June, some indoor, some outdoor, to progress agreed projects.

LOCAL HISTORY SOCIETY, MOURHOLME

Full Name: Sheila Jones
 Job Title: Booking Secretary
 116 North Road
 Carnforth
 LA5 9LX
 Bus: 01524 732305
 E-mail: bjones@physics.org

Notes: Our society aims to enrich & entertain the local community with a programme of monthly talks on local history. We also do primary research & publish findings in field of local history.

LONSDALE ARTHRITIS SOCIAL GROUP

Charity Number: 219,279
 Full Name: June Smith
 Job Title: Secretary
 118a Broadway
 Morecambe
 LA4 5XZ
 Bus: +44 (01524) 413074
 E-mail: june@bish.eclipse.co.uk

Notes: This group meets monthly to socialise and fundraise, helping ex-members of the Women's Forces and their dependants. All ex-service women or relations of ex-service personnel are welcome.

LUDUS DANCE COMPANY

Full Name: Jacqueline Greaves

Job Title: Head of Dance Development

Assembly Rooms

King Street

Lancaster

LA1 1RE

Bus: +44 (01524) 35936

Bus Fax: +44 (01524) 847744

E-mail: Jacqueline.greaves@ludusdance.org

Notes: Ludus includes a performing company and community dance team with an inclusive, creative approach. We hold weekly dance classes and specialise in all ages, gifted and disabled, in conjunction with schools and other organisations.

LUNE RIVERS TRUST

Full Name: Mrs Littlefield

Job Title: Secretary

Crossings Cottage

Cloughton

Lancaster

LA2 9RZ

Bus: +44 (015242) 22174

E-mail: boddles_uk@yahoo.co.uk

Notes: This group brings together people and organisations concerned with the preservation and conservation of natural habitats and wildlife to improve the quality of the River Lune and its environs.

LUNE VALLEY SQUARE DANCE CLUB

Full Name: Jackie Beavon

Job Title: Chair

E-mail: oceanwavers@hotmail.co.uk

Notes: The Square Dance Club meets twice weekly on Mondays at Caton Village Hall and Fridays at St Paul's, Brookhouse . We dance Mainstream and Plus programmes and teach beginners up to plus.

MACMILLAN NURSING SERVICE, LANCASTER

Full Name: Mrs H Summerfield

Job Title: Office Administrator

Comm Office

St John's Hospice

Slyne Road

Lancaster

LA2 6ST

Bus: +44 (01524) 847257

Bus Fax: +44 (01524) 32267

Notes: The Macmillan Nurses work in liaison with consultants, general practitioners and nurse colleagues supporting and advising cancer patients and their families. They act in an advisory role in the care of people coping with debilitating illnesses.

MAKING SPACE

Charity Number: 512,907

Full Name: Paul Bonnell

Job Title: Day Centre Manager

Harvesters Day and Resource Centre

90/92 Thornton Rd

Morecambe

LA4 5PJ

Bus: +44 (01524) 832606

Bus Fax: +44 (01524) 427380

E-mail: harvesters.centre@makingspace.co.uk

Notes: Making Space is a national mental health charity providing a range of mental health services, encouraging and supporting people with mental health needs. Locally we provide a day service, housing, employment, carer, training and education support.

MALE VOICE CHOIR, LANCASTER & DISTRICT

Charity Number: 1,074,435

Full Name: Mr Geoffrey Finney

Job Title: Secretary

Keeper's Cottage

Crimbles Lane

Cockerham

Lancaster

LA2 0ET

Bus: +44 (01524) 791226

E-mail: rolandbrooke@talktalk.net

Notes: This is a full choir of 30 voices including soloists, singing religious and secular music at public concerts in the Lancaster area. Money is raised for one specific charity each year.

MANCHESTER UNITED SUPPORTERS' CLUB, LANCASTER & DISTRICT

Full Name: Andy Baker

Job Title: Secretary

78 Highland Brow

Galgate

Lancaster

LA2 0NB

Bus: 01524 751035

E-mail: a.baker@lancaster.ac.uk

Notes: The club provides transport and obtains tickets for Manchester United matches at home, away and abroad. It organises relevant social functions and sporting activities for locally based Manchester United supporters.

MARSH AGELINK, MARSH AND CASTLE AREA OF LANCASTER

Full Name: Brenda Mills

Job Title: Project Development Worker

St Thomas More Community Centre

More Walk

Lancaster

LA1 5PT

Bus: +44 (01524) 849369

Bus Fax: +44 (01524) 389743

E-mail: brendammills@tiscali.co.uk

Notes: This is a partnership project operated with Catholic Caring Services to provide services and support for older people. It promotes understanding between the generations through work as an inter-agency body developing volunteer opportunities.

MARSH COMMUNITY CENTRE

Charity Number: 1,085,116

Full Name: Yakub Patel

Job Title: Centre Co-ordinator

Willow Lane

Lancaster

LA1 5PP

Bus: +44 (01524) 843300

E-mail: marshcommunitycentre@yahoo.co.uk

Notes: This community centre on Willow Lane, Lancaster aims to develop the skills of local people in order that they can bring about positive social & environmental change. It has a spacious main hall, fully equipped training suite of rooms & accessible kitchen

MEMORIAL HALL, SLYNE-WITH-HEST (SHMH)

Charity Number: 1,086,566

Full Name: Mrs Brookes

Job Title: Hall Administrator

39 Coastal Road

Hest Bank

Lancaster

LA2 6HE

Bus: +44 (01524) 825464

E-mail: brookes.slynewithhestpc@btinternet.com

Notes: This group is concerned with the provision and maintenance of a village hall for the use of inhabitants of Slyne-with-Hest and surrounding area, including use for meetings, lectures, classes and other forms of education, recreation and leisure time use.

MENCAP SOCIETY, MORECAMBE & LANCASTER

Charity Number: 222,647

Full Name: Mrs P Senior

Job Title: Secretary

Flat 16 Hillcrest Court

32-36 West End Road

Morecambe

LA4 4DL

Bus: +44 (01524) 400706

Notes: The local branch exists to support mentally handicapped people, people with learning disabilities and their families by providing recreational and leisure activities, and to increase public awareness of the problems and needs of mentally handicapped people.

MODEL RAILWAY CLUB, LUNE VALLEY

Full Name: Dr P Hendry

Job Title: Secretary

12 Levens Close

Westbourne Park

Lancaster

LA1 5UL

Bus: +44 (01524) 39652

E-mail: philip.hendry@btopenworld.com

Notes: The club promotes interest in model railways by providing twice weekly opportunities for members to run their own stock on club layouts, organising outings, talks and exhibitions on railway topics.

MODEL RAILWAY CLUB, MORECAMBE & HEYSHAM

Full Name: Dean Harrison

Job Title: Secretary

6 Brooks Grove

Morecambe

LA3 1BA

Bus: 07880721832 ; 01524 409285

E-mail: info@mandhmrc.com

Notes: We are a model railway club situated in a disused warehouse, providing "n" "0" and "00" gauge layouts where likeminded people can gather and run trains. We also embark on days out to various locations.

MOORSIDE FIELDS COMMUNITY GROUP

Full Name: Michael Worth

Job Title: Chair

26 Durham Avenue

Lancaster

LA1 4EE

Bus: 01524 65841

E-mail: michael.worth1@btinternet.com

Notes: To enhance the area known as Moorside Fields as a community resource & conservation area. The area is defined as Urban Green spaces marked on the 2004 Lancaster City plan.

MORE MUSIC IN MORECAMBE

Charity Number: 1,097,929

Full Name: Kathryn MacDonald

Job Title: Company Manager

13-17 Devonshire Road

Morecambe

LA4 5AH

Bus: +44 (01524) 831997

Bus Fax: +44 (01524) 419653

E-mail: info@moremusic.org.uk

Notes: This is a community music organisation based in the West End of Morecambe and works across the district, offering opportunities for people to participate in a wide range of music making activities.

MORECAMBE BAY CREDIT UNION LTD

Full Name: Claire Troughton

Credit Union Centre

75 Queen Street

Morecambe

Lancs

LA4 5EN

Bus: +44 (01524) 411240

E-mail: morecambebaycu@aol.com

Notes: The Credit Union is a savings and loans cooperative owned and run by local people, serving the whole District of Lancaster (Morecambe, Lancaster, rural areas inc Bentham Parish). Regulated by the Financial Services Authority. Registration number 213658.

MORECAMBE BAY ME GROUP

Charity Number: 1,084,277

Full Name: Jeremy Boreham

Job Title: Treasurer

19 Fern Bank

Lancaster

LA1 4TT

Bus: +44 (01524) 65842

E-mail: info@bayme.org

Notes: We offer help, support & information for people with ME (Chronic Fatigue Syndrome) & their carers in the Lancaster, South Lakeland & Barrow districts. This includes meetings with speakers, a newsletter & socials as well as benefit applications.

MORECAMBE BAY MOVIE MAKERS

Full Name: Mr K Russell

Job Title: Secretary

15 Pembroke Avenue

Morecambe

LA4 6EJ

Bus: +44 (01524) 416074

E-mail: k.t.russell@talk21.com

Notes: The club promotes the art of movie making using cine film and new media by the amateur. The group meets at St Christopher's Church Hall, Bare, Morecambe, every Monday evening, October to April inclusive.

MORECAMBE BAY NOS SUPPORT GROUP

Charity Number: 1,102,712

Full Name: Christine Bushby

Job Title: Chairperson

8 Duddon Close

Grosvenor Park

Morecambe

LA3 3SW

Bus: 01524 840989

E-mail: christine.bushby@btinternet.com

Notes: The aim of the group is to support & offer advice to osteoporosis sufferers & their carers.

MORECAMBE BAY PARTNERSHIP

Charity Number: 1,089,559

Full Name: Susannah Bleakley

Job Title: Partnership Officer

32 Market Place

Kendal

LA9 4TN

Bus: 01539 734888

Bus Fax: 01539 740430

E-mail: info@morecambabay.org.uk

Notes: This organisation works towards sustainable management of the coast and aims to improve quality of life around Morecambe Bay. Our beachcare project aims to improve the appearance, access and amenity of our beaches. We organise regular litter collections.

MORECAMBE BRASS BAND ASSOCIATION

Full Name: Bernard Vause

Job Title: Secretary

5 Buseph Drive

Morecambe

LA4 6PQ

Bus: +44 (01524) 410409

E-mail: morecambe@talktalk.net

Notes: The association caters for brass musicians and those wishing to learn of all ages. Established in 1904 we own our headquarters in Morecambe and are busy throughout the year performing in concerts and other community events.

MORECAMBE CRICKET CLUB

Full Name: Peter Stephens

Job Title: Secretary

Morecambe Cricket Club

New Pavillion

Woodhill Lane

Morecambe

LA4 4NL

Bus: +44 (01524) 418192

Bus Fax: 01524 418909

Notes: M.C.C. is a cricket club comprising of 4 adult teams and age restricted youth teams from 11 to 16 years of age. We are also a social club which organises events throughout the year for our members.

MORECAMBE LOCAL QUAKER MEETING

Full Name: Heather Bennett

Job Title: Clerk

32 St Margaret's Road

Morecambe

LA4 6EF

Bus: +44 (01524) 422972

E-mail: heather.bennett@btopenworld.com

Notes: Local meeting of Religious Society of Friends(Quakers). Worship meetings on Sundays at 10.45 am.

MOTOR NEURONE DISEASE ASSOCIATION, N LANCS & S CUMBRIA

Charity Number: 294,354

Full Name: Mrs S. Richardson

Job Title: Secretary

8 Mardale Avenue

Morecambe

LA4 5XP

Bus: +44 (01524) 422493

E-mail: sylvia-8@hotmail.co.uk

Notes: The branch supports local people living with MND, their families and carers. We liaise with local health and social care professionals. Funds raised are used to help sufferers of this disease and to support research into finding a cure.

MULTIPLE SCLEROSIS SOCIETY, LANCASTER, MORECAMBE & DISTRICT

Charity Number: 207,495

Full Name: Julie Wilson

Job Title: Secretary

20 King Street

Carnforth

LA5 9DU

Bus: +44 (01524) 733721

E-mail: wilso_ja@btinternet.com

Notes: The society helps and supports people with MS and their families and raises money to sponsor research into the cause and cure of the disease.

MUSIC AND STAGE DANCE FESTIVAL

Charity Number: 241,095

Full Name: Cathy Lloyd

Job Title: Secretary

24 Westgate Park Road

Morecambe

LA4 4RN

Bus: +44 (01524) 422222

E-mail: mcbedancefest@aol.com

Notes: The festival was formed in 1891 to provide competitive musical activities. Annual competitions are organised in music, dance, speech and drama, open to amateur performers in groups or individually.

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MUSIC MAKERS, LANCASTER

Full Name: Ms R Brown

Job Title: Secretary

69 Farmdale Road

Lancaster

LA1 4JB

Bus: +44 (01524) 65774

Notes: This is a small local independent music club which organises its own concerts and workshops throughout the year.

n

NATIONAL COALITION BUILDING INSTITUTE, (NCBI) LANCASHIRE

Charity Number: 1,081,443

Full Name: Liz Neat

Job Title: Director

West End Community Enterprise Centre

Westminster Road

Morecambe

Lancs

LA3 1SH

Bus: 01524 414019

Mobile: 0797484727

E-mail: ncbilancs@ncbi.org.uk

Notes: This is a non profit making world wide organisation dedicated to ending mistreatment, prejudice and discrimination in its many forms. Volunteers are trained in the skills of prejudice reduction, conflict resolution, and coalition building.

NATURALISTS' GROUP, NORTH LANCS (WILDLIFE TRUST FOR LANCASHIRE)

Charity Number: 229,325

Full Name: Mike Moon

Job Title: Chairman

27 The Row

Silverdale

Carnforth

LA5 0UG

Bus: +44 (01524) 701163

E-mail: mikejmoon@aol.com

Notes: Activities include talks, slide shows, outings to wildlife sites, and working parties on Trust nature reserves. Wildlife surveys are conducted. Atlases of butterflies, mammals etc have been produced, or are in preparation. Meetings are open to all.



NCT

Charity Number: 801,395

Full Name: Naomi Kear

Job Title: Committee member

27 Barton Road

Lancaster

LA1 4ER

Bus: 01524 581407

E-mail: nctLancs@yahoo.co.uk

Notes: The NCT offers information & support in pregnancy, childbirth & early parenthood. It aims to enable parents to make informed choices. Advice on breastfeeding, ante-natal classes & baby & toddler groups is available.

NEIGHBOURHOOD COUNCIL, HEYSHAM

Full Name: Peter Whaley

Job Title: Chairman

2 Shortlands Drive

Heysham

LA3 2NT

Bus: +44 (01524) 852647

Bus Fax: 01524 852647

E-mail: pjc@shortlandsdrive.fsnet.co.uk

Notes: The Neighbourhood Council of Heysham is open to all adult residents of Heysham. The council acts as a parish council in giving the membership a voice in community affairs. Executive Committee meetings monthly. Public meetings held quarterly.

NEIGHBOURHOOD WATCH SCHEMES, LANCASTER POLICE DIVISION

Charity Number: 1,119,390

Full Name: Elaine Betts

Job Title: Admin Support

Lancaster Police Station

Thurnham Street

Lancaster

LA1 1YB

Bus: +44 (01524) 596537

Bus Fax: 01524 60930

E-mail: Elaine.Betts@lancashire.pnn.police.uk

Notes: Members of the public with queries about Neighbourhood Watch Schemes in the city should contact the police station.

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NORTH LANCS ADVOCACY LTD

Charity Number: 1,108,198

Full Name: Colin Potter

Job Title: Manager

No 3 Errigal House

Avroe Crescent

Blackpool Business Park

Blackpool

FY4 2DP

Bus: +44 (01253) 362140

Bus Fax: (01253) 407473

E-mail: nladvocacy@ncompass1.org

Notes: An independent charity providing issue based advocacy from paid staff or volunteers. We work with adults in the Lancaster district providing support with health or social care service issues, choosing their best option and take action.

NORTH LANCS ENTERPRISE LTD

Full Name: John Senior

Job Title: Business Advisor

The Bay Business Centre

2 Norton Road

Heysham

LA3 1HA

Bus: 01524 400224

Bus Fax: 01524 427406

E-mail: info@baybusinesscentre.co.uk

Notes: Promoting the development & growth of small businesses by offering free expert advice & guidance, including a special provision for the disabled.

o

OLIVE BRANCH (FAITH IN ACTION), THE

Charity Number: 1,116,239

Full Name: Barbara Kirby

Job Title: Chair of the Trustees

22 Thurnham Street

Lancaster

LA1 1XU

Bus: 01524 555715

E-mail: tob.olivebranch@live.co.uk

Notes: The Olive Branch offers a listening ear, information, guidance & support/friendship to people in need. We plan to extend the services offered in our contact centre.



OLIVE TREE MINISTRIES (UK)

Full Name: Bill Rushworth

Job Title: Co-ordinator

17 Carleton Street

Morecambe

Lancs

LA4 4NX

Bus: 01524 413077

Bus Fax: 01524 413077

Notes: The principal aim is to establish a Christian pastoral ministry for Polish migrant workers and their families, in conjunction with a group in North Poland. An information office is situated on Albert Road, Morecambe.

ONE VOICE DISABILITY SERVICE

Charity Number: 1,120,810

Full Name: Jo Williams

Job Title: Manager

The Cornerstone

2 Sulyard Street

Lancaster

LA1 1PX

Bus: +44 (01524) 382800 /34411

E-mail: one-voice@btconnect.com

Notes: Providing general information and support to disabled people, their families and carers. Training and support on access issues. Disability forum.

ORIENTEERING CLUB, SOUTH RIBBLE

Full Name: Mrs Karen Nash

Job Title: Secretary

1 Whitelens Avenue

Lea

Preston

PR2 1YA

Bus: 01772 721573

E-mail: nash.family@talktalk.net

Notes: This club covers much of Lancashire with members in Chorley, Preston, Blackpool, Blackburn and Lancaster. It is open for both sexes and all ages (0-90) with an interest in recreational and competitive orienteering.

O

OVER THE SANDS

Full Name: Robert W. McKittrick

Job Title: Chair

15 Park Square

Lancaster

LA1 3EH

Bus: 01524 34854

E-mail: robert.mck4@tiscali.co.uk

Notes: We attempt to revive the spirit of the Morecambe Choirs Festival presenting four choirs of different styles & traditions from within local communities at an annual concert. Proceeds from ticket sales to good causes/charities.

P

PACT YOUTH INITIATIVE

Charity Number: 521,068

Full Name: Barbara Dearnley

Job Title: Secretary/Treasurer

35 Hornby Road

Caton

LA2 9QW

Bus: 01524 770399

E-mail: bcd@hotmail.co.uk

Notes: We use an old police house in Caton to run a Youth Group with several recreational activities eg. pool, darts, games machines and outdoor activities (weather permitting).

PALESTINE SOLIDARITY CAMPAIGN, LANCASTER

Full Name: Patrick Montague

Job Title: Chair

The Basement

78a Penny Street

Lancaster

LA1 1XN

Bus: 07807 680591

E-mail: psclancaster@yahoo.com

Notes: We aim to increase awareness of the difficulties encountered by Palestinians living under military occupation. We show films, invite speakers, fundraise for medical charities, campaign on areas of international significance & raise awareness of human rig



PENHALE SOCIETY LTD

Charity Number: 223,438

Full Name: Alison Robson

Job Title: Administrator

8 South Road

Morecambe

LA4 5RA

Bus: +44 (01524) 411772

E-mail: admin@penhalesociety.co.uk

Notes: This society, formerly Abbeyfield Society of Morecambe and Heysham, provides sheltered housing for a total of 22 single elderly people in 4 large family type houses.

PENSIONERS' LUNCHEON CLUB, TORRISHOLME METHODIST CHURCH

Full Name: Jennifer Kay

Job Title: Secretary

41 Mardale Avenue

Morecambe

LA4 5XG

Bus: +44 (01524) 412241

Notes: The luncheon club meets every Thursday to provide a meal in a social setting for local pensioners.

PETS AS THERAPY

Charity Number: 1,112,194

Full Name: Alison Reynolds

Job Title: Training and Research Manager

25 Bowerham Road

Lancaster

LA1 4AA

Bus: +44 (01524) 380437

E-mail: areynolds@petsastherapy.org

Notes: This organisation provides volunteers who make visits with their own assessed pets (dogs and cats) into nursing & residential care homes, hospitals, hospices, schools & prisons. We also work in mental health, stroke rehabilitation & phobia treatment.

PETSEARCH, LANCASTER, MORECAMBE & OUTLINE AREAS

Full Name: Mrs M Carter / Miss P Shackleton

Job Title: Contact

7 St Michaels Place

Bolton - le - Sands

Carnforth

Lancs

LA5 8LF

Bus: 01524 823013 / 01524 822518

E-mail: mvcarter@talktalk.net

Notes: Petsearch helps re-unite lost pets with their owners and gives counselling support on pet bereavement.



PHILHARMONIC CHOIR, MORECAMBE & DISTRICT

Full Name: John Gardner

Job Title: Chair

23 Hyde Road

Morecambe

LA4 6NK

Bus: 01524 415431

E-mail: ian.becker@talktalk.net

Notes: This is a choir of 40 to 50 voices performing 2 main & other concerts per year in the classical repertoire. Rehearsals at Holy Trinity, Morecambe Parish Church on Wednesday evenings at 7.30pm.

PICCADILLY GARDEN

Full Name: Andrea Crook

Job Title: Contact

Piccadilly Garden

South Lodge

Lancaster

LA1 5AA

Bus: 01524 847685

Bus Fax: 01524 381513

E-mail: andrea.crook@piccadillygarden.org

Notes: Piccadilly Garden provides daytime support for people with learning disabilities, based mainly in a horticultural & recycling environment, along with access to other community based opportunities & accredited courses.

POLISH CATHOLIC MISSION IN LANCASTER

Charity Number: 1,119,423

Full Name: Rev Marian Jachym

Job Title: Chairperson

c/o Polish Centre

Nelson St

Lancaster

LA1 1PY

Bus: +44 (01524) 39820

E-mail: lancaster4@tlen.pl

Notes: The fund exists to provide support for Polish members of the Catholic Church in the Lancaster Diocese.



pony CLUB, LANCASTER & DISTRICT

Charity Number: 1,050,146

Full Name: Mrs D Carman

Job Title: Branch Secretary

24 Westmoor Grove

Heysham

LA3 2TA

Bus: +44 (01524) 852485

Notes: The club encourages young people to participate in horse riding sports by providing instruction in riding, horsemanship and proper care of their animals. It promotes the highest ideals of sportsmanship and citizenship.

PORTUGUESE CIRCLE, NORTH WEST

Full Name: Sue Tyson-Ward

Job Title: Contact

12 Brook Street

Lancaster

LA1 1SL

Bus: +44 (01524) 841703

E-mail: sue.tyson-ward@pasteis.plus.com

Notes: The circle promotes interest in all aspects of Portuguese culture including language classes.

POULTON COMMUNITY GARDENS

Charity Number: 8,088

Full Name: Rita A Gerrard

Job Title: Secretary

Flat 1

130 Thornton Road

Morecambe

LA4 5PL

Bus: 01524 426911

E-mail: ritall@bigfoot.com

Notes: Poulton Community Gardens aim to increase awareness in gardening and the environment, improving areas of biodiversity and conduct workshops for beginners. We strive to increase nesting habitats for wildlife and clean up and beautify wasteland in the area

POULTON RESIDENTS ASSOCIATION

Full Name: Alan Beattie

Job Title: Secretary

21 Lord Street

Morecambe

LA4 5XH

Bus: 01524 424580

E-mail: alan.f.beattie@talk21.com

Notes: Our Association has its origins in Poulton Resident's Committee, formed in 1992 to work on issues affecting the environment, community & residents of Poulton. We adopted a formal Constitution in 1998. Meetings third Monday of every month.

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PRIMROSE HOUSE TRUST

Charity Number: 519,086

Full Name: Mrs Grainger

Job Title: Co-ordinator

54 Middleton Road

Middleton

Morecambe

LA3 3JJ

Bus: +44 (01524) 853553

E-mail: diangrnr@aol.com

Notes: Primrose House Trust provides quality services & support to people who have learning & physical disabilities. The Holistic Centre, created to support the Trust financially, where people enjoy holistic & beauty treatments, exercise classes & a café.

PRINCE'S TRUST TEAM PROGRAMME

Charity Number: 1,079,675

Full Name: Donna Horrocks

Job Title: Programme Support Worker

Morecambe Community Fire Station

Westgate

Morecambe

LA4 4TA

Bus: 01524 413358

Bus Fax: as above

E-mail: morecambepsw@lancsfirerescue.org.uk

Notes: The Prince's Trust organises 12 week full-time programmes for young people aged 16-25. The courses aim to develop interpersonal skills in communication, teamwork, motivation, and leadership, helping the young people to become more employable.

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RACIAL EQUALITY COUNCIL, PRESTON & WEST LANCASHIRE

Charity Number: 4,550,864

Full Name: Mr F Desai

Job Title: Chief Executive

Town Hall Annexe

Birley Street

Preston

PR1 2RL

Bus: +44 (01772) 906422

Bus Fax: +44 (01772) 906685

E-mail: admin@prestonrec.org.uk

Notes: The council has experienced officers who can provide specialist information, advice and representation on matters such as discrimination at work, racial harassment, equal opportunities etc.



RAINBOW CENTRE

Charity Number: 223,933

Full Name: Mrs Susan Hargreaves

Job Title: Manager

Clarence St

Morecambe

LA4 5EX

Bus: +44 (01524) 415502

Bus Fax: +44 (01524) 415502

E-mail: rainbowcentre@btconnect.com

Notes: The Rainbow Centre is a community centre for over 55s, opening Monday to Thursday 10.00am-4.00pm. Full timetable of activities. Also provides one luncheon, 2 housebound and 1 outside lunch clubs and an advisory service.

RAMBLERS' ASSOCIATION, LANCASTER GROUP

Charity Number: 1,093,577

Full Name: Joy Greenwood

Job Title: Secretary

25 Connaught Road

Lancaster

LA1 4BQ

Bus: +44 (01524) 32816

E-mail: joygreenwood25@yahoo.co.uk

Notes: The association encourages rambling and mountaineering. It fosters greater knowledge, love, care and preservation of natural beauty in the countryside. It campaigns for the protection of footpaths and access to the countryside.

RAMBLING CLUB, CHURCH OF ASCENSION

Full Name: Linda Mills

Job Title: Secretary

79 Low Lane

Bare

Morecambe

LA4 6PP

Bus: +44 (01524) 423992

E-mail: lindamills@onetel.com

Notes: The purpose of the club is to promote fell-walking and a love and respect for the countryside. The added bonus is socialization through the walks, slide shows, weekends away and the coach rides.



RECORDED MUSIC SOCIETY, MORECAMBE & HEYSHAM

Full Name: Margaret Rudd

Job Title: Secretary

33 Homfrey Avenue

Morecambe

LA3 3AG

Bus: +44 (01524) 414660

Notes: The group meets in Morecambe on Wednesday evenings at the Ascension Church, Torrisholme, to listen to recorded music on excellent stereo equipment. New members welcome. For details contact Margaret (414660) or Gordon (421537)

RED ROSE SHOTOKAN KARATE CLUB

Full Name: Peter Sly

Job Title: Secretary

171 Fairfield Road

Heysham

LA3 1LS

Bus: +44 (01524) 852568

Notes: This is an amateur club running classes for juniors aged 8, and adults, in karate and self defence.

RED ROSE YOUTH

Charity Number: 1,065,010

Full Name: Robert Nelson

Job Title: Manager

116 Albert Road

Morecambe

LA4 4QU

Bus: +44 (01524) 427544

E-mail: robertwn@talktalk.net

Notes: This is a music group, open to all, meeting weekly in Lancaster for tuition and local performances. Open to children aged 6 years upwards. Free tuition from volunteers. Some instruments can be provided subject to availability.

RED WYVERN SOCIETY

Full Name: Elaine and Adrian Waite

Job Title: Organisers

New House

Murton

Appleby in Westmorland

CA16 6ND

Bus: +44 (017683) 51498

Bus Fax: +44 (017683) 54005

E-mail: adrian.waite@awics.co.uk

Notes: This group re-creates aspects of life in 15th century Britain for the enjoyment and education of its members and the general public, by living history, reproductions of artefacts, crafts, mock battles and presentations. New members very welcome.



REGENT SINGERS

Full Name: Mrs Ridding

Job Title: Conductor

17 Castle Green Close

Kendal

LA9 6AT

Bus: +44 (01539) 727766

Notes: This is a choir for women who enjoy singing a wide range of music from light to classical and occasionally competitive choral festival work. New members with choral experience welcome.

RELATE LANCASHIRE & CUMBRIA

Charity Number: 1,083,821

Full Name: John Paton

Job Title: Chief Executive Officer

160 Garstang Road

Fulwood

Preston

PR2 8NB

Bus: +44 (01772) 712808

Bus Fax: 01772 788220

E-mail: adminman@relatelancashirecumbria.org.uk

Notes: Relate provides counselling and psychosexual therapy for couples or individuals aged 16 or over. Help is available for couples wishing to end violence in their relationship. The board of trustees is looking for new trustees in the Lancaster area.

RELIGIOUS SOCIETY OF FRIENDS (QUAKERS), LANCASTER MEETING

Full Name: Strawberry Roth

Job Title: Warden

Friends Meeting House

Meeting House Lane

Lancaster

LA1 1TX

Bus: +44 (01524) 62971

E-mail: lancasterquakers@btinternet.com

Notes: Meetings for worship at the Meeting House in Meeting House Lane, telephone number 62971, are held on Sundays and Wednesdays, followed by shared lunch on Wednesdays. Every Monday and Thursday during term time at the University. Rooms for hire.



REMAP PANEL NORTH WEST LANCS, ENGINEERING FOR DISABLED

Charity Number: 1,000,456

Full Name: Harry Davis

Job Title: Chair

123 South Hey

Lytham St. Annes

Lancs

FY8 4BE

Bus: 01253 731958

E-mail: data@remap.org.uk

Notes: Remap is a unique registered charity and our volunteers design and manufacture, or adapt, special equipment for people with disabilities where there is nothing commercially available. This service is delivered by volunteers free of charge.

REVELATIONS CHILDRENS HOME

Full Name: Stephen King

Job Title: Contact

17 Limes Avenue

Heysham

LA3 1HR

Bus: 01524 410699

E-mail: stephen@revelationschildrenshome.org.uk

Notes: Revelations is a childrens home in Ghana, West Africa currently caring for 17 children some of whom are disabled. Our primary purpose is to provide love, shelter, good food, clean water, clothes & education to children in need.

RIBBLE VEHICLE PRESERVATION TRUST LTD

Charity Number: 1,074,702

Full Name: John Steven Machell

Job Title: Trustee

105 Scotforth Road

Lancaster

LA1 4JN

Bus: +44 (01524) 60368

E-mail: steven41904@yahoo.com

Notes: The group is interested in the purchase, storage, restoration and display of former Ribble (and associated companies) buses and coaches.



RIDGE COMMUNITY CENTRE

Full Name: Paul Ireland

Job Title: Manager

Ridge Community Centre

Ridge Square

Patterdale Road

Lancaster

LA1 3HR

Bus: +44 (01524) 389008

E-mail: pireland_ymcalancaster@btconnect.com

Notes: To provide a variety of community activities in the centre for the benefit of the people who live in the Bulk Ward area of Lancaster.

ROTARY CLUB, CARNFORTH

Charity Number: 1,032,442

Full Name: Mr Leslie Pott

Job Title: Secretary

16 Levens Way

Silverdale

Carnforth

LA5 0TG

Bus: +44 (01524) 701629

E-mail: lespott@dezy.co.uk

Notes: Rotary Clubs foster the ideal of service; promote high ethical standards in business and professional life and try to advance international understanding. The club organises a range of welfare and recreational activities.

ROTARY CLUB, LANCASTER LOYNE

Charity Number: 702,889

Full Name: Allan Denham

Job Title: Secretary

20 Bryn Grove

Hest Bank

Lancaster

LA2 6EX

Bus: +44 (01524) 824333

E-mail: allan_denham@hotmail.com

Notes: Rotary Clubs foster the ideal of service; promote high ethical standards in business and professional life and try to advance international understanding. The club organises a range of welfare and recreational activities.



ROYAL AIR FORCE ASSOCIATION, MORECAMBE & LANCASTER BRANCH

Charity Number: 1,072,421

Full Name: Mrs D.Armstrong

Job Title: Secretary

Tynedale

217 Westminster Road

Heysham

Morecambe

LA3 1UL

Bus: +44 (01524) 419020

E-mail: tynedale@live.co.uk

Notes: This group is open to all serving and former members of the Royal Air Forces of the Commonwealth and their dependants. It offers comradeship to all the members and attends to the well being of those members who are in need.

ROYAL BRITISH LEGION WOMEN'S SECTION (LANCASTER)

Charity Number: 219,279

Full Name: June Smith

Job Title: Secretary

118a Broadway

Morecambe

LA4 5XZ

Bus: 01524 413074

E-mail: june@bish.eclipse.co.uk

Notes: This group meets monthly to socialise & fundraise, helping ex members of the Women's Forces & their dependants. All ex service women or relations of ex service personnel are welcome.

ROYAL BRITISH LEGION, LANCASTER BRANCH

Charity Number: 219,279

Full Name: Mr P Yates

Job Title: Welfare Caseworker and War Pensions Officer

55 Coniston Road

Lancaster

LA1 3NJ

Bus: +44 (01524) 61022

Notes: The Royal British Legion helps all ex-service and serving personnel and their dependants in the area with pension or welfare needs.



RSPB, LANCASTER LOCAL GROUP

Full Name: Miss Jill Blackburn

Job Title: Secretary

13 Coach Road

Warton

Carnforth

LA5 9PR

Bus: +44 (01524) 733639

E-mail: leighton.moss@rspb.org.uk

Notes: The local group organises regular meetings on subjects of interest to members and exists to support the work of the national body.

RSPCA CHARITY SHOP, MORECAMBE

Charity Number: 232,252

Full Name: Ann Turner

Job Title: Branch Secretary

Longview Animal Centre

Division Lane

Blackpool

FY4 5EB

Bus: 01253 763991

E-mail: a.m.turner13@btinternet.com

Notes: This is a charity shop selling goods donated by the general public and a range of new items including RSPCA cards and gifts. All proceeds go to the local branch.

RSPCA, BLACKPOOL AND NORTH LANCS BRANCH

Charity Number: 232,252

Full Name: Ann Turner

Job Title: Hon Branch Secretary

Longview Animal Home

Marton Moss

Division Lane

Blackpool

FY4 5EB

Bus: +44 (01253 763991)

E-mail: mail@rspcablackpool.fsnet.co.uk

Notes: The group arranges free neutering and microchipping of pet animals for people on benefits. We also rehome unwanted animals. You can help by assisting in local fundraising activities or by becoming a Trustee/Committee member.

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RUGBY CLUB, VALE OF LUNE

Full Name: Peter Lovett- Horn

Job Title: Secretary

Powder House Lane

Lancaster

LA1 2TT

Bus: 01524 64029

E-mail: valerugby@btconnect.com

Notes: The club is long established providing rugby facilities for players of all ages & abilities. These range from the youngest in the mini & junior section through to the four senior sides & the very successful ladies section.

S

SALVATION ARMY HOUSING ASSOCIATION, MORECAMBE FOYER

Full Name: Wendy Smith

Job Title: Manager

15 Thornton Road

Morecambe

LA4 5PD

Bus: +44 (01524) 833408

Bus Fax: +44 (01524) 415648

E-mail: wendy.smith@saha.org.uk

Notes: This organisation provides supported accommodation and training to young people between the age of 16-25 years. It aims to support them to achieve total independence, maintaining a tenancy and access to education, training or employment.

SALVATION ARMY, MORECAMBE

Charity Number: 214,779

Full Name: Captains Simon & Carolyn Clampton

Job Title: Officers In Charge

Salvation Army Church & Community Centre

Balmoral Road

Morecambe

LA3 1HJ

Bus: +44 (01524) 415718

Notes: The Salvation Army is an integral part of the Christian church, distinctive in government and practice. It aims to advance Christian faith; to educate, relieve poverty and benefit the community of mankind.

SALVATION ARMY, CARNFORTH

Charity Number: 214,779

Full Name: Jonathan Hamilton

Job Title: Salvation Army Officer

18 Grosvenor Place

Carnforth

LA5 9DL

Bus: +44 (01524) 734076

E-mail: jonathan.hamilton@salvationarmy.org.uk

Notes: The Salvation Army is an integral part of the Christian Church, distinctive in government and practice. It aims to advance Christian faith; to educate, relieve poverty and benefit the community of mankind.

SALVATION ARMY, RIDGE LANE, LANCASTER

Full Name: Captain Penny Palmer-Taylor

Job Title: Officers-In-Charge

Salvation Army

Ridge Lane

Lancaster LA1 1EB

Bus: +44 (01524) 37028 /844931

Notes: The Salvation Army is an integral part of the Christian church, distinctive in government and practice. It aims to advance Christian faith, to educate, relieve poverty and benefit the community of mankind.

SAMARITANS OF LANCASTER & DISTRICT

Charity Number: 501,761

Full Name: Tony Guenault

Job Title: Treasurer

21 Sun Street

Lancaster

LA1 1EW

Bus: +44 (01524) 61666

E-mail: tony.guenault@btinternet.com

Notes: Samaritans work to ensure that people with overwhelming feelings of despair, including ones that may lead to suicide, receive appropriate emotional support. The telephone line is open round the clock throughout the year. Visitors welcome.

SCOUT ASSOCIATION, LONSDALE DISTRICT SCOUT COUNCIL

Charity Number: 1,027,167

Full Name: Mrs Musgrave

Job Title: District Secretary

19 Birch Road

Garstang

PR3 1WJ

Bus: +44 (01995) 605170

E-mail: dlmus19@aol.com

Notes: The movement encourages the physical, mental and spiritual development of young people so that they can take a constructive place in society, by providing progressive training based on the Scout Promise and Law, guided by adult leadership.

SCOUT GROUP - 35th LANCASTER (ST JOSEPHS)

Charity Number: 521,576

Full Name: Kieron Ryan

Job Title: Group Scout Leader

20 Tan Hill Drive

Skerton

Lancaster

LA1 2JB

Bus: +44 (01524) 36646

E-mail: kieron.ryan@virgin.net

Notes: To promote physical, mental and spiritual development of young people so that they may take a constructive place in society.

SEEDSAVERS, LANCASTER

Full Name: Fiona Sturgess

Job Title: Contact

8 Windermere Road

Lancaster

LA1 3EX

Bus: +44 (01524) 388049

Bus Fax: +44 (01524) 64145

E-mail: seedsavers@gmx.net

Notes: We swap, save and cultivate seeds to preserve diversity of varieties which might disappear. We organise events on biodiversity, foodgrowing and organic issues including Apple and Cider Day, and Potato Day. We have an open and diverse membership.

SERENE REFLECTION MEDITATION GROUP (ZEN)

Full Name: Kate Shirra-Gibb

Job Title: Contact

20 Albion Mews

Lancaster

LA1 1GE

Bus: +44 (01524) 39918

E-mail: kateshirra-gibb@talktalk.net

Notes: The purpose of the group is to promote the practice of meditation within the Soto Zen tradition of Buddhism. Newcomers are welcome and instruction in meditation is available. Meetings include talks and discussions on aspects of practice.

SHOPMOBILITY SCHEME, LANCASTER & MORECAMBE

Charity Number: 1,114,100

Full Name: Brian Darbyshire

Job Title: Manager

Mobility Centre

28 Friargate

Preston

PR1 2AU

Bus: +44 (01772) 204667

Bus Fax: +44 (01772) 251638

E-mail: brian.d@prestonct.co.uk

Notes: This scheme provides scooters, electric and manual wheel chairs to assist people with limited mobility to access shopping areas. The scheme operates in Morecambe on Thursday and Lancaster on Friday. Contact 07966 45163 to book equipment.

SIGNPOSTS, MULTI- AGENCY RESOURCE CENTRE LTD

Charity Number: 1,117,645

Full Name: Pamela Beswick

Job Title: Chief Executive

58 Regent Road

Morecambe

LA3 1TE

Bus: 01524 419021

Bus Fax: 01524 411541

E-mail: signpostsmarc@signposts.org.uk

Notes: Signposts supports the local community on a wide range of issues, housing, health benefits etc. The Centre holds comprehensive source materials & can access support through contacts with other agencies.

SKERTON COMMUNITY ASSOCIATION

Charity Number: 1,058,920

Full Name: Lou Andrews

Job Title: Co-ordinator

Slyne Road

Skerton

Lancaster

LA1 2JH

Bus: +44 (01524) 380818

E-mail: LOUDANDREWS@aol.com

Notes: Skerton Community Association aims to offer community activities including youth groups, karate, women's craft, over 55's club, volunteering & training opportunities, yoga, family cooking, community library, credit union, Furniture Matters referrals, pri

SLYNE -WITH- HEST PRE- SCHOOL

Full Name: James Meeks

Job Title: Treasurer

17 Station Road

Hest Bank

Lancaster

Lancashire

LA2 6HP

Bus: 01524 823535

E-mail: themeekstar@hotmail.com

Notes: We provide sessional care for children of pre-school age. We are a registered charity & rely on a voluntary management committee which meet monthly.

SOUND FOUNDATION, LANCASTER

Full Name: Mike Kiernan

Job Title: Chairperson

42 Prospect Street

Lancaster

LA1 3BJ

Bus: +44 (01524) 844994

Notes: This group is promoting the creation of an arts centre/live music venue in the City.

SPEAKERS' CLUB, MORECAMBE

Full Name: Pat Modley

Job Title: Secretary

19 Mardale Avenue

Morecambe

LA4 5XF

Bus: +44 (01524) 425822

Notes: This is a mixed club which develops the skills of speaking in public and the conducting meetings. Meetings are held every 1st and 3rd Thursday throughout the winter (September to May) at the Bare Village Hall in Morecambe. New members are very welcome.

SPINABIFIDA & HYDROCEPHALUS ASSOCIATION

Full Name: Mrs Dyson

Job Title: Secretary

25 Royds Avenue

Heysham

LA3 1PA

Bus: +44 (01524) 851340

Notes: This group aims to help and support people with Spinabifida and or Hydrocephalus, their families and carers who live in this area.

SPORTSREACH

Charity Number: 1,065,723

Full Name: John Gorst

Job Title: Administrator

57 Lancaster Road

Carnforth

LA5 9LE

Bus: +44 (01524) 730000

Bus Fax: +44 (01524) 730000

E-mail: office@sportsreach.org.uk

Notes: This Christian ministry organises soccer sports schools for young persons where the fundamentals of soccer are taught with an emphasis on sportsmanship and character building based on Biblical principles.

SSAFA FORCES HELP

Charity Number: 210,760

Full Name: Bob Bristow

Job Title: Divisional Secretary

1 Meadowfield Close

Halton

Lancaster

LA2 6RA

Bus: +44 (01524) 812631

E-mail: ssafa.lancaster@tiscali.co.uk

Notes: SSAFA Forces Help helps serving and ex-serving members of the armed forces of the crown, their families and dependants. This includes advice and help in obtaining financial support and grants together with advisory and counselling services.

ST JOHN AMBULANCE, LONSDALE QUAD UNIT

Full Name: Hazel Ross

Job Title: Officer in Charge

St John Ambulance HQ

Alice Street

Morecambe

LA4 5NE

Bus: 01524 412796

Bus Fax: 01524 426471

Notes: St John Ambulance provides first aid cover for public events & training for the community. Adults (18+) meet Mondays (7:15 - 9:15 pm) Cadets (10-18 years) meet Fridays (6 - 8 pm) & Badgers (5-10 years) meet Wednesdays (6 - 7:30 pm).

ST JOHN FELLOWSHIP, LONSDALE BRANCH

Charity Number: 1,077,265

Full Name: June Smith

Job Title: Secretary

118a Broadway

Morecambe

LA4 5XZ

Bus: +44 (01524) 413074

E-mail: june@bish.eclipse.co.uk

Notes: Open to all St John Ambulance members, active or retired, plus their friends and family. Activities allow members to socialise together, raise funds for St. John and support sick and elderly members.

ST JOHN THE DIVINE SANDYLANDS C OF E P.C.C.

Full Name: Michael L.Knight

Job Title: Church Warden

56 Stanley Road

Morecambe

Lancs

LA3 1UR

Bus: 01524 422581

Home: 07799464502

E-mail: michaellknight@talktalk.net

Notes: To respond to human need by loving service, to seek to transform unjust structures of society, to strive to safeguard the integrity of creation & sustain & renew the earth. To proclaim the good news of God's kingdom.

ST JOHN'S HOSPICE

Charity Number: 510,667

Full Name: Janet Thompson

Job Title: Administrator

Slyne Road

Lancaster

LA2 6ST

Bus: +44 (01524) 382538

Bus Fax: 01524 848665

E-mail: jthompson@sjhospice.org.uk

Notes: The Hospice offers palliative care and symptom control for patients with terminal illness and respite care for patients with severe chronic disabling illnesses.

ST JOHN'S HOSPICE AND CANCERCARE SHOPS LTD

Full Name: Anne Ellis
 Job Title: General Manager
 25 Pedder Street
 Morecambe
 Lancs
 LA4 5DY

Bus: 07960949112
 Bus Fax: +44 (01524) 409900
 E-mail: shops@sjhospice.org.uk

Notes: Cancercare have three charity shops, one in Lancaster, one in Morecambe and one on the University campus, all offering quality goods donated by members of the public for sale to raise money for the work of Cancercare and St John's Hospice.

ST PAUL'S C of E CHURCH, CATON WITH LITLEDALE

Full Name: Hilson Carter
 Job Title: Funding Co-ordinator
 Lane House
 115 Brookhouse Road
 Brookhouse
 Nr Lancaster
 LA2 9NP

Bus: 01524 770418
 E-mail: grahamapollitt@tiscali.co.uk

Notes: As the parish church, St Paul's aims to serve God & our community, by being open & inclusive in all its groups & activities; so that the wellbeing of all ages & interests is provided for. Information ring 770300

ST PETER'S CATHEDRAL, DIOCESE OF LANCASTER

Charity Number: 234,331
 Full Name: Caroline Hull
 Job Title: Events Co-ordinator
 Cathedral House
 Balmoral Road
 Lancaster
 LA1 3BT

Bus: 01524 384820
 Bus Fax: 01524 384831
 E-mail: events@lancastercathedral.org.uk

Notes: This is a Roman Catholic cathedral serving the Diocese of Lancaster (including Lancashire and Cumbria) and the wider community.

St Thomas's church Cummings, Dave

Full Name: Dave Cummings

Job Title: Administrator

St. Thomas's Church office

Marton Street

Lancaster

LA1 1XX

Bus: 01524 590410

E-mail: dave@st.tees.org.uk

Notes: We are a lively evangelical Anglican church in Lancaster city centre. About 600 adults and children share in Sunday worship across our 3 main services.

STEINER SCHOOL, LANCASTER

Charity Number: 1,066,821

Full Name: Alice Granger

Job Title: Administrator

Lune Road

Lancaster

LA1 5QU

Bus: +44 (01524) 841351

E-mail: lancastersteinerschool@yahoo.co.uk

Notes: The school provides education for 3-11 year old children based around its child centred curriculum and organises parent and toddler groups. A holistic and creative approach to early years development is fostered.

STEPPING STONES, NIGERIA

Charity Number: 1,112,475

Full Name: Gary Foxcroft

Job Title: Programme Director

24 St Leonard's House

St Leonard's Gate

Lancaster

LA1 1NN

Bus: 0845 3138391

E-mail: gary@steppingstonesnigeria.org

Notes: Stepping Stones Nigeria works with partner organisations in the Niger Delta region of Nigeria to protect, save & transform the lives of vulnerable & disadvantaged children.

STOREY GALLERY

Charity Number: 1,075,725

Full Name: John Angus

Job Title: Director

26 Sun Street

Lancaster

LA1 1EW

Bus: +44 (01524) 844133

Bus Fax: +44 (01524) 844133

E-mail: info@storeygallery.org.uk

Notes: This is an artist centred gallery which commissions, presents and promotes contemporary visual art by nationally and internationally significant artists. It encourages artistic experimentation, and aims to stimulate critical thought and debate.

STROKE ASSOCIATION, MORECAMBE BAY

Charity Number: 211,015

Full Name: Sally Farnell

Job Title: Communication Support Co-ordinator

5 Castle Bank

Silverdale

Carnforth

Lancs

LA5 0RY

Bus: +44 (01524) 701990

Bus Fax: 01524 701855

E-mail: sfarnell@stroke.org.uk

Notes: To support and enable people who have a language difficulty following a stroke to gain in confidence and use their communication skills to best effect (see also Stroke Club).

STROKE CLUB, LANCASTER DISTRICT

Full Name: Mrs A Clark

Job Title: Treasurer

27 Barley Cop Lane

Lancaster

LA1 2NB

Bus: +44 (01524) 33735

E-mail: a2604@tiscali.co.uk

Notes: The club meets once a fortnight to provide social activities and support for stroke sufferers and their families (see also Dysphasia Support).



TABLE TENNIS LEAGUE, LANCASTER & MORECAMBE

Full Name: Mr Stebbing
Job Title: Secretary
15 Malham Close
Lancaster
LA1 2SJ
Bus: +44 (01524) 34632
E-mail: carl.stebbing@talktalk.net
Notes: The league promotes table tennis in the district.

TENNIS LEAGUE, LANCASTER, MORECAMBE & DISTRICT

Full Name: Mr Bowers
Job Title: Secretary
49 Stankelt Road
Silverdale
Carnforth
LA5 0TH
Bus: +44 (01524) 701368
Notes: The league exists to organise matches between local women's, men's and mixed teams. Details of local clubs will be given on request.

THUMBPRINT

Charity Number: 1,094,984
Full Name: Dave Kirsopp
Job Title: Co-ordinator
The Cornerstone
Sulyard Street
Lancaster
LA1 1PX
Bus: 01524 382800
E-mail: dave@thumbprint-online.org.uk
Notes: Thumbprint enables people with learning disabilities to set up and run their own projects. People with learning disabilities are supported as equal citizens, able to take a pro-active role in building self owned projects. A flexible, dynamic service.

TORRISHOLME ROAD ALLOTMENTS ASSOCIATION

Full Name: John Silver
Job Title: Secretary
5 Bertram Ave
Morecambe
LA4 4PW
Bus: 01524 418508
E-mail: torrisholmeroad.AA@gmail.com
Notes: To provide allotment gardening facilities for recreation & leisure time pursuits in the interests of health & social welfare for the benefit of inhabitants of this area.

TOWNSWOMEN'S GUILD, HEYSHAM

Full Name: Mrs Whight

Job Title: Secretary

291 Heysham Road

Heysham

LA3 4PY

Bus: +44 (01524) 850015

Notes: The objects of the guild are to advance the education of women to enable them to make a contribution to the common good; to educate women in the principles of good citizenship and provide social and recreational activities.

TRADES UNION COUNCIL , LANCASTER & MORECAMBE

Full Name: David Barnes

Job Title: Secretary

178A Lancaster Road

Morecambe

LA4 5QP

Bus: +44 (01524) 413600

Bus Fax: +44 (01524) 413600

E-mail: imtuc@pop3.poptel.org.uk

Notes: This is a forum for all local trades union branches, meeting on the first Tuesday of every month (except August) and is a resource/advice centre on employment matters, open to the public by arrangement.

TRAMWAY & LIGHT RAILWAY SOCIETY, NORTH LANCASHIRE GROUP

Full Name: Mr Hargreaves

Job Title: Secretary

19 Grange Road

Rawtenstall

Rossendale

BB4 7RU

Bus: +44 (01706) 211950

Notes: The society encourages modelling and historical interest in tramways and light railways. Members model in a variety of scales. Meetings on the last Saturday of the month September to May, in Garstang at St Thomas' Church Hall.

TRANSITION CITY LANCASTER (TCL)

Full Name: Chris Hart

Job Title: Initiator

41 Woodville Street

Lancaster

LA1 3QD

Bus: 01524 840591

E-mail: earthheart@talktalk.net

Notes: The group is part of an international network that aims to create community resilience to a more secure energy future. The threats of peak oil & climate change will require new ways of living & a crucible for energy responses.



TREFOIL GUILD, LUNESDALE

Full Name: Mrs M Udall

Job Title: Contact

7 Hatlex Drive

Hest Bank

Lancaster

LA2 6HA

Bus: +44 (01524) 823227

Notes: The guild supports the work of local guide groups and provides recreational activities for members. Membership is open to all adult Guides and to anyone prepared to make the Guide Promise.

TRINITY COMMUNITY CENTRE, LANCASTER

Full Name: Val Penny

Job Title: Booking Officer

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 381752

Notes: The centre is owned by Trinity United Reformed Church and is a full time base for Lancaster District CVS, as well as providing bookable rooms for various other groups and recreational activities.

TRINITY UNITED REFORMED CHURCH

Full Name: Janet Ward

Job Title: Elder

22 Castle Park

Lancaster

LA1 1YQ

Bus: 01524 60273

E-mail: wardjrm2005@yahoo.co.uk

Notes: The church has 2 centres of worship:- Trinity Bowerham Centre, Thursday afternoons 2.30 pm and Sunday evenings 6.30pm. Trinity High Street :- Sunday mornings 10.30am

TWL TRAINING LTD

Full Name: Becky Webster

Job Title: Community Outreach Advisor

2nd Floor

Telephone House

Fenton Street

Lancaster

LA1 1TE

Bus: 01524 840952

E-mail: rebecca.webster@twluk.com

Notes: TWL provides quality training to guide learners into employment with continued training. We offer individualised packages, including employability skills, life skills and key skills.

U

UNIQUE KIDZ & CO

Full Name: Denise Armer

Job Title: Director

23 Sand Lane

Warton

Carnforth

Lancs

LA5 9NN

Bus: 07596 988267

E-mail: uniquekidzandco@yahoo.co.uk

Notes: To advance the social & play opportunities of children & young people with additional needs/disabilities through specialist holiday & after school play schemes. To provide information, advice & advocacy to parents, carers & provide them with equal opportu

UNIVERSITY OF CUMBRIA VOLUNTEERS

Charity Number: 326,550

Full Name: Emma Egglestone

Job Title: Volunteer Co-ordinator

University of Cumbria Students' Union

Bowerham Road

Lancaster

LA1 3JD

Bus: +44 (01524) 526577

Bus Fax: 01524 841924

E-mail: Emma.egglestone@Cumbria.ac.uk

Notes: University of Cumbria Volunteers signposts students to local volunteer opportunities. Local organisations may publicise their opportunities through our service.

UNIVERSITY OF THE THIRD AGE

Charity Number: 1,014,076

Full Name: Margaret Kennon

Job Title: Chairman

14a Hest Bank Lane

Hest Bank

Lancaster

LA2 6DG

Bus: 01524 823620

E-mail: handmkennon@btinternet.com

Notes: U3A, an autonomous, self help organisation. Its' members voluntary efforts encourage & enable older people to share knowledge, skills & interests with others. Its' lifelong learning programme consists of educational & recreational activities.



VCFS ICT SUPPORT SERVICE (SIGNPOSTS)

Full Name: Pamela Beswick

Job Title: Project Director

58 Regent Road

Morecambe

LA3 1TE

Bus: 01524 427788

Bus Fax: +44 (01524) 411541

E-mail: signpostsmarc@signposts.org.uk

Notes: Signposts supports the local community on a wide range of issues, housing, health, benefits etc. The centre holds comprehensive source materials and can access support through contacts with other agencies.

VICTIM SUPPORT, NORTHERN DISTRICT

Charity Number: 298,028

Full Name: Laraine Carr

Job Title: District Manager

37 Springfield Road

Blackpool

FY1 1BZ

Bus: +44 (01253) 626193

Bus Fax: +44 (01253) 626194

E-mail: laraine.carr@victimsupport.org.uk

Notes: This confidential free service provides emotional support and practical help to all victims of crime and gives support to victims and witnesses in court. They accept self-referrals and referrals from other agencies. They have an outreach in Morecambe.

VICTORIA INSTITUTE

Charity Number: 521,068

Full Name: Barbara Dearnley

Job Title: Treasurer

21 Brookhouse Road

Caton

LA2 9QT

Bus: 01524 770085

E-mail: bcd@hotmail.co.uk

Notes: Our venue provides rooms for hire to local organisations. We have 3 rooms available, large hall & 2 smaller rooms plus an IT suite with networked computers & can provide a projector & interactive whiteboard.



VILLAGE HALL, NETHER KELLET

Full Name: Mrs J Douglas

Dunoon

Shaw Lane

Nether Kellet

Carnforth

LA6 1EY

Bus: +44 (01524) 732439

Notes: The committee maintains the village hall as a community centre for the local residents.

VILLAGE HALL, OVER KELLET

Charity Number: 521,279

Full Name: Mr John Briggs

Job Title: Secretary

The Cottage

Capernwray Road

Over Kellet

Carnforth

LA6 1BX

Bus: +44 (01524) 736026

Notes: The committee maintains the village hall as a community centre for the activities of local residents, and it is available for private hire.

VILLAGE HALL, WARTON

Charity Number: 504,993

Full Name: Mrs P. A. M. Riley

Job Title: Booking Secretary

155 Yealand Road

Warton

Carnforth

LA5 9QF

Bus: +44 (01524) 735016

E-mail: riley_ronpam@hotmail.com

Notes: This village hall provides facilities for educational and recreational activities for local people and visitors.



VILLAGE HALL, WHITTINGTON

Charity Number: 521,355

Full Name: Eric Pelter

Job Title: Chairman

Laburnum Cottage

Whittington

Carnforth

LA6 2NY

Bus: +44 (015242) 71103

E-mail: ericpelter@aol.com

Notes: The committee maintains the village hall as a community centre for the activities of local residents.

VILLAGE HALL/COMMUNITY CENTRE, BOLTON LE SANDS

Charity Number: 700,264

Full Name: G Forrest

Job Title: Secretary/Treasurer

30 Broadlands Drive

Bolton-le-Sands

Carnforth

LA5 8BH

Bus: +44 (01524) 824346

E-mail: gforrest@homecall.co.uk

Notes: The village hall is organised and managed by a committee for the use of local residents/societies.

VILLAGE HALL/COMMUNITY CENTRE, DOLPHINHOLME

Full Name: Mrs Howie

Job Title: Chairman

2 Sea View

Chipping Road

Bay Horse

Lancaster

LA2 9AF

Bus: +44 (01524) 751477

Notes: The committee maintains the village hall for the community activities of local residents.



VILLAGE HALL/COMMUNITY CENTRE, GLASSON DOCK

Charity Number: 1,020,076

Full Name: Claire Hawkins

Job Title: Secretary

6 Quernmore Drive

Glasson Dock

Lancaster

LA2 0DN

Bus: +44 (01524) 751300

E-mail: glassondock@btinternet.com

Notes: The committee maintains the village hall as a community centre for the use of local residents. The hall is used for a variety of community events and is available for hire.

VILLAGE INSTITUTE,SILVERDALE

Charity Number: 1,014,665

Full Name: Mr K Mashiter

Job Title: Chair

21 Cove Road

Silverdale

Carnforth

LA5 0RR

Bus: 01524 701495

Notes: The committee maintains the village hall as a community centre for local residents.

VOLUNTARY POLICE CADETS, LANCASTER

Full Name: P. C. Kath Bromilow

Job Title: Youth Involvement Officer

Morecambe Police Station

21 Poulton Square

Morecambe

LA4 5PZ

Bus: 01524 596979

E-mail: kathleen.bromilow@lancashire.pnn.police.uk

Notes: The voluntary Police cadets course is for young people who want an insight into the police force & the agencies we work with, emphasis placed on Community work.

WARBLERS' ASSOCIATION, MORECAMBE

Full Name: Bernice Moorhouse

Job Title: Secretary

33a Kellet Road

Carnforth

Lancaster

LA5 9 XP

Bus: +44 (01524) 735613

Notes: To give young and old the opportunity to act and sing in amateur musical productions. To encourage and promote their skills in amateur stage musicals.

WEST END DISABLED COMMUNITY ALLOTMENT GROUP

Full Name: Dave Evans

Job Title: Co-ordinator

Resource Centre

22a Yorkshire Street

Morecambe

LA3 1QE

Bus: +44 (01524) 833080

E-mail: morecambe_r3s-shop@tiscali.co.uk

Notes: Providing allotments and leisure gardens area for the local community.

WEST END IMPACT

Charity Number: 1,094,125

Full Name: Tracy Kohl

Job Title: Manager

12-14 Heysham Road

Morecambe

LA3 1DG

Bus: 01524 853857

E-mail: Tracy@mcc.uk.com

Notes: Our organisation helps people with various needs. We feed & advise the homeless & those in poor accomodation. We run a youth club, a parent café, an art group & a ' Hep C ' advice group & other small groups.

WHEELCHAIR BASKETBALL CLUB, LANCASHIRE BULLDOG

Full Name: Andrew Hartley

Job Title: Coach

19 Bayview Crescent

Slyne

Lancaster

LA2 6JU

Bus: 01524 822920

E-mail: harts123@btinternet.com

Notes: This is a basketball sports group, open to both disabled and able bodied, playing in the third division basketball national league. The aim of the club is to promote wheelchair basketball and social interaction between disabled and able-bodied individua

WHIRLWIND THEATRE FOR CHILDREN

Full Name: Mike Whalley

Job Title: Director

54 High Road

Halton

Lancaster

LA2 6PS

Bus: 07913 308531

Notes: Music-based visual theatre for & with children of all abilities from all backgrounds.

WOMEN'S AID, LANCASTER & DISTRICT

Charity Number: 1,012,353

Full Name: Shelan Holden

Job Title: Co-ordinator

PO Box 669

Lancaster

LA1 2ZP

Bus: +44 (01524) 389637

Bus Fax: +44 (01524) 39962

E-mail: shelan@ldwa-support.org

Notes: Lancaster & District Women's Aid operate a domestic violence specialist service for women. We offer a local helpline, outreach & tenancy support, counselling & a support group. Training in domestic abuse awareness & related issues is available. Helpli

WOMEN'S WORLD DAY OF PRAYER

Full Name: Miss Barbara Bland

Job Title: Branch Secretary

27 Beech Street

Lancaster

LA1 5PL

E-mail: b-w-bland@supanet.com

Notes: Women all over the world unite on this one special day to spread the word of the Lord, guided by the Spirit.

WOODFIELD RESIDENTS' ASSOCIATION

Full Name: Mr Peter Barrow

Job Title: Secretary

28 Monkwood Avenue

Bare

Morecambe

LA4 6TW

Bus: 01524 414655

Notes: This group provides social and recreational activities for disabled and elderly people living in sheltered housing.

W

WORKERS' EDUCATIONAL, ASSOCIATION (WEA), LANCASTER

Charity Number: 314,001

Full Name: Harriet Grimsditch

Job Title: Learning manager (Lancashire)

Crawford House

Precinct Centre

Oxford Road

Manchester

M13 9GH

Bus: 01204 304008

Bus Fax: 0161 274 4948

E-mail: hgrimsditch@wea.org.uk

Notes: The WEA organises accessible, high quality learning, that is responsive and relevant to the interests and needs of adults. We offer accredited / non-accredited courses and welcome the opportunity to work in partnership with VCFS groups.

WRVS - MEALS ON WHEELS - MORECAMBE

Full Name: Colin Harris

Job Title: Project Manager

Rainbow Centre

Clarence Street

Morecambe

LA4 5EX

Bus: +44 (01524) 411364

Bus Fax: 01524 411364

E-mail: lancashiremow.lancaster@wrvs.org.uk

Notes: This is an organisation delivering hot meals to older and housebound people who have been referred by Social Services.lancashiremow.lancaster@wrvs.org.uk

y

YOUNG AT HEART SOCIAL CLUB

Full Name: David Rowland

Job Title: Chairman

2 Branksome Drive

Morecambe

LA4 5UL

Bus: 01524 401711

E-mail: youngatheart2008@live.co.uk

Notes: This is a club where people can meet and enjoy activities and outings, socialise and meet new friends over a cup of tea and exchange books and ideas for different activities.



YOUNG LANCASHIRE

Charity Number: 518,147

Full Name: Mr Graham Whalley

Job Title: Chief Officer

10 Fishergate Hill

Preston

PR1 8JB

Bus: +44 (01772) 556127

Bus Fax: +44 (01772) 251334

E-mail: grahamw@lya.org.uk

Notes: This association facilitates the development of the voluntary youth sector, through a range of youth work opportunities and the provision of support, guidance and back up to volunteer youth workers.

YOUNG MEN'S CHRISTIAN ASSOCIATION (YMCA), LANCASTER & DISTRICT

Charity Number: 250,536

Full Name: Phil McGrath

Job Title: General Secretary

YMCA "Heart of the City"

Fleet Square

Lancaster

LA1 1HA

Bus: +44 (01524) 32737

Bus Fax: +44 (01524) 389184

E-mail: ymcalancaster@btconnect.com

Notes: YMCA caters for the development & needs of the individual in body, mind & spirit. It provides programmes of activity & interest for young people (male & female) & adults & is also responsible for community development at the Ridge Community Centre.

YOUNG MUM'S CARE

Full Name: Emma Webster

Job Title: Group Facilitator

1, Green Lane

Lancaster

LA1 2EW

Bus: 01524 07786 729131

E-mail: squem_chuck@hotmail.com

Notes: A peer support group for mums & mums-to-be under 25 years, based in Old Man's Rest at Lune Park Children's Centre. A place to chat, play, create & access further information on a variety of matters.

y

YOUTH & COMMUNITY CENTRE, COWAN BRIDGE

Charity Number: 511,951

Full Name: Mrs Hacking

Job Title: Secretary

High Leck Farm

Leck

Cowan Bridge

Carnforth

LA6 2JF

Bus: +44 (015242) 71684

E-mail: hacking@highleckfarm.freeserve.co.uk

Notes: The club exists to provide facilities for sporting and leisure activities for all ages.

YOUTH & COMMUNITY CENTRE, HALTON

Charity Number: 506,984

Full Name: Maureen Richardson

Job Title: Fundraiser

165 High Road

Halton

Lancaster

LA2 6PY

Bus: +44 (01524) 811854

E-mail: mrichardson61@hotmail.com

Notes: We provide a venue for people of all ages to pursue leisure, social and educational activities in order to develop their physical, mental and spiritual capacities. Our venue is open to all people without distinction.