

[Lancaster District CVS Bulletin – February 2010](#)

Lancaster District CVS works to represent, promote and develop local voluntary and community organisations. We aim to strengthen the sector, build partnerships and influence local policy. We provide training, funding information and financial services.

To find out if these services could benefit your organisation, download our new service leaflet from www.lancastercvs.org.uk/services.pdf.

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Lancaster District CVS Voluntary Sector Conference

Managing in Challenging Times

Planning for the future of Charities in the economic downturn

Wednesday 17th March 2010, 5.30pm-8.30pm (including a light tea)
Friends Meeting House, Meeting House Lane, Lancaster LA1 1TX

This conference is for Managers and Trustees who are thinking about the future of their organisation and the effects of the economic downturn. The evening will enable you to:

- Look at planning ahead despite future uncertainties
- Consider how best to protect your organisations' finances
- Focus the work of your Trustee group

Keynote:

- How is the Economic Downturn Affecting Charities?
Neville Brownlee, the Charity Commission

Workshops:

- Strategic Management - planning ahead in an uncertain climate
led by Alan Lawrie
- The role of the Trustee Chair in a challenging climate
led by Jean Laurie, Chair of the Dukes Theatre
- Financial Health; questions Trustees need to ask
led by Tracy Harkin, the Charity Commission

Alan Lawrie has written numerous publications for the Directory of Social Change including, "Surviving Contracts" and "Business and Strategic Planning".

Jean Laurie has a broad range of experience including economic regeneration, the arts, transport and working for a variety of government departments including most recently, the Homes & Communities Agency.

Neville Brownlee is a Senior Manager, and **Tracy Harkin** is a Senior Researcher with the Charity Commission

Cost: Lancaster District CVS are offering a **THREE for the price of ONE** deal for each organisation. Prices range from £10 - £40 depending on your organisation's income.

Bookings: please contact janeattfield@lancastercvs.org.uk to book your places.

Volunteer Awards 2010

Monday 14th June 2010, 4.00pm-7.00pm
Hexagon Theatre, Lancaster & Morecambe College, Morecambe Road, Lancaster LA1 2TY

Nominations are now open for the Lancaster District Volunteer Awards 2010.

You are invited to nominate individual volunteers under two categories; Volunteer of the Year and Young Volunteer of the Year, as well as nominating groups of volunteers.

Our annual ceremony celebrates the contribution made by volunteers within the Lancaster District and provides guests and winners with the opportunity to meet and share their experiences.

This year's event will be held in partnership with students from Lancaster & Morecambe College and will include a showcase from the college's own volunteer awards, as well as a buffet provided by the Hospitality and Catering students from Coulson's Restaurant.

The deadline for nominations is Friday 14th May 2010. For further details and nomination forms email hannahbland@lancastercvs.org.uk or call (01524) 555900 ext. 26 or download the nomination form from the link below.

www.lancastercvs.org.uk/volunteerawards

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North Star Arts

A number of free arts sessions have recently begun at Beaumont College in Lancaster for young disabled people, their families and carers.

Community Dance Sessions

Every other Monday, 6.30pm-8.00pm

Community Environmental Art Sessions

Every Tuesday, 6.30pm-8.00pm

Community Film Making Sessions

Every Wednesday, 6.30pm-8.00pm

Community Art Sessions

Every Thursday, 6.30pm-8.00pm

Advance booking required for all sessions. For more information contact Sue Beresford by phone (01524) 541400 or email beresfords@beaumontcollege.org.

Lancaster Children's Trust Voluntary, Community and Faith Sector (VCFS) Forum

Wednesday 17th February 2010, 9.30am-11.30am

Trinity Community Centre, Middle Street, Lancaster LA1 1JZ

Following the July launch of the Children's Trust VCFS Forum, the group has secured four seats on the Children's Trust Partnership in order to contribute to discussions to ensure appropriate involvement of the VCFS in the planning, resourcing and provision of services to children, young people and families and to develop partners' understanding of the needs, strengths and limited resources of VCFS organisations.

Groups working with children, young people and families are invited.

The aims of the forum are to:

- To provide diverse VCFS representation on the Lancaster District Children's Trust to ensure the sector's views and interests are heard
- To provide a mechanism for accountability to VCS groups providing services to children, young people and families

If your work involves supporting children, young people and families and you would like to come along to the meeting, please contact [Hannah Bland](#) or call (01524) 555900 ext. 26.

Aiming High for Disabled Children Parents Association

The Cartmel Centre, Euston Road, Morecambe LA4 5NR

Poulton Children's Centre and Lonsdale District Carers will be holding themed or informal gatherings each month for parents / carers of children under 19 with additional needs or a disability, where they can access information, advice and support.

Thursday 18th February 2010, 7.00pm-8.30pm

Sue Earnshaw, local parenting support advisor, will be attending to deliver a 'participatory appraisal' – this is a fun activity using colourful drawings and anonymous 'post-its' to get your views.

Wednesday 17th March 2010, 10.30am-12.00pm

Barbara Goodman, team support worker at Core Children's Services is attending to talk about opportunities for siblings. Funded through Aiming High, support groups for siblings are being set up to provide information, support and advice, a place to share experiences and meet other siblings. Activities are also being offered to include drama, arts and crafts, sport and games and outings to places of interest.

If you would like to be kept regularly informed of these meetings or any issues relating to parents / carers, then please call 0800 1696529 / (01524) 418278 or email lonsdale@dcarers.freeserve.co.uk and ask to be added to the database.

Affordable Warmth for the Lancaster District

Monday 22nd February 2010, 1.30pm-4.30pm
Heysham Youth and Community Centre, Middleton Way, Douglas Park, Heysham LA3 2LL

The Lancaster District Health and Wellbeing thematic group of the LSP has asked for a task and finish working group to be set up to progress action on affordable warmth issues in Lancaster District. This follows on from the North Lancashire fuel poverty event in Kirkham in November.

You are invited to attend if you can do something to improve affordable warmth (the following sectors should be relevant: housing, energy efficiency, income and benefits advice, health).

They will be using a results based accountability model for their work and the workshop will therefore examine these questions:

- What are the affordable warmth conditions we want for the children, adults and families who live in our community?
- What would these conditions look like if we could see them?
- How can we measure these conditions?
- How are we doing on the most important of these measures?
- Who are the partners that have a role to play in doing better?
- What works to do better, including no-cost and low cost ideas?
- What do we propose to do?

By the end of the workshop there should be a do-able plan of action that can be used to make some real changes.

If you are able to attend, email michelle.perie@northlancs.nhs.uk.

Fairtrade Fortnight

Monday 22nd February – Sunday 7th March 2010

Fairtrade is about better prices, decent working conditions, local sustainability, and fair terms of trade for farmers and workers in the developing world.

The aim of this year's Fairtrade Fortnight is to get one million and one people to join in The Big Swap. Get involved by swapping your usual items for Fairtrade items – be it tea, bananas or socks. Each swap will be proof that the UK wants developing world producers to get a better deal.

Visit www.thebigswap.org.uk to find out more, get inspired and register your swap.

Faith Share Evening

Thursday 25th February, 7.00pm-9.00pm
William Stout Room, Friends Meeting House, Meeting House Lane, Lancaster LA1 1TX

Faith in Lancaster (an Inter Faith Association) is inviting people to a Faith Share Evening with the theme of 'Enjoying Faith'.

Come and listen to how others have been inspired by their faith and share your thoughts.

Vegetarian refreshments available afterwards.

North Lancashire Social Enterprise (NLSE)

NLSE Festival 2010 Meeting

Friday 26th February, 1.00pm-3.00pm
Morecambe (venue to be confirmed)

Network Meeting

Friday 26th March, 1.00pm-3.00pm
The Cornerstone, Sulyard Street, Lancaster LA1 1PX

If you would like to attend either of the meetings, email info@nlse.org.uk.

Chinese New Year in Lancaster

Sunday 28th February 2010, 12.00pm-5.00pm
Great Hall, Lancaster University, Lancaster LA1 4YW

Welcome in 2010 - the Year of the Tiger - at Lancaster's festival for Chinese and Asian culture.

A programme of live entertainment, art, delicious food, gift and community stalls, alongside other fun activities celebrating the Chinese New Year in Lancaster organised by the Hua Xian Chinese Society.

For further information, please contact 07780 813402 (English Enquiries), 07745 873200 (Chinese Enquiries), email huaxiansociety@hotmail.co.uk or see the [website](#).

Adults: £2 / Children under 13: £1 / Children under 5: Free

Cohesive and Resilient Communities Conference

Wednesday 3rd March 2010, 9.30am-3.00pm
Preston North End FC, Sir Tom Finney Way, Deepdale, Preston PR1 6RU

Lancashire Community Cohesion Partnership have organised a free conference to showcase good practice, stimulate debate and hear from nationally recognised experts in the field of cohesion.

Programme contributors include:

- Department for Communities and Local Government
- Professor Ted Cantle, Institute of Community Cohesion
- Theatre & Co. Ltd – an award winning drama based training company

For full details of the programme and to register visit the [website](#) or email gia.shaw@lancashire.gov.uk.

Face 2 Face

Friday 5th March 2010, 1.30pm-5.30pm
Holiday Inn, Caton Road, Lancaster LA1 3RA

Face 2 Face is a one-to-one parent befriending service offering emotional support to parents whose children have been recognised as having a disability or additional needs. The service is delivered by trained parent volunteers who are supported by professionals working within a structured quality scheme.

Attend this event to find out about the service and the difference they can make to families who have children with disabilities. Listen first hand to the experiences of parents and how they can be supported.

Stay for afternoon tea and share ideas on how services can work together.

Please RSVP by Saturday 20th February to Kate Thompson, Face 2 Face Coordinator by calling (01524) 833644 or emailing kate.thompson@scope.org.uk.

For more information about the project see www.face2facenetwork.org.uk.

More Music Presents

Friday 5th March 2010, 8.00pm
The Hothouse, 13-17 Devonshire Road, Morecambe LA3 1QT

More Music's unique performance space upstairs at The Hothouse, with cabaret style seating and a licensed bar, is hosting a night of eclectic music.

Tarang (the UK's leading Indian classical music ensemble), **Dean McPhee** (finger picking electric guitar, loops and layers) and **Orbit Jazz Workshop** (More Music's resident jazz band)

will be performing, and the evening concludes with 'The Big Play' – An exciting feature which brings all the acts together for a grand finale.

More Music Presents is open to all ages. Tickets are priced at £5 for adults and £2 Under 18s / Concessions.

For more information call More Music on 01524 831997, email info@moremusic.org.uk or visit www.moremusic.org.uk.

New Down's Syndrome group in Lancaster

Appletree Children's Centre, Milking Stile Lane (off Willow Lane), Lancaster LA1 5QB

A new Down's Syndrome Family and Carer's Group has launched in Lancaster for families and carers of people with Down's Syndrome.

The first meeting is on Saturday 6th March 2010 at 10.00am-12.00pm and all ages are welcome.

The next meeting will be 10th April and then every first Saturday in the month.

For further information please call (01524) 64132.

International Women's Day 2010

Women at the Gregson (WAGs) have organised a series of events to celebrate International Women's Day.

Recycled Fashion Workshops (The Gregson)

Thursday 18th, Saturday 27th February, 2.00pm-4.00pm & Thursday 4th March 2010, 7.30pm-9.30pm

Bring along recyclable clean rubbish including old clothes, curtains, newspapers, bubble wrap etc. to make a wearable creation.

£2.00 per workshop.

Rubbish Fashion Show (The Gregson)

Saturday 6th March 2010, 8.00pm

A fashion show displaying the outfits made at the Recycled Fashion Workshops, followed by a disco.

£4.50 / £3.00.

Women's Art Exhibitions

Women at Work and Play at The Gregson, 12/2-12/3.

Things My Mother Didn't Tell Me at The Dukes, 12/2-8/3.

Women and Food at The Whaletail Café, 1/3-15/3.

Free.

Women's Information Day (The Gregson)

Saturday 6th March 2010, 10.00am-4.00pm

A range of stalls offering information and advice on topics such as local services and activities available to women, international issues affecting women, cultural links, alternative therapies and more.

Free.

Women's Breakfast (The Whaletail Café)

Sunday 7 March 2010, 9.45am-12.00pm

Free – buy your own breakfast.

International Women's Peace Service: Non-Violence in Action (The Gregson)

Thursday 11th March, 7.30pm

A talk by Alys Jenkins about the work of IWPS in the West Bank, Palestine.

Free – donations welcome.

***The Gregson:** Gregson Community and Arts Centre, 33 Moorgate, Moor Lane, Lancaster LA1 3PY*

***The Whaletail Café:** The Whaletail Café, 78A Penny Street, Lancaster LA1 1XN*

***The Dukes:** The Dukes, Moor Lane, Lancaster LA1 1QE*

Health on Wheels

Tuesdays from 9th March 2010, 10.00am

Salt Ayre Sports Centre, Doris Henderson Way, Salt Ayre Lane, Lancaster LA1 5JS

Health on Wheels offers a regular programme of local, leisure rides to groups of people with minor health conditions and / or low physical activity levels.

Rides are led by qualified cycle trainers. The rides will be low risk and will focus on fun and enjoyment and increasing confidence in cycling.

The programme is free but participants are expected to attend all 8 sessions.

For further information on this project please contact Rachel Scott on (01524) 582392 or email celebratingcycling@lancaster.gov.uk.

Morecambe Interagency Group (MIG)

Tuesday 9th March 2010, 12.00pm-2.00pm

Central Methodist Church, Green Street, Morecambe LA4 5HN

Presentations: **Alison Hetherington**, North Lancaster Health Trainer Service, and **Jim Dickinson**, JP Magistrates in the Community Coordinator.

MIG is a bi-monthly inter-agency meeting for Voluntary, Community and Faith Sector groups working in Morecambe and surrounding areas.

The meeting venue is hosted by organisations operating in Morecambe. They meet at 12.00pm for lunch (bring your own) and networking with the meeting starting at 12.30pm. It begins with a speaker providing a 20-30 minute presentation including questions. The rest of the meeting offers space for each participant to update the group on their work, finishing at

2.00pm. The meetings are informal and provide excellent information sharing and networking opportunities – there is no expectation that people will attend every meeting.

If you are not on the MIG mailing list but would like to be, please contact Jane Attfield at Lancaster District CVS via email janeattfield@lancastercvs.org.uk or call (01524) 555900 ext. 27.

Welfare Rights Service

The Lancaster and Wyre Welfare Rights Team have a new phone number – 0845 053 0013 open between 9.00am and 5.00pm Monday-Friday. Alternatively, they can be emailed via lancasterwrs@lancashire.gov.uk.

The Lancashire 50 Plus Assembly

The Lancashire 50 Plus Assembly is a consultative body newly formed to give a voice to the 50 plus generation living in Lancashire, and to influence a range of services in the public sector from health, well-being, employment, retirement, leisure, transportation and a range of other opportunities.

Any kind of community group (this could include arts groups, bowling clubs, U3As, Women's Institutes etc) which has 75% of its membership aged 50 plus is eligible to join. If your group would like to become an Assembly Representative, please call David Halpin on (01772) 534358 or email david.halpin@lancashire.gov.uk.

The assembly meets four times each year, normally at County Hall in Preston between 11.00am-2.00pm. All travel costs will be paid.

Social Enterprise Mark

On Monday 1st February 2010, the Social Enterprise Coalition launched the Social Enterprise Mark.

The Mark will identify businesses which meet key criteria for social enterprise, and consumers will recognise that businesses displaying The Mark are trading to benefit people and the planet.

The cost to apply for The Mark is £99 and its goal is do what the Fairtrade Mark did for Fair Trade; become a distinguishable and respected figure in the industry.

For more information, see www.socialenterprisemark.org.uk.

Help for Food Co-ops and Buying Groups

Sustain, the alliance for better food and farming, is offering support for setting up a food co-op, expansion of a buying group, sourcing local fresh produce or any other problems a food co-op might be facing. They can also help with marketing and training and provide you with useful resources to promote a co-op.

The nearest food co-op to the Lancaster District currently registered on www.foodcoops.org is based in Blackpool.

For more information about what help might be available to you, contact Ruth Kelly (Regional Adviser at Sustain) via ruth@sustainweb.org or call 0161 209 9945.

'Breastfeeding Friendly' Premises

Lancashire Health Care Trust want to encourage local premises and businesses to be Breastfeeding Friendly.

Staff and the premises need to comply with some simple “dos and do not’s”, those who comply with these standards will be provided with a small sticker stating ‘Breastfeeding Welcome’ for display in a prominent position. They will also receive a certificate as part of the wider work across Blackpool, Fylde, Wyre, Lancaster and Morecambe to gain the Baby Friendly Initiative (BFI) Award for the NHS and Children Centres (see www.babyfriendly.org.uk for details of this award).

For more information about receiving the ‘Breastfeeding Friendly’ accreditation, contact Comms@NWNWBabyFriendly.org.uk.

Third Sector Lancashire Welcomes a New Chair.

As the New Year starts The Reverend Canon Michael Wedgeworth has agreed to take up the challenge of leading the consortium into the next phase of its development. Canon Wedgeworth said he is looking forward to building upon the good work that Sir Bill Taylor has done in forming the foundation of the consortium.

Third Sector Lancashire exists to represent the Voluntary Community & Faith sectors in Lancashire, Blackburn with Darwen & Blackpool.

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Hardship Fund

The Hardship Fund is providing grants between £50,000 and £250,000 to support third sector organisations in England delivering front-line services to the most vulnerable and disadvantaged people in society that have been affected by the recession.

Grants are available to organisations with an income of at least £200,000 that are in financial hardship which is impacting on their ability to deliver services in the following areas:

- Health and Social Care
- Housing Support
- Education and Training
- Information, Advice and Guidance

Grants need to be spent by September 2010.

Applications will be assessed in the date and time order that they are received until there are sufficient relevant applications up to the value of the Fund.

For more information, see the [website](#).

Social Enterprise Investment Fund (SEIF) Capital Grants

The Social Enterprise Investment Fund supports social enterprises involved in the delivery of health and social care services.

Grants from £100,000 to £450,000 are available for social enterprises that require funding into capital assets.

They can be used for:

- Securing premises
- Purchasing vehicles
- Updating systems
- Refurbishment
- Equipment

The application deadline is Friday 19th February 2010 for posted applications and Sunday 21st February 2010 for emailed applications.

For more information, see the [website](#).

Lancashire Children's Trust

The Local Children's Trust Partnerships have funding available worth £11,000 in the Lancaster District to enhance inclusion opportunities for children and young people (CYP) with special educational needs (SEN) and disabilities.

Funding has to be spent by March 2010 or committed for expenditure by Saturday 31st July 2010 and comply with the following criteria:

- Project(s) should be used to improve outcomes for CYP with SEN and disability (School Action Plus and Statement of SEN) attending LCC maintained mainstream and special schools and settings;
- Funding may be used for new and innovative projects or may enhance existing successful inclusion projects. However, funds may not be used as a substitute or replacement for services'/agencies' Disability Equality responsibilities and duties.

Projects should focus on:

- Improving education, employment or training opportunities for young people with SEN and disability
- Improving group-based leisure opportunities for CYP with autistic spectrum disorder, complex health needs, learning difficulties and challenging behaviour
- Innovative inclusion approaches to improve outcomes for CYP with SEN and disabilities in your district

Interested parties should submit a one side of A4 expression of interest detailing how you could use this funding to achieve the outcomes detailed above. These should be returned directly to Jo.humphries@lancashire.gov.uk before Wednesday 24th February 2010.

Young Carers Grant Programme 2010

The Princess Royal Trust for Carers has been contracted by Comic Relief to deliver a three year, £1.5 million grant programme aimed at supporting projects for young carers in the UK.

The programme will target funding at the following:

- The most isolated and vulnerable young carers.
- Young carers from potentially excluded communities.
- Young carers experiencing a significant negative impact (emotional and/or physical) as a direct result of their caring role.

The maximum grant is £72,000 over three years from July 2010.

Applications are accepted from any third sector or not-for-profit organisation that wishes to help young carers.

The deadline for applications is Friday 5th March 2010, 5.00pm.

For more information, see the [website](#).

UnLtd RISE Programme

The Refugee Initiative for Social Entrepreneurs (RISE) aims to unleash and encourage the potential of refugees as social entrepreneurs in England.

RISE offers grants of between £500 and £5,000 as well as dedicated project management support to set up projects in England that will encourage community cohesion and make communities happier, healthier and safer places.

Applicants must be:

- a refugee with proof of status;
- living in England;
- over the age of 16, and
- applying as an individual or as part of an informal group.

The deadline for applications is Sunday 21st March 2010.

For more information, see the [website](#).

Hilden Charitable Fund

The Hilden Charitable Fund awards grants to projects, both in the UK and in developing countries, with the aim of addressing disadvantage, particularly in support of causes less likely to attract public funding.

The Fund's current funding priorities in the UK are as follows:

- Homelessness.
- Asylum seekers and refugees.
- Community based initiatives for disadvantaged young people.
- Penal affairs.

Applications are invited from registered charities and other charitable organisations in the UK, although preference is given to charities with an income of less than £200,000 per year.

The deadline for applications is 26 March 2010.

www.hildencharitablefund.org.uk

Volant Charitable Trust

The Volant Charitable Trust aims to support registered charities whose purpose is to alleviate poverty and social deprivation, with a particular emphasis on children's and women's issues.

Although no minimum or maximum amount is specified in the guidelines, the Trustees are prepared to support a charity by way of regular annual payments. Such payments are expected to cover project associated costs and will only, in exceptional circumstances, exceed three years.

The deadline for consideration at the September 2010 meeting is 30 July 2010.

www.volanttrust.com

Low Carbon Buildings Programme Phase 2 – Extended

The extended programme will continue to provide grant funding to charitable organisations, community groups and the public sector.

Organisations may apply for grants of up to 50% of the cost of installing approved low or zero carbon technologies up to a maximum of £200,000 (though maximum grant levels may depend on the nature of the organisation).

For more information, see the official website www.lowcarbonbuildingsphase2.org.uk.

Wakeham Trust

Groups of individuals as well as small community and voluntary groups within the UK that want to improve their communities can apply for funding through the Wakeham Trust.

The Trust are particularly interested in supporting neighbourhood projects, community arts projects, projects involving community service by young people, or projects set up by those

who are socially excluded. The Trust also support innovative projects to promote excellence in teaching (at any level, from primary schools to universities), though they never support individuals.

The Trust normally give grants to projects where an initial £75 to £750 can make a real difference to getting the project up and running. To be eligible, applicants need to be registered charities or have access to a registered charity that will be willing to accept funds on their behalf.

Applications can be made at any time.

For more information, see the website www.wakehamtrust.org.

Prince's Trust / RBS – Community Cash Awards

Young people are being given the chance to claim a share of £1 million to help tackle the dangers of drugs, crime and play a positive role in their community.

The Royal Bank of Scotland Community Cash Awards will see £1 million of grants being distributed by youth charity The Prince's Trust to young people who want to run community projects in some of Britain's poorest areas. The Awards, worth £250 to £5,000, are available to disadvantaged 14 to 25-year-olds who want to transform their area and learn practical skills. Projects could range from improving local youth facilities to sex education workshops in schools.

Projects must:

- be run and managed by people between the ages of 14 and 25
- clearly benefit the local community
- benefit the people running the project
- be a new or developing project

Applications can be made at any time. For more information, see the [website](#).

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Well-being Directory

A directory of services from across Lancashire, to help people improve their quality of life and help them get through the day-to-day challenges they may face. The services listed are provided by a range of organisations, including voluntary organisations, private companies, and local councils.

Visit the [website](#) to use the Well-being Directory.

Cycle Parking

Would your church or community centre benefit from some cycle parking, perhaps your local park or maybe even your street?

Celebrating Cycling in Lancaster is offering to supply and install bike stands at locations around the district free of charge.

Email celebratingcycling@lancaster.gov.uk to let them know where you think is a good idea (if sited on private land, it would be good if you could speak to the landowner first).

For more information, see the website www.celebratingcycling.org.

Charity Law and Regulation

The government's Office of the Third Sector has created a 'Law and Regulation' section of their website. The law section is specifically for charities, while the 'Cutting Red Tape' section has subjects such as volunteering issues and commissioning from the third sector.

For more information, see the [website](#).

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Empowering the Voluntary Sector

Thursday 18th February 2010, 9.30am-4.00pm
Trinity Community Centre, Middle Street, Lancaster LA1 1JZ

A one day workshop exploring how to use the principles of public law to challenge unjust and unfair decision making by public bodies.

Many organisations find it difficult to balance the need to work with public bodies and to challenge unfair practice, the Empowering the Voluntary Sector workshops delivered by NAVCA provides clear information and guidance to help you to make appropriate challenges.

The workshop will cover:

- What is public law?
- How does it work with equalities legislation?
- Case studies and practical exercises.
- Sources of further help.
- Resources to support your work.
- Ways to build your relationship with statutory bodies and influence decisions and policy.

The workshop cost includes the resource pack, lunch and VAT. For more information see the website www.navca.org.uk/services/learningopps/evs.

Price: £30 per delegate (please book through CVS, and not through the NAVCA website)

Book Keeping and Accounts for Charities

Thursday 11th March, 9.30am-12.30pm
West End Community Enterprise Centre, Westminster Road, Morecambe, LA3 1SH

Trainer: John Gray, Support 4 U

This Course aims to introduce you to the basic disciplines and techniques necessary to keep accurate and timely financial records within a Charity context.

The session will also demonstrate how Microsoft Excel can be used as a tool to aid the above.

By the end of the session you will know:

- Why you need to keep records
- What to record
- How to record it
- How to ensure complete record keeping
- How to deal with cash (avoiding net cash accounting)
- More about profits and cash flow
- More about methods of reporting to funders

Price: Member Non-Member
Band A: £20.00 Band A: £40.00

Band B: £30.00 Band C: £60.00
Band C: £40.00 Band B: £80.00
Band D: £50.00 Band D: £100.00

Get Your Share of the Missing Millions: Tax Effective Giving

Thursday 18th March, 10.30am-4.00pm
Trinity Community Centre, Middle Street, Lancaster, LA1 1JZ

Trainer: Institute of Fundraising

The workshop is aimed at all small charities and voluntary organisations who receive donations from individuals and is designed to support groups looking to maximise their income. The workshop will identify how charities can increase their income by making the most of the tax-effective giving Methods; Gift Aid, Payroll Giving, Gifts of Shares and Legacies.

Topics covered on the day will include:

- How to increase the value of donations by almost 30%
- How charities can promote Payroll Giving to promote a regular reliable income stream
- The advantages of giving shares

The learning outcomes for the course are as follows:

- Identify the four main tax-effective giving methods
- Show the potential to increase your income through tax-effective giving
- Create your own action plan to develop tax effective giving at your charity

Price: Member Non-Member
Band A: £10.00 Band A: £20.00
Band B: £20.00 Band C: £40.00
Band C: £30.00 Band B: £60.00
Band D: £40.00 Band D: £80.00

(inclusive of lunch, refreshments and all course materials)

Volunteer Co-ordinators' Network

'Involving Volunteers from different Ethnic and Faith Backgrounds'

Thursday 25th March, 10.00am-1.00pm (including lunch)
Venue TBC

The Volunteer Co-ordinators Network is open to anyone involved in supporting, coordinating or managing volunteers.

This session will be participatory and focus on good practice and issues around involving volunteers from different Ethnic and Faith backgrounds in the District.

Everyone welcome!

Price: Free to Lancaster District CVS members

Price Bands

Organisations with an income of:
Less than £5,000 (**Band A**)
Between £5,000 and £25,000 (**Band B**)
Between £25,000 and £750,000 (**Band C**)
More than £750,000 (**Band D**)

A discount is available to CVS members, see individual course charges.

For more information or to book, contact hannahbland@lancastercvs.org.uk or call (01524) 555900 extension 26.

Young People and Money

Wednesday 10th March 2010, 9.30am-4.30pm
The Salvation Army, Harrington Street, Preston PR1 7BN

Young People And Money is a free one-day training course designed for practitioners to help embed financial learning into programmes targeted at NEET (not in employment, education or training) young people.

This course delivers financial capability awareness so that you can help encourage young people to think about their own financial needs.

For more information, see the [website](#).

Making the Links

Thursday 11th March 2010, 10.00am-5.00pm
Friends Meeting House Lancaster

A free training event organised by Lancaster and District Womens Aid for all workers / agencies that come into contact with clients who misuse alcohol or drugs and who deliver services across Wyre, Fylde and Lancaster District.

The event is aimed at 'Making the Links' between domestic abuse and substance misuse enabling services to link up and gain awareness of the issues for all agencies.

For more information, email shelan@ldwa-support.org.

Level 1 Safeguarding Children Course

Tuesday 23rd March & Monday 10th May 2010, 9.00am-4.30pm
Preston North End FC, Sir Tom Finney Way, Deepdale, Preston PR1 6RU

A two-day course aimed at staff / managers from the voluntary sector in Lancashire. It will be particularly helpful for people who do not have their own level 1 safeguarding courses, or who might want to review their policies with regard to safeguarding.

To make a booking please request a booking from the LSCB Training Unit by calling (01772) 491531 or faxing (01772) 200768. The closing date for bookings is Tuesday 23rd February.

For more information, see the [website](#).

Aiming High

After consultation with parents and carers, Lancashire's Aiming High for Disabled Children has commissioned training courses for the Short Breaks Workforce in Lancashire.

In this initial stage there will be 4 different courses, all free of charge:

- First Aid** (certified course)
- Disability Awareness** (certificate of attendance)
- Autism Awareness** (certificate of attendance)
- Moving and Handling** (certificate of attendance)

A list of venues, contacts, dates, times, booking forms and a brief description of each course can be found at www.lancashire.gov.uk/aiminghigh.

JOBS [\[BACK TO TOP\]](#)

Home-Start (Fylde)

Home-Start promotes the welfare of families with at least one child under 5, helping to prevent family crisis and breakdown. Trained volunteers offer regular support, friendship and practical help to families under stress, in their own homes.

Coordinator

Hours: 30 extending to 37 subject to funding
Salary: £22,001-£25,220 (pro rata)

This is an exciting and varied job which requires energy, commitment and creativity and provides an opportunity for the post holder to develop a new Home-Start scheme which will make a real difference to families in the Fylde area.

Responsible for recruiting, training, supporting and supervising a team of volunteers, and working closely with the Children's Centres and other related agencies.

It will be essential for applicants to have experience of:

- Supporting parents and families
- Planning and delivering training
- Project development
- Use of their own car, for which expenses are paid

Closing date: Wednesday 17th February 2010, 12.00pm. Interview date: Friday 26th February.

Administrator

Hours: 18.5
Salary: £15,570-£16,663 (pro rata)

Applicants for this post will require:

- Skills in IT/secretarial/database
- Financial and book-keeping knowledge
- Sensitive approach in dealing with people

Closing date: Wednesday 17th February 2010, 12.00pm. Interview date to be arranged.

For further details and an application pack for either position email northwestregion@home-start.org.uk or call (01772) 752418.

Birtenshaw

Birtenshaw is a registered charity and children's services organisation. Their mission is to create a brighter future for children with special needs.

Finance and Central Services Director

Hours: Full-time
Salary: £42,513-£51,907

As a qualified accountant with senior manager experience, not only will you need to bring up-to-date knowledge of the current regulatory framework for charity financial management, but also the leadership that inspires and motivates others. Your excellent organisational ability will enable you to develop the financial and operating systems and processes that ensure compliance and, most importantly, enable the organisation to deliver its core services.

Closing date for applications: Monday 22nd February 2010, 10.00am

Care and Health Services Director

Hours: Full-time

Salary: £40,471-£44,300

As a dynamic and forward thinking senior manager with experience in children's services, social care or health services, not only will you need to bring up-to-date knowledge of the current regulatory framework for the provision of services, but also the leadership that inspires and motivates others. Key to your success will be your ambition for excellence in driving and making a tangible difference in the delivery of services.

Closing Date for completed applications: Monday 1st March 2010, 10.00am

For more information, see the website www.birtenshaw.org.uk/editable/jobs.html.

n-compass

Advocate

Casual Worker

£8.85 per hour

n-compass is looking to recruit Casual Workers for the North Lancashire Advocacy Service to provide one-to-one issue specific advocacy support across North Lancashire.

They will work to empower adults who are dealing with / accessing health and / or social care services.

Experience of supporting vulnerable adults to be heard is required for this role but advocacy training will be provided.

This role covers the Wyre, Fylde and Lancaster Districts.

For further details please email dnapier@ncompass1.org or call (01253) 362140.

Closing date: Friday 26th February 2010, 5.00pm.

Heritage Lottery Fund

Office Manager

Hours: Full-time

Salary: £21,000-£24,361

The primary purpose of this post is to ensure the smooth running of the Heritage Lottery Fund's North West office, based in Manchester. The post holder is responsible for the general administration of the office, supporting the Head of Heritage Lottery Fund North West and the team, servicing the North West Committee, and is also the first point of contact with a range of internal and external customers.

The main elements of the job comprise:

- Co-ordinator of office/team information systems, including being responsible for the local operation of manual and electronic systems which record and store information relating to the assessment and monitoring of cases
- Support for the team and Head of Heritage Lottery Fund North West, such as managing her diary, meeting and travel arrangements, correspondence, emails and messages, chasing deadlines and filing.

- Office Supervisor, ensuring the smooth running of the office, including office systems and equipment, stationery and other supplies.
- Co-ordinator of Committee activity, including support for the Chairman and members of the Committee for the North West e.g. travel and accommodation arrangements, routine correspondence.

Closing date for applications is Monday 1st March 2010. Interviews will be held in Manchester on Thursday 18 March 2010.

For more information, see the [website](#).

End of CVS Bulletin

A printer-friendly version of this bulletin is available to download from the Lancaster District CVS website: www.lancastercvs.org.uk/bulletin/february2010.pdf.

All feedback is welcome. Is the newsletter of use to you? Is there anything you would like to see more of? If you have any items which you would like to be included in the newsletter, please contact Kevin Goodall on (01524) 555900 ext. 24 or email [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk). If you no longer wish to receive these bulletins please e-mail [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk) and ask to be removed from the bulletin list.

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Our funders currently include:



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