

[Lancaster District CVS Bulletin – January 2012](#)

Lancaster District CVS works to represent, promote and develop local voluntary and community organisations. We aim to strengthen the sector, build partnerships and influence local policy. We provide training, funding information and financial services.

To find out if these services could benefit your organisation, download our Services leaflet from www.lancastercvs.org.uk/howwecanhelp/services.

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Trustee Recruitment

Lancaster District CVS has been contacted by a number of potential trustees recently. If your organisation is looking to recruit trustees now or in the near future, contact us with your requirements and we hope to be able to facilitate such a request.

To register your interest, email janeattfield@lancastercvs.org.uk.

Welcome

Lancaster District CVS would like to welcome its following new Members:

Morecambe Parish Church Uniformed Groups

Morecambe Parish Church has a range of uniformed groups including: Scouts; Rainbows; Brownie Guides; Guides; Beavers; Cub Scouts; and Rangers.

www.morecambeparishchurch.org.uk

Time and Place

Time and Place helps children and young people to respect and appreciate older people, and encourages valuable reminiscence within older people.

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Lancaster District Local Strategic Partnership (LSP)

On Tuesday 17th January the Management Group of Lancaster District LSP will meet to discuss Lancaster City Council's proposed withdrawal from the partnership and what will become of the Performance Reward Grant (PRG) previously managed by the LSP.

The council is proposing to put the £100k capital element of the PRG into a new fund called the 'Community Capital Fund' which would be "for improvements to neighbourhood/parish/community buildings that would support positive activities and involvement in the local community", and the £27k revenue element into the council's own Balances.

Lancaster District CVS will be requesting further details of the proposed "support for key partnerships within a streamlined and more informal structure" and for clarification of the reallocation of the PRG – we will report back to our Members when we have more information.

Holocaust Memorial Day 2012

A number of events have been organised by NCBI Lancashire working in partnership with Lancaster and Lakes Jewish Society, Faith in Lancaster, More Music, The Dukes and Lancaster Priory Church to commemorate Holocaust Memorial Day.

(Dis)placement

Monday 9th-Sunday 29th January 2012
Dukes Gallery

This exhibition by artist Catriona Stamp features maps transformed into clothing; a look at how the intimate 'surroundings' of place and clothing can affect and reflect identity, with particular reference to Jewish heritage.

Oranges & Sunshine

Wednesday 18th January 2012, 6.10pm
Dukes Cinema

Oranges and Sunshine tells the true story of social worker Margaret Humphreys who single-handedly fought for justice for families torn apart by a shocking state secret.

Candlelight Commemoration

Thursday 26th January 2012, 6.30pm
Lancaster Town Hall

Young people from Lytham St Anne's College will present a performance based upon their recent visit to Auschwitz.

Dialoguing about Antisemitism

Saturday 28th January 2012, 2.00pm
Lancaster Priory Church

A service of commemoration for Holocaust Memorial Day

Saturday 28th January 2012, 7.00pm
Lancaster Priory Church

Featuring speaker Margie Tolstoy, an academic expert on Jewish and Christian responses to the Holocaust.

Hua Xian Chinese Society

Lancaster Chinese New Year Celebration

Monday 16th January 2012, 7.00pm-10.00pm
Town Hall, Dalton Square, Lancaster LA1 1PJ

The Hua Xian Chinese Society is holding a celebration for the Chinese New Year, the Year of the Dragon, featuring performances including a Cantonese Opera and a Chinese buffet.

Tickets (Adults: £9, Seniors and Children under 16: £6) are available from the Hua Xian Chinese Community Centre, The Cornerstone, Sulyard Street, Lancaster LA1 1PX open every Saturday 12.00pm-3.00pm.

For more information, see the [website](#).

Signposts

Healthy Streets – Community Engagement and Involvement

Wednesday 18th January 2012, Lancaster University

Would you or your group like to be involved with Healthy Streets so you can be informed of and be involved in the creation of the Action Plan and new initiatives?

Organisations working in the West End of Morecambe are invited to attend an event that aims to develop a Community Engagement/Involvement Group for the Healthy Streets project that is working towards the creation of an action plan and new initiatives – each organisation can have 1 place for an officer (or paid member of staff) and should bring two members of the community who either live or work in the area.

The aim of 'Healthy Streets' is to provide a window of opportunity for communities to consider where they live and work, and pursue prospects that will improve their local environment and lead to more people making the most of their outdoor space. Whole communities will include residents, organisations, businesses and schools; the young and old, ensuring that the diversity of localities is represented.

Local communities will be encouraged to work with the County Council and its partners to create surroundings where people feel inspired and safe to be. In particular, being encouraged to make short, local journeys by sustainable modes, including walking and cycling and enabling them to access and use public transport for their longer journeys.

This will help bring benefits for individuals on a personal level as they incorporate active lifestyles into daily routines including improved health long-term. It will also bring community benefits as neighbours connect with one another more cohesively and there are more street-based activities, travel and play using the available outdoor space.

For more information and to book a place, email signpostsmarc@signposts.org.uk.

National Bowel Cancer & Breast Cancer in Women 70+ Campaigns

Launch Event

Tuesday 24th January 2012, 2.30pm-4.30pm
Globe Arena, Christie Way, Westgate, Morecambe LA4 4TB

This free event is aimed at community and voluntary organisations, social care, sheltered housing and care homes to launch the forthcoming national bowel cancer campaign and more locally the launch of the breast cancer in women aged 70+ campaign.

For more information or to book, email kathryn.lunn@LSCCN.nhs.uk or call (01772) 647043.

The Centre @ Halton

The Centre @ Halton, Low Road, Halton-on-Lune, Lancaster LA2 6NB

For more information about the events below and to buy tickets, contact Maureen Richardson by calling (01524) 811854 or emailing mrichardson61@hotmail.com.

Family Fun Night

Saturday 28th January 2012, 6.30pm-11.00pm

The night will be hosted by well known entertainer and compere Kyle Oram. There will be games for the whole family, snacks, a disco and a bar. Tickets purchased in advance will cost £4 for adults and £2 per child, or £5 for adults and £3 per child on the door. Children under 14 must be accompanied by an adult.

Any money raised will contribute to the much needed refurbishment of the kitchen fund for the Centre.

As with previous events, tickets are expected to sell quickly.

Ceilidh Evening

Saturday 10th March 2012, 7.30pm-11.30pm

The Centre @ Halton has again been able to book the popular Striding Edge band and caller for a Ceilidh. It promises to be a very good evening of live music and fun dancing. There will also be a bar, informal games and everyone is asked to contribute to a Jacobs Join.

Proceeds from this show will contribute to the cost of ongoing refurbishments of the centre.

www.haltoncentre.org

The Birchall Trust

Young People's Service – Launch Event

Monday 6th February 2012, 1.00pm-4.00pm
St. Leonard's House, St. Leonard's Gate, Lancaster LA1 1NN

The Birchall Trust is a registered charity providing counselling for male and female adults, children and young people who are survivors of rape, sexual abuse and/or incest – recent or historic.

The Trust is launching their Young People's Service in Lancaster. All interested are welcome to call in to see the newly furnished therapy room and join the team for a chat and a cuppa!

www.birchalltrust.org.uk

Prince's Trust

Community Project

Do you have a community building/space that is in need of some renovation? The Prince's Trust in Morecambe is currently seeking potential Community Projects.

The Prince's Trust Team programme is helping to tackle youth unemployment. The programme gives unemployed 16-to-25-year-olds the skills and confidence to find a job. As part of this 12 week programme young people get involved in a project that will benefit their local community, giving them the chance to develop a sense of achievement, sense of responsibility to their community and important skills such as time management, decision making, organisation and team-working.

To be considered for a Prince's Trust Community Project the work must meet the following criteria:

- Be for a 'not-for-profit' organisation
- Make a 'real and lasting impact' on the community
- Provide enough work to keep the team (of up to 15 young people) busy for 3 weeks (1 week planning, 2 weeks doing)
- If you think you have a project we could help out with please contact Wendy or Beth on the details below

For more information, contact Beth by calling (01524) 413358 or emailing morecambepsw@lancsfirerescue.org.uk.

Big Lottery Fund

'Building capabilities within voluntary organisations' Survey

The Big Lottery Fund (BIG) is conducting a survey of managers from the voluntary sector and social enterprise working in both frontline and infrastructure support and development organisations, to influence their approach to 'building capabilities within voluntary organisations'.

Government has made £30m available for a final national investment in local infrastructure. BIG has indicated that they will provide at least £20 million to complement this in distinct and additional ways. BIG have formulated a set of principles which give rise to further questions on which they would now welcome views ahead of finalising details in 2012.

For more information and to participate in the survey, see www.biglotteryfund.org.uk/building_capabilities. The deadline for responding is Thursday 15th March 2012.

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Invitation to deliver a Citizen's Jury project on reducing alcohol harm in North Lancashire

On behalf of North Lancashire Alcohol Partnership, North Lancashire Public Health is inviting voluntary, community and other organisations to tender to deliver a Citizen's Jury project on reducing alcohol harm.

A Citizen's Jury is a form of participatory appraisal where a group of local people are supported to look at a subject in depth, examine expert witnesses, and come up with recommendations for action.

Funding (with an indicative budget of £20k) has been secured for one project covering the Lancaster District wards of Heysham North, Harbour and Poulton.

In order to deliver successfully, organisations will need high levels of experience and skill in group facilitation, community engagement, project management, and report writing. Organisations will also need to demonstrate excellent communication skills at a variety of levels including with a diverse cross-section of the population and with public sector partners.

Further information for interested organisations will be available at a briefing event on Tuesday 31st January 2012, 10.30am-12.00pm at North Lancashire PCT, Moor Lane Mills, Lancaster.

Following this, organisations will be able to register expressions of interest and subsequently tender for the project.

Delivery is anticipated to be between April-September 2012. In order to achieve this, expressions of interest are required by 10th February, and tender documents to be returned by close of business on 24th February. The process will be explained in more detail at the briefing event on 31st January.

To book a place on the briefing event email annie.parkinson@northlancs.nhs.uk or call (01524) 519369.

Morecambe Town Council

Miscellaneous Grants

Morecambe Town Council is inviting applications to its Miscellaneous Grants budget from organisations and individuals whose activities are of direct benefit to the residents of Morecambe.

The main criteria which applicants should consider before applying are as follows:

- A grant limit of £500 per applicant
- Only one successful application per applicant per year allowed
- Organisation must operate/provide a service within the Town Council's area.
- No retrospective applications permitted
- Applications for an event or festival that is not solely for the members of the organisation or club or charges non club members to attend to be redirected to the Events and Festivals Sub-Committee. Exceptions will be considered in exceptional circumstances.
- Applications from political parties or organisations will not be considered.

The closing date for applications is Friday 3rd February 2012

For more information and to download an application form, see the [website](#).

Lancashire County Council

Local Initiative Fund

Lancashire County Council recognises the valuable role that the Third Sector plays in Lancashire across a wide range of activities. Where they have shared objectives, the County Council will work with the Third Sector and in certain circumstances may provide funding to help with activities that meet the County Council's priorities.

The Local Initiative Fund (LIF) offers an opportunity for Third Sector organisations across Lancashire to apply for funding in order to help deliver local and Lancashire County Council priorities: Supporting a Total Family Approach; Providing Skills and Employment Initiatives; Providing Activities for Teenagers.

The bidding process for 2012/13 has now opened and they would like to invite your organisation to consider whether you can help meet local and Lancashire County Council priorities.

The total amount of funding in the LIF budget for 2012/13 is just over £205,000. Applications should be for funding between a minimum of £1,000 and a maximum of £5,000.

The deadline for submission is Monday 6th February 2012.

For more information and to apply, see the [website](#).

Lancashire NHS Bowel Cancer Screening Programme

Community Engagement Funding Initiative

Lancashire Bowel Cancer Screening Programme (BCSP) is inviting local voluntary, community and faith sector organisations to submit proposals to deliver community engagement initiatives to support and increase the uptake of the National BCSP. Projects would be welcomed in April 2012 when it is Bowel Cancer Awareness Month.

The requirement is for interested organisations to complete an application to illustrate how the organisation will support the Lancashire BCSP and Primary Care Trusts (NHS Central Lancashire, NHS Blackburn with Darwen, NHS East Lancashire, NHS Blackpool and NHS North Lancashire) to meet the project objectives.

In the North Lancashire area, the key low uptake wards to be targeted are Poulton, Heysham North, Harbour, Skerton East and Pharos (Fleetwood).

There is a maximum of up to £4,000 available for organisations across Lancashire to support the delivery of the proposal.

Written proposals should be submitted to the Lancashire Public Health Network for the attention of Shahida Hanif by 5.00pm on Friday 3rd February 2012.

For more information email shahida.hanif@centrallancashire.nhs.uk.

The Children's Society

Good Childhood Conversations

The Children's Society is now running 'Good Childhood Conversations' in 16 districts across the country. They are local, community events that bring people together to discuss the issues and pressures facing children and young people today.

At a Good Childhood Conversation adults are given the opportunity to explore their own views and those of the children living in their communities. Fresh thinking and actions, both big and small, are encouraged. The goal of the conversations is to improve public attitudes towards children and young people and make childhood better in local communities.

The Children's Society will meet with you to talk through ideas and will facilitate the 'Conversation'. Their services are free and they are very flexible. Once an event has been held then a **Seed Grant** of up to £1,000 can be applied for. The application is very simple and the only criteria is that it is spent on making childhood better.

More information is available from the [website](#).

If you feel this may be of interest please email cath.morris@childrenssociety.org.uk or call 07841 322495.

Success Stories

Enabling for Sounds and Music

Enabling for Sounds and Music (ESM) has been awarded a grant of £9,930 by Awards for All to further its work on alleviating depression and similar problems through high tech therapy with music – tuning the music to contain personal frequencies.

Gordon Dalgarno, Chairman of ESM, said "a major purpose of the grant is to enable us to prove that methods (tuning into a person's personal frequencies) is effective. It was never our intention to build a large practice but rather to train other practitioners in our method. In order to do this properly we need to provide evidence of the effectiveness of our method."

The organisation would also like to appeal for volunteers for trials which will start in a few months time.

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Lancaster Green Spaces

Equipment Loan

Lancaster Green Spaces has the following equipment to lend without charge to not-for profit organisations:

- Market stall 3x4.5m (10x15ft), with sides
- Burco gas-fired hot water boiler
- Heavy duty petrol strimmer/brushcutter
- Various hand tools for woodland and other conservation work

Equipment needs to be collected from and returned to central Lancaster. If you are interested in borrowing any items then please email Simon Gershon via simon@51ashfield.me.uk and you will be sent a loan agreement.

If you are planning a public event later this year then keep a note of this!

Clore Social Leadership Programme

The relationship between Chairs and Chief Executives in charities

This research focuses on the relationship between Chairs and CEOs in charities, and examines what makes for a good relationship, and what causes those relationships to break down.

The research analyses the relationship between Chairs and Chief Executives in voluntary organisations, using sixteen in depth interviews.

The author also makes recommendations for how individuals and umbrella bodies could strengthen Chair/Chief Executive relationships.

To download the report, see www.cloresocialleadership.org.uk/penelope-gibbs.

Charity Employees Benevolent Fund

The Charity Employees Benevolent Fund was created to support individuals who are or have been in paid employment with a registered UK charity, and their families. Every applicant receives expert advice and guidance and most also receive emergency financial support in the form of one-off small grants.

The hard work of people who work for charities makes a difference to millions of people. When times are tough, however, they are more vulnerable than most to serious financial hardship in times of illness, disability, bereavement and other unexpected disaster.

www.cebf.org.uk

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Lancaster District CVS

For more information about the forthcoming training events organised by Lancaster District CVS, click on the headings below.

Risk Assessment: CIEH Level Two

Thursday 2nd February 2012, 9.30 - 4.30pm
Heysham Children's Centre, Emmaus Road, Middleton Way, Morecambe LA3 2LL

Emergency First Aid at Work

Thursday 23rd February 2012, 9.30am-4.00pm
Trust Medical, Riverway House, Morecambe Road, Lancaster LA1 2RX

Dealing with Poor Performance and How to run a successful Grievance Procedure

Thursday 8th March 2012, 9.30am-4.30pm
Trinity Community Centre, Middle Street, Lancaster LA1 1JZ

Safeguarding Level One

Thursday 15th March 2012, 9.00 am–1.00pm
Old Man's Rest, Lune Park Children's Centre, Ryelands Park, Owen Road, Lancaster LA1 2LN

The Birchall Trust

Introduction to Solution Focussed Therapy

Saturday 11th February 2012
Swarthmoor Hall, Ulverston

Introduction to Solution Focussed Therapy will be of interest to counsellors as part of their continuing professional development, whether qualified or students.

This model can be integrated into counsellors existing way of working and useful in helping the client focus on their strengths, empowering them to find their own solutions to their problem.

The trainer is Elaine Croasdell, recently retired from the NHS and has over 40 years experience working in mental health, who now provides clinical supervision and training for The Birchall Trust.

Cost: £50

For more information or to register, call (01229) 820828 or email birchall.trust@hotmail.co.uk.

The Foundation for Social Improvement

Preston Roadshow

Thursday 22nd & Friday 23rd March 2012, 9.30am-4.30pm
Preston Masonic Hall, Ashlar House, Saul Street, Preston PR1 2QU

The Foundation for Social Improvement (FSI) supports the small charities that work right across the UK to build happier, safer and more supportive communities.

The Roadshows, supported by the Office for Civil Society and the Institute of Fundraising, offer free sessions covering the major disciplines of fundraising as well as key back office skills.

Thursday 22nd March 2012

- Developing Relationships with Companies
- Major Donors
- Trusts & Foundations
- Developing your Fundraising Strategy

Friday 23rd March 2012

- Demonstrating your Impact
- Legacy Fundraising

- Managing Volunteers
- Marketing & Communications

For more information and to register, see the [website](#).

Cost: Free (a deposit of £50 is required but will only be banked if a cancellation is made after 13th March)

LESS

Free energy efficiency training for local groups

LESS (a local community interest company promoting sustainable living) is currently offering FREE energy efficiency training as part of the successful Lancaster 'Warm Homes, Healthy People' bid, to organisations in the Lancaster district on the following topics: How to stay warm this winter; Saving money on your energy bills; Recognising fuel poverty, its causes and consequences.

The training is free of charge, can be anywhere in the Lancaster District, and can be tailored to the specific needs of your organisation. It can be for front-line staff or people who use your service, and will be interesting, enjoyable and informative.

If you would to discuss your organisation's training needs further and take advantage of the free training available, please call (01524) 66100 or email kathy@lessuk.org.

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Friendship Centre

Development Worker

Hours: 7 per week (initially a one year fixed term contract)

Salary: £22,221 pro rata

The Friendship Centre is a social centre for older people in Lancaster, open three mornings a week providing a wide range of activities/classes, and the opportunity for social contact and peer support.

The Development Worker will support the Friendship Centre management committee in the running of the centre and its future development through fundraising (for core costs and centre activities); policy development and policy review; and liaison with other appropriate organisations.

The closing date for applications is 10.00am on Monday 30th January 2012. Interviews will take place on Tuesday 7th February 2012.

For more information and to apply, see www.lancastercvs.org.uk/jobs.

Alzheimer's Society (Blackpool, Fylde & Wyre)

The Alzheimer's Society, a care and research charity for people with dementia, their families and carers, is recruiting for the positions listed below.

The closing date for both posts is Friday 20th January 2012. Interviews will take place on Monday 30th January 2012.

For more information and to apply, click on the links at the bottom of each listing.

Dementia Support Manager

Hours: 35 per week

Salary: £19,990

You should have experience of face-to-face service delivery, management and leadership skills, an understanding of the issues affecting people with dementia and their carers, a broad understanding of statutory and voluntary services and good communication skills.

An ability to travel independently around the area is essential.

[Dementia Support Manager](#)

Service Administrator

Hours: 17.5 hours week

Salary: £8,275 actual per annum

You will provide administrative support for the office in Blackpool, including financial procedures, responding to enquiries and promoting local services.

You will have good IT, time management and communication skills.

[Service Administrator](#)

End of Lancaster District CVS Bulletin

The February bulletin is due to be distributed on **Thursday 9th February 2012**. The deadline for submissions to be included is **Friday 3rd February 2012**.

All feedback is welcome. Is the newsletter of use to you? Is there anything you would like to see more of? If you have any items which you would like to

be included in the newsletter, please contact Kevin Goodall on (01524) 555900 ext. 24 or email [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk).

If you no longer wish to receive these bulletins please email [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk) and ask to be removed from the bulletin list.

Kevin Goodall



Lancaster District Community & Voluntary Solutions
Supporting and representing the voluntary sector

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