

## [Lancaster District CVS Bulletin – June 2010](#)

Lancaster District CVS works to represent, promote and develop local voluntary and community organisations. We aim to strengthen the sector, build partnerships and influence local policy. We provide training, funding information and financial services.

To find out if these services could benefit your organisation, download our new service leaflet from [www.lancastercvs.org.uk/services.pdf](http://www.lancastercvs.org.uk/services.pdf).

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#### **Looking for New Trustees?**

##### **Recruitment Reception**

Tuesday 21st September 2010, 6.00pm-8.00pm  
Vale of Lune Rugby Club, Powderhouse Lane, Lancaster, Lancashire, LA1 2TT

Lancaster District CVS are planning to run a Trustee Recruitment campaign at the beginning of September which will include targeted invitations, newspaper and local radio coverage. Interested individuals will be invited to an early reception on 21st September. If you are looking to recruit trustees, we will be inviting organisations to give a short presentation at this event - and we will hope some matches can be made. After the event, we will offer a generic induction training session for all potential trustees.

If you would like to do a presentation and/or have a stall at this reception please diary the date and get in touch with Jane Attfield at Lancaster District CVS via [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

##### **Morecambe Interagency Group (MIG)**

Tuesday 13th July 2010, 12.00pm-2.00pm  
Heysham Youth, Community & Children's Centre, Heysham, LA3 2LL

Presentation: Chris Wilson from BE Group, who have been commissioned by the City Council to look at the potential usage of Centenary House, Morecambe. Second presentation to be confirmed.

MIG is a bi-monthly inter-agency meeting for Voluntary, Community and Faith Sector groups working in Morecambe and surrounding areas.

The meeting venue is hosted by organisations operating in Morecambe. We meet at 12.00pm for lunch (bring your own) and networking with the meeting starting at 12.30pm. The Session begins with a short presentation. The rest of the meeting offers space for each participant to

update the group on their work, finishing at 2.00pm. The meetings are informal and provide excellent information sharing and networking opportunities – there is no need to book please just turn up to the meeting; there is expectation that people will attend every meeting

If you are not on the MIG mailing list but would like to be, please contact Jane Attfield at Lancaster District CVS via email [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk) or call (01524) 555900 ext. 27.

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### **Bogus Telephone Calls**

The Charity Commission has been made aware of a scam involving people being telephoned by individuals claiming to represent the Charity Commission. In the phone calls these individuals claim to be from the "debt collection department" of the Commission and they demand payments for various services and advertisements.

Some of the bogus calls have demanded payments of thousands of pounds for various services and advertisements. The Commission has been contacted by a number of people who have received calls of this nature and has already reported this matter to the police.

It is important to be clear that:

- Any call from someone claiming to work with or on behalf of the Charity Commission, and claiming any payment in a threatening way, is clearly bogus.
- The Charity Commission does not charge for any of its services to charities; it does not get involved in debt collection either directly or through contracting third parties to do so, and nor does it collect debt on behalf of charities.
- You should immediately report these sorts of incidents to the police, and the Charity Commission would also like to be informed where its name is being used for suspected fraudulent purposes.

### **Centenary House, Morecambe – Consultation**

Lancaster City Council is considering creating a space for small businesses/organisations at Centenary House (the building that contains the Co-operative Food store) on Regent Road in Morecambe. This space could cater for local social enterprises, charities etc. wishing to move into office premises.

To establish demand for such a business centre, the Council has appointed BE Group to carry out a survey of social enterprises in Morecambe. This seeks to identify those social enterprises that are considering a move to commercial premises in the next few years and what type of premises, facilities and services they would require. Even if you have no present plan to relocate, they would like to find out what might prompt you to seek commercial accommodation in the future.

A short questionnaire can be found at <http://begroup.uk.com>. Please email the completed questionnaire to [chriswilson@begroup.uk.com](mailto:chriswilson@begroup.uk.com). Alternatively, it can be faxed to 01925 822113 or posted to BE Group, Ingot House, Kelvin Close, Birchwood, Warrington WA3 7PB. Please respond by Monday 21st June 2010.

If you would like any further information on the study, please contact Christopher Wilson at BE Group on (01925) 822112. All information will be treated confidentially and the results will be amalgamated in the final report.

### **Delivering Same Sex Accommodation (DSSA) Awareness Raising Sessions**

Wednesday 23rd June 2010, 10.00am-11.30am / 12.00pm-1.30pm  
Room 5, Education Centre, Royal Lancaster Infirmary, Ashton Road, Lancaster LA1 4RP

The DSSA awareness raising sessions aim to promote the project and inform staff, patients and the public about DSSA progress.

Every patient has the right to receive high quality care that is safe, effective and respects their privacy and dignity. The University Hospitals of Morecambe Bay NHS Trust is committed to providing every patient with same sex accommodation, because it helps to safeguard their privacy and dignity when they are often at their most vulnerable.

Mixed sex accommodation has been virtually eliminated in the trust. Patients who are admitted to any of their hospitals will only share the room where they sleep with members of the same sex and same sex toilets and bathrooms will be close to their bed area. Sharing with members of the opposite sex will only happen by exception, based on clinical need, for example, when they are receiving high-tech care (with one-to-one nursing), very specialised care or urgent / emergency care.

If you are interested in attending one of the awareness sessions or require more information, please contact Jane Kenny, Privacy & Dignity Matron, on 01524 583108.

### **Social Enterprise Festival**

Friday 25th June 2010  
The Platform, Morecambe

The second annual North Lancashire Social Enterprise Festival comprising of a Morning Conference, Marketplace and Evening Celebration takes place this year in Morecambe.

For more information and to book, see [www.nlse.org.uk](http://www.nlse.org.uk).

#### **Morning Conference** (booking required) 10.00am-12.30pm

Workshops and seminars on Social Enterprise, why do it, and the benefits to our local community – closing with a debate on “Surviving in hard times”.

Workshops:

*Reaching out from the grassroots*

*Building a vibrant community*

*Activism, innovation and social entrepreneurship: towards sustainability or long term decline?*

*Collaboration, Partnership, or Income?*

*What is Social Enterprise, and how do we become a successful one*

*Open Space workshops: You say*

All workshops come with an option to swap after 40 minutes.

#### **Marketplace** (everyone welcome) 1.00pm-4.30pm

A fun packed afternoon for all the family with healthy fair-trade foods and crafts, plants from Piccadilly Garden, music from the Diversity Radio roadshow and a cycle powered smoothie maker.

A special performance of ‘Praline Moment’ by Handheld Theatre, enchanting family theatre for young and old, direct from the Dukes Theatre Lancaster and schools and theatres across the North West.

Music making workshop including support from More Music.

Face Painting, Crafts etc. provided by the Steiner school and Signposts mobile crèche (small charges/donations to cover costs).

#### **Stewards and Volunteers Wanted**

The festival organisers would be grateful for people to volunteer at the event in the following roles:

*Conference Assistants*  
*Festival Stewards*  
*Pedal Powered Smoothie Maker Assistants*  
*Festival Photographers (camera provided)*

Furniture Matters will be coordinating the volunteers on the day so if you are interested, please call (01524) 427300 or email [volunteer@furniturematters.org.uk](mailto:volunteer@furniturematters.org.uk).

### **NEET Project**

Mondays, Tuesdays & Thursdays, 10.00am-12.30pm  
Woodhill Lane Youth and Community Centre, Morecambe

Tuesdays, Wednesdays & Thursdays, 1.30pm-4.00pm  
Marsh Community Centre, Lancaster

This project is designed to help young people aged 16-19 that are not in education, employment or training.

Activities include one2one support, capacity building, volunteering, access to numeracy & literacy programmes and access to a wide range of job, apprenticeship & training folders.

16 and 17 year olds may be eligible for £30 per week for attending.

For further information or a referral form, please call (01524) 843300 or email [yak@mcccc.org.uk](mailto:yak@mcccc.org.uk). Trained youth workers can also provide visits to homes or community youth centres etc. to discuss the range of help available to young people and their families.

### **Friendship Centre Open Day**

Wednesday 7th July 2010, 11.30am-1.00pm  
Lancaster Baptist Church, Robert Street, Lancaster LA1 1PT

The Friendship Centre is a social centre for older people, open Monday, Wednesday and Friday mornings. It offers a wide range of activities and classes, as well as the opportunity for social contact.

To mark their 10 year anniversary they are holding an open day, which is an opportunity for anyone interested in the Friendship Centre to find out more about what they offer. There will be stalls and displays from the various classes.

The Friendship Centre is held in Lancaster Baptist Church next to the Town Hall, and the building is fully accessible.

For more information please call Alys Jenkins (01524) 555900 ext 30 or Pat Agnew (01524) 39924.

### **Summer Pamper Day**

Marsh Community Centre, Willow Lane, Lancaster LA1 5PP  
Thursday 15th July, 10.00am-3.00pm

The Marsh Community Centre have organised a pamper day - treatments will include Cranial Sacral Osteopathy, Hand or Foot Massage, Alexander Technique, Massage, Reiki, Homeopathy and Indian Head Massage. Other activities taking place include Henna. Smoothies and food will be available.

Treatments are free, however donations to Marsh Community Centre are welcome. For more information or to book (from 15th June) email [jasmin@mcccc.org.uk](mailto:jasmin@mcccc.org.uk) or call (01524) 843300 – please give details of time and treatment preference.

### **African Evening**

Saturday 17th July 2010, 7.00pm  
The Platform, Morecambe

A night of music, dance and presentations from several African countries for all the family.

Africans who have come to live in the North West will lead the evening, and will be happy to meet and share their Christian Faith.

Staff from Brass Tracks will be there to talk about the work they do in Africa.

Tickets (£10/6 including buffet supper) are available from Olive Tree Ministries (UK) shops, and more information is available via the website <http://olivetreeministriesuk.com>.

### **Ina Acres**

Ina Acres, who was well known locally for highlighting the needs of older people, sadly passed away in April.

Ina took over the running of the local Forum for the Older Person and established a format that was replicated throughout Lancashire. When the county council examined its services for older people, she provided valuable input into 50 Forward - a prototype liaison framework between older people and the county council.

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#### **Funding Event**

Lancashire County Council's Carers' Team are inviting representatives from the voluntary, community and faith sector groups to an information workshop where they will find out about how they can apply for small grants of up to £15,000.

At the workshop, taking place on the morning of **Thursday 24th June 2010**, groups will receive information on funding which can be used to test out new initiatives to support adult carers in Lancashire.

To qualify for a grant, organisations that work with local carers will have to:

- have a constitution, set of rules, or articles of association in place
- have a group bank account
- operate on a 'not for profit' basis

For more information contact Susan Liptrot from the Carers' Team by emailing [susan.liptrot@lancashire.gov.uk](mailto:susan.liptrot@lancashire.gov.uk) or call (01772) 532371.

#### **LSP Community Grants**

LSP Community Grants is a small grant scheme designed to assist groups in Lancaster, Morecambe and the surrounding rural areas to undertake small projects.

Projects which take place within the Lancaster District, which help local people 'take part' in their local community, and which meet one or more of the priorities identified under Valuing People as outlined in the Lancaster District Local Strategic Partnership's Sustainable Community Strategy are eligible to apply.

Applications are accepted for grants between £250 and £2,000. For an application form and details of the Valuing People priorities email the Funding Administrator at Lancaster District CVS [pennydarby@lancastercvs.org.uk](mailto:pennydarby@lancastercvs.org.uk).

There will be two rounds of Community Grants in 2010/11 – deadlines for applications are Friday 16th July and Friday 30th November.

### **Lloyds TSB Foundation**

The Lloyds TSB Foundation for England and Wales has announced that due to a higher level of income, they have increased the level of funding for 2010 and will sustain it for 2011, 2012 and 2013.

The aim of the Lloyds TSB Foundation's Community programme is to provide financial support for work that helps disadvantaged people to play a fuller role in the community. The Foundation is particularly interested in work that achieves this through; improved social and community involvement; improved life chances; helping people to be heard.

The Foundation are particularly keen to support small and medium sized community-based charities where small amounts of money can make a significant difference to local people's lives. The types of work funded include; running costs, including salaries to ensure that charities can maintain and develop their core work/services; and funding for projects that build on charities' core work.

Funding is available for one to three years. Organisations need to be a registered charity.

For more information, see [www.lloydstsbfoundations.org.uk](http://www.lloydstsbfoundations.org.uk).

### **Community Links Grant Programme**

The Department for International Development (DIFID) has announced that it will launch a new programme shortly to support community groups in the UK that have a link with a community group in a developing country.

The Global Community Links programme, which is funded by DFID, is providing £3 million over 3 years and will be managed by the British Council, the Institute of Community Cohesion, the Inter Faith Network for the UK and VSO.

The fund will be available for UK based community groups that have an existing link with a community group in a developing country, and will provide funding to strengthen the global link; learn and share knowledge about global development issues; and involve other people and other community groups in an existing link.

For more information, see [www.dfid.gov.uk/communitylinks](http://www.dfid.gov.uk/communitylinks).

### **Success Stories...**

If your organisation has recently been the recipient of funding, please email [kevingoodall@lancastercvs.org.uk](mailto:kevingoodall@lancastercvs.org.uk) and share the good news with the members of Lancaster District CVS including the name of the funder, what the funding was for and the amount received.

### **Bolton-le-Sands Old Free Grammar School**

The Old Free Grammar School in Bolton-le-Sands, known locally as the Old Boys School, is now used by a number of village organisations and has recently benefitted from receiving a number of grants.

### **The Heritage Lottery Fund**

£21,600 for essential repairs to the fabric of the School, for restorations of internal features, and provision of teaching/learning materials

**The Galbraith Trust**

£2,320 specifically for replacement floor coverings

**The Harold and Alice Bridges Charity**

£3,000 for general refurbishments

**The Duchy of Lancaster**

£500

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**Trustee Recruitment**

The National Council for Voluntary Organisations (NCVO) has put together an online resource for small organisations seeking to recruit Trustees.

[www.ncvo-vol.org.uk/trusteerecruitmentforsmallorganisations](http://www.ncvo-vol.org.uk/trusteerecruitmentforsmallorganisations)

See also 'Looking for New Trustees' in the CVS News section for information about a forthcoming trustee recruitment event in the District.

**Valuing Trustees**

Costing the value of trustees may seem unusual but by calculating the financial value of trustees you can give a better picture of an unfunded or modestly funded organisation's financial worth. Many funders also allow you to count that worth as match funding for bids. See Governance Pages [website](#) for an approved method that is straightforward to use.

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**Black Experience**

Wednesday 16th June 2010, 9.00am-4.30pm  
Dolly Blue, Lancaster City Football Ground, West Road, Lancaster LA1 5PE

Marsh Community Centre in partnership with Black Experience are offering training around anti-racist work. This full day programme will inform and equip workers to deliver informal education to their communities as well as challenge racism. For further information, please call (01524) 843300 or email [yak@mcccc.org.uk](mailto:yak@mcccc.org.uk).

Cost £40 per person, including lunch (Taste of the Caribbean)

**Volunteer Co-ordinators' Network**

**Recruiting and Retaining Disabled Volunteers**

Thursday 17th June, 1.30pm-4.30pm  
One Voice, The Cornerstone, Sulyard Street, Lancaster LA1 1PX

Find out about recruiting disabled volunteers and what that means for your organisation in relation to the Disability Discrimination Act.

Price: Free to Lancaster District CVS members

For bookings or enquiries please contact Jane Attfield at Lancaster District CVS on (01524) 555900 ext. 27 or email [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

### **Domestic Abuse Awareness Training**

Thursday 24th June 2010, 10.00am-3.00pm  
Friends Meeting House, Meeting House Lane, Lancaster LA1 1TX

This training is practical, informative and interesting. Participants will come away with a toolkit of knowledge and confidence to work with survivors of domestic abuse where appropriate.

Areas to be covered:

- Why does she stay?
- Risk assessment/ MARAC
- Diversity.

Cost: £20 / free to volunteers (lunch included)

For more information or to book, email [catriona@ldwa-support.org](mailto:catriona@ldwa-support.org).

### **Conflict Resolution Workshop**

Friday 25th June 2010, 9.30am-1.00pm  
Lancaster Methodist Church, Scotforth Road, Lancaster LA1 4TE

A workshop for people who want to deal with or manage conflict in their families, communities or work places.

Cost: £5-£50

For more information or to book, call (01524) 421488 or email [lizn@ncbi.org.uk](mailto:lizn@ncbi.org.uk).

### **Awareness Training for Counsellors and Therapists**

Monday 28th June 2010, 9.30am-4.00pm  
The Corner House, 102 Dickson Road, Blackpool FY1 2BU

This free training event is for counsellors working in Lancashire with victims of sexual violence, organised by SHIVER (Sexual Health, HIV, Education and Responses).

Speakers on the day will include:

- Crown Prosecution Service
- Detective Inspector from Western Division Police
- Victim Support
- Independent Sexual Violence Advisor

For More information or to request an application form, please call Lorraine Moffat on (01253) 311431 or email [hward@druglinelancs.co.uk](mailto:hward@druglinelancs.co.uk).

Applications to be returned by Friday 18th June.

### **Tax-Effective Giving Training for Small Charities**

Wednesday 30th June 2010, 10.30am-4.00pm  
The Quaker Tapestry, Friends Meeting House, Stramongate, Kendal, LA9 4BH

Are you making the most of donations from individuals via:

#### **Gift Aid?**

How to maximise your voluntary donations by nearly a third. The implications of the 2009 budget, including the change in tax rate, reclaim period and the administrative changes that simplify claims and audits for smaller charities.

### **Legacies?**

One of the most cost effective fundraising techniques, raising £1.8 billion each year and the largest single source of voluntary income for UK charities.

### **Payroll Giving?**

Set up and promote a reliable income stream that opens doors to local businesses and networking opportunities.

### **Share Giving?**

Around £100 million is given to UK charities in shares each year with an average value of £7,000 – get your share.

The Institute of Fundraising offers accessible and affordable training, personalised advice and guidance materials.

Delegate fee: £20 for small charities or £80 for all other. Limited number of places available.

For more information and to book, see the [website](#).

### **Lancaster District Voluntary Sector Forum**

#### **The North West Safe Network Introduction with Vetting and Barring Update**

Wednesday 7th July 2010, 10.30am-1.00pm  
The Cartmel Centre, Euston Road, Morecambe LA4 5NR

Pauline Ruth, Regional Development Manager at North West Safe Network will provide an introduction to the Network and an update on how the Vetting and Barring Scheme regulations are working out in practice, including the implications of the scheme for voluntary and community groups. The Safe Network is jointly managed by the NSPCC and Children England, and was created as a result of the Government's Staying Safe action plan. The Safe Network provides authoritative information and advice through its website: [www.safenetwork.org.uk](http://www.safenetwork.org.uk) as well as working towards building common standards for voluntary/non-profit organisations.

Price: Free to Lancaster District CVS Members

For bookings or enquiries please contact Jane Attfield at Lancaster District CVS on (01524) 555900 ext. 27 or email [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

### **Body Image**

Saturday 10th July 2010, 10.30am-3.00pm  
Lancaster Methodist Church, Scotforth Road, Lancaster LA1 4TE

This is a chance to explore and celebrate body image and womanhood in a safe and fun environment.

Cost: £7-£20 (bring your own lunch)

For more information or to book, call (01524) 421488 or email [lizn@ncbi.org.uk](mailto:lizn@ncbi.org.uk).

### **Hate Crime**

#### **What is it and what can our organisation do to support people?**

Wednesday 28th July 2010, 9.30am-1.00pm  
Friends Meeting House, Meeting House Lane, Lancaster LA1 1TX

*With Lewis Turner, new Hate Crime Worker for the Lancaster District.*

Hate crime could apply to an individual because of their faith, ethnicity (including Gypsy Travellers); sexuality; gender or disability (including mental health). If your organisation works with any of these groups come and find out about what support the new Hate Crime Worker can offer your organisation.

Price: Free to Lancaster District CVS Members

For more information or to book onto the event, please contact Jane Attfield at Lancaster District CVS on (01524) 555900 ext. 27 or email [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

## **JOBS** [\[BACK TO TOP\]](#)

### **Lancashire Global Education Centre**

**Global Youth Work Co-ordinator** (based in Preston, until March 2013)

Hours: 16 per week  
Salary: £22,958 pro rata

Responsible for leading the design and delivery of new and existing global youth work projects and services.

Applications are due by 12.00pm on Friday 18th June 2010. Interviews will be held in Preston on 25th June 2010.

For more information, see the [website](#).

### **n-compass**

**Health Trainer** (based in Lancaster, until 31st March 2011)

Hours: 16 per week  
Salary: £14,982 pro rata

This post will contribute to tackling inequalities in health through promoting and supporting people to develop healthier behaviours and lifestyles. It focuses on engaging with individuals on a one to one basis in communities, offering them practical support to change their behaviour to achieve their own choices and goals.

Applicants must hold a Health Trainer, Level 3, City and Guilds Certificate.

For application pack email [jobs@ncompass1.org](mailto:jobs@ncompass1.org) or call (01253) 362140, stating the post of interest.

Closing date for completed applications is 12.00pm, Monday 21st June 2010.

### **Age Concern Lancashire**

**Administrative Assistant** (based in Lancaster, until January 2013)

Hours: 17.5 per week  
Salary: £7,519.50

An Administrative Assistant is required to support the Linking Communities Research Team with administrative and organisational tasks.

Linking Communities is a three year project that will build on earlier work that sought the views of older people on services, and will examine whether the involvement of local communities in the development of services for older people results in better provision.

Computer skills, good communication skills and related qualifications are essential. Applicants must also possess good literacy and numeracy skills.

For an information pack and application form, please telephone Age Concern Lancashire on (01257) 233200 or email [reception2@ageconcernlancs.org.uk](mailto:reception2@ageconcernlancs.org.uk) quoting ref no LCA. The closing date for receipt of completed applications is 12.00pm on Monday 21st June 2010. Interviews are planned for Friday 2nd July 2010.

For more information, see the [website](#).

### **The Stroke Association**

**Information, Advice and Support Coordinator – North Lancashire** (based in Lancaster, until March 2013)

Hours: 28 per week  
Salary: £16,841-£20,441

The role of Information, Advice and Support Co-ordinator involves providing vital support and stroke information to stroke survivors and their families both on the ward and at home.

The service will operate within North Lancashire with referrals being received from the ward, families or other healthcare professionals.

With a background in the caring profession, preferably with knowledge and experience of stroke, you must have the ability to communicate with people at all levels including health professionals. Experience of setting up a new service will be an advantage. A good telephone manner, administrative and IT skills are essential and you must be a car owner/driver.

The closing date for applications is Monday 21st June 2010. Interviews will take place on Tuesday 29th June 2010.

For more information, see the [website](#).

### **End of Lancaster District CVS Bulletin**

A printer-friendly version of this bulletin is available to download from the Lancaster District CVS website: [www.lancastercvs.org.uk/bulletin/june2010.pdf](http://www.lancastercvs.org.uk/bulletin/june2010.pdf).

The July bulletin is due to be distributed on **Thursday 8th July**. The deadline for submissions to be included is **Friday 2nd July**.

All feedback is welcome. Is the newsletter of use to you? Is there anything you would like to see more of? If you have any items which you would like to be included in the newsletter, please contact Kevin Goodall on (01524) 555900 ext. 24 or email [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk).

If you no longer wish to receive these bulletins please email [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk) and ask to be removed from the bulletin list.

Kevin Goodall



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**Website: [www.lancastercvs.org.uk](http://www.lancastercvs.org.uk)**

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Our funders currently include:



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