

## [Lancaster District CVS Bulletin – May 2010](#)

Lancaster District CVS works to represent, promote and develop local voluntary and community organisations. We aim to strengthen the sector, build partnerships and influence local policy. We provide training, funding information and financial services.

To find out if these services could benefit your organisation, download our new service leaflet from [www.lancastercvs.org.uk/services.pdf](http://www.lancastercvs.org.uk/services.pdf).

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#### **Volunteer Awards 2010**

##### **Last Chance for Nominations**

This is your chance to celebrate the commitment and dedication of your volunteers. You are invited to nominate individuals under two categories; 'Volunteer of the Year' and 'Young Volunteer of the Year', as well as nominating groups of volunteers. The deadline for nominations has been extended until Friday 21st May.

This year's event will be held on Monday 14th June 2010, 4.00pm-7.00pm at the Hexagon Theatre, Lancaster and Morecambe College and will include a buffet provided by the Hospitality and Catering students from Coulson's Restaurant as well as entertainment from a College-based band.

If you have any queries about the event, and to submit nominations please contact [hannahbland@lancastercvs.org.uk](mailto:hannahbland@lancastercvs.org.uk). You can download a nomination form at [www.lancastercvs.org.uk/volunteerawards](http://www.lancastercvs.org.uk/volunteerawards).

#### **Recruiting Trustee Volunteers**

Lancaster District CVS has obtained a small bursary to recruit Trustees. If your organisation is looking for trustees and would like to get involved or if you have any ideas about who we could target, please contact [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

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#### **Sainsbury's 'Local Charity'**

Sainsbury's Lancaster store is inviting nominations for its 'Local Charity' from customers.

Nomination forms are available in store and need to be completed and returned by **Wednesday 19th May 2010**.

The three most popular charities will be asked to do a presentation to a group of staff, who will vote to decide their partner. Staff will support the charity throughout the year through volunteering and fundraising.

### **Beaumont College**

Beaumont College are running a series of free events for young people who meet the Aiming High for disabled children criteria.

For more information or to book a place please contact Mandy McKnight via email [mcknightm@beaumontcollege.org](mailto:mcknightm@beaumontcollege.org) or call (01524) 541400.

### **Natural Art & Design**

Tuesdays 6.30pm-8.00pm

Environmental Art Sessions for young people with additional needs aged 8-18

In the "Natural Art and Design" sessions picture frames, bird feeders and sculptured works of art will be created. Everyday tools, natural wood, stones and a variety of natural materials will be used.

### **Beatbox**

Fridays 6.00pm-9.00pm

Disco for young people with additional needs aged 14-18

Beatbox is a monthly disco, a chance to experience music and dance in a safe fun environment. Featuring resident DJ's playing chart music, karaoke and appearances by guest bands.

### **After School Sessions**

Mondays 6.00pm-9.00pm

After School Sessions for children with additional needs aged 5-12

Get involved in a wide variety of activities which include arts and crafts, sports, music and table top games. This session is run by the play inclusion project.

### **One Children's Workforce Framework and Tool 2010 Consultation**

Tuesday 18th May 2010, 10.00am-3.00pm  
White Cross Education Centre, Quarry Road, Lancaster LA1 3SE

The One Children's Workforce Framework and Tool aims to help every Children's Trust in the country gauge the progress they are making in developing "one children's workforce" – a workforce that is integrated and high quality, and making the best contribution possible to local Every Child Matters outcomes and the Children and Young People's Plan.

The One Children's Workforce Tool is divided into two parts, the integrated working drill down questionnaire and the overall workforce questionnaire. Colleagues are given the choice of which questionnaire they would like to participate in:

- 10.00am-12.00pm, Integrated Working Questionnaire
- 1.00pm-3.00pm, Overall One Children's Workforce Questionnaire

Each two hour event will provide an interactive session with the opportunity to discuss key issues as well as the opportunity to complete the chosen questionnaire – some colleagues may choose to attend both sessions.

For more information, or to book on to any of the events please contact [danny.walsh@lancashire.gov.uk](mailto:danny.walsh@lancashire.gov.uk) (for those unable to attend any of the above events, you can have the questionnaire(s) of your choice delivered to you).

### **Child and Adolescent Mental Health Services (CAMHS)**

Wednesday 19th May 2010, 2.00pm-4.00pm  
The Lune Park Children's Centre, Ryelands Park, Lancaster LA1 2LN

Lancashire Care NHS Foundation Trust has arranged a 'Meet the Service' event for its members. This event has been arranged to give people more of an insight into the services that the trust offers.

The aims of the CAMHS team are to address the needs of children, young people and families presenting with the most severe mental health disorders by helping to develop problem solving skills and increasing parents' and carers' ability to manage existing psychological problems more effectively. The service can also help to enhance children and young people's coping abilities which can have a positive impact on the child or young person's resilience to assist them manage negative stressors more effectively.

Places are limited so please contact (01772) 695384 or email [membership@lancashirecare.nhs.uk](mailto:membership@lancashirecare.nhs.uk) to book a place.

### **Animal Care Open Day**

Sunday 23rd May 2010, 11.00am-3.00pm  
Blea Tarn Road, Scotforth, Lancaster LA2 0RD

Animal Care's annual open day will feature meet the animals, dog wash, doggy dancing, face painting, bouncy castle, stalls, games and music. There will also be a dog show beginning at 1.00pm and the chance to talk to an 'Animal Behaviourist and Trainer'.

The charity would also be grateful for volunteers on the day to help set-up stalls and run them, walk dogs, bake cakes or anything else that may help.

For more information, see the website [www.animalcare-lancaster.co.uk](http://www.animalcare-lancaster.co.uk).

### **Lancaster Musicians Co-op**

Lancaster Musicians Co-op, a recording studio and rehearsal rooms celebrating its 25th anniversary this year, is holding a 'Big Spring Clean' on Saturday 29th May.

They would be extremely grateful for donations of paint, fibreboard, wood, heavy duty carpets and doors, and are also looking for skilled volunteers such as joiners and roofers to help carry out work on the day.

For more information on how you can donate or volunteer, call (01524) 388544 or email [musiccoop@hotmail.co.uk](mailto:musiccoop@hotmail.co.uk).

### **Sight Information Day**

Thursday 3rd June 2010, 10.00am-3.00pm  
The Hexagon Theatre, Lancaster and Morecambe College, Morecambe Road, Lancaster LA1 2TY

Galloway's Society for the Blind is holding a Sight Information Day. There will be many stalls where local organisations and leading suppliers of special equipment will be on hand with advice and demonstrations. You can also gain information about some of the activities on offer to people with a sight problem.

The Eye Clinic Liaison Officer will be available on the day to answer any questions concerning eye conditions.

For further information, please telephone Jean Cavaliere at Galloway's, Morecambe on (01524) 414846 or email [gallowaysmorecambe@tiscali.co.uk](mailto:gallowaysmorecambe@tiscali.co.uk).

### **One Voice Volunteer Open Day**

Monday 7th June 2010, 11.00am-2.00pm  
The Cornerstone, Sulyard Street, Lancaster LA1 1PX

One Voice, a disability charity in Lancaster, is holding an open day for potential volunteers in June. Free drinks and a buffet will be provided.

There are opportunities for everyone including gardening, woodwork, discussion groups, shop work and more and they are particularly interested in recruiting disabled volunteers.

For more information or to confirm you are attending please call (01524) 382800 or email [one-voice@btconnect.com](mailto:one-voice@btconnect.com) and ask for Kim or Natalie.

### **Honour Based Violence & Forced Marriage Conference**

Monday 14th June 2010, 9.00am-4.00pm  
The Ellis Conference Centre, Lancashire Constabulary HQ, Saunders Lane, Hutton, Preston PR4 5SB

Lancashire Constabulary and the Chorley & South Ribble Partnership have organised a free conference on the subject of Honour Based Violence & Forced Marriage.

Topics to be covered:

- Malika Donna Womack – Presentation on Forced & Arranged marriages
- A local survivors experience
- Case study workshops
- Forced Marriage Orders and the Police and Legal Perspective
- Q&A

Refreshments will be provided throughout the day including lunch with vegetarian options.

For more information and to book, please contact [hcorsor@southribble.gov.uk](mailto:hcorsor@southribble.gov.uk).

### **North Lancashire Social Enterprise Festival**

Friday 25th June 2010  
Morecambe

The second annual North Lancashire Social Enterprise Festival takes place in June, comprising of a Morning Conference, Festival Market and Evening Celebration at venues in Morecambe.

Opportunities to get involved are now available including having a stall, submitting publicity materials and becoming a festival sponsor.

For more information contact Jez Hall via email [info@nlse.org.uk](mailto:info@nlse.org.uk) or call 07963 706106.

### **Lancaster District Homeless Action Service's 'Sponsored Sleepout'**

Lancaster District Homeless Action Service will be holding a sponsored sleepout on Sunday 29th August.

If you would like to sponsor those sleeping out or even want to fundraise by sleeping out yourself, email [admin@ldhas.org.uk](mailto:admin@ldhas.org.uk).

Donations can also be made via [www.charitygiving.co.uk](http://www.charitygiving.co.uk).

### **'Local Food' in the Lancaster District**

Lancaster Cohousing, a group of households getting together to build ecological housing and managed offices, studios and workshops at Forge Bank in Halton, has got through to the second round of the Big Lottery Fund's 'Local Food' grant scheme.

They would very much like to hear from any community group who would be interested in this project in any way – you may be a group which would like to come and help design and plant out the community garden, you may wish to come and sell your products at the 'food events' or you might like to bring a group to see how the project works. They would also like to hear from ecological, community, arts-minded organisations or other businesses and individuals who may be interested in renting an office, studio or workshop in Halton Mill from early 2012.

Please email any comments, questions or messages of support to [fiona@forgebank.org](mailto:fiona@forgebank.org) or phone Fiona Frank on 07778 737681. See [www.lancastercohousing.org.uk](http://www.lancastercohousing.org.uk) for more information about Lancaster Cohousing and forthcoming open days or email [info@lancastercohousing.org.uk](mailto:info@lancastercohousing.org.uk).

### **Transition City Lancaster**

Transition City Lancaster (TCL) is a rapidly growing community group committed to asking the questions and finding the answers to the very big challenges of our times – the challenges of climate change and of resource depletion/peak oil.

TCL is about positive, practical local action. They believe in a better, more sustainable, more resilient Lancaster and that local people have the wherewithal and the nous – even the genius – to create a better future for their selves, their children and their grandchildren.

For more information about the organisation and to find out how you can get involved, see the website [www.transitioncitylancaster.org](http://www.transitioncitylancaster.org).

If you would like someone to come and meet your group and give a talk, presentation or workshop – please email [samagita@talktalk.net](mailto:samagita@talktalk.net).

### **Rain Tax Exemption Becomes Law**

Legislation that will spare thousands of charities, churches and sports clubs from huge water bills was passed in April, after a two-year national campaign led by the Scout Association and churches.

The Flood and Water Management Act has exempted charities from new pricing structures introduced by many water companies, based on 2003 guidance from regulator Ofwat, which would have meant they were charged according to how much water drained from buildings.

This method of charging would have led to water bill increases of up to 1,000 per cent for many voluntary organisations that own land and buildings.

### **The Stroke Association**

The Stroke Association are offering to give a talk on stroke awareness to groups in the District that meet on evenings or weekends.

If your organisation might be interested, contact Donna Bloede, Regional Information Officer, via email [donna.bloede@stroke.org.uk](mailto:donna.bloede@stroke.org.uk).

### **The Queens Award for Voluntary Service**

If you know of a volunteer organisation that is carrying out exemplary work in your community nominate them for the Queen's Award for Voluntary Service.

More details are available on [www.queensawardvoluntary.gov.uk](http://www.queensawardvoluntary.gov.uk).

### **Lancaster District Local Strategic Partnership (LDLSP) News**

Interviews for a new manager for the LDLSP were conducted this week and it is anticipated that someone will be in post in the next 6 weeks or so. More details will follow in the June email bulletin.

### **Second Homes Funding**

Bids from Thematic Groups at the last management group meeting far outstripped funds available. Successful bids from the Valuing People Thematic group and Health and Wellbeing groups were: Community Grants; Community Information and Advice for the over 50's. The Valuing People Group also supported a bid from the Safety group for a Hate Crime Officer for Lancaster which was successful. Successful bids from other Thematic groups will be reported in the Minutes of the April Management Group meeting on the LDLSP [website](#).

### **Local Area Agreement Award Money**

An initial workshop meeting held at the beginning of May discussed possible options for how the money could be spent – ideas from the workshop discussions will be taken back to all Thematic Groups who will then report to the next LDLSP management meeting.

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#### **Lancaster District Local Strategic Partnership's 'Community Grants'**

The LDLSP has agreed to fund Community Grants for a further two years.

There will be £25K to distribute this year and a further £25K next year. Voluntary and Community groups will be able to apply for up to £2,000 to:

1. Improve community cohesion, a sense of belonging and taking part, by promoting positive relationships between communities and groups in the Lancaster District
2. Increase the capacity of your group to enable you to strengthen community involvement; provide a service, or act as advocates for your local community.
3. Enable older people within Lancaster District to continue to contribute to all aspects of life and to receive appropriate support when needed.
4. Provide guidance and support to Carers in the District.

**Deadlines for applications in 2010:** Friday 16th July & Friday 30th November.

**Applications forms:** will be posted on our website ([www.lancastercvs.org.uk/funding](http://www.lancastercvs.org.uk/funding)) next week or email [pennydarby@lancastercvs.org.uk](mailto:pennydarby@lancastercvs.org.uk).

To find out more about the criteria and if your organisations could apply email [Jane Attfield](mailto:Jane.Attfield) or [Hannah Bland](mailto:Hannah.Bland) at Lancaster District CVS or call (01524) 555900.

#### **Lancaster City Council's 'Miscellaneous Grants'**

The Miscellaneous Grants fund will not be available this year.

### **vcashpoint**

vcashpoint is seeking to provide funding for small volunteer-led projects in England that are inspired by the 2012 Olympic and Paralympic Games. Grants of up to £2,500 are available to individuals aged 16 to 25 for projects that clearly benefit a chosen community and fit within v's five themes for the 2012 Games: Sport, Culture, Environment, Health and Education.

Applicants must also demonstrate how their project reflects at least one of the seven values of the Olympic and Paralympic Games: Respect, Excellence, Friendship, Courage, Determination, Inspiration and Equality.

Successful applicants may be considered by the London 2012 Organising Committee to carry the London 2012 Inspire mark, which officially recognises their project as part of the 2012 Games.

The deadlines for applications to Round 9 is Monday 6th September 2010 at 12.00pm. For more information, see the website [www.vinspired.com/vcashpoint](http://www.vinspired.com/vcashpoint).

### **Success Stories...**

If your organisation has recently been the recipient of funding, please email [kevingoodall@lancastercvs.org.uk](mailto:kevingoodall@lancastercvs.org.uk) and share the good news with the members of Lancaster District CVS including the name of the funder, what the funding was for and the amount received.

### **Lancaster District Homeless Action Service**

Lancaster District Homeless Action Service (LDHAS) has been successful with its bid to the Tudor Trust, worth £36,000 a year to the organisation for the next three years. The funding comes at a very important time for LDHAS with a recent loss of funding yet an increase in use of the service due to the recession.

The Tudor Trust is an independent grant-making trust which supports organisations working across the UK to address the social, emotional and financial needs of people at the margins of society and is particularly interested in helping smaller, under-resourced organisations which offer direct services and involve the people they work with in their planning.

For more information about the Tudor Trust, see the website [www.tudortrust.org.uk](http://www.tudortrust.org.uk).

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#### **CASH-ONLINE**

Financial advice and training for small charities and voluntary groups from Community Accountancy Self Help.

The site aims to provide people with the basic financial skills needed to run successful charities and voluntary organisations.

[www.cash-online.org.uk](http://www.cash-online.org.uk).

#### **Health for Work Adviceline**

Small organisation employers can access free professional occupational health advice from NHS Plus on any individual employee occupational physical or mental health issue.

Call the 'Health for Work Adviceline' on 0800 0 77 88 44. Information on the adviceline is also available at [www.health4work.nhs.uk](http://www.health4work.nhs.uk).

### **Minimum Wage**

From Friday 1st October 2010, the national minimum wage is expected to go up from £5.80 per hour to £5.93 for workers aged 21 and over, from £4.83 to £4.92 for 18-20 year-olds, and from £3.57 to £3.64 for 16 and 17 year-olds who are above school leaving age and are not apprentices.

Information for employees and employers about all aspects of the minimum wage, including an interactive website for workers and employers to find out how the minimum wage applies to them, is available from the Business Link [website](#).

### **Snooker Table**

The Rainbow Centre in Morecambe is selling a full-size, regularly maintained snooker table, and is open to offers. They will also consider donating it to a worthy cause.

The buyer is responsible for removing the snooker table.

Call (01524) 415502 or email [rainbowcentre@btconnect.com](mailto:rainbowcentre@btconnect.com).

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#### **Inspiring and Involving Young People**

Wednesday 19th May 2010, 9.30am-4.30pm (lunch included)  
Lancaster House Hotel, Ellel, Lancaster LA1 4GJ

The Lancashire involved team are offering a free one day training course aimed at developing knowledge and skills to 'Inspire and Involve' young people. The training will cover topics including; role of a mentor, maximising body language, understanding the principles of motivation and developing a process to give effective support to young volunteer within your organisation.

For more information or to book a place, email [ella.wardleworth@lebp.co.uk](mailto:ella.wardleworth@lebp.co.uk). Places are limited to one per organisation.

#### **Young People and Money**

Thursday 20th May 2010, 9.30am-4.30pm  
Furness Enterprise, Waterside House, Waterside Business Park, Bridge Approach, Barrow-in-Furness LA14 2HE

'Young People and Money' is a free, one-day training course that delivers financial capability training to those working with young people who are not in education, employment or training (NEET). The programme has been designed to equip youth workers with the knowledge and skills to empower young people to manage their own finances.

The Young People and Money training day includes:

- Understanding the psychology of young people and money
- Helping young people make the most of their money
- Enabling young people to make informed choices
- Skills to engage young people in financial matters
- Helping young people to manage debt

To book onto this course, see the website [www.yepam.org](http://www.yepam.org). Other dates and venues available via the website.

## **Community Assets Matter**

Thursday 20th and Friday 21st May 2010, 10.00am-4.00pm  
GHS Centre, South Meadow Lane, Preston PR1 8JN

A two-day training programme from Community Matters for advisors to front-line community organisations about management of buildings and other community assets. The objective of the training is to increase the provision and standard of support to frontline organisations involved in managing community buildings and other community assets.

Cost: £25

For more information and to book, see the [website](#).

## **NCBI Lancashire**

### **Body Image**

Saturday 22nd May 2010, 10.30am-3.00pm  
Lancaster Methodist Church, Scotforth Road, Lancaster LA1 4TE

NCBI Lancashire is hosting a workshop to explore Body Image for women such as height and weight issues. This is a chance to explore and celebrate body image and womanhood in a safe and fun environment.

Cost: £7-£20 (bring your own lunch)

### **Conflict Resolution Workshop**

Friday 25th June 2010, 9.30am-1.00pm  
Lancaster Methodist Church, Scotforth Road, Lancaster LA1 4TE

A workshop for people who want to deal with or manage conflict in their families, communities or work places.

This half day workshop explores your feelings and previous experience of dealing with conflict; it explores how conflict can escalate and different approaches for dealing with it.

Ideal for people wanting to manage conflict in different settings; for managers, community workers and activists.

Cost: £5-£50

For more information or to book onto either workshop call (01524) 421488 or email [lizn@ncbi.org.uk](mailto:lizn@ncbi.org.uk).

### **Networking Master Class**

Wednesday 26th May 2010, 1.00pm-5.00pm  
Burnley FC, Turf Moor, Harry Potts Way, Burnley BB10 4BX

Lancashire Learning Consortium have organised a networking event for everyone within the voluntary and third sector across Lancashire.

Keynote speaker Jane Slowey CBE has a long and distinguished career within the voluntary and third sector having held many significant national positions. Currently Chief Executive of the Foyer Federation and Chair of Skills Third Sector, Jane is an adept political networker and will provide valuable insights in to her experience of networking as a key element of contemporary working.

The event will commence with a networking buffet lunch and will include plenty of time for networking with speakers, other delegates and guests.

Price per person: £22.50

For more information, see the [website](#).

### **Volunteer Co-ordinators' Network**

#### **Recruiting and Retaining Disabled Volunteers**

Thursday 17th June, 1.30pm-4.30pm (lunch at café from 12.00pm)  
One Voice, The Cornerstone, Sulyard Street, Lancaster LA1 1PX

##### **Retaining and Recruiting Disabled Volunteers:**

Find out about recruiting disabled volunteers and what that means for your organisation in relation to the Disability Discrimination Act. This session will look to offer realistic guidance about the DDA and provide information for organisations to integrate into their operational systems.

##### **Improving Service Delivery to Disabled People:**

Do you receive public money to deliver your services? Find out more about the Access to Goods and Service element of the DDA and how you can improve and develop service delivery to and by disabled people.

Please come early for this session if you'd like to have lunch in The Cornerstone Community Café.

Price: Free to Lancaster District CVS members

For bookings or enquiries please contact Hannah Bland at Lancaster District CVS on (01524) 555900 ext. 27 or email [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

### **Lancaster District Voluntary Sector Forum**

#### **The North West Safe Network Introduction with Vetting and Barring Update**

Wednesday 7th July 2010, 10.30am-1.00pm  
The Cartmel Centre, Euston Road, Morecambe LA4 5NR

Pauline Ruth, Regional Development Manager – NW Safe Network will provide an introduction to the Network and an up-date on how the Vetting and Barring Scheme regulations are working out in practice including the implications of the scheme for voluntary and community groups.

The Safe Network is jointly managed by the NSPCC and Children England, and was created as a result of the Government's Staying Safe action plan. The Safe Network provides authoritative information and advice through its website: [www.safenetwork.org.uk](http://www.safenetwork.org.uk) as well as working towards building common standards for voluntary/non-profit organisations.

Price: Free to Lancaster District CVS Members

#### **Hate Crime – What is it and what can our organisation do to support people?**

Thursday 28th July 2010, 9.30am–1.30pm  
Venue to be confirmed

Hate crime could apply to an individual because of their faith, ethnicity (including Gypsy Travellers); sexuality; gender or disability (including mental health). If your organisation works with any of these groups come and find out more.

Price: Free to Lancaster District CVS Members

For more information or to book onto either event, please contact Jane Attfield at Lancaster District CVS on (01524) 555900 ext. 27 or email [janeattfield@lancastercvs.org.uk](mailto:janeattfield@lancastercvs.org.uk).

### **Post Graduate Certificate in Voluntary & Third Sector Management**

The Lancashire Learning Consortium is offering voluntary sector organisations based in Lancashire a 90% discount on a Post Graduate Certificate in Voluntary & Third Sector Management.

The offer price of £88 applies only to the course starting in June 2010, the booking deadline for which is Friday 21st May.

For more information, see the [website](#).

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#### **East Cheshire Hospice**

##### **Chief Executive**

Hours: Full-time

Salary: £57,000-£67,000

East Cheshire Hospice is embarking on a challenging and exciting stage of its development. They are looking for a Chief Executive who passionately shares our commitment, can foresee and help us meet the various challenges ahead and has the experience and leadership qualities to take the Hospice forward in the coming years.

For more information or a recruitment pack please contact Suzanne Brownbridge on (01625) 665695 or email [sbrownbridge@echospice.org.uk](mailto:sbrownbridge@echospice.org.uk). The recruitment pack can also be found via the [website](#).

Closing date for applications: Monday 17th May 2010.

#### **Lancaster and District YMCA**

##### **Weekend Support Staff and Bank Staff**

Hours: 16 hours (weekends 10.00am-6.00pm)

Salary: £12,501-£14,220 / £7.31 per hour

Lancaster and District YMCA aims to meet the needs of the community through the provision of support, guidance, inspiration and opportunities aimed to raise the potential of local people.

A number of vacancies have arisen for Weekend Support Staff and Bank Staff to work with young people in the Emergency Accommodation Project.

For further details and an application pack please send a SAE to Phil McGrath, General Secretary, Lancaster and District YMCA, Heart of the City, Fleet Square, Lancaster. LA1 1HA or download from the website [www.lancasterymca.co.uk](http://www.lancasterymca.co.uk).

#### **End of Lancaster District CVS Bulletin**

A printer-friendly version of this bulletin is available to download from the Lancaster District CVS website: [www.lancastercvs.org.uk/bulletin/may2010.pdf](http://www.lancastercvs.org.uk/bulletin/may2010.pdf).

The June Bulletin is due to be distributed on **Thursday 10th June**. The deadline for submissions to be included is **Friday 4th June**.

All feedback is welcome. Is the newsletter of use to you? Is there anything you would like to see more of? If you have any items which you would like to be included in the newsletter, please contact Kevin Goodall on (01524) 555900 ext. 24 or email Kevin Goodall.

If you no longer wish to receive these bulletins please email Kevin Goodall and ask to be removed from the bulletin list.