

## [Lancaster District CVS Bulletin – September 2009](#)

### **CONTENTS**

[CVS NEWS](#)

[OTHER SECTOR NEWS](#)

[FUNDING](#)

[RESOURCES](#)

[TRAINING](#)

[JOBS](#)

### **[CVS NEWS](#)** [\[BACK TO TOP\]](#)

#### **An Update on the New Vetting and Barring System**

Thursday 24th September 2009, 11.00am-1.00pm  
The Storey, Meeting House Lane, Lancaster LA1 1TH

Graham Whalley of Lancashire Youth Association will provide an update and explain the implications of the new system to the voluntary sector. He will also provide an overview of support the Association can offer to groups including assistance with policies and training.

Lancaster District Voluntary Sector Forum meets quarterly, with membership open to any Voluntary, Community or Faith organisations operating in the District.

Price: Free (including lunch)

If you would like to attend, please contact [Jane Attfield](#).

#### **Lancaster Children's Trust Voluntary, Community and Faith Sector (VCFS) Forum**

Thursday 15th October, 9.30am-11.30am  
Trinity Community Centre, Middle Street, Lancaster LA1 1JZ

Following the July launch of the Children's Trust VCFS Forum, the group has secured four seats on the Children's Trust Partnership in order to contribute to discussions to ensure appropriate involvement of the VCFS in the planning, resourcing and provision of services to children, young people and families and to develop partners' understanding of the needs, strengths and limited resources of VCFS organisations. Groups working with children, young people and families are invited.

Agenda items:

- Update on the Children's Trust Handbook
- Selection of representatives
- Selection of Chairperson (if you would like to be considered the position of Chairperson please contact Hannah by Tuesday 13th October with a named proposer and seconder)

The aims of the forum are to:

- To provide diverse VCFS representation on the Lancaster District Children's Trust to ensure the sector's views and interests are heard
- To provide a mechanism for accountability to VCS groups providing services to children, young people and families

For further details and booking please email [Hannah Bland](#) or call (01524) 555900 ext. 26.

## **Lancaster District Funding Fair**

Thursday 22nd October 2009, 10.00am-3.00pm  
Hornby Village Institute, Main Street, Hornby, Lancaster LA2 8JR

This free event will provide local voluntary and community groups with the opportunity to find out about some of the funding opportunities currently available.

Presentations will include Awards for All, Lancashire Environmental Fund, Lloyds TSB and the Arts Council.

An invaluable opportunity to engage in one-to-one discussions with local and national funders to discuss potential projects, including The Galbraith Trust, the Arts Council, Groundwork, the Co-operative Community Fund, Grantfinder, Grassroots and Community Grants.

This event is free and includes lunch.

## **Managing Volunteers**

Thursdays 29th October, 26th November 2009 and 14th January 2010, 9.30am-1.30pm  
The Cartmel Centre, Euston Road, Morecambe LA4 5NR

The overall aim of the programme is to provide those who manage volunteers with information and resources and to support them to develop strategies to enable them to effectively recruit, support and supervise volunteer teams.

Session 1: Recruiting Volunteers  
Session 2: Managing & Supporting Volunteers  
Session 3: Managing and Supporting Volunteers

Lancaster District CVS Members:	£20 per session, £45.00 if you book all 3 sessions
VCFS organisations:	£25 per session, £60.00 if you book all 3 sessions
All other organisations:	£30 per session, £75.00 if you book all 3 sessions

For bookings or enquiries about courses, please contact [Hannah Bland](#).

## **Morecambe Interagency Group (MIG)**

Tuesday 10th November 2009, 12.00pm-2.00pm  
Morecambe Football Club, Christie Park, Lancaster Road, Morecambe LA4 5TJ

Janet Preston, Football in the Community Officer, will be giving a talk about Morecambe Football Club's community involvement work.

MIG is a bi-monthly inter-agency meeting for Voluntary, Community and Faith Sector groups working in Morecambe and surrounding areas. The meeting venue is hosted by organisations operating in Morecambe. We meet at 12.00pm for lunch (bring your own lunch) and networking with the meeting starting at 12.30. We begin with a speaker providing a 20-30 minute presentation including questions. The rest of the meeting offers space for each participant to up-date the group on their work, finishing at 2.00pm. The meetings are informal and provide an excellent information sharing and networking opportunities. There is no expectation that people will attend every meeting.

If you are not on the MIG mailing list but would like to be, please contact Jane Attfield at Lancaster District CVS via email [Jane Attfield](mailto:Jane.Attfield@lancaster.gov.uk) or call (01524) 555900 ext. 27.

## **Developing a Fundraising Strategy**

Thursday 12th November 2009, 9.30am-12.30pm  
Trinity Community Centre, Middle Street, Lancaster LA1 1JZ

This session aims to add to your knowledge and skills to enable you to develop a strategic plan that will focus both on the long-term funding requirements to cover running costs and short-term, step-by-step actions to take to increase the likelihood of raising funds for your activities. The session is of most use to small or new organisations and is intended for those who have a key role in their organisation to raise funds.

By the end of the session you will be able to:

- Write a plan that sets out the long-term aims of your organisation
- Prioritise shorter-term goals that contribute to organisational aims
- Work out a strategy to obtain funds that links the above goals and aims
- Describe different methods of evaluating the outcome of your efforts
- Pass on your new knowledge and skills to others in your organisation

Price: Band A: £8.00  
Band B: £12.00  
Band C: £17.00

For bookings or enquiries about courses, please contact [Hannah Bland](mailto:Hannah.Bland@lancaster.gov.uk).

## **OTHER SECTOR NEWS** [\[BACK TO TOP\]](#)

### **Help Direct**

Help Direct has been building up a reputation as the first port of call across Lancashire for information, support and guidance for any adults over 18 who may have an issue they are not sure how to resolve, or perhaps a goal they are not sure how to achieve, in order to help them get the most out of life.

Help Direct has already assisted hundreds of local people to find the right kind of support, whether by providing information about courses and training, health facilities and services, providers of financial advice, or about what social and activity groups exist in the area. Advisors have assisted people to access advice about benefits or debt management; referred people to specialist health trainers for dietary or lifestyle advice; enabled people to get assistance with completing Disability Living Allowance Forms; and even helped people to get more involved in their community, either through volunteering or by joining a social group.

Now Help Direct is going out and about in the community, starting regular drop-in sessions at local venues, ready to offer assistance to anyone who may feel they need it.

They offer a drop-in session at Morecambe Library every other Friday morning between 9.30am-12.30pm, with the next sessions being on September 25th, October 2nd and 23rd, November 6th and 20th, and December 4th and 18th.

Drop-in sessions at the Marsh Information Centre offices at 4 West Road, Lancaster are scheduled for Monday afternoons on October 5th and 19th, November 2nd, 16th and 30th, and December 14th, all between 1.30pm-4.30pm.

No appointment is required at either venue.

For further information about the drop-in sessions telephone Help Direct in Lancaster on 0303 333 1000 (a new low cost number), or email them on [askus@loc.helpdirectlanacs.org.uk](mailto:askus@loc.helpdirectlanacs.org.uk).

## **Age Concern Lancashire Week**

Monday 28th September 2009, 11.00am-2.00pm  
Carnforth Fire Station, Market Street, Carnforth LA5 9JU

Age Concern Lancashire will offer advice and information on all the services they provide within the local community, including how to keep warm this winter, crime prevention advice and fire safety.

Refreshments will be available at the Age Concern office

## **Rain Tax**

Tuesday 29th September 2009, 7.30pm  
Christ Church, Wyresdale Road, Lancaster, LA1 3EA

Due to the introduction by the water companies of a new system of charging for surface water drainage, many small voluntary clubs, community sports clubs and churches will be liable to bill increases ranging from 100% to 1,400%. The total cost to the not for profit sector is expected to exceed £100m a year.

Lancaster Deanery is organising a meeting at Christ Church, Lancaster to which they would like to invite all churches, charities and clubs that might be affected by the Rain Tax.

Architects O'Neil & Petrie will be delivering a presentation, local MPs and representatives of United Utilities have been invited to attend.

For further information about the Rain Tax, see the website [www.dontdrainus.org](http://www.dontdrainus.org).

## **Mental Health Wellbeing Event**

Wednesday 30th September 2009, 1.00pm-5.00pm  
Lancaster Town Hall, Dalton Square, Lancaster LA1 1PJ

As part of Lancashire Care NHS Foundation Trust's Annual Members' Meeting (open to non-members), there will be music, a buffet lunch and experts on hand to offer advice on topics such as stress and anxiety, memory loss and mental wellbeing. There will also be many interactive stalls for people to visit on the day including beauticians offering hand massages, a pedal powered smoothie maker and Nintendo Wii fitness games.

People can find out more about mental health problems, local services and how we have developed and progressed over the past year. The formal presentation of our 2008/09 Annual Report and Accounts will take place from 3-4pm.

If you would like to attend, please confirm your attendance by calling 01772 695384 or emailing [membership@lancashirecare.nhs.uk](mailto:membership@lancashirecare.nhs.uk).

## **The Queen's Award for Voluntary Service**

The Lord-Lieutenant of Lancashire has made a final call for people across the county to nominate outstanding volunteer groups in their area.

Lord Shuttleworth, the Lord Lieutenant, has reminded people to send in their nominations for the 2010 Queen's Award for Voluntary Service - ahead of this year's 30 September deadline.

This prestigious UK National Honour, which has an equivalent status to the MBE, recognises the exceptional contributions made to local communities by groups voluntarily devoting their time for the benefit of others.

In June, three outstanding groups in Lancashire received the 2009 Award from the 406 nominations made from across the UK. These groups were nominated by friends, family or members of the public.

For details of all Queen's Award for Voluntary Service recipients, or to download a nomination form, visit [www.queensawardvoluntary.gov.uk](http://www.queensawardvoluntary.gov.uk).

For nomination enquiries please contact Tamara Cummings-John, Award Administrator by calling 020 7781 2397 or [queensaward@consolidatedpr.com](mailto:queensaward@consolidatedpr.com).

### **Third Sector Annual Update Conference**

30th September 2009, 10.30am-3.45pm  
Portland Tower, Portland Street, Manchester M1 3LF

The Conference is intended to be a wide-ranging update on a range of operational issues affecting third sector organisations.

As well as presentations on six varied topics including charity updates and the Charitable Incorporated Organisation, charities and contracts, employment update and procurement, there will also be plenty of opportunity to ask questions and network with your peers who are also grappling with these issues.

The conference will be of particular interest to Charity Trustees, Senior Management Teams, in particular, Chief Executives and Finance Managers, and In-House Lawyers.

Cost of Conference: £50 +VAT per person (to be paid in advance).

If you would like more information regarding this seminar or to register for this event, please contact Debbie Anison, Communications Assistant at Hempsons via email [d.annison@hempsons.co.uk](mailto:d.annison@hempsons.co.uk) or call 0161 234 2403.

### **World Mental Health Week**

There is an opportunity to promote your work to students and staff at Lancaster University on Tuesday 6th October 2009 for World Mental Health Week.

If your organisation would like to have a stand (joining the likes of Making Space) contact Sue Crookall, Mental Health Adviser, by calling (01524) 594512.

### **Before Supermarkets Ruled... Earning, Spending and Getting By in Lancaster and District 1910-1960's**

Wednesday 7th October 2009, 10.30am-1.00pm  
Friendship Centre, Lancaster Baptist Church, Robert Street, Lancaster LA1 1PT

An exhibition by the Friendship Centre History Group.

All welcome to visit the exhibition, have a cup of tea and a chat

For more information about the Friendship Centre, a social centre for older people, call Alys Jenkins on 01524 555900 ext. 30 or Pat Agnew on 01524 39924.

### **Parliamentary Outreach**

Parliamentary Outreach and VSNW are holding three sessions for voluntary organisations across the north west to find out more about how Parliament works and how organisations can get involved.

Each session will cover:

- What Parliament is and what it does
- How groups can effectively engage with Parliament
- In addition each session will have a guest speaker who will focus on one particular area of interest

All places are free of charge and include lunch and refreshments. Places can be booked by visiting [www.vsnw.org.uk](http://www.vsnw.org.uk) and are available on a first come first served basis

Wednesday 7th October 2009, 9.30am-3.00pm  
Neuro Support Centre, Glaxo Neurological Centre, Norton Street, Liverpool, L3 8LR

Guest Speaker: Specialist Clerk from the House of Commons Health Select Committee

Thursday 8th October 2009, 9.30am-3.00pm  
Lancaster CVS, Trinity Community Centre, Middle Street, Lancaster, LA1 1JZ

Guest Speaker: Researcher, Economic Policy and Statistics Section

Wednesday 4th November 2009, 12.00pm-5.00pm  
GMCVO, St Thomas Centre, Ardwick Green North, Manchester M12 6FZ

Guest Speaker: Member of the Environmental Audit Committee

All places are free of charge and include lunch and refreshments. Places can be booked by visiting [www.vsnw.org.uk](http://www.vsnw.org.uk) and are available on a first come first served basis.

There will be a travel bursary provided by VSNW.

For further information please contact Laura Stone at VSNW on 07760 752 982

## **One Planet Festival**

The One Planet Festival, a celebration of sustainable living, returns to Lancaster from 2nd-11th October 2009 with lots of exciting events planned to raise awareness about climate change.

The event planned include a Sustainability Expo – Eco Fair, Low Carbon Music, FreeStyle Fashion, Direct Action Event - Wake Up, Freak Out, Get a Grip!, Lancaster Cohousing Site Tour and a GreenScreen Film Festival.

For more information about all the One Planet Festival events see [www.oneplanetfestival.com](http://www.oneplanetfestival.com) and if you have any queries email [liz@lessuk.org](mailto:liz@lessuk.org) or call the LESS office on 01524 66100.

## **Collective Voice NW Autumn Conference**

Monday 12th October 2009, 10.00am-4.00pm  
King's House Conference Centre, King's Church, Sidney Street, Manchester M1 7HB

Rethink and the University of Central Lancashire are the Mental Health Improvement Programme delivery partners and are delighted to launch the Collective Voice NW Conference.

The aim of the event is:

- To establish the conference as the basis for user and carer engagement across the North West
- To look at ways of combating mental health stigma and discrimination
- To discuss key topics identified at the previous conference and to continue to develop ideas and priorities for the future
- To develop plans for the virtual network
- To recruit and support stakeholder and steering group representatives to guide the work of the Mental Health Improvement Programme

For more information or to reserve a place, email [collectivevoice@rethink.org](mailto:collectivevoice@rethink.org) or call 01704 511013/511018.

## **Benefit Gig for Care International's Women's Project in Congo**

Saturday 17th October 2009, 8.00pm-12.00am  
Dolly Blue Tavern, Lancaster City FC, West Road, Lancaster LA1 5PE

A benefit gig for Care International's Women's Project in Congo, which aims to help women who have suffered sexual abuse in conflict zones to rebuild their lives by setting up a small business such as a local shop.

Grupo Ase - Cuban bata, rumba and bembe

Beat Artistes - West African drums with soaring guitar

Deep Camara - African and world fusion on drum and guitar

DJ T - Global dance grooves

Tickets: £6/4 from Single Step Wholefood Co-op, 78a Penny Street, Lancaster LA1 4XN

## **Electric Blanket Safety Checks**

The Health and Wellbeing Thematic Group of the Lancaster District LSP has arranged for free safety checks on electric blankets this November.

The checks will be offered to Lancaster District residents on a strict appointment only basis.

The appointments will be taking place between 9.00am-4.30pm at:

Monday 2nd November 2009, 9.00am-4.30pm  
The Arndale Centre, Morecambe

Tuesday 3rd November 2009, 9.00am and 4.30pm  
Fire Station, Market St, Carnforth

Wednesday 4th November 2009, 9.00am-4.30pm  
Indoor Market, Lancaster

Please telephone 07920 574619 week days between 11.00am and 3.00pm to book an appointment.

All electric blankets over 3 years old should be regularly tested. Members of the public, particularly the elderly, are urged to get their electric blankets checked. The testing only takes about 10 minutes but it is an important safety check which could save someone's life. By getting them checked out you can have peace of mind that it is safe.

## **Mental Health Services**

Adult mental health day services in North Lancashire are being overhauled in response to local service developments and national policy requirements. The re-designed day services will start on 1st April 2010 and will be aimed at supporting service users to access main stream services within their own communities. For more information contact Laura Priest on 01524 519394 or email [laura.priest@northlancls.nhs.uk](mailto:laura.priest@northlancls.nhs.uk).

## **FUNDING** [\[BACK TO TOP\]](#)

### **Lancaster Prevention Fund – Small Grants**

Lancaster Local Children's Trust Partnership is offering 8 grants of up to £7,625 to the VCF Sector and will consider the following principles when allocating funding:

Future activity should:

- Be based upon firm and up to date evidence of needs in relation to the five Every Child Matters (ECM) outcomes within a preventative context, with particular reference to the three priorities highlighted by DCSF:
  - Improving school attendance
  - Raising children's and young people's self-esteem
  - Preventing young people at risk from becoming involved in criminal activity
- Be based upon effective practice with clear evidence of a positive impact on service users, identifiable through evaluation findings
- Prioritise work with children and young people aged 5-13
- Incorporate the themes of prevention, participation and partnership working

Deadline: Friday 25th September

For more information and an application form, see the funding page on [www.lancastercvs.org.uk](http://www.lancastercvs.org.uk)

Lancaster Children's Trust Voluntary, Community and Faith Sector Forum  
Thursday 15th October, 9.30-11.30am  
Trinity Community Centre, Middle Street, Lancaster

Following the July launch of the Children's Trust VCFS Forum, the group has secured four seats on the Children's Trust Partnership in order to contribute to discussions on and to ensure appropriate involvement of the VCS in the planning, resourcing and provision of services to children, young people and families and to develop partners' understanding of the needs, strengths and limited resources of VCS organisations.

Groups working with children, young people and families are invited to this second meeting, during which these four representatives will be decided.

The aims of the forum are to:

To provide diverse VCFS representation on the Lancaster District Children's Trust to ensure the sector's views and interests are heard.

To provide a mechanism for accountability to VCS groups providing services to children, young people and families.

For further details and booking please email [hannahbland@lancastercvs.org.uk](mailto:hannahbland@lancastercvs.org.uk) or tel (01524) 555900 ext. 26.

### **Commissioned Outcome Funding 2010-2012**

Lancashire Young People's Service is making funding available to VCFS organisations to maximise the ability for young people to access a wide range of opportunities which contribute to the Youth Offer.

The closing date for applications is Thursday 12th November 2009.

For more information, see the [website](#).

## **Co-operative Community Fund**

Community Fund grants, between £100 and £2,000 are awarded to community, voluntary, or self-help groups to run projects that meet the following criteria. To be successful a group must:

- Carry out positive work in the community

And a project must:

- Address a community issue
- Provide a good long-term benefit to the community
- Support co-operative values and principles
- Ideally be innovative in its approach

[www.co-operative.coop/membership/community-fund/](http://www.co-operative.coop/membership/community-fund/)

## **The Trusthouse Charitable Foundation**

The Trusthouse Charitable Foundation is concerned that many prisoners and ex-offenders in the criminal justice system would stand a better chance of not re-offending if their mental health needs were addressed. In response, the Foundation is now accepting applications to fund small projects working specifically with prisoners and ex-offenders to improve their mental health and to help their integration into the community.

Grants given under the programme may be one-off payments towards a capital project, or given over one to three years for running costs for established projects and over four years for new projects.

The Foundation will consider revenue project requests of between £10,000 and £50,000 per annum and up to £50,000 for capital projects.

Applications are welcomed from registered charities and non-profit organisations working in the UK.

Grants will be awarded between 2009 and 2010, with final payments in 2013. The Grant Committee meets in November, January, April and July.

The next deadline for applications is 27th November 2009.

## **Mini-Mediabox**

Mini-Mediabox offers grants between £1,000 and £5,000 for the creation of youth-led media projects in grassroots and community youth organisations with a relatively small turnover (less than £100,000). This is an entry-level grant with a quick and easy application process, designed to enable smaller organisations to access funding for their youth-led projects.

Work must be devised and led by disadvantaged young people throughout.

All applications must be made online. For more information, see the [website](#).

## **New Strategy for the Big Lottery Fund**

The Big Lottery Fund has announced the result of their recent consultation and the launch of their strategy to 2015. Their funding will be grouped around three key themes: Community Learning and Creating Opportunity, Promoting Community Cohesion and Safety and

Promoting Well-being. They will also place a strong emphasis on sustainable development, equalities and diversity.

For more information, see the [website](#).

## **RESOURCES** [\[BACK TO TOP\]](#)

### **The Lancaster District Parenting Forum**

The Lancaster District Parenting Forum has a new Parenting Forum website.

[www.parenting.signposts.org.uk](http://www.parenting.signposts.org.uk)

### **Free Monthly Health Display**

The Health Promotion Centre produces a free monthly display which is distributed to a wide range of public, private, community, voluntary and faith sector organisations across Lancaster District, Wyre and Fylde. The displays are produced to highlight current health issues and are linked to local and national campaigns.

For more information, contact Public Health Improvement Co-ordinator – Resources & Campaigns by calling 01524 519480.

### **Safe Network**

A new £2.2m unit managed by the NSPCC and Children England to help protect eight million children taking part in voluntary activities was launched in June.

Safe Network is funded by the Department for Children, Schools and Families and is based at the NSPCC's National Training Centre in Leicester.

Safe Network will provide authoritative information and advice through a high quality website - [www.safenetwork.org.uk](http://www.safenetwork.org.uk) - and telephone helpline - 0116 234 7217. It will also develop information and training materials for different audiences.

### **Funding Central**

Funding Central is a free resource run by the Sustainable Funding Project that enables you to search for grants, contracts and loan opportunities that are appropriate for your organisation, get help and support and receive a monthly tailored e-newsletter.

[www.fundingcentral.org.uk](http://www.fundingcentral.org.uk)

### **Companies Act 2006**

The Bates Wells & Braithwaite (a firm of solicitors specialising in charity law) website has details about changes to the Companies Act 2006 taking place on Thursday 1st October 2009, which will affect charitable companies.

For more information, see the [website](#).

### **Spreading Good Practice in Volunteering**

UK Volunteer Programme Managers (VPMs) is a lively, friendly and participative networking and communication resource for all VPMs working in the United Kingdom. It aims to increase the scope, scale and quality of both voluntary activity and the management of volunteers by bringing VPMs together in a virtual community to develop their skills and knowledge.

For more information or to register, see the [website](#).

## **National Minimum Wage**

From Thursday 1st October 2009, the minimum wage increases to £5.80 (from £5.73) per hour for workers aged 22 years and older, £4.83 (from £4.77) for 18-21 year olds, and £3.57 (from £3.53) for 16 and 17 year olds who are above school leaving age and are not apprentices.

The government has also promised to extend the adult minimum wage rate to 21-year-olds from October 2010.

The confidential National Minimum Wage helpline number is 0845 6000 678.

For more information on the National Minimum Wage, see the official [website](#).

## **runningsports**

runningsports supports sports volunteers and the people who manage them, to make sure clubs not only survive, but also grow and thrive.

Whatever sport you're involved in, whichever level you work at, they have a huge number of free resources that can help you save time, access funding, and attract more members.

[www.runningsports.org](http://www.runningsports.org)

## **Employment Law Advice and Tribunal Protection Service**

This partnership scheme between NAVCA (National Association for Voluntary and Community Action) and Peninsula Business Services has been running successfully since its launch in January 2005.

They are inviting frontline organisations to benefit from the discounts available through their membership of NAVCA. The NAVCA group scheme provides telephone advice; help with writing sensitive documents (letters relating to grievances, disciplinary action, redundancy and dismissal etc.); documentation review (employment contracts etc.) cover for legal expenses (tribunals) and access to training. The cost for this package is 0.45% of estimated current year's salary bill plus VAT; excluding employers' National Insurance and pension costs.

Joining dates are quarterly from 1st October and applications must be submitted one month in advance. If you would like to discuss the scheme in more detail, please contact Alan Eaton at Peninsula on 07976 083 577 or by email at [alan.eaton@peninsula-uk.com](mailto:alan.eaton@peninsula-uk.com).

For more information, see the [website](#).

## **TRAINING [\[BACK TO TOP\]](#)**

### **Welcoming Diversity Workshop**

Friday 25th September 2009, 10.00am-4.00pm

A one-day workshop (from NCBI Lancashire) where you can learn about yourself and each other in a way that can help you change your life, be more active in your community and challenge prejudice.

Costs:

£10 unwaged

£15-50 individual waged  
£50 voluntary sector  
£75 statutory sector

For more information or to book a place, please call 01524 414019 or email [ncbilancs@ncbi.org.uk](mailto:ncbilancs@ncbi.org.uk)

## **Domestic Abuse Awareness Training**

Thursday 29th October 2009, 10.00am-3.00pm  
The Friends Meeting House, Meeting House Lane, Lancaster LA1 1TX

This training (from Lancaster & District Women's Aid) is practical, informative and interesting. Participants will come away with a wider range of skills and confidence to work with survivors of domestic abuse where appropriate and how to signpost and refer to specialist services.

Areas to be covered:

- Why does she stay?
- Power and control
- Risk assessment
- Safety planning
- Diversity

Cost: £20 / free to volunteers (lunch included).

For more information or to book a place, please email [catriona@ldwa-support.org](mailto:catriona@ldwa-support.org) or call 01524 383636.

## **Inspiring Leaders**

Inspiring Leaders is a free (to eligible not-for-profit groups) Leadership Development course beginning from the 29th October 2009 in the Chorley area. Designed by MISPA, a social enterprise within Manchester Metropolitan University, Inspiring Leaders is a bespoke training programme designed to support, encourage and inspire those that volunteer or work as leaders in the voluntary and community sector.

Closing date for applications 12 October 2009

For more information, see the [website](#).

## **Mentoring and Befriending Foundation**

### **Setting up and managing a successful pre-16 or post-16 peer mentoring programme**

Wednesday 7th October 2009, York

### **Monitoring and evaluating client outcomes for mentoring and befriending programmes**

Tuesday 13th October 2009, Manchester

### **Applying resilience to mentoring or befriending programmes**

5th November 2009, Manchester

For more information on these events and more, see the [website](#).

## **Workers' Educational Association North West (WEA NW)**

The WEA NW are putting on a new course that gets behind the scenes of the Pitman Painters play and is for anyone who ever wondered how a play is chosen, how a playwright comes up with ideas or what happens in the rehearsal room. Learners will get the opportunity to meet theatre professionals to gain insight into the process of theatre making, as well as watching the play! Further information about the course can be found at:

[www.nw.wea.org.uk/tiki-read\\_article.php?articleId=26](http://www.nw.wea.org.uk/tiki-read_article.php?articleId=26)

The WEA NW also put on a variety of courses in the Lancashire area and the course brochure can be downloaded from:

[www.nw.wea.org.uk/tiki-index.php?page=course%20brochures](http://www.nw.wea.org.uk/tiki-index.php?page=course%20brochures)

## **Marketing and PR Training for Support Providers**

Media Trust has recently announced a series of subsidised courses in marketing and communications for support providing (second tier) organisations.

### **Planning your PR activities (intermediate course)**

13th November 2009, 10.00am-4.00pm  
Manchester

Fee: £50 (standard rate £120)

In this course you will develop a strategic approach to public relations. Learn how to focus your activities on the right media, make the most of your events, case studies and spokespeople and maximise coverage.

### **Planning your marketing activities (intermediate course)**

13 November 2009, 10am-4pm  
Manchester

Fee: £50 (standard rate £120)

In this course you will learn how to set clear objectives and put together a marketing plan as well as individual action plans to ensure all your activities are successful. Discover which channels offer the best return on investment and are the most effective for engaging your target audience.

To find out more or book a place onto these courses please visit [www.mediatrust.org/training-events](http://www.mediatrust.org/training-events) or [www.improvingsupport.org.uk/training\\_and\\_events.aspx](http://www.improvingsupport.org.uk/training_and_events.aspx). You can also book a place by calling Naz on 020 7217 3779 or emailing her at: [nazani@mediatrust.org](mailto:nazani@mediatrust.org).

## **JOBS [\[BACK TO TOP\]](#)**

### **Marsh Community Centre**

#### **Youth Work Coordinator**

Want a job with a difference with the opportunity to work with children and young people?

12 month contract initially £25,453 JNC desirable, experience essential

Working with children and young people (aged 4-19) you will manage the existing projects and develop future projects in a well established area that the centre has progressed in over the last 7 years.

You must be able to relate to children, young people and families.

You must be able to understand the issues they face and be flexible and responsive.

Project management is an essential requirement for this position.

Knowledge of the area and ability to motivate children and young people are important skills required.

For an informal discussion or an application pack contact Yak, the Centre Coordinator, on 01524 848871/843300 or email yak@mcccc.org.uk or please write and enclose a SAE to Marsh Community Centre, Willow Lane, Lancaster LA1 5PP

Closing date for applications is Friday 2nd October 2009

## **Help Direct**

Help Direct is an exciting new project which has been commissioned by Lancashire County Council. The project aims to co-ordinate, and make more accessible, a full range of services to meet the needs of all members of the community. It can also support people wanting to make a more positive contribution to their community or empowering them to make positive changes in their life and the lives of others. It is a new service, which will be open to all adults to help them get that bit of extra support they need to stay independent, to keep healthy, to keep their home and garden in good order, to take part in leisure activities or have opportunities to get involved in their local community.

### **Marketing & PR Co-ordinator**

Hours: 35 per week  
Salary: £19,427 to £21,306

Help Direct are looking to recruit a Marketing & PR Co-ordinator to be based at either Lancaster, Chorley or Ormskirk

Currently funded for two years the Marketing and PR Co-ordinator will be expected to:

- Be responsible for the marketing and publicity for Help Direct in Chorley, West Lancashire and Lancaster creatively using resources to improve the visibility, understanding and take up of this innovative project by all adults.
- Have an innovative approach to marketing and PR.
- Identify target areas for promoting the project by the placement of marketing materials, running events etc.

Closing date is Friday 2nd October 2009 and interviews will be scheduled to take place week commencing 12th October.

### **Advisor**

Hours: 35 per week  
Salary: £15,570 – £16,663

We are looking for someone who will act as the first point of contact for customer enquiries and as an ambassador for Help Direct. The successful applicant will have:

- An excellent face-to-face and telephone manner
- Previous experience of working in a busy customer focused environment
- Excellent communication skills
- Ability to be a positive and effective team player
- Ability to adapt your behaviour to treat customers as individuals
- Experience of working in the social care and/or third sector

This is an excellent opportunity to be involved with the set-up of a brand new project which will be setting the benchmark for information and advice services in the social care sector.

Due to the nature of these posts, enhanced disclosure from the Criminal Records Bureau will be sought.

Closing date for applications is Friday 25th September and interviews are planned for week commencing 28th September.

For an application pack for either post, telephone Help Direct on 01524 387858 or email [lizd@loc.helpdirectlancs.org.uk](mailto:lizd@loc.helpdirectlancs.org.uk).

## **LESS (Lancaster District) CIC**

### **Local Food Project Worker**

Hours: 15 per week for 6 months  
Salary: £18,270 pro-rata

LESS (Local & Effective Sustainable Solutions) need someone able to work largely unsupervised who will:

- Research, plan and submit a lottery application to run three public events celebrating local food culture
- Research and compile a local food directory for the Lancaster district, and apply for grants to cover printing costs

Good IT and telephone skills are essential, together with a passion for sustainable local food. Fund raising and project management experience highly desirable.

For an information pack please email Simon Gershon (director) on [simon@lessuk.org](mailto:simon@lessuk.org)

Closing date for applications is Friday 2nd October 2009.

## **Lancashire County Council**

### **Myth Busting Project Worker**

Hours: Full-time  
Salary: £27,573-£29,714

The post holder will be responsible for a Myth Busting Project. The overall goal of the project is to research Lancashire communities' attitudes and responses to migrants and formulate and deliver a positive campaign to dispel negative myths and perceptions towards migrants. This work will be done in close partnership with all representatives of the Lancashire Community Cohesion Partnership and members of the communities where there are high concentrations of migrants.

For an informal discussion please contact: Karen Beaumont on 01772 531177.

For more information, see the [website](#).

## **Preston DISC as part of the Disability LIB Alliance**

### **Capacity Building Officer**

Hours: Full-time  
Salary: £22,000 per annum.

Disability LIB is a strategic alliance of 6 Disabled People's Organisations (DPOs) and Scope that have joined together to capacity build DPOs across England.

Preston DISC, a partner in the alliance, now wishes to recruit another full time Capacity Building Officers to help deliver this exciting project, which will provide training, support and resources to build the capacity of DPOs, and those willing to work towards being DPOs, in Lancashire and Cumbria.

The post will be based at the DISC Centre in Preston.

The post is reserved for a disabled person and fixed term until the end of June 2011.

For an application pack please contact; Melanie Close or Elizabeth Tye, Preston Disc, 103 Church Street, Preston, PR1 3B  
Tel: 01772 558863

Closing date is Thursday 18th September 2009. Interviews will be held on Thursday 1st October 2009.

## **Wigan and Leigh CVS**

### **Sustainable Funding and Development Officer**

Hours: Full-time

Salary: £26,500

The purpose of the job is to:

- Build the capacity of local third sector organisations with regard to identifying, developing and implementing sustainable economic, social and operational strategies
- To deliver internal sustainable funding expertise and support
- To provide hands on support, information and advice to voluntary and community groups
- To represent and link voluntary and community organisations to local, regional and national authorities

For more information or to download the application documents, see the [website](#) or call 01942 514234.

Closing date for applications is 1st October 2009.

## **St John Ambulance**

### **Operations Coordinator**

Hours: Full-time

Salary: £19,500

St John Ambulance Lancashire wishes to improve its services to events and public duties and is looking for a coordinator to manage the changes needed for this important community activity.

The County Operations Coordinator will be responsible for managing and improving St John Ambulance Lancashire's events first aid cover capabilities and customer service. This will involve improving the county's ability to provide first aid cover to events and raising the existing levels of income from them.

Closing date for applications is Friday 25th September 2009

For more information, see the [website](#).

## **County Fundraiser (Cheshire)**

Hours: Full-time

Salary: £21,000-£25,000

A position has arisen for an experienced fundraiser with a proven track record of creating and effecting strategic fundraising plans which meet targets and generate good PR internally and externally.

Closing date for applications is Friday 2nd October 2009

For more information, see the [website](#).

## **The Tourism & Conservation Partnership and Fix the Fells**

### **Marketing & Communications Officer**

Hours: Full-time

Salary: £18,000-£22,000

Fix the Fells in association with The Tourism and Conservation Partnership is seeking to appoint a dynamic and creative communicator in the role of Marketing and Communications Officer.

Your work will have a strong focus on the Fix the Fells project and its efforts to prevent and repair erosion scars on the fragile upland landscape of the Lake District fells. It will involve events, online and media work to promote this crucial work, and the related educational, community, and volunteer development work. You will also undertake similar promotion and marketing to support the wider work of the Tourism and Conservation Partnership.

Closing date for applications is 30th September 2009

For more information, see the [website](#).

## **Lancashire Mental Health and Social Care Partnership Team**

### **Project Manager**

Hours: Full-time (fixed term contract)

Salary: £37,996-£45,596

In 2009-10, the Lancashire Mental Health & Social Care Partnership Team and the Network Director – Mental Health Commissioning joined together to form a network commissioning resource for mental health & well-being for Lancashire. The team is funded by all the PCTs and local authorities in Lancashire, and is hosted by NHS Blackburn with Darwen. It has established links with the University of Central Lancashire.

The successful candidate will be very well-organised, with a track record in project management and multi-agency working, and a real commitment to communication and involvement.

Closing date for applications is Monday 21st September 2009. Interview date is Friday 2nd October 2009.

For more information, see the [website](#).

Any enquiries should be directed to Rebecca Davis, Network Director – Mental Health Commissioning on 01254 282179 or email [rebecca.davis@bwdpct.nhs.uk](mailto:rebecca.davis@bwdpct.nhs.uk).

## Liverpool Guild of Students

### Volunteering and Fundraising Co-ordinator

Hours: Full-time

Salary: £18,500 (Fixed Term until 31st July 2011)

The main remit of this role is to develop volunteering and fundraising activities throughout Liverpool Guild of Students. This will involve providing and supporting internal and external volunteering opportunities, working with the University and appropriate external agencies.

For more information, see the [website](#).

Closing date for applications is Thursday 25 September 2009.

### End of CVS Bulletin

All feedback is welcome. Is the newsletter of use to you? Is there anything you would like to see more of? If you have any items which you would like to be included in the newsletter, please contact Kevin Goodall on 01524 555900 ext. 24 or email [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk). If you no longer wish to receive these bulletins please e-mail [Kevin Goodall](mailto:Kevin.Goodall@lancastercvs.org.uk) and ask to be removed from the bulletin list.

Kevin Goodall



**Kevin Goodall**  
**Information & Publications Officer**  
**Lancaster District CVS**  
**Trinity Community Centre**  
**Middle Street**  
**Lancaster**  
**LA1 1JZ**

**Telephone: 01524 555900 ext. 24**

**E-mail: [kevingoodall@lancastercvs.org.uk](mailto:kevingoodall@lancastercvs.org.uk)**

**Website: [www.lancastercvs.org.uk](http://www.lancastercvs.org.uk)**

Charity Registration (England & Wales) Number - 1127626. Company Registration (England & Wales) Number - 6743623, registered office as above.

Our funders currently include:



Any views in this e-mail are those of the individual sender unless specifically stated as those of Lancaster CVS and if you are not the intended recipient, you are hereby notified that any use or dissemination of this communication is strictly prohibited. If you receive this transmission in error, please notify us immediately at [mail@lancastercvs.org.uk](mailto:mail@lancastercvs.org.uk), then delete this e-mail. Lancaster District CVS accepts no responsibility for loss or damage arising from its use, including damage from virus.