



# Directory of Local Voluntary, Community & Faith Sector Organisations February 2010

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## **Contents**

White Pages:	A few questions answered
White Pages:	Membership of Lancaster District CVS
Yellow Pages:	Categorised Index of Entries
White Pages:	Alphabetical listing of VCFS organisations

## **A FEW QUESTIONS ANSWERED . . .**

### **What do you mean by a 'VCFS organisation'?**

We have used a simple rule of thumb: an organisation which is non-statutory (not part of central government or a local authority) and non-profit making. Having said that, there is some blurring at the edges: there are some organisations here which are run by workers in the statutory services; and there are some which have paid staff or charge fees (which some people think makes them non-voluntary, but it doesn't). . .

### **Is every VCFS organisation in the District included?**

We would like to be able to answer 'yes' to this question, but we are aware that we never track down every group and some groups do not wish to be included. If you know of an organisation which is not included, please contact us. As usual there are some new organisations, some have changed their name and sadly, we have lost some. If you can't find what you are looking for, ring us at the office on 01524 555900 x 20.

### **How up to date is the information?**

All contact details are checked on a yearly basis. This version also incorporates recent changes up to February 2010 that we have been made aware of, and includes details of new member organisations. If you are aware that any entry is incorrect, we will be grateful if you will let us know (contact details on front cover).

### **What geographical area does it cover?**

We have covered the local authority area - Lancaster District – which reaches from the Cumbria border in the North to Cockerham/Forton/Abbeystead in the south; from the North Yorkshire border to the sea. We have included some organisations whose area of activity is wider than this, e.g. county or region, and some organisations which work in a neighbouring District but for which there is no equivalent in Lancaster District. We haven't necessarily been consistent in this.

## **Membership of Lancaster District CVS**

**Full membership** is available free of charge to voluntary, community and faith groups working within the Lancaster District.

### **Benefits of membership:**

- Inclusion in our Directory of Voluntary Organisations in the Lancaster District
- Voting rights at Lancaster District CVS AGM
- Receipt of "The Hub" and e-mail bulletin if required (see form)
- Reduced rates on photocopying, equipment hire and training courses
- Advice, information and support from our Voluntary Sector Development team in the following areas:
  - Setting up a new organisation
  - Constitutions
  - Roles and responsibilities of trustees
  - Business planning & Financial planning
  - Funding
  - Employment and recruitment
  - Development
  - Training
  - Resources
  - Exit strategies

NB The voluntary sector development service is also available to non-members who are based in the Lancaster District.

### **Associate membership**

This is available to individuals and non-VCFS groups based in the Lancaster District, and individuals and VCFS groups based outside the Lancaster district. There is no charge to members who opt to receive electronic communications and a £12.50 per annum charge for hard copies of our quarterly hub magazine.

### **Benefits**

Receipt of "The Hub" and e-mail bulletin

**For further details about membership or to obtain an application form, please contact us on 01524 555900 X 20.**

## **Categorised Index of Entries**

Advice & Information

Alcohol

Animals

Armed Forces

Arts

Bereavement

Campaigns

Carers

Children

Community

Counselling

Disability

Drugs

Education

Elderly

Emergencies

Environment & Conservation

Ethnic Minorities

Faith

Family

General

Health

Hospitals/Hospices

Ex-Offenders

Housing/Homeless

International

Learning Difficulties

Men

Mental Health

Occupational

Recreation

Rural

Shops

Sport

Support/Self Help

Transport

Volunteering

Women

Youth

## **Advice & Information (69 entries)**

ACIE ( ASSOCIATION OF CHARITY INDEPENDENT EXAMINERS )  
ADHD NORTHWEST  
AGE CONCERN, LANCASHIRE (LANCASTER)  
AGE CONCERN, LANCASHIRE  
ALZHEIMER'S SOCIETY, LANCASTER & MORECAMBE BRANCH  
BULK WARD COMMUNITY ASSOCIATION  
BUTTERFLY CONSERVATION  
CAMPAIGN FOR NUCLEAR DISARMAMENT  
CANAL TRUST, LANCASTER  
CANCERCARE  
CARERS, LONSDALE DISTRICT  
CHRISTIAN HELP IN PARTNERSHIP  
CITIZENS ADVICE BUREAU (CAB) LANCASTER  
CITIZENS ADVICE BUREAU (CAB) MORECAMBE & HEYSHAM  
COELIAC UK, NORTH LANCASHIRE & SOUTH CUMBRIA  
COMPASSIONATE FRIENDS, CARNFORTH & DISTRICT, THE  
CVS, LANCASTER DISTRICT  
DEAF SERVICES, LANCASHIRE  
EATING DISORDER NETWORKS  
EMMANUEL CHURCH  
ENTERPRISE PRESTON  
ENTERPRISE4ALL  
FAIRTRADE GROUP, LANCASTER, MORECAMBE & DISTRICT  
FRIENDS OF CARNFORTH STATION  
GALLOWAY'S SOCIETY FOR THE BLIND, MORECAMBE  
GRAND THEATRE  
HALTON TUESDAY CLUB  
HEADWAY, LANCASTER & DISTRICT  
HEART CONCERN, LANCASTER & MORECAMBE DISTRICT  
HELP DIRECT  
HOME-START, MORECAMBE & LANCASTER  
HOMELESS ACTION SERVICE, LANCASTER & DISTRICT  
HOST UK  
HOUSING 21, NORTH REGIONAL OFFICE  
HUA XIAN CHINESE SOCIETY  
ILEOSTOMY ASSOCIATION, CENTRAL & NORTH LANCASHIRE  
L.A.V.C.H. (VILLAGE & COMMUNITY HALLS)  
LESS  
LIONS CLUB, LANCASTER & MORECAMBE  
LMC VOLUNTEERS

LOCAL HISTORY SOCIETY, MOURHOLME  
MARSH COMMUNITY CENTRE  
MISCARRAIGE & ECTOPIC PREGNANCY GROUP  
MORECAMBE BAY ME GROUP  
MORECAMBE BAY MOVIE MAKERS  
MORECAMBE BAY NOS SUPPORT GROUP  
NEIGHBOURHOOD WATCH  
NORTH LANCASHIRE ENTERPRISE  
OLIVE BRANCH (FAITH IN ACTION), THE  
OLIVE TREE MINISTRIES (UK  
ONE VOICE DISABILITY SERVICE  
POULTON RESIDENTS ASSOCIATION  
RAINBOW CENTRE  
REMAP PANEL NORTH WEST LANCS  
RIDGE COMMUNITY CENTRE  
ROYAL AIRFORCE ASSOCIATION  
ROYAL BRITISH LEGION, LANCASTER  
RSPCA, BLACKPOOL & NORTH LANCS BRANCH  
SIGNPOSTS, MULTI AGENCY RESOURCE CENTRE  
TOGETHER, WORKING FOR WELLBEING  
TRADES UNION COUNCIL, LANCASTER & MORECAMBE  
TWL  
UNIVERSITY OF CUMBRIA VOLUNTEERS  
VICTIMS SUPPORT NORTHERN DISTRICT  
VICTORIA INSTITUTE  
VOLUNTARY POLICE CADETS  
WEST END IMPACT  
YOUNG LANCASHIRE  
YOUNG MEN'S CHRISTIAN ASSOC (YMCA), LANCASTER & DISTRICT

## **Alcohol (3 entries)**

AL-ANON FAMILY GROUPS  
INWARD HOUSE PROJECTS  
ROYAL BRITISH LEGION, LANCASTER

## **Animals (5 entries)**

GUIDE DOGS FOR THE BLIND ASSOC, LANCASTER & MORECAMBE  
LUNE RIVERS TRUST  
PETS AS THERAPY  
PETSEARCH

RSPCA, BLACKPOOL AND NORTH LANCS BRANCH

### **Armed Forces (3 entries)**

ROYAL AIR FORCE ASSOCIATION, MORECAMBE & LANCASTER BRANCH  
ROYAL BRITISH LEGION, LANCASTER BRANCH  
ROYAL BRITISH LEGION WOMEN'S SECTION (LANCASTER BRANCH)

### **Arts (32 entries)**

AMATEUR DRAMATIC & OPERATIC SOCIETY, LANCASTER (LADOS)  
AMATEUR OPERATIC & DRAMATIC SOCIETY, RED ROSE  
ART AND CRAFTS GROUP, WARTON  
ASHTON HALL ORGAN RESTORATION  
BEAUMONT COLLEGE OF FURTHER EDUCATION  
CEEP  
CIVIC SOCIETY LANCASTER  
COMMUNITY MUSIC TRUST, LANCASTER  
EVERSLEY CHORAL UNION  
FRIENDS OF LANCASTER MARITIME MUSEUM  
FRIENDS OF ST JOHN'S CHURCH  
GEORGE FOX SCHOOL EDUCATION CHARITY  
GLOBAL LINK  
GRAND THEATRE  
HAPPENSTANCE ARTS COLLECTIVE  
HUA XIAN CHINESE SOCIETY  
ILEOSTOMY ASSOCIATION  
LANCASTER SINGERS  
LITFEST, LANCASTER  
LUDUS DANCE COMPANY  
MALE VOICE CHOIR, LANCASTER & DISTRICT  
MORECAMBE BAY MOVIE MAKERS  
MORECAMBE BRASS BAND ASSOCIATION  
MUSIC MAKERS, LANCASTER  
OVER THE SANDS  
PHILHARMONIC CHOIR, MORECAMBE & DISTRICT  
RED ROSE YOUTH  
SOUND FOUNDATION, LANCASTER  
ST PETER'S CATHEDRAL  
STOREY GALLERY  
UNIVERSITY OF THE THIRD AGE

WHIRLWIND THEATRE

### **Bereavement (8 entries)**

CHRISTIAN HELP IN PARTNERSHIP (CHIPS)  
COMPASSIONATE FRIENDS (THE) CARNFORTH & DISTRICT  
FRIENDS OF POULTON CEMETERIES  
MISCARRIAGE & ECTOPIC PREGNANCY  
MOTOR NEURONE DISEASE ASSOCIATION, N LANCS & S CUMBRIA  
PETSEARCH  
ST THOMAS'S CHURCH  
TRINITY UNITED REFORMED CHURCH

### **Campaigns (17 entries)**

AGE CONCERN, LANCASHIRE  
AGE CONCERN, LANCASHIRE ( LANCASTER )  
CAMPAIGN FOR NUCLEAR DISARMAMENT, LANCASTER DISTRICT  
CANAL TRUST, LANCASTER  
CHRISTIAN AID, LANCASTER GROUP  
CRAFT AID  
CUBA SOLIDARITY CAMPAIGN  
DYNAMO  
FAIRTRADE GROUP, LANCASTER, MORECAMBE & DISTRICT  
FRIENDS OF THE EARTH, NORTH LANCASHIRE  
LANCASTER DIOCESAN FAITH AND JUSTICE COMMISSION  
LESS  
LUNE RIVERS TRUST  
PALESTINE SOLIDARITY CAMPAIGN, LANCASTER  
RAMBLERS' ASSOCIATION, LANCASTER  
STEPPING STONES NIGERIA  
TRADE UNION COUNCIL, LANCASTER & MORECAMBE

### **Carers (8 entries)**

CARERS, LONSDALE DISTRICT  
HEADWAY, LANCASTER & DISTRICT  
PARKINSON'S DISEASE SOCIETY  
SIGNPOSTS, MULTI AGENCY RESOURCE CENTRE  
STROKE ASSOCIATION, MORECAMBE  
STROKE CLUB, LANCASTER  
TOGETHER, WORKING FOR WELLBEING

UNIQUE KIDZ & CO

## **Children (49 entries)**

16<sup>TH</sup> MORECAMBE & HEYSHAM SCOUT GROUP  
ADHD NORTHWEST  
ASSOCIATION FOR FAMILY SOCIAL WORK  
ATTUNE TO HEALTH  
BARE NECESSITIES PRE- SCHOOL  
BOWERHAM LAWN TENNIS CLUB  
BOY'S BRIGADE, 1<sup>ST</sup> MORECAMBE  
BOY'S BRIGADE: 1st BARE  
BULK WARD COMMUNITY ASSOCIATION  
CARNFORTH OTTERS AMATEUR SWIMMING CLUB  
CCATS  
CHILDRENS COMMUNITY INTEGRATION GROUP  
CHILDREN'S HOLIDAY OF A LIFETIME SOCIETY  
CHILDREN'S RIGHTS SERVICE, LANCASHIRE  
CRICKET CLUB, TORRISHOLME  
FOOTBALL CLUB, MORECAMBE LADIES  
FRIENDS OF DOUBLE JOY  
GALGATE PRE-SCHOOL  
GEORGE FOX SCHOOL EDUCATIONAL CHARITY  
GIRLGUIDING UK, MORECAMBE  
GLOBAL LINK  
HOME-START, MORECAMBE & LANCASTER  
JUNIOR ANGLERS, MORECAMBE DISTRICT  
LUDUS DANCE COMPANY  
MORECAMBE BRASS BAND ASSOCIATION  
PACT YOUTH INITIATIVE  
POLISH SATURDAY SCHOOL  
POULTON COMMUNITY GARDENS  
RED ROSE YOUTH  
RELATE, LANCASHIRE & CUMBRIA  
REMAP PANEL NORTH WEST LANCS, ENGINEERING FOR DISABLED  
ROTARY CLUB, CARNFORTH  
RUGBY CLUB, VALE OF LUNE  
SALVATION ARMY. MORECAMBE  
SCOUT GROUP - 35th LANCASTER (ST JOSEPHS)  
SILVERDALE PLAYGROUP  
SLYNE- WITH- HEST PRE-SCHOOL  
SPORTSREACH

ST JOHN THE DIVINE, SANDYLANDS  
STEPPING STONES NIGERIA  
TREFOIL GUILD, LUNESDALE  
UNIQUE KIDZ & CO  
VILLAGE HALL, WARTON  
VOLUNTARY POLICE CADETS, LANCASTER  
WARTON COMMUNITY RECREATION AREA  
WEST END DISABLED & COMMUNITY GROUP  
WHIRLWIND THEATRE FOR CHILDREN  
YOUNG LANCASHIRE  
YOUTH & COMMUNITY CENTRE, HALTON

## **Community (97 entries)**

AGE CONCERN, LANCASHIRE (LANCASTER)  
AGE CONCERN, LANCASHIRE  
AMATEUR OPERATIC & DRAMATIC SOCIETY ( RED ROSE )  
ASHTON HALL RESTORATION PROJECT  
AUTUMN CLUB, SLYNE- WITH- HEST  
BADMINTON LEAGUE, LANCASTER  
BUDDIST CENTRE, CHENREZIG KADAMPA  
BULK WARD COMMUNITY ASSOCIATION  
CASTLE AREA RESIDENTS' ASSOCIATION  
CCATS  
CEEP LIMITED  
CHILDRENS COMMUNITY INTEGRATION GROUP  
COMMUNITY ASSOCIATION FOR THE WEST END  
COMMUNITY LEARNING NETWORK  
COMMUNITY MUSIC TRUST, LANCASTER  
CRICKET CLUB, CARNFORTH  
DEAF SERVICES, LANCASHIRE  
EAST MEETS WEST  
ELLEL WAR MEMORIAL INSTITUTE  
EMMANUEL CHURCH, MORECAMBE  
ENTERPRISE PRESTON  
ENTERPRISE4ALL  
FAITH IN LANCASTER  
FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS  
FOOD FOR THOUGHT (CAFÉ & OUTSIDE CATERING SERVICE)  
FOOTBALL CLUB, MORECAMBE LADIES  
FRIENDS OF POULTON CEMETERIES  
FRIENDS OF ST JOHN'S CHURCH

GALGATE HISTORY GROUP  
GALGATE PRE-SCHOOL  
GIRLGUIDING UK. MORECAMBE  
GLOBAL LINK, DEVELOPMENT EDUCATION CENTRE  
GRAND THEATRE  
HALTON TUESDAY CLUB  
HAPPENSTANCE ARTS COLLECTIVE  
HELP DIRECT  
HOMEBOUND & DISABLED FELLOWSHIP  
HORTICULTURAL SOCIETY, OVER KELLET & DISTRICT  
HOUSING 21  
HUA XIAN CHINESE SOCIETY  
JUBILEE INSTITUTE, HEYSHAM  
LANCASHIRE ASSOCIATION OF VILLAGE & COMMUNITY HALLS  
LANCASHIRE COMMUNITY FINANCE  
LANCASTER & LAKES JEWISH COMMUNITY  
LIONS CLUB, LANCASTER & MORECAMBE  
LOCAL HISTORY SOCIETY, MOURHOLME  
LUDUS DANCE COMPANY  
MARSH COMMUNITY CENTRE  
MEMORIAL HALL, SLYNE-WITH-HEST (SHMH)  
MOORSIDE FIELDS COMMUNITY GROUP  
MORECAMBE BAY MOVIE MAKERS  
MORECAMBE BAY PARTNERSHIP  
MORECAMBE LOCAL QUAKER MEETING  
NATIONAL COALITION BUILDING INSTITUTE, (NCBI)  
NEIGHBOURHOOD WATCH  
OLIVE BRANCH (FAITH IN ACTION), THE  
OVER THE SANDS  
PACT YOUTH INITIATIVE  
PETS AS THERAPY  
PICCADILLY GARDEN  
POULTON COMMUNITY GARDENS  
POULTON RESIDENTS ASSOCIATION  
PRINCE'S TRUST TEAM PROGRAMME  
RAINBOW CENTRE  
RIDGE COMMUNITY CENTRE  
ROTARY CLUB, CARNFORTH  
ROTARY CLUB, LANCASTER LOYNE  
RUGBY CLUB, VALE- OF- LUNE  
SALVATION ARMY, MORECAMBE

SCOUT ASSOCIATION, LONSDALE  
SKERTON COMMUNITY ASSOCIATION  
SPORTSREACH  
ST JOHN AMBULANCE, LONSDALE QUAD UNIT  
ST JOHN FELLOWSHIP, LONSDALE  
ST JOHN THE DIVINE SANDYLANDS C OF E P.C.C.  
ST PETER'S CATHEDRAL  
ST THOMAS'S CHURCH  
THIRD SECTOR PROJECTS  
TORRISHOLME ROAD ALLOTMENTS ASSOCIATION  
TRANSITION CITY LANCASTER (TCL)  
TRINITY COMMUNITY CENTRE, LANCASTER  
TWL  
UNIVERSITY OF CUMBRIA VOLUNTEERS  
VCFS ICT SUPPORT SERVICE  
VILLAGE HALL, OVER KELLET  
VILLAGE HALL, WARTON  
VILLAGE HALL /COMMUNITY CENTRE, BOLTON LE SANDS  
VILLAGE HALL/COMMUNITY CENTRE, GL.ASSON  
VOLUNTARY POLICE CADETS  
WARTON COMMUNITY RECREATION AREA COMMITTEE  
WEST END DISABLED COMMUNITY ALLOTMENT GROUP  
WEST END HEYSHAM NORTH ALLOTMENT ASSOCIATION  
WEST END IMPACT  
WHIRLWIND THEATRE FOR CHILDREN  
YOUNG AT HEART SOCIAL CLUB  
YOUNG MEN'S CHRISTIAN ASSOC, (YMCA), LANCASTER & DISTRICT  
YOUTH & COMMUNITY CENTRE, HALTON

### **Counselling (16 entries)**

CANCERCARE  
CARERS, LONSDALE DISTRICT  
CCATS  
EATING DISORDER NETWORKS  
EMMANUEL CHURCH  
HOUSING 21  
ILEOSTOMY ASSOCIATION  
INWARD HOUSE PROJECTS  
MISCARRIAGE & ECTOPIC PREGNANCY  
NORTH LANCASHIRE ENTERPRISE  
PETSEARCH

RELATE LANCASHIRE & CUMBRIA  
SAMARITANS OF LANCASTER & DISTRICT  
ST THOMAS'S CHURCH  
STEPPING STONES NIGERIA  
WOMEN'S AID

## **Disability (22 entries)**

ADHD NORTH WEST  
ATTUNE TO HEALTH  
BEAUMONT COLLEGE OF FURTHER EDUCATION  
CARNFORTH OTTERS AMATEUR SWIMMING CLUB  
CHILDREN INTEGRATION GROUP, LANCASTER & DISTRICT  
COUNTRYSIDE ASSOCIATION  
ELLEL WAR MEMORIAL INSTITUTE  
GALLOWAY'S SOCIETY FOR THE BLIND, MORECAMBE BLIND CENTRE  
GUIDE DOGS FOR THE BLIND  
HOMEBOUND & DISABLED FELLOWSHIP, LANCASTER & MORECAMBE  
LEONARD CHESHIRE NORTH WEST  
MENCAP SOCIETY, MORECAMBE & LANCASTER  
MORECAMBE BAY ME GROUP  
ONE VOICE DISABILITY GROUP  
PICCADILLY GARDEN  
REMAP PANEL NORTH WEST LANCS, ENGINEERING FOR DISABLED  
ST JOHN FELLOWSHIP, LONSDALE  
STROKE ASSOCIATION, MORECAMBE BAY  
STROKE CLUB, LANCASTER DISTRICT  
THUMBPRINT  
UNIQUE KIDZ & CO  
WEST END DISABLED COMMUNITY ALLOTMENT GROUP

## **Drugs (1 entry)**

INWARD HOUSE PROJECTS

## **Education (61 entries)**

16<sup>TH</sup> MORECAMBE & HEYSHAM SCOUT GROUP  
ACIE ( ASSOCIATION OF CHARITY INDEPENDENT EXAMINERS )  
ASHTON HALL RESTORATION PROJECT  
ASTRONOMICAL SOCIETY, LANCASTER & MORECAMBE  
BARE NECESSITIES PRE-SCHOOL  
BEAUMONT COLLEGE OF FURTHER EDUCATION

BUDDIST CENTRE, CHENREZIG KADAMPA  
BULK WARD COMMUNITY ASSOCIATION  
CAMPAIGN FOR NUCLEAR DISARMAMENT  
CHRISTIAN AID  
COMMUNITY LEARNING NETWORK  
COMMUNITY MUSIC TRUST, LANCASTER  
CUBA SOLIDARITY CAMAIGN  
EATING DISORDER NETWORKS  
ENTERPRISE4ALL  
EVERSLEIGH CHORAL UNION  
FAITH IN LANCASTER  
FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS  
FRIENDS OF DOUBLE JOY  
FRIENDS OF THE EARTH  
FRIENDSHIP CENTRE  
FURNITURE MATTERS  
GALGATE HISTORY GROUP  
GALGATE PRE-SCHOOL  
GEORGE FOX SCHOOL EDUCATIONAL, CHARITY  
GLOBAL LINK, DEVELOPMENT EDUCATION CENTRE  
GRAND THEATRE  
HORTICULTURAL SOCIETY, OVER KELLET & DISTRICT  
HOST UK  
HUA XIAN CHINESE SOCIETY  
LANCASHIRE ASSOCIATION OF VILLAGE & COMMUNITY HALLS  
LESS  
LMC VOLUNTEERS  
LOCAL HISTORY SOCIETY, MOURHOLME  
LUNE RIVERS TRUST  
MALE VOICE CHOIR, LANCASTER & DISTRICT  
MIDDLEWOOD TRUST  
MORECAMBE BAY CREDIT UNION  
MORECAMBE BAY MOVIE MAKERS  
MORECAMBE BRASS BAND ASSOCIATION  
NATIONAL COALITION BUILDING INSTITUTE, (NCBI) LANCASHIRE  
NEIGHBOURHOOD WATCH  
OVER THE SANDS  
PALESTINE SOLIDARITY CAMPAIGN, LANCASTER  
PICCADILLY GARDEN  
POLISH SATURDAY SCHOOL  
RAINBOW CENTRE

RED WYVERN SOCIETY  
RELATE  
RIDGE COMMUNITY CENTRE  
ROTARY CLUB, LANCASTER LOYNE  
SILVERDALE PLAYGROUP  
SLYNE-WITH –HEST PRE-SCHOOL  
STEINER SCHOOL  
TRANSITION CITY LANCASTER (TCL)  
TWL  
UNIVERSITY OF CUMBRIA VOLUNTEERS  
UNIVERSITY OF THE 3RD AGE  
VICTORIA INSTITUTE  
WEST END DISABLED & COMMUNITY GROUP  
WORKERS' EDUCATIONAL, ASSOCIATION (WEA), LANCASTER

### **Elderly (34 entries)**

ABBEYFIELD SILVERDALE & DISTRICT SOCIETY LTD  
AGE CONCERN, LANCASHIRE (LANCASTER)  
AGE CONCERN, LANCASHIRE  
ASSOCIATION FOR FAMILY SOCIAL WORK  
AUTUMN CLUB, SLYNE- WTH- HEST  
BROCKBANK ANNUITIES TRUST  
CASTLE AREA RESIDENTS ASSOCIATION  
CATON LEISURE CLUB  
CHRISTIAN HELP IN PARTNERSHIP (CHIPS)  
COUNTRYSIDE ASSOCIATION, LUNESDALE  
DEAF SERVICES, LANCASHIRE  
DOWAGER COUNTESS ELEANOR PEEL, THE  
ELLEL WAR MEMORIAL INSTITUTE  
FRIENDSHIP CENTRE  
GALLOWAY'S SOCIETY FOR THE BLIND, MORECAMBE BLIND CENTRE  
HAPPENSTANCE ARTS COLLECTIVE  
HEART CONCERN, LANCASTER  
HOUSING 21, NORTH REGIONAL OFFICE  
LANCASTER CHARITY  
PENHALE SOCIETY LTD  
PETS AS THERAPY  
RAINBOW CENTRE, MORECAMBE  
REMAP PANEL NORTH WEST LANCS, ENGINEERING FOR DISABILITY  
ROTARY CLUB, CARNFORTH  
ROTARY CLUB, LANCASTER LOYNE

ROYAL AIRFORCE ASSOCIATION  
SALVATION ARMY, MORECAMBE  
ST JOHN FELLOWSHIP, LONSDALE  
STROKE CLUB, LANCASTER  
TOWNSWOMEN'S GUILD, HEYSHAM  
UNIVERSITY OF THE 3RD AGE  
VILLAGE INSTITUTE, SILVERDALE  
WOODFIELD, RESIDENTS' ASSOCIATION  
YOUNG AT HEART SOCIAL CLUB

### **Emergencies (2 entries)**

NEIGHBOURHOOD WATCH  
ROTARY CLUB, LANCASTER LOYNE

### **Environment & Conservation (30 entries)**

BRIDGE ROAD ALLOTMENT ASSOCIATION  
BUTTERFLY CONSERVATION  
CAMPAIGN FOR NUCLEAR DISARMAMENT, LANCASTER DISTRICT  
CANAL TRUST, LANCASTER  
CASTLE AREA RESIDENTS ASSOCIATION  
CIVIC SOCIETY LANCASTER  
CONSERVATION VOLUNTEERS LANCASTER & DISTRICT EARTH  
DYNAMO  
FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS  
FRIENDS OF POULTON CEMETERIES  
FRIENDS OF THE EARTH  
FURNITURE MATTERS  
GLOBAL LINK, DEVELOPMENT EDUCATION CENTRE  
HORTICULTURAL SOCIETY, OVER KELLET & DISTRICT  
JUNIOR ANGLERS, MORECAMBE & DISTRICT  
LESS  
LUNE RIVERS TRUST  
MIDDLEWOOD TRUST  
MOORSIDE FIELDS COMMUNITY GROUP  
MORECAMBE BAY PARTNERSHIP  
NATURALISTS' GROUP, N. LANCS (WILDLIFE TRUST FOR LANCASHIRE)  
PICCADILLY GARDEN  
POULTON COMMUNITY GARDENS  
POULTON RESIDENTS ASSOCIATION  
RAMBLERS ASSOCIATION, LANCASTER

SCOUT ASSOCIATION, LONSDALE  
TRANSITION CITY LANCASTER (TCL)  
WEST END DISABLED COMMUNITY ALLOTMENT GROUP  
WEST END HEYSHAM NORTH ALLOTMENT ASSOCIATION  
WILDLIFE TRUST FOR LANCASHIRE, MANCHESTER & N MERSEYSIDE

### **Ethnic Minorities (8 entries)**

CRICKET CLUB, TORRISHOLME  
EAST MEETS WEST  
ENTERPRISE PRESTON  
HAPPENSTANCE ART COLLECTIVE  
HINDU SOCIETY, LANCASTER & MORECAMBE  
HUA XIAN CHINESE SOCIETY  
NATIONAL COALITION BUILDING INSTITUTE (NCBI) LANCASHIRE  
POLISH SATURDAY SCHOOL

### **Ex-Offenders (6 entries)**

INWARD HOUSE PROJECTS  
LANGLEY HOUSE TRUST  
LITFEST, LANCASTER  
OLIVE BRANCH (FAITH IN ACTION), THE  
ROYAL BRITISH LEGION, LANCASTER  
YOUNG MENS CHRISTIAN ASSOC (YMCA), LANCASTER & DISTRICT

### **Faith (26 entries)**

BARE NECESSITIES PRE-SCHOOL  
BOY'S BRIGADE, 1<sup>ST</sup> MORECAMBE  
BOY'S BRIGADE, 1<sup>ST</sup> BARE  
BUDDHIST CENTRE, CHENREZIG KADAMPA  
CHRISTIAN HELP IN PARTNERSHIP (CHIPS)  
CRAFT AID  
EAST MEETS WEST  
EMMANUEL CHURCH, MORECAMBE  
FAITH IN LANCASTER  
HINDU SOCIETY, LANCASTER & MORECAMBE  
HOME CHURCH ( FREE METHODIST )  
LANCASTER & LAKES JEWISH COMMUNITY  
LANCASTER DIOCESAN FAITH AND JUSTICE COMMISSION  
MORECAMBE LOCAL QUAKER MEETING  
OLIVE BRANCH (FAITH IN ACTION), THE

OLIVE TREE MINSTRIES (UK)  
PENHALE SOCIETY LTD  
SALVATION ARMY, MORECAMBE  
SERENE REFLECTION MEDITATION GROUP (ZEN)  
SPORTSREACH  
ST JOHN THE DIVINE SANDYLANDS C OF E P.C.C.  
ST PETER'S CATHEDRAL, DIOCESE OF LANCASTER  
ST THOMAS'S CHURCH  
TRINITY COMMUNITY CENTRE, LANCASTER  
TRINITY UNITED REFORM CHURCH  
WEST END IMPACT

### **Family (19 entries)**

ADHD NORTHWEST  
ASSOCIATION FOR FAMILY SOCIAL WORK, LANCASTER, MCBE &  
CANCERCARE  
CASTLE AREA RESIDENTS ASSOCIATION  
CCATS  
CHILDRENS COMMUNITY INTEGRATION GROUP  
ELLEL WAR MEMORIAL INSTITUTE  
GALGATE PRE-SCHOOL  
HAPPENSTANCE ARTS COLLECTIVE  
HEART CONCERN, LANCASTER, MORECAMBE & DISTRICT  
LANCASHIRE COMMUNITY FINANCE  
MISCARRIAGE & ECTOPIC PREGNANCY  
MOTOR NEURONE DISEASE ASSOCIATION  
RELATE, LANCASHIRE & CUMBRIA  
RIDGE COMMUNITY CENTRE  
SALVATION ARMY, MORECAMBE  
SILVERDALE PLAYGROUP  
VILLAGE INSTITUTE, SILVERDALE  
WEST END IMPACT

### **General (49 entries)**

16<sup>TH</sup> MORECAMBE & HEYSHAM SCOUT GROUP  
ACIE ( ASSOCIATION OF CHARITY INDEPENDENT EXAMINERS )  
ASTRONOMICAL SOCIETY  
BRITISH RED CROSS  
CITIZENS ADVICE BUREAU (CAB) MORECAMBE & HEYSHAM

COELIAC UK  
COMMUNITY MUSIC TRUST  
DEAF SERVICES  
DOWAGER COUNTESS ELEANOR PEEL  
ENTERPRISE4ALL  
FAMILY HISTORY GROUP, LANCASTER  
FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS  
FUSCHIA SOCIETY  
HOME- START  
HOUSING 21  
INTER-AGENCY GROUP (MIG), MORECAMBE  
JUBILEE INSTITUTE, HEYSHAM  
LANCASHIRE LINK  
LIONS CLUB, LANCASTER & MORECAMBE  
LITFEST, LANCASTER  
LUDUS DANCE COMPANY  
LUNE VALLEY SQUARE DANCE CLUB  
MEMORIAL HALL SLYNE- WITH- HEST  
MORECAMBE BAY NOS SUPPORT GROUP  
MORECAMBE BAY PARTNERSHIP  
OLIVE TREE MINISTRIES  
PETSEARCH  
PHILHARMONIC CHOIR  
POULTON COMMUNITY GARDENS  
PRINCE'S TRUST TEAM PROGRAMME  
RECORDED MUSIC SOCIETY  
RIBBLE VEHICLE PRESERVATION  
RIDGE COMMUNITY CENTRE  
ROTARY CLUB, CARNFORTH  
ROTARY CLUB, LANCASTER LOYNE  
SAMARITANS OF LANCASTER & DISTRICT  
SIGNPOSTS  
ST JOHN AMBULANCE, LONSDALE QUAD UNIT  
ST JOHN THE DIVINE SANDYLANDS C OF E P.C.C.  
ST THOMAS'S CHURCH  
THIRD SECTOR PROJECTS  
TOWNSWOMEN'S GUILD. HEYSHAM  
TRANSITION CITY  
TRINITY UNITED REFORMED CHURCH  
UNIVERSITY OF CUMBRIA VOLUNTEERS  
VICTORIA INSTITUTE, CATON

VILLAGE HALL COMMUNITY CENTRE, GLASSON DOCK  
VILLAGE INSTITUTE, SILVERDALE  
WEST END HEYSHAM NORTH ALLOTMENT ASSOCIATION

## **Health (39 entries)**

ABBNEYFIELD, SILVERDALE & DISTRICT  
AGE CONCERN, LANCASHIRE (LANCASTER)  
ALZHEIMER'S SOCIETY  
ATTUNE TO HEALTH  
BRIDGE ROAD ALLOTMENT ASSOCIATION  
BRITISH RED CROSS  
CANCERCARE  
CARNFORTH OTTERS AMATEUR SWIMMING CLUB  
CARR GOMM  
CHILDREN'S HOLIDAY OF A LIFETIME SOCIETY  
CHRISTIAN AID  
COELIAC UK, NORTH LANCASHIRE & SOUTH CUMBRIA  
DOWAGER COUNTESS ELEANOR PEEL, THE  
DYNAMO  
EATING DISORDER NETWORKS  
ELM HOUSE  
FOOD FOR THOUGH CAFÉ & OUTSIDE CATERING SERVICE  
FRIENDSHIP CENTRE  
HARVESTERS DAY & RESOURCE CENTRE  
HEADWAY, LANCASTER & DISTRICT  
HEART CONCERN LANCASTER & MORECAMBE DIST SUPPORT GROUP  
HOME-START, MORECAMBE  
ILEOSTOMY ASSOCIATION, CENTRAL & NORTH LANCASHIRE  
INWARD HOUSE  
LANGLEY HOUSE TRUST  
MACMILLAN NURSING SERVICE, LANCASTER  
MAKING SPACE  
MORECAMBE BAY (ME) GROUP  
MORECAMBE BAY NOS SUPPORT GROUP  
MOTOR NEURONE DISEASE ASSOCIATION, N LANCS & S CUMBRIA  
ONE VOICE DISABILITY SERVICE  
  
PARKINSON'S DISEASE SOCIETY  
RELATE, LANCASHIRE & CUMBRIA  
ROYAL AIR FORCE ASSOCIATION  
SAMARITANS OF LANCASTER

SIGNPOSTS

ST JOHN AMBULANCE, LONSDALE QUAD DIVISION

ST JOHN FELLOWSHIP, LONSDALE

TRANSITION CITY LANCASTER (TCL)

### **Hospitals/Hospices (8 entries)**

AGE CONCERN, LANCASHIRE

BUDDHIST CENTRE CHENREZIG

DOWAGER COUNTESS ELEANOR PEEL

EMMANUEL CHURCH, MORECAMBE

MACMILLAN NURSING SERVICE, LANCASTER

PARKINSON'S DISEASE SOCIETY

PETS AS THERAPY

ST JOHN'S HOSPICE

### **Housing/Homeless (15 entries)**

ADACTUS

ASSOCIATION FOR FAMILY SOCIAL WORK

CARR – GOMM

CHRIST CHURCH NIGHTSHELTER FOR THE HOMELESS

CITIZENS ADVICE BUREAU (CAB) MORECAMBE & HEYSHAM

DOWAGER COUNTESS ELEANOR PEEL

HOMELESS ACTION SERVICE, LANCASTER & DISTRICT

HOUSING 21, NORTH REGIONAL OFFICE

LANCASTER CHARITY

PENHALE SOCIETY LTD

ROYAL BRITISH LEGION, LANCASTER

TOGETHER, WORKING FOR WELLBEING

WEST END IMPACT

WOMEN'S AID, LANCASTER

YOUNG MEN'S CHRISTIAN ASSOC, (YMCA) LANCASTER & MORECAMBE

### **International (17 entries)**

BRITISH RED CROSS

CAMPAIGN FOR NUCLEAR DISARMAMENT, LANCASTER DISTRICT

CHRISTIAN AID, LANCASTER GROUP

CRAFT AID

CUBA SOLIDARITY CAMPAIGN

FAIRTRADE GROUP, LANCASTER MORECAMBE & DISTRICT

FRIENDS OF DOUBLE JOY

GLOBAL LINK, DEVELOPMENT EDUCATION CENTRE

HOST UK

LANCASTER DIOCESAN FAITH & JUSTICE COMMISSION

OLIVE TREE MINISTRIES (UK)

PALESTINE SOLIDARITY CAMPAIGN, LANCASTER

PORTUGUESE CIRCLE, NORTH WEST

ROTARY CLUB, CARNFORTH

SCOUT ASSOCIATION, LONSDALE DISTRICT SCOUT COUNCIL

STEPPING STONES NIGERIA

TRANSITION CITY LANCASTER (TCL)

### **Learning Difficulties (8 entries)**

CHILDREN INTEGRATION GROUP, LANCASTER & DISTRICT

GEORGE FOX SCHOOL EDUCATIONAL CHARITY

LANGLEY HOUSE TRUST

MENCAP, SOCIETY, MORECAMBE & LANCASTER

ONE VOICE DISABILITY SERVICE

PICCADILLY GARDEN

THUMBPRINT

UNIQUE KIDZ & CO

### **LGBT (1 entry)**

NATIONAL COALITION BUILDING INSTITUTE (NCBI)

### **Men (4 entries)**

LANGLEY HOUSE TRUST

MALE VOICE CHOIR, LANCASTER & DISTRICT

NORTH LANCASHIRE ENTERPRISE

VALE OF LUNE RUGBY CLUB

### **Mental Health (12 entries)**

ALZHEIMER'S SOCIETY, LANCASTER & MORECAMBE BRANCH

ATTUNE TO HEALTH

CARR-GOMM

ELM HOUSE DAY CENTRE

HARVESTERS DAY & RESOURCE CENTRE

HOME-START

LANGLEY HOUSE TRUST

MAKING SPACE  
ONE VOICE DISABILITY SERVICE  
RELATE, LANCASHIRE & CUMBRIA  
SAMARITANS OF LANCASTER & DISTRICT  
TOGETHER, WORKING FOR WELLBEING

### **Occupational (4 entries)**

BADMINTON LEAGUE, LANCASTER  
THUMBPRINT  
TRADES UNION COUNCIL, LANCASTER & MORECAMBE  
VILLAGE HALL/COMMUNITY CENTRE, BOLTON-LE-SANDS

### **Recreation (82 entries)**

16<sup>TH</sup> MORECAMBE & HEYSHAM SCOUT GROUP  
AMATEUR DRAMATIC & OPERATIC SOCIETY, LANCASTER (LADOS)  
AMATEUR DRAMATIC & OPERATIC SOCIETY, LANCASTER ( RED ROSE)  
ANGLING SECTION LANSIL SPORTS AND SOCIAL CLUB  
ASHTON HALL RESTORATION PROJECT  
ASTRONOMICAL SOCIETY, LANCASTER & MORECAMBE  
BADMINTON LEAGUE, LANCASTER  
BOWLING & RECREATION CLUB, LUNESIDE & ROSEBANK  
BOY'S BRIGADE, 1<sup>ST</sup> MORECAMBE  
BOY'S BRIGADE, 1<sup>ST</sup> BARE  
BRIDGE ROAD ALLOTMENT ASSOCIATION  
BRIDLEWAY SOCIETY, NORTH LANCASHIRE  
BUTTERFLY CONSERVATION  
CASTLE AREA RESIDENTS' ASSOCIATION  
CATON LEISURE CLUB  
CHESS CLUB, MORECAMBE  
CHILDRENS COMMUNITY INTEGRATION GROUP  
CLARENDON OUT AND ABOUT CLUB  
COMMUNITY MUSIC TRUST  
COUNTRYSIDE ASSOCIATION, LUNESDALE  
CRICKET CLUB, CARNFORTH  
CRICKET CLUB, TORRISHOLME  
DYNAMO  
ELLEL WAR MEMORIAL INSTITUTE  
EVERSLEY CHORAL UNION  
FAMILY HISTORY GROUP, LANCASTER  
FRIENDS OF LANCASTER MARITIME MUSEUM

FRIENDS OF POULTON CEMETERIES  
FRIENDS OF ST JOHN'S CHURCH  
FRIENDSHIP CENTRE  
FUCHSIA SOCIETY  
GALGATE HISTORY GROUP  
GALLOWAY'S SOCIETY FOR THE BLIND, MORECAMBE BLIND CENTRE  
HAFFNER ORCHESTRA  
HALTON TUESDAY CLUB  
HOMEBOUND & DISABLED FELLOWSHIP, LANCASTER & MORECAMBE  
HORTICULTURAL SOCIETY, OVER KELLET & DISTRICT  
HOST UK  
JUNIOR ANGLERS, MORECAMBE & DISTRICT  
KEEP FIT ASSOCIATION (KFA), LUNE VALLEY  
LANCASTER SINGERS  
LOCAL HISTORY SOCIETY, MOURHOLME  
LUNE VALLEY SQUARE DANCE CLUB  
MALE VOICE CHOIR, LANCASTER & DISTRICT  
MARSH COMMUNITY CENTRE  
MENCAP SOCIETY, MORECAMBE & LANCASTER  
MILLHEAD BOWLING CLUB  
MODEL RAILWAY CLUB, MORECAMBE & HEYSHAM  
MOORSIDE FIELDS COMMUNITY GROUP  
MORECAMBE BAY MOVIE MAKERS  
MORECAMBE BRASS BAND ASSOCIATION  
MUSIC MAKERS, LANCASTER  
OVER THE SANDS  
PACT YOUTH INITIATIVE  
PHILHARMONIC CHOIR, MORECAMBE & DISTRICT  
PORTUGUESE CIRCLE, NORTH WEST  
POULTON RESIDENTS ASSOCIATION  
RAINBOW CENTRE  
RAMBLERS' ASSOCIATION, LANCASTER GROUP  
RAMBLING CLUB, CHURCH OF ASCENSION  
RECORDED MUSIC SOCIETY, MORECAMBE & HEYSHAM  
RED ROSE YOUTH  
RED WYVERN SOCIETY  
SOUND FOUNDATION, LANCASTER  
ST JOHN FELLOWSHIP, LONSDALE BRANCH  
STROKE CLUB, LANCASTER DISTRICT  
TENNIS LEAGUE, LANCASTER  
THIRD SECTOR PROJECTS

TORRISHOLME ROAD ALLOTMENTS ASSOCIATION  
TOWNSWOMEN'S GUILD, HEYSHAM  
UNIVERSITY OF THE THIRD AGE  
VICTORIA INSTITUTE, CATON  
VILLAGE HALL, OVER KELLET  
VILLAGE HALL, WARTON  
VILLAGE HALL /COMMUNITY CENTRE, BOLTON LE SANDS  
WARTON COMMUNITY RECREATION AREA COMMITTEE  
WHIRLWIND THEATRE FOR CHILDREN  
VILLAGE INSTITUTE, SILVERDALE  
WOODFIELD RESIDENTS ASSOCIATION  
WORKERS' EDUCATIONAL, ASSOCIATION (WEA) LANCASTER  
YOUNG AT HEART SOCIAL CLUB  
YOUTH & COMMUNITY CENTRE, HALTON

### **Rural (14 entries)**

BRIDLEWAY SOCIETY, NORTH LANCASHIRE  
CONSERVATION VOLUNTEERS LANCASTER & DISTRICT  
FUCHSIA SOCIETY  
GALGATE HISTORY GROUP  
GALGATE PRE-SCHOOL  
LANCASHIRE ASSOCIATION OF VILLAGE & COMMUNITY HALLS  
LOCAL HISTORY SOCIETY, MOURHOLME  
LUNE RIVERS TRUST  
MILLHEAD BOWLING CLUB  
MOORSIDE FIELDS COMMUNITY GROUP  
RAMBLERS' ASSOCIATION, LANCASTER  
SILVERDALE PLAYGROUP  
VICTORIA INSTITUTE, CATON  
VILLAGE HALL/COMMUNITY CENTRE, GLASSON DOCK

### **Shops (8 entries)**

BRITISH RED CROSS  
COELIAC UK, NORTH LANCASHIRE  
CRAFT AID  
FAIRTRADE GROUP, LANCASTER, MORECAMBE & DISTRICT  
FURNITURE MATTERS  
OLIVE TREE MINISTRIES (UK)  
RSPCA CHARITY SHOP, MORECAMBE  
ST JOHN'S HOSPICE AND CANCERCARE SHOPS LTD

### **Sport (32 entries)**

BOWERHAM LAWN TENNIS CLUB  
BOWLING & RECREATION CLUB, LUNESIDE & ROSEBANK  
BOY'S BRIGADE 1<sup>ST</sup> MORECAMBE  
CARNFORTH OTTERS AMATEUR SWIMMING CLUB  
CEEP LTD  
COUNTRYSIDE ASSOCIATION  
CRICKET CLUB, CARNFORTH  
CRICKET CLUB, TORRISHOLME  
DYNAMO  
FOOTBALL CLUB, MORECAMBE LADIES  
FOOTBALL CLUB, SLYNE-WITH-HEST  
GEORGE FOX SCHOOL EDUCATIONAL CHARITY  
HEYSHAM ATOMS ARLFC  
HOMEBOUND & DISABLED FELLOWSHIP  
JUNIOR ANGLERS  
KEEP FIT ASSOCIATION (KFA), LUNE VALLEY  
LANCASHIRE ASSOCIATION OF CLUBS FOR YOUNG PEOPLE  
LUNE VALLEY SQUARE DANCE CLUB  
MANCHESTER UNITED SUPPORTERS' CLUB, LANCASTER & DISTRICT  
N-COMPASS NORTHWEST LTD  
NORTH LANCS ADVOCACY LTD  
ORIENTEERING CLUB, SOUTH RIBBLE  
PACT YOUTH INITIATIVE  
RED ROSE SHOTOKAN KARATE CLUB  
RED WYVERN SOCIETY  
RIDGE COMMUNITY CENTRE  
RUGBY UNION FOOTBALL CLUB, VALE OF LUNE  
SPORTSREACH  
VILLAGE HALL, WARTON  
VILLAGE HALL/COMMUNITY CENTRE, BOLTON-LE-SANDS  
YOUTH & COMMUNITY CENTRE, HALTON

### **Support/Self Help (42 entries)**

ABBAYFIELD, SILVERDALE & DISTRICT  
ADHD NORTH WEST  
AL-ANON FAMILY GROUPS  
ALZHEIMER'S SOCIETY, LANCASTER & MORECAMBE BRANCH  
CANCERCARE

CARERS, LONSDALE DISTRICT  
CITIZENS ADVICE BUREAU (CAB) MORECAMBE & HEYSHAM  
COELIAC UK, NORTH LANCASHIRE & SOUTH CUMBRIA  
COMPASSIONATE FRIENDS, CARNFORTH & DISTRICT, THE  
CVS, LANCASTER DISTRICT  
EATING DISORDER NETWORKS  
ENTERPRISE4ALL  
GUIDE DOGS FOR THE BLIND  
HEADWAY, LANCASTER & DISTRICT  
HEART CONCERN, LANCASTER & MORECAMBE DISTRICT SUPPORT  
GROUP  
HELP DIRECT  
HOMEBOUND & DISABLED FELLOWSHIP  
ILEOSTOMY ASSOCIATION  
L.A.V.C.H. (VILLAGE / COMMUNITY HALLS)  
LANCASHIRE COMMUNITY FINANCE  
MARSH COMMUNITY CENTRE  
MISCARRAIGE & ECTOPIC PREGNANCY  
MORECAMBE BAY CREDIT UNION  
MORECAMBE BAY ME GROUP  
MORECAMBE BAY NOS SUPPORT GROUP  
MOTOR NEURONE DISEASE ASSOCIATION  
MUSIC MAKERS, LANCASTER  
NEIGHBOURHOOD WATCH  
N-COMPASS NORTHWEST LTD  
NORTH LANCS ADVOCACY LTD  
OLIVE BRANCH ( FAITH IN ACTION )  
PARKINSON'S DISEASE SOCIETY  
PETSEARCH  
POLISH SATURDAY SCHOOL  
POULTON RESIDENTS ASSOCIATION  
ROYAL BRITISH LEGION WOMEN'S SECTION ( LANCASTER )  
SAMARITANS OF LANCASTER & DISTRICT  
SILVERDALE PLAYGROUP  
THIRD SECTOR PROJECTS  
UNIVERSITY OF THE THIRD AGE  
VILLAGE INSTITUTE, SILVERDALE  
WOMEN'S AID, LANCASTER & DISTRICT  
WOODFIELD RESIDENTS' ASSOCIATION

### **Transport (5 entries)**

COUNTRYSIDE ASSOCIATION  
DYNAMO, THE LCR AND DISTRICT CYCLE CAMPAIGN  
HOMEBOUND & DISABLED ASSOCIATION  
N-COMPASS NORTHWEST LTD  
NORTH LANCS ADVOCACY LTD

### **Volunteering (46 entries)**

ACIE ( ASSOCIATION OF CHARITY INDEPENDENT EXAMINERS )  
BEAUMONT COLLEGE OF FURTHER EDUCATION  
BRITISH RED CROSS  
BUTTERFLY CONSERVATION  
CCATS  
CEEP LTD  
CHRIST CHURCH NIGHTSHELTER FOR THE HOMELESS  
CHRISTIAN HELP IN PARTNERSHIP (CHIPS)  
CITIZENS ADVICE BUREAU (CAB), MORECAMBE & HEYSHAM  
CONSERVATION VOLUNTEERS, LANCASTER & DISTRICT  
CRAFT AID  
DEAF SERVICES  
FAITH IN LANCASTER  
FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS  
FRIENDS OF CARNFORTH STATION  
FRIENDS OF LANCASTER MARITIME MUSEUM  
FURNITURE MATTERS  
GALLOWAY'S SOCIETY FOR THE BLIND, MORECAMBE BLIND CENTRE  
GIRLGUIDING UK, MORECAMBE  
GRAND THEATRE  
GUIDE DOGS FOR THE BLIND  
HOME-START, MORECAMBE & LANCASTER  
MARSH COMMUNITY CENTRE  
MENCAP SOCIETY, MORECAMBE & LANCASTER  
MORECAMBE BAY CREDIT UNION  
MORECAMBE BAY PARTNERSHIP  
MOTOR NEURONE DISEASE ASSOCIATION  
NATIONAL COALITION BUILDING INSTITUTE (NCBI)  
ONE VOICE ACCESS & CONSULTATION SERVICE  
OVER THE SANDS  
PARKINSON'S DISEASE SOCIETY  
PETS AS THERAPY  
POULTON COMMUNITY GARDENS  
PRINCE'S TRUST TEAM PROGRAMME

RSPCA, BLACKPOOL & NORTH LANCS BRANCH  
SCOUT ASSOCIATION, LONSDALE  
SIGNPOSTS  
SKERTON COMMUNITY ASSOCIATION  
ST JOHN AMBULANCE, LONSDALE QUAD UNIT  
ST JOHN'S HOSPICE & CANCERCARE SHOPS LTD  
THIRD SECTOR PROJECTS  
THUMBPRINT  
UNIVERSITY OF CUMBRIA VOLUNTEERS  
VICTIMS SUPPORT NORTHERN DISTRICT  
VICTORIA INSTITUTE, CATON  
VOLUNTARY POLICE CADETS, LANCASTER  
WOMEN'S AID, LANCASTER & DISTRICT

### **Women (12 entries)**

EAST MEETS WEST  
ENTERPRISE PRESTON  
FOOTBALL CLUB, MORECAMBE LADIES  
GIRLGUIDING UK, MORECAMBE  
KEEP FIT ASSOCIATION (KFA), LUNE VALLEY  
NORTH LANCASHIRE ENTERPRISE  
ROYAL BRITISH LEGION WOMEN'S SECTION  
RUGBY CLUB, VALE OF LUNE  
SKERTON COMMUNITY ASSOCIATION  
TREFOIL GUILD, LOWER LUNESDALE  
TOWNSWOMEN'S GUILD, HEYSHAM  
WOMEN'S AID, LANCASTER & DISTRICT

### **Youth (36 entries)**

16<sup>TH</sup> MORECAMBE & HEYSHAM SCOUT GROUP  
BEAUMONT COLLEGE OF FURTHER EDUCATION  
BOY'S BRIGADE 1<sup>ST</sup> MORECAMBE  
BOYS BRIGADE: 1st BARE  
BULK WARD COMMUNITY ASSOCIATION  
CARNFORTH OTTERS AMATEUR SWIMMING CLUB  
CEEP LIMITED  
CHILDREN'S RIGHTS SERVICE  
CRICKET CLUB, CARNFORTH  
ENTERPRISE PRESTON  
FOOTBALL CLUB, MORECAMBE LADIES

FRIENDS OF DOUBLE JOY  
FURNITURE MATTERS  
GIRLGUIDING UK, MORECAMBE DIVISION  
GLOBAL LINK  
HOST UK  
JUNIOR ANGLERS, MORECAMBE & DISTRICT  
LANCASHIRE ASSOCIATION OF CLUBS FOR YOUNG PEOPLE  
LUNE VALLEY SQUARE DANCE CLUB  
MIDDLEWOOD TRUST  
NORTH LANCASHIRE ENTERPRISE  
PACT YOUTH INITIATIVE  
POLISH SATURDAY SCHOOL  
PRINCE'S TRUST TEAM PROGRAMME  
RED ROSE YOUTH  
SCOUT ASSOCIATION, LONSDALE  
SCOUT GROUP - 35th LANCASTER (ST JOSEPHS)  
SKERTON COMMUNITY ASSOCIATION  
ST JOHN THE DIVINE, SANDYLANDS  
ST PAUL'S SCOTFORTH YOUTH GROUP  
TREFOIL GUILD, LOWER LUNESDALE  
WEST END IMPACT  
WHIRLWIND THEATRE FOR CHILDREN  
YOUNG LANCASHIRE  
YOUNG MEN'S CHRISTIAN ASSOCIATION ( YMCA)  
YOUTH & COMMUNITY CENTRE, HALTON

**123**

## **16TH MORECAMBE & HEYSHAM SCOUT GROUP**

Charity Number: 509,581

Full Name: Alan S. Hague

Job Title: Scout Leader

2 Fell Road

Morecambe

LA4 6PZ

Bus: 01524 416833

E-mail: ashague@hotmail.co.uk

Notes: Scouting contributes to the development of young people in achieving their full physical, intellectual, social & spiritual potentials as individuals, responsible citizens and as members of their local, national & international communities.

**a**

## **ABBNEYFIELD SILVERDALE & DISTRICT SOCIETY LTD**

Full Name: Cheryl Rogers

Job Title: Manager

Cove House

Cove Rd

Silverdale

Carnforth

LA5 0SG

Bus: (01524) 701219

Bus Fax: 01524 701041

E-mail: covehouse1@btconnect.com

Notes: Cove House is recognised as offering excellent services & facilities to all 20 residents by CSCI & the Royal Domiciliary Benchmark. We offer 24hr care & support to all extra care & support care residents, respite stays & day care clients.

## **ACIE ( ASSOCIATION OF CHARITY INDEPENDENT EXAMINERS )**

Charity Number: 1,077,154

Full Name: Fiona Gordon

Job Title: Director

The Gatehouse

White Cross

South Road

Lancaster

LA1 4XQ

Bus: 01524 348920

E-mail: info@acie.org.uk

Notes: Independent examination is a lower cost alternative to audit for eligible charities. ACIE supports those who act as independent examiners of charity accounts, offering membership, professional qualifications, training, regular updates and national confer

## ADACTUS (SUPPORTED ACCOMODATION )

Full Name: Lisa Madrell

Job Title: Supported Housing Officer

2a High Street

Lancaster

LA1 1LA

Bus: 01524 841966

E-mail: [lisa.madrell@adactushousing.co.uk](mailto:lisa.madrell@adactushousing.co.uk)

Notes: Adactus Housing Group build, renovate & manage affordable housing for rent & sale. In Lancaster Adactus also provides supported accomodation for homeless people & sheltered accomodation for elderly people.

## ADHD NORTHWEST

Charity Number: 1,082,031

Full Name: Barbara Worrall

Job Title: Chair

The Barn

Church Court

Bolton-le-Sands

LA5 8EB

Bus: (01524) 822887

E-mail: [adhd.northwest@virgin.net](mailto:adhd.northwest@virgin.net)

Notes: Information, advice and support for individuals and families affected by ADHD and associated conditions. Workshops and programmes for parents and families. Training for professionals. Organises lectures and conferences.

## AGE CONCERN, LANCASHIRE

Charity Number: 504,906

Full Name: Geraldine Moore

Job Title: Chief Officer

61/63 St Thomas's Road

Chorley

Lancs

PR7 1JE

Bus: 01257 233200

Bus Fax: 01257 479012

E-mail: [gmoore@ageconcernlancs.org.uk](mailto:gmoore@ageconcernlancs.org.uk)

Notes: Age Concern Lancashire is a charity helping all older people to make more of later life. The services we provide are developed from an awareness of the changing needs of the older people we work with in communities across Lancashire.

## AGE CONCERN, LANCASHIRE ( LANCASTER)

Charity Number: 504,906

Full Name: Charley Wilkinson

87 King Street

Lancaster

LA1 1RH

Bus: 01524 63961

Bus Fax: 01524 843183

E-mail: cwilkinson@ageconcernlancs.org.uk

Notes: We provide advice & information, including Age Concern insurance products. There is an assisted shopping service as well as a Carers Access to Health which accompanies older people to hospital/doctors appointments.

## AL-ANON FAMILY GROUPS

Bus: 020 7403 0888

E-mail: enquiries@al-anonuk.org.uk

Notes: Al-Anon family groups is an established community resource for those whose lives have been affected by the stress of close association with a problem drinker. The local group meets from 7:00 - 8:15 pm on Sundays, at St Chads Church Hall, Torrisholme Road

## ALZHEIMER'S SOCIETY, LANCASTER & MORECAMBE BRANCH

Charity Number: 296,645

Full Name: Diane Dew

Job Title: Branch Manager

Altham Meadows

Bartholomew Rd

Morecambe

Lancs

LA4 4RR

Bus: (01524) 402610

Bus Fax: 01524 402611

E-mail: alzheimerslm@gmail.com

Notes: The branch provides specialist services to people with Alzheimer's disease and other dementias, and their carers in their own homes. Practical help includes relief care and day care services to give respite to carers. Information and support.

## AMATEUR DRAMATIC & OPERATIC SOCIETY, LANCASTER (LADOS)

Charity Number: 515,089

Full Name: Audrey Tarney

Job Title: Secretary

22 Parkfield Drive

Lancaster

LA1 4BU

Bus: (01524) 34937

E-mail: nicola@ntarney.freereserve.co.uk

Notes: This is an amateur musical society which produces a show annually in Spring. New members are always welcome to take part in all the activities of the society.

**a**

## **AMATEUR OPERATIC & DRAMATIC SOCIETY, LANCASTER RED ROSE**

Full Name: Bill Livesey  
Job Title: Contact  
68 Greaves Road  
Lancaster  
LA1 4UR  
Bus: (01524) 389150  
E-mail: bill.livesey@btopenworld.com  
Notes: The society stages regular operatic and dramatic theatre performances.

## **ART AND CRAFTS GROUP, WARTON**

Full Name: Mr Ken Clough  
Job Title: Secretary  
11 Long Acre Close  
Carnforth  
LA5 9EN  
Bus: (01524) 735346  
Notes: We meet at Warton Church Hall most Fridays in the year. We encourage each other in craft or art hobbies. The subscription is £15 per annum and we have two exhibitions where you may recoup the subscription.

## **ASHTON HALL ORGAN RESTORATION PROJECT**

Charity Number: 1,113,551  
Full Name: Colin H Parsons  
Job Title: Chairman  
10 Wherside Road  
Scale Hall  
Lancaster  
LA1 2TA  
Bus: 01524 843117  
Mobile: 07901825762  
E-mail: colinparsons@talktalk.net  
Notes: AHORP is a charity established to raise funds for the restoration of the historic pipe organ in Lancaster Town Hall. The project includes an education programme plus promoting the Ashton Hall as a venue for musical & arts events.

## **ASSOCIATION FOR FAMILY SOCIAL WORK, LANCASTER, MORECAMBE & DISTRICT**

Charity Number: 223,610  
Full Name: Judith Clarke  
Job Title: Secretary  
75 Spruce Avenue  
Lancaster  
LA1 5LB  
Bus: (01524) 64053  
Notes: This group administers a small trust fund for the relief of hardship arising from breakdown of the family unit, disability or poverty within the family. Financial support for the relief of permanent or temporary homelessness.

## ASTRONOMICAL SOCIETY, LANCASTER & MORECAMBE

Full Name: Mrs Robinson  
Job Title: Secretary  
4 Bedford Place  
Lancaster  
LA1 4EB  
Bus: (01524) 36211  
E-mail: ehelenerob@talktalk.net  
Notes: The society aims to promote awareness of and interest in astronomy by monthly meetings, liaison with other societies.

## ATTUNE TO HEALTH

Full Name: Gordon Dalgano  
Job Title: Chair  
Glengarry  
3 Thornton Grove  
Morecambe  
LA4 5PU  
Bus: (01524) 427919  
E-mail: attunetohealth@yahoo.co.uk  
Notes: This organisation is concerned with complementary medicine; practically helping people on low incomes who could not normally afford complementary medicine and developing a new therapy to help people with depression and similar illnesses, who cannot be ef

## AUTUMN CLUB, SLYNE-WITH-HEST

Full Name: Betty Dyer  
Job Title: Secretary  
2 Coastal Rise  
Hest Bank  
Lancaster  
LA2 6HJ  
Bus: (01524) 822654  
E-mail: Dyerhestbank@aol.com  
Notes: Established in the 1960's, the club has a membership of over 90 elderly villagers, who meet monthly to hear a speaker, followed by socialisation over tea & biscuits. The Committee also arranges excursions, theatre trips & the Christmas party.

## **BADMINTON LEAGUE, LANCASTER, MORECAMBE & DISTRICT**

Full Name: Mrs H Greenwood

Job Title: Secretary

26 Hala Grove

Scotforth

Lancaster

LA1 4PS

Bus: (01524) 67866

E-mail: [brian@lancashirebadminton.co.uk](mailto:brian@lancashirebadminton.co.uk)

Notes: The league promotes the sport of badminton in an area which extends from Ingleton in the north to Garstang in the south. 16 clubs with 46 teams play regularly in the league.

## **BARE NECESSITIES PRE-SCHOOL**

Charity Number: 1,040,512

Full Name: Jill Allen

Job Title: Supervisor

Bare Methodist Church Hall

St Margarets Road

Bare

Morecambe

LA4 6DZ

Bus: (01524) 415975

E-mail: [bare necessities@talktalkbusiness.net](mailto:bare necessities@talktalkbusiness.net)

Notes: We are a friendly & caring pre-school playgroup catering for children from the age of 2. We offer children a stimulating environment to learn through play. Ofsted approved.

## **BEAUMONT COLLEGE OF FURTHER EDUCATION**

Charity Number: 208,231

Full Name: Shian Crawford

Job Title: Enterprise Co-ordinator

Beaumont College

Slyne Road

Lancaster

LA2 6AP

Bus: +44 (01524) 541400

Bus Fax: +44 (01524) 846896

E-mail: [crawfords@beaumontcollege.org](mailto:crawfords@beaumontcollege.org)

Notes: The college offers further education to young people with a wide range of physical disabilities, giving the opportunity to develop the skills and personal qualities needed for adult independent living. Places can be residential or day.

**b**

## **BOWERHAM LAWN TENNIS CLUB**

Full Name: Chris Adams

Job Title: Treasurer

Wardside Lodge

Chapel Lane

Ellel

Lancaster

LA2 0PN

Bus: (01524) 751539

E-mail: chrisadamstt@hotmail.com

Notes: Bowerham Lawn Tennis Club is committed to the promotion and development of tennis for all age groups, standards and from all walks of life

## **BOWLING & RECREATION CLUB, LUNESIDE & ROSEBANK**

Full Name: Mr Keith Roach

Job Title: Secretary

3 Craiglands Avenue

Heysham

Lancs

LA3 1NX

Notes: The club provides recreational activities for all ages. Crown Green Bowling is the main activity, but there is also snooker and table tennis.

## **BOY'S BRIGADE 1ST MORECAMBE & HEYSHAM**

Full Name: Dr R Henderson

Job Title: Captain

Baptist Church

Stanley Road

Morecambe

LA3 1UP

Bus: (01524) 61683

E-mail: r.henderson@lancaster.ac.uk

Notes: The Boy's Brigade provides opportunities for personal development of young people in a supportive Christian environment. Activities include sailing, expeditions, climbing, summer camps, sport & much more.

## **BOY'S BRIGADE: 1st BARE**

Full Name: Jason Nicholson

Job Title: Captain

4 Buller Street

Skerton

Lancaster

LA1 2DR

Bus: 01524 416470

E-mail: nicholson28@btinternet.com

Notes: The Boy's Brigade is a long established Christian youth organisation which provides a wide range of activities for boys and young men between 5 & 18 years of age. Membership is open to boys of all backgrounds & activities.

## **BRIDGE ROAD ALLOTMENTS ASSOCIATION**

Full Name: Cathryn McCrink

Job Title: Chairperson

Bus: (01524) 36967

E-mail: cathryn.mccrink@hotmail.co.uk

Notes: The promotion of the Bridge Road allotment site including growing fruit, vegetables & flowers. The promotion of sustainable gardening & protection of native wildlife. Also the promotion of open community spaces for the benefit of the local neighbourhood.

## **BRIDLEWAY SOCIETY, NORTH LANCASHIRE**

Charity Number: 1,076,096

Full Name: Vicky Lowe

Job Title: Secretary

Flat 2

453 Marine Road East

Morecambe

LA4 6AD

Bus: (01524) 832526

E-mail: vicky.lowe453@btinternet.com

Notes: This group aims to open up existing bridleways and re-open old disused bridleways for horse traffic. Bi-monthly meetings. Raises funds for national organisation.

## **BRITISH RED CROSS**

Charity Number: 220,949

Full Name: Mrs B E Alexander

Job Title: Member's group leader

30 Albert Road

Morecambe

LA4 4HB

Bus: (01524) 425571

Notes: The Red Cross responds daily to the emergency needs of individuals both nationally and internationally. They provide key services - medical loan ( from Preston Branch ) transport, escort and first aid.

## **BROCKBANK ANNUITIES TRUST**

Charity Number: 223,595

Full Name: Amanda Owen

Job Title: Correspondent

Blackhurst Swainson

3/4 Aalborg Square

Lancaster

LA1 1GG

Bus: (01524) 32471

Bus Fax: (01524) 386515

E-mail: ajo@bsglaw.co.uk

Notes: Grants of up to £1.000 per annum are awarded by this trust to single women aged 50 or over, living in the former borough of Lancaster for over 3 years who are in financial need.

## **BUDDIST CENTRE CHENREZIG KADAMPA**

Charity Number: 1,104,858

Full Name: John Rigby

Job Title: Chenrezig Centre Director

93 King Street

Lancaster

LA1 1RH

Bus: 01524 596108

E-mail: info@meditationinlancaster.org

Notes: The Charity promotes the Buddhist faith through the activities of teaching, study, & practice of the New Kadampah tradition at different levels. All members of the community are welcome to participate in the Buddhist meditations, workshops & general study

## **BUTTERFLY CONSERVATION**

Full Name: Martin Wain

Job Title: Morecambe Bay Limestones Officer

South Tilery Cottage

Quernmore

LA2 9EW

Bus: 01524 33851

E-mail: mwain@butterfly-conservation.org.uk

Notes: The charity encourages the management of habitats for butterflies & moths. We contribute to data collection & surveys to monitor species numbers as well as offering advice & information & opportunities for volunteers.



## **CAMPAIGN FOR NUCLEAR DISARMAMENT, LANCASTER DISTRICT**

Full Name: Joan & Dick Allwright

Job Title: Secretaries

13 East Road

Lancaster

LA1 3EE

Bus: +44 (01524) 33991

E-mail: r.allwright@lancaster.ac.uk

Notes: The main purpose of CND is to educate the public about the destructive and indiscriminate nature of nuclear weapons.

## **CANAL TRUST, LANCASTER**

Charity Number: 240,957

Full Name: David Currington

Job Title: Hon Secretary

12 Sedburgh Road

Kendal

LA9 6AD

Bus: 01539 732599

E-mail: dadcurrington@hotmail.com

Notes: The trust aims to stimulate public interest in the navigable and non-navigable sections of the Lancaster Canal and the retention of its essential character as a public amenity.

## **CANCERCARE**

Charity Number: 1,120,048

Full Name: Iona Price

Job Title: Volunteer Co-ordinator

Slynedales

Slyne Road

Lancaster

LA2 6ST

Bus: +44 (01524) 381820

Bus Fax: +44 (01524) 845040

E-mail: iona.price@cancercare.org.uk

Notes: A local charity dedicated to the support of local people with cancer, their families, carers & those bereaved by cancer.



## CARERS, LONSDALE DISTRICT

Charity Number: 1,070,311

Full Name: Julia Reay

Job Title: Project Manager

The Cartmel Centre

Euston Road

Morecambe

LA4 5NR

Bus: +44 (01524) 833456 ; 0800 1696529

Bus Fax: 01524 419664

E-mail: [lonsdale@dcarers.freemove.co.uk](mailto:lonsdale@dcarers.freemove.co.uk)

Notes: Lonsdale District Carers exists to support carers and former carers through the provision of information, advice, respite, social and learning opportunities. A new centre has also been opened on Sulyard Street in Lancaster.

## CARNFORTH OTTERS AMATEUR SWIMMING CLUB

Full Name: Anna Thompson

Job Title: Fundraising Co-ordinator

1 Hollybank

Warton

Nr Carnforth

Lancs

LA5 9PL

Bus: 07973 192 872

E-mail: [anna.thompson@uk.hjheinz.com](mailto:anna.thompson@uk.hjheinz.com)

Notes: Carnforth Otters is a Swim 21 competitive swimming club for 5-18 year olds. The club has teams competing in open competitions & leagues across the UK. We also train young people with disabilities.

## CARR-GOMM

Charity Number: 245,698

Full Name: Mark Kirkley

Job Title: Project Worker

Wyngarth Court

Queen Street

Lancaster

LA1 1LW

Bus: +44 (01524) 388201

Bus Fax: 01524 388201

E-mail: [mark.kirkley@carr-gomm.org.uk](mailto:mark.kirkley@carr-gomm.org.uk)

Notes: Carr-Gomm is a national charity. Our purpose is to help people who are disadvantaged through illness or disability, who may be lonely or experiencing crises in their lives, to create a valued future of their choice.



## CASTLE AREA RESIDENTS ' ASSOCIATION

Full Name: Mr R Frankland

Job Title: Secretary

6 Hillside

Lancaster

LA1 1YH

Bus: +44 (01524) 382097

Bus Fax: 01524 848519

E-mail: Roger.frankland@lancashire.probation.gsi.gov.uk

Notes: The association is open to all residents living in the Lancaster Castle area. Meetings are organised bi-monthly in a member's home.

## CATON LEISURE CLUB

Full Name: Barbara Dearnley

Job Title: Secretary

21 Brookhouse Road

Caton

LA2 9QT

Bus: 01524 770085

Notes: The leisure club operates from Sept - May at the Victoria Institute, Caton on Mondays & Tuesdays. For further details check the website.

## CCATS

Full Name: Debbie Charlesworth

Job Title: Project Manager

c29 The Gordon Manley Building

Lancaster Environment Centre

Lancaster University

Lancaster

LA1 4YQ

Bus: 01524 510084

E-mail: debbie.charlesworth@ccats.org.uk

Notes: We aim to maximise the opportunities over life chances of children by offering parental guidance, & therapeutic support . We will support young people & their families in dealing with practical issues which cause difficulties within the family, school & t

**CEEP LTD**

Charity Number: 1,128,071

Full Name: Steven Naylor

Job Title: Director

Stanley's Youth & Community Centre

79-83 Stanley Road

Morecambe

LA3 1UT

Bus: 01524 410076

E-mail: stevennaylor@ceep.org.uk

Notes: CEEP is a youth & community development voluntary organisation that aims to make a positive difference in communities by providing opportunity for personal & collective growth. CEEP stands for connect, engage, empower, participate.

**CHESS CLUB, MORECAMBE**

Full Name: Mr N Blade

Job Title: Secretary

23 Mardale Avenue

Morecambe

LA4 5XF

Bus: +44 (01524) 421125

E-mail: kit30v@aol.com

Notes: To promote & encourage chess playing via local & national organisations.

**CHILDREN INTEGRATION GROUP, LANCASTER & DISTRICT**

Charity Number: 1,032,308

Full Name: Mr Birkill

Job Title: Secretary

29 Longlands Avenue

Heysham

LA3 2NU

Bus: +44 (01524) 859725

E-mail: ldcig@hotmail.co.uk

Notes: This group provides support to parents/carers of young people with physical and/or learning disabilities, by offering organised trips, activities and advice on benefits and support available.

**CHILDRENS COMMUNITY INTEGRATION GROUP**

Full Name: Julie Hacker

Job Title: Chair

28 Woodhill Lane

Morecambe

LA4 4NL

Bus: 01524 409085

E-mail: stupidoyes@aol.com

Notes: To provide a free party at Christmas time for primary aged children ( up to 300 local children ) integrating families from a variety of backgrounds within the community.

## CHILDREN'S HOLIDAY OF A LIFETIME SOCIETY

Full Name: N Reeves

Job Title: Chairman

31 Tranmere Crescent

Heysham

Morecambe

LA3 2BD

Bus: +44 (01524) 852584

E-mail: nreeves31@aol.com

Notes: The society aims to send local children with possible life threatening illnesses, along with a parent or guardian, on a holiday of a lifetime to Disneyland, Florida.

## CHILDREN'S RIGHTS SERVICE, LANCASHIRE

Charity Number: 221,124

Full Name: Clare Jackson / Lynda Kendall

Job Title: Volunteer Development Workers

30 Ribblesdale Place

Preston

PR1 3NA

Bus: +44 (01772) 256900

Bus Fax: +44 (01772) 256901

E-mail: [crl@childrenssociety.org.uk](mailto:crl@childrenssociety.org.uk)

Notes: This is an independent service for children and young people in the care of Lancashire County Council which offers advocacy, independent visitors and the participation of children and young people in the development of services which affect them.

## CHRISTIAN AID, LANCASTER GROUP

Charity Number: 5,171,525

Full Name: Mr Arton Medd

Job Title: Local Organiser

65 Winchester Avenue

Lancaster

LA1 4HX

Bus: +44 (01524) 64730

E-mail: [arton.medd@btinternet.com](mailto:arton.medd@btinternet.com)

Notes: Christian Aid works in some of the world's poorest communities in more than 50 countries. It works where the need is greatest, regardless of religion, supporting local organisations which are best placed to understand their communities.

## CITIZENS ADVICE BUREAU ( CAB ) MORECAMBE & HEYSHAM

Charity Number: 1,102,948

Full Name: Austin Staunton

Job Title: Manager

Oban House

87 - 89 Queen Street

Morecambe

LA4 5EN

Bus: 01524 400404

Bus Fax: 01524 400401

E-mail: [post@morecambecab.cabnet.org.uk](mailto:post@morecambecab.cabnet.org.uk)

Notes: CAB aims to provide advice for problems & improve policies & practices that effect people's lives. We provide free, independent, confidential & impartial advice about rights & responsibilities, promoting equality & challenging discrimination.

## CITIZENS ADVICE BUREAU (CAB) LANCASTER

Charity Number: 1,103,704

Full Name: Rachel Barlow

Job Title: Manager

87 King Street

Lancaster

LA1 1RH

Bus: 01524 389123

Bus Fax: +44 (01524) 846447

E-mail: [rachelb@lancastercab.org](mailto:rachelb@lancastercab.org)

Notes: CAB ensures that individuals do not suffer through ignorance of their rights/responsibilities, or inability to express their needs effectively.

## CIVIC SOCIETY LANCASTER

Charity Number: 258,434

Full Name: Mrs W.Clark

Job Title: Honorary Secretary

35 Windsor Avenue

Lancaster

LA1 4BE

Bus: +44 (01524) 33411

E-mail: [clark4be@btinternet.com](mailto:clark4be@btinternet.com)

Notes: The society seeks to promote high standards of architecture and town planning in the city and encourages the development and improvement of features of architectural or historic interest. Programme of winter lectures and summer visits.



## CLARENDON OUT AND ABOUT CLUB

Full Name: Ruth Taylor

Job Title: Secretary

3 Downes Grove

Morecambe

LA4 5TR

Bus: +44 (01524) 416793

Notes: Enjoy a 3 Course, reasonably priced dinner in convivial company and a Guest Speaker on the first Saturday of the month at the Clarendon Hotel, where members have gathered since 1971. Ladies and Gentlemen, couples or singles are most welcome.

## COELIAC UK, NORTH LANCASHIRE & SOUTH CUMBRIA

Charity Number: 1,048,167

Full Name: Celia Kaye

Job Title: Local Contact

PO Box 131

Kendal

LA9 4XE

E-mail: [nlancs@coeliac.org.uk](mailto:nlancs@coeliac.org.uk)

Notes: This support group is for people diagnosed as affected by gluten intolerance.

## COMMUNITY ASSOCIATION FOR THE WEST END

Full Name: Ronald Hayhurst

Job Title: Chair

9 Alexandra Road

Morecambe

LA3 1TH

Bus: +44 (01524) 421270

E-mail: [morecambe\\_r3s-shop@tiscali.co.uk](mailto:morecambe_r3s-shop@tiscali.co.uk)

Notes: This is a residents association for the West End of Morecambe and Heysham North

## COMMUNITY LEARNING NETWORK

Full Name: Debra Hughes

Job Title: Development Worker

Lancaster District CVS

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: 01524 555900 ext 23

E-mail: [debrahughes@lancastercvs.org.uk](mailto:debrahughes@lancastercvs.org.uk)

Notes: CLN organises training to give people the opportunity to share skills, knowledge, and experience. The Network aims to involve people in projects that link and improve communities for the benefit of all.

**COMMUNITY MUSIC TRUST, LANCASTER**

Charity Number: 1,062,049

Full Name: Mr A Sutherland

Job Title: Administrator

18 Lonsdale Place

Lancaster

LA1 4BX

Bus: +44 (07866) 289545

E-mail: [lcmc\\_info@yahoo.co.uk](mailto:lcmc_info@yahoo.co.uk)

Notes: The trust operates a term time Saturday morning music centre at Lancaster Royal Grammar School, which offers tuition in music to local residents, of any age, and the opportunity to participate in various musical ensembles.

**COMPASSIONATE FRIENDS, CARNFORTH & DISTRICT, THE**

Charity Number: 1,082,335

Full Name: Sheila Harris

Job Title: Local Contact

Yew Tree farm

Capernwray

Carnforth

LA6 1AF

Bus: +44 (01524) 732876

Notes: TCF offers support and friendship for bereaved parents and their families by those similarly bereaved. The local group meets monthly at 7.30pm every 3rd Tuesday in the Conference Room, Royal Station Hotel, Carnforth.

**CONSERVATION VOLUNTEERS LANCASTER & DISTRICT**

Full Name: Liz and David Alexander

Job Title: Joint Project Officers

54 Michaelson Avenue

Torrisholme

Morecambe

LA4 6SE

Bus: +44 (01524) 412938

E-mail: [david.a.alexander@btinternet.com](mailto:david.a.alexander@btinternet.com)

Notes: The group carries out practical conservation work mainly at weekends, to improve existing wildlife habitats and to create new ones. The work includes tree planting, pond digging, hedge laying, orchard management & dry stone walling.



## CRAFT AID

Charity Number: 1,062,070

Full Name: Dr C Howorthi

Job Title: Co-ordinator

St Thomas' Centre

Marton Street

Lancaster

LA1 1XX

Bus: +44 (01524) 590419

E-mail: c.howorth@lancaster.ac.uk

Notes: This is an outlet for handicrafts made by small cottage industries in the third world and purchased through Tearcraft and Traidcraft. The shop sells recycled paper, stationery, various foods, tea, coffee & chocolate. (see also Tearcraft and Traidcraft)

## CRICKET CLUB, CARNFORTH

Full Name: Anthony Chick

Job Title: Secretary

3 Green Cross Cottages

Burton-in-Kendal

Cumbria

LA6 1JA

Bus: +44 (01524) 781856

Bus Fax: +44 (01524) 781856

E-mail: chick573@btinternet.com

Notes: This club has three senior and two junior teams. Local league matches are played.

## CRICKET CLUB, TORRISHOLME

Full Name: Mark Drinkall

Job Title: Chairperson

5 Waltham Court

Halton

LA2 6QY

Bus: 01524 811939

E-mail: m.drinkall@christeyns.co.uk

Notes: Our club is ECB Clubmark accredited, equitable & open & our philosophy is made up of two parallel objectives:-

1. To make cricket available to all.
2. To provide a pathway for talented players to fulfil their full potential.

**C****CUBA SOLIDARITY CAMPAIGN**

Full Name: Brian Penney  
Job Title: Local Contact  
13 Royds Avenue  
Heysham  
Morecambe  
LA3 1PA

Bus: +44 (01524) 855435

E-mail: penney.brian@btinternet.com

Notes: CSC works to raise awareness of the illegal US economic blockade of Cuba and the achievements of Cuba in health, education and international aid. CSC defends Cuba's right to normal relations with the US, sends aid to Cuba and organises public events.

**CVS, LANCASTER DISTRICT**

Charity Number: 502,265

Full Name: Jon Rigby

Job Title: Chief Officer

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 555900 X 20

E-mail: mail@lancastercvs.org.uk

Notes: Lancaster District CVS supports local voluntary groups; encourages them to work together; provides a link between voluntary and statutory bodies; and finds ways of meeting unmet needs by voluntary action.

**d****DEAF SERVICES, LANCASHIRE**

Full Name: Linda Spencer

Job Title: Community Development Officer

6 Kings Arcade

King Street

Lancaster

LA1 1LE

Bus: 01524 388298

Bus Fax: 01524 388298

E-mail: linda.spencer@elds.org.uk

Notes: Our aim is to empower & enable equal access for deaf people.

**d**

## **DOWAGER COUNTESS ELEANOR PEEL, THE**

Charity Number: 214,684

Full Name: R.Michael Parkinson

Job Title: Trustee

Beechcroft

Back Commons

Clitheroe

Lancs

BB7 2DX

Bus: 01200 422660

E-mail: [mparkinson@inghamandyorke.co.uk](mailto:mparkinson@inghamandyorke.co.uk)

Notes: The Trust is for general charitable purposes with particular regard for medical charities, charities for old people and those who have fallen on hard times through no fault of their own. Charities primarily for those under 18 can not be supported.

## **DYNAMO, THE LCR AND DISTRICT CYCLE CAMPAIGN**

Full Name: Claire Diplock

Job Title: Committee Member

123 Scotforth Road

Lancaster

LA1 4SD

E-mail: [dynamocycle@btinternet.com](mailto:dynamocycle@btinternet.com)

Notes: This is a broad based group established in 1994 to work with official bodies , other cycling organisations and individuals to promote cycling as a safe, sustainable, enjoyable and healthy means of transport.

**e**

## **EATING DISORDER NETWORKS**

Full Name: Susan Gardner

Job Title: Manager

40-42 Alexandra Road

Morecambe

LA3 1TG

Bus: 01524 410091

E-mail: [info@ednuk.org.uk](mailto:info@ednuk.org.uk)

Notes: Our aims are to give support & advice to people with eating disorders & their carers, regarding anorexia, bulimia, & obesity. Our activities are one - to -one sessions, group work, workshops, support through texting, e-mail, chat rooms & telephone.



## ELLEL WAR MEMORIAL INSTITUTE TRUST

Charity Number: 225,547

Full Name: Peter Mayne

Job Title: Secretary

Ashley House

41 Chapel Street

Galgate

Lancaster

LA2 0JS

Bus: +44 (01524) 751709

E-mail: [pmayne@downs44.fsnet.co.uk](mailto:pmayne@downs44.fsnet.co.uk)

Notes: The object of the charity is the provision & maintenance of a village hall for use by the inhabitants of the area of benefit without distinction of political, religious or other opinions.

## ELM HOUSE DAY CENTRE

Charity Number: 702,870

Full Name: A Cooke

Job Title: Manager

21 Meeting House Lane

Lancaster

LA1 1TJ

Bus: +44 (01524) 63334

Bus Fax: +44 (01524) 847638

E-mail: [elmhouselanacs@googlemail.com](mailto:elmhouselanacs@googlemail.com)

Notes: Elm House is an informal drop-in day centre for people who have mental health problems. It is open 7 days a week from 10.00am to 5.00pm weekdays & 10.30am to 4.30pm weekends and provides a range of social and recreational activities.

## EMMANUEL CHURCH, MORECAMBE

Full Name: Rev J D Mc Lean

Job Title: Minister in Charge

Marine Road East

Morecambe

LA4 5AJ

Bus: +44 (01524) 412230

Notes: This church holds traditional services, according to the Book of Common Prayer, every Sunday in their church on Marine Road East, Morecambe.

## ENTERPRISE PRESTON

Full Name: Holly Wignall

Job Title: Director of Strategy and Development

Enterprise House

239 Ribbleton Lane

Preston

PR1 5EA

Bus: 01772 655553

E-mail: holly@enterprise-nw.co.uk

Notes: We are a social enterprise formed to help hard to reach communities become more enterprising and to give them the support to enable them to start & grow their own businesses.

## ENTERPRISE4ALL

Full Name: Howard Bentley

Job Title: Contact

Enterprise Suite

Blakewater House

Capricorn Park

Blakewater Road

Blackburn

BB1 5QR

Bus: 0845 607 0786

E-mail: howard@enterprise4all.co.uk

Notes: A thriving social enterprise led by a strong team of successful business people & professionals. Focussed upon maximising engagement in enterprise, education & employment, we offer innovative consultancy services & funded programmes to support businesses

## EVERSLEY CHORAL UNION

Charity Number: 1,042,302

Full Name: Mrs J Ager

Job Title: Secretary

51, The Row

Silverdale

Carnforth

LA5 0UG

Bus: +44 (01524) 701491

Bus Fax: 01524 702361

E-mail: jenny\_ager@btopenworld.com

Notes: This is a mixed choir of 50-60 voices which performs a repertoire of mainly classical music at concerts mainly at Christmas and Easter. Rehearsals are held at Milnthorpe Primary School and any keen, interested singers are most welcome to join.



## **FAIRTRADE GROUP, LANCASTER, MORECAMBE & DISTRICT**

Full Name: Jennifer Sullivan

Job Title: Chair

St Luke's Vicarage

Slyne Road

LA1 2HU

Bus: +44 (01524) 63249

E-mail: lewis\_gary@talktalk.net

Notes: The Fairtrade group promotes fair trade in a number of ways throughout the district and also monitors the Fairtrade status of the district.

## **FAITH IN LANCASTER**

Full Name: Chris Robson

Job Title: Acting Chair

19 Woodlands Road

Skerton

Lancaster

LA1 2EH

Bus: 01524 62465

E-mail: glospurblack7@yahoo.co.uk

Notes: The aim of Faith in Lancaster is to bring representatives of the different faith communities together to facilitate networking in a way acceptable to the mainstream of each religious group.

## **FAMILY HISTORY GROUP, LANCASTER**

Full Name: Mrs P A Harrison

Job Title: Secretary

116 Bowerham Road

Lancaster

LA1 4HL

E-mail: secretary@lfhg.org

Notes: LFHG aims to support and assist members to research their family trees. Resources, information and assistance are provided along with a varied programme of speakers, visits, workshops and computer sessions. A monthly newsletter is published for members.

## **FIFTY FORWARD CARE NAVIGATION SERVICE**

Full Name: Pamela Beswick

Bus: 01524 413967

Notes: The 50 Forward project provides support for older people who need help to address services.



## FLORAL & HORTICULTURAL SOCIETY, BOLTON-LE-SANDS

Full Name: Mrs M Carter  
Job Title: Hon Secretary  
7 St Michaels Place  
Bolton-le-Sands  
Carnforth  
Lancs  
LA5 8LF

Bus: 01524 823013

E-mail: [mvcarter@talktalk.net](mailto:mvcarter@talktalk.net)

Notes: The aim of the group is to promote interest in gardening. Annual activities include shows of flowers,vegetables,homecraft,art,photography & children's sections. We also have coffee evenings, evening lectures, quizzes and best kept garden competition.

## FOOD 4 THOUGHT CAFE & OUTSIDE CATERING SERVICE

Full Name: Pamela Beswick  
Job Title: Contact  
Garden Entrance  
Poulton War Memorial Hall  
Church Street  
Morecambe  
LA4 5QA

Bus: 01524 416481

E-mail: [F4T@signposts.org](mailto:F4T@signposts.org)

Notes: This is a community café open 10-2 Monday - Friday. Outside catering is also available.

## FOOTBALL CLUB, MORECAMBE LADIES

Full Name: Sophie Fish  
Job Title: Club Secretary  
c/o Sports Centre  
Morecambe Road  
Lancaster  
LA1 2TY

Bus: 01524 521411

Bus Fax: 01524 521398

E-mail: [s.fish@lmc.ac.uk](mailto:s.fish@lmc.ac.uk)

Notes: To provide football to girls & women aged 16 + in a competitive league, & sessions to young girls on a weekly basis. We aim for juniors to move up to the adult teams.



## FOOTBALL CLUB, SLYNE-WITH-HEST

Full Name: Mr Knowles

Job Title: Chairman

28 Forgewood Drive

Halton

Lancaster

LA2 6NY

Bus: +44 (01524) 811515

E-mail: christopher.knowles@btinternet.com

Notes: This is an amateur football club with four teams playing in the West Lancashire League, North Lancashire & District Football League & Lancaster & Morecambe Service of Youth League.

## FRIENDS OF CARNFORTH STATION

Full Name: John Baker

Job Title: Volunteer

2 Littledale Mews

Kellet Lane

LA2 6BJ

Bus: 01524 382828

Notes: The Friends work as a group to support the Carnforth Station Trust. Together with other volunteers, they help run a small shop, act as guides at the Visitor Centre & raise funds.

## FRIENDS OF DOUBLE JOY

Charity Number: 1,087,172

Full Name: Eric Roseden

Job Title: Fundraiser

24 Knowe Hill Crescent

Lancaster

LA1 4JY

Bus: 01524 383763

E-mail: ericroseden@yahoo.co.uk

Notes: Friends of Double Joy support Double Joy Children's Farm, an orphanage & school in Kenya.

## FRIENDS OF LANCASTER MARITIME MUSEUM

Full Name: Chris Oxborrow

Job Title: Acting Chairman

2 Coppice Brow

Carnforth

LA5 9XG

Bus: 01524 736114

Bus Fax: +44 (01524) 841692

E-mail: christopher.oxborrow@mypostoffice.co.uk

Notes: This group aims to support the Maritime Museum and increase public awareness of maritime matters.



## FRIENDS OF POULTON CEMETERIES

Full Name: Rita Gerrard  
Job Title: Secretary  
130 Thornton Road  
Morecambe  
LA4 5PJ  
Bus: 01524 426911  
E-mail: reetaghosh26@yahoo.com  
Notes: We aim to keep a database on research of Poulton Cemeteries for heritage purposes.

## FRIENDS OF ST JOHN'S CHURCH

Full Name: Mandy Holten  
Job Title: Custodian  
26 Olive Road  
Lancaster  
LA1 2BZ  
Bus: 01524 310702  
E-mail: mandyholten@rocketmail.com  
Notes: We aim to raise funds to assist in the conservation of St John's Church starting with the clock's restoration & to promote, publicise & further the interests of St John's & make the church more available to the community.

## FRIENDS OF THE EARTH, NORTH LANCASHIRE

Full Name: Paul Martyn  
Job Title: Contact  
4 Sylvester Street  
Lancaster  
LA1 5DG  
Bus: 01524 62146  
E-mail: paulmartyn@onetel.com  
Notes: The group campaigns for environmental protection and sustainable development globally, nationally and locally and is represented in 52 countries around the world. This group is one of 250 local groups campaigning at community level throughout the UK.



## FRIENDSHIP CENTRE

Charity Number: 1,087,845

Full Name: Alys Jenkins

Job Title: Project Worker

C/O CVS

Trinity Community Centre

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 555900 x 30

E-mail: [alysjenkins@lancastercvs.org.uk](mailto:alysjenkins@lancastercvs.org.uk)

Notes: The Friendship Centre, a social centre for older people, is open Monday, Wednesday and Friday from 10am-1.30pm. There are a range of social and recreational activities on offer, and lunch is available on Wednesdays. Admission is £1 including fairtrade te

## FUCHSIA SOCIETY

Full Name: Mrs G Dennison

Job Title: Secretary

38 Beaufort Road

Morecambe

LA4 6TZ

Bus: +44 (01524) 417710

E-mail: [rdennison@lancaster.gov.uk](mailto:rdennison@lancaster.gov.uk)

Notes: The society exists to develop interests and skills in the growing and showing of fuchsias. Meetings are held on the 3rd Monday of each month at Lansil Social Club on Caton Road. Other specialist lectures are on offer.

## FURNITURE MATTERS

Charity Number: 1,085,696

Full Name: Julie Armer

Job Title: Personal Assistant to the Chief Executive Officer

Old Grand Garage

Thornton Road

Morecambe

LA4 5PB

Bus: +44 (01524) 426622

Bus Fax: +44 (01524) 426633

E-mail: [enquiries@furniturematters.org.uk](mailto:enquiries@furniturematters.org.uk)

Notes: The principle activity of the Company is the re-use of unwanted household goods - with the main objective being to make safe, low cost household items available to local disadvantaged people.

## GALGATE HISTORY GROUP

Full Name: Barbara Creer

Job Title: Treasurer

School Cottage

Chapel Lane

Ellel

Lancaster

LA2 0PW

Bus: 01524 751771

Notes: Galgate History Group - Subject matter local & general history. Meetings September to May at Galgate Methodist Chapel commencing 7.30 pm. Two historical site visits in June & July. Membership open to all & visitors welcome.

## GALGATE PRE-SCHOOL

Charity Number: 1,102,174

Full Name: Jaqui Moore

Job Title: Administrator

Ellel War Memorial Institute

Stoney Lane

Galgate

LA2 OJZ

Bus: 07855615714

E-mail: [galgate-preschool@btconnect.com](mailto:galgate-preschool@btconnect.com)

Notes: We offer high quality care & education to children of pre-school age in a warm, safe & friendly environment. Free places are available to all 3 & 4 year olds through the government nursery education grant scheme.

## GALLOWAY'S SOCIETY FOR THE BLIND

Charity Number: 526,088

Full Name: Mr T Kimpton

Job Title: Development Worker

91 Balmoral Road

Morecambe

LA3 1SS

Bus: +44 (01524) 414846

Bus Fax: +44 (01524) 414846

E-mail: [gallowaysmorecambe@tiscali.co.uk](mailto:gallowaysmorecambe@tiscali.co.uk)

Notes: Galloway's offers support, advice & information to local blind & partially sighted people through our Hospital Support Service, interest groups, holidays, talking books & newspapers, courses, befriending service, computer classes, activity programme & th

## GEORGE FOX SCHOOL EDUCATIONAL CHARITY

Charity Number: 526,723

Full Name: Stephen Wright

Job Title: Secretary

63 Victoria Street

Morecambe

LA4 4AF

Bus: +44 (01524) 402050

Bus Fax: +44 (01524) 402051

E-mail: [stephen.wright@wrightandlord.com](mailto:stephen.wright@wrightandlord.com)

Notes: This charity promotes the education of persons under the age of 25 who are in need of financial assistance and are resident in the area of benefit, ie in or near the city of Lancaster. Applications to be made to the above address.

## GIRLGUIDING UK, MORECAMBE DIVISION

Full Name: Lesley Oldfield

Job Title: Division Commissioner

4 Seymour Avenue

Heysham

LA3 2JR

Bus: 01524 851934

E-mail: [lesley.oldfield@yahoo.co.uk](mailto:lesley.oldfield@yahoo.co.uk)

Notes: The association provides a programme of enjoyable activities for girls from the age of five in the various sections of the movement - Rainbows, Brownies, Guides, Rangers, with the aim of promoting physical, mental and spiritual development.

## GLOBAL LINK, DEVELOPMENT EDUCATION CENTRE

Charity Number: 1,107,471

Full Name: Gisela Reynolds

Job Title: Manager

24A New Street

Lancaster

LA1 1EG

Bus: +44 (01524) 36201

Bus Fax: 01524 36201

E-mail: [info@globalink.org.uk](mailto:info@globalink.org.uk)

Notes: Global Link aims to promote awareness of global issues of justice, development & sustainability. We have two interactive exhibitions available for hire; provide training in participatory methodologies; & offer a wide range of educational resources.

**g**

## GRAND THEATRE

Charity Number: 509,425

Full Name: Ellie Singleton

Job Title: Theatre Manager

Grand Theatre

St Leonardgate

Lancaster

LA1 1NL

Bus: +44 (01524) 845230

Bus Fax: 05601132771

E-mail: [ellie@lancastergrand.co.uk](mailto:ellie@lancastergrand.co.uk)

Notes: This theatre, owned by Lancaster Footlights Club, supports local amateur dramatic musical groups whilst accepting visiting professional companies in its aim of 'educating and developing appreciation of the public in the dramatic arts.

## GREAT PLACES HOUSING GROUP

Full Name: Daniel Mountford

Job Title: Community Initiatives Manager

119 Union Street

Oldham

Bus: 0791 7617327

E-mail: [daniel.mountford@greatplaces.org.uk](mailto:daniel.mountford@greatplaces.org.uk)

Notes: The Association provides housing accommodation for poor, aged and disabled people, and any other charitable object that can be carried out by an Industrial and Provident Society registered as a social landlord with the Corporation.

## GREEN CLOSE STUDIOS

Full Name: Pete Flowers

Job Title: Director

Main Road

Melling

Carnforth

Lancashire

LA6 2RB

Bus: 015242 221233

E-mail: [pete@greenclose.org](mailto:pete@greenclose.org)

Notes: The Studio delivers culturally diverse contemporary art to rural communities through a varied programme of cultural activities, often in response to community need. It also co-ordinates the Bowland Arts Festival promoting environmental arts.

**g**

## **GUIDE DOGS FOR THE BLIND ASSOC, LANCASTER & MORECAMBE**

Charity Number: 209,617

Full Name: Mr C Fisher

Job Title: Chairman

90 Barton Road

Lancaster

LA1 4EL

Bus: +44 (01524) 64706

Notes: We are a voluntary fundraising group for Guide Dogs locally & national. We organise events locally for our charity.

**h**

## **HAFFNER ORCHESTRA**

Charity Number: 509,571

Full Name: Mr Roger Dillon

Job Title: Secretary

14 Moorside Road

Brookhouse

Lancaster

LA2 9PJ

Bus: +44 (01524) 822045

E-mail: [enquiries@haffnerorchestra.org](mailto:enquiries@haffnerorchestra.org)

Notes: This orchestra was formed in 1976 to provide playing opportunities of the highest standard for local amateur and professional musicians. It consists of 40 - 50 players and usually gives three concerts a year at the Ashton Hall (Town Hall) Lancaster

## **HALTON TUESDAY CLUB**

Full Name: M Glass

Job Title: Contact

143 High Road

Halton

Lancaster

LA2 6PX

Bus: 01524 811940

Notes: We meet every other Tuesday to listen to a speaker & play card games & scrabble & enjoy a cup of tea & cake.



## HAPPENSTANCE ARTS COLLECTIVE

Full Name: Sonja Campbell

Job Title: Chairperson

3 Claremont Road

Morecambe

LA4 4HJ

Bus: 01524 423191

E-mail: mail@sonjacampbell.com

Notes: The organisation supports groups, members & practices through sharing of skills & ideas. We provide a formal framework for artistic collaboration with each other & the core group which produces sustainable arts activities in the area.

## HARVESTERS DAY AND RESOURCE CENTRE

Full Name: Paul Bonnell

90/92 Thornton Rd

Morecambe

LA4 5PJ

Bus: +44 (01524) 832606

Bus Fax: +44 (01524) 427380

E-mail: general.harvesters@makingspace.co.uk

Notes: An informal day and resource centre open every day except Monday, providing support to sufferers of mental health issues and promoting social inclusion and choice. Services include meals, activities, laundry, bathing, advice, signposting and 1-1 support.

## HEADWAY, LANCASTER & DISTRICT

Full Name: Ian Gee

Job Title: Contact

5 Aalborg Square

Lancaster

Lancs

LA1 1GG

Bus: +44 (01524) 598304

Bus Fax: 01524 598339

E-mail: ijng@gmail.com

Notes: This is a support and self help group for people who have suffered brain damage or injury; their families, carers and professionals. Monthly meetings for advice on problem solving and social contact.



## HEART CONCERN LANCASTER & MORECAMBE DISTRICT SUPPORT GROUP

Charity Number: 701,746

Full Name: Mrs Christine Nightingale

Job Title: Secretary

17 Parkfield Drive

Lancaster

LA1 4BT

Bus: +44 (01524) 67859

E-mail: c.nightingale@lancaster.ac.uk

Notes: The group provides support for cardiac patients, their family & carers, holding monthly open meetings with guest speakers on many subjects. There is a walking group & also weekly exercise classes. Social events include theatre, shopping & boat trips.

## HELP DIRECT

Full Name: Donna Studholme

Job Title: Manager

7-11 Chapel Street

Lancaster

LA1 1NZ

Bus: 01524 387853 / 0303 3331111 (helpline)

E-mail: donnas@loc.helpdirectlancs.org.uk

Notes: Help Direct is a new service being developed for all adults in Lancashire. It aims to be the first port of call for practical support, guidance and information and works with local organisations and community groups

## HEYSHAM ATOMS ARLFC

Full Name: Andrew Raines

Job Title: Coach

46 Melrose Sreet

Lancaster

LA1 3DL

Bus: 07736 775065

E-mail: raines57@hotmail.com

Notes: We are an amateur rugby league team that provides rugby for Lancaster. Morecambe & Heysham. Our aim is to provide training & playing opportunities for the area & introduce new players to the sport.

## HINDU SOCIETY, LANCASTER & MORECAMBE

Full Name: Mrs Harsha Y Shukla

Job Title: Chairman

5 Redwood Heights

Standen Park

Lancaster

LA1 3FG

Bus: +44 (01524) 68939

E-mail: hindusociety2004@yahoo.co.uk

Notes: This is a society of people with Hindu faith. Social, cultural and religious discussions are organised and support offered to ethnic minority groups. It encourages inter-faith dialogue/discussion for better understanding of all faiths.



## HOME - START, MORECAMBE & LANCASTER

Charity Number: 1,077,421

Full Name: David Holleley

Job Title: Senior Co-ordinator

3 Anderton Street

Morecambe

LA4 5DJ

Bus: +44

Bus Fax: +44 (01524) 402483

E-mail: mail@homestartml.co.uk

Notes: Homestart offers regular support, friendship and practical help to young families under stress in their own homes, helping prevent family crisis and breakdown and emphasising the pleasures of family life.

## HOME CHURCH (FREE METHODIST)

Full Name: Richard Scholes

Job Title: Pastor

76 Alexandra Road

Morecambe

LA3 1RS

Bus: 07816 900074

E-mail: home.morecambe@googlemail.com

Notes: Home church is a Christian outreach that meets at West End Community Resource Centre every Sunday at 4.00pm. We aim to help people find faith in Christ & experience the freedom that comes from this.

## HOMEBOUND & DISABLED FELLOWSHIP, LANCASTER & MORECAMBE

Charity Number: 223,920

Full Name: Peter Hunt

Job Title: Secretary

8 Kempton Road

Lancaster

LA1 4LS

Bus: +44 (01524) 67581

E-mail: pchunt@talktalk.net

Notes: To provide fellowship and social wellbeing through meetings, speakers, entertainment and excursions.



## HOMELESS ACTION SERVICE, LANCASTER & DISTRICT

Charity Number: 1,093,016

Full Name: Islay Watson

Job Title: Centre Manager

Homeless Action Centre

Edward Street

Lancaster

LA1 1QH

Bus: +44 (01524) 842008

Bus Fax: +44 (01524) 847724

E-mail: [admin@ldhas.org.uk](mailto:admin@ldhas.org.uk)

Notes: The service exists to help homeless people and those with housing difficulties. It works through the Centre in Edward Street, which is open daily, offering friendship, advice, counselling and help and facilities for food and washing.

## HORTICULTURAL SOCIETY, OVER KELLET & DISTRICT

Full Name: Miss Joan Smith

Job Title: Secretary

17 Greenways

Over Kellet

Carnforth

LA6 1DE

Bus: +44 (01524) 732335

Notes: This society, with approximately 270 members, organises horticultural activities for the local community; these include lectures in spring and autumn, an annual plant sale, an annual open show, and occasional radio broadcasts.

## HOST UK

Charity Number: 327,592

Full Name: Gulandum Sharifova

Job Title: Support Administrator

Unit 8

Water House

8 Orsman Road

London

N15 Q7

Bus: +44 (020) 77396292 (Head office , London)

Bus Fax: 02070336539

E-mail: [info@hostuk.org](mailto:info@hostuk.org)

Notes: Host UK is a network of UK residents who welcome international students to their homes. The purpose is to give students an insight into the way of life in Britain & also share their own culture with their hosts.

**h**

## **HOUSING 21, NORTH REGIONAL OFFICE**

Full Name: Sharon Preston

Job Title: Court Manager

15 John Kay Court

St Chad's Drive

Lancaster

LA1 2SN

Bus: 0370-192-4764

E-mail: [prestons@housing21.co.uk](mailto:prestons@housing21.co.uk)

Notes: Housing 21 is a non-profit making organisation providing good quality accommodation for older people with a variety of special needs and works with both active and frail older people to encourage an independent life style.

## **HUA XIAN CHINESE SOCIETY**

Full Name: Raymond Chan

Job Title: Secretary

58 Queen Street

Morecambe

Lancashire

LA4 5EP

Bus: 01524 400161

E-mail: [huaxiansociety@hotmail.co.uk](mailto:huaxiansociety@hotmail.co.uk)

Notes: The Society organises educational, social activities & services for the residents of Lancaster District. Our aim is to help people from chinese communities actively contribute to local life & work with other local agencies to identify & resolve issues.

**i**

## **ILEOSTOMY ASSOCIATION,CENTRAL & NORTH LANCASHIRE**

Charity Number: 1,040,010

Full Name: Keith Woan

Job Title: Secretary

80 Carelton Road

Chorley

Lancs

PR6 8UB

Bus: 01257 278759

Notes: This association helps and encourages people who have had their colons removed to return to a full and active life. A quarterly journal is published and regular local meetings are held.

**i****INTER-AGENCY GROUP (MIG), MORECAMBE**

c/o Lancaster CVS  
Trinity Community Centre  
Middle Street  
Lancaster  
LA1 1JZ

Bus: +44 (01524) 555900

Bus Fax: +44 (01524) 389550

Notes: The group brings together representatives of many different agencies, voluntary and statutory, who work in Morecambe. It provides a forum for discussion, networking, research and development projects.

**INWARD HOUSE PROJECTS**

Charity Number: 1,075,954

Full Name: Mr J Sutton

Job Title: Chief Executive

Falcon House

4 Queen Square

Lancaster

LA1 1RN

Bus: +44 (01524) 541530

Bus Fax: +44 (01524) 541538

E-mail: HQAdmin@inwardhouse.co.uk

Notes: This is a local charity with a national catchment area. It offers residential rehabilitation and community based aftercare for ex-substance abusers, thereby helping to develop safer communities.

**j****JUBILEE INSTITUTE, HEYSHAM**

Full Name: The Secretary

Job Title: Secretary

Jubilee Institute

30 Main Street

Heysham

LA3 2RW

Bus Fax: 01524 853291

E-mail: tracylou6@talktalk.net

Notes: This institute was donated to the parish of Heysham by the Rev Charles Twemlow Royds in 1897 to provide facilities in the interests of social welfare and leisure time occupation of the local residents

**j**

## **JUNIOR ANGLERS, MORECAMBE & DISTRICT**

Full Name: Ken Murray

Job Title: Chairman

9 Norton Road

Heysham

LA3 1HA

Bus: 01524 832435

E-mail: muggsy12@talktalk.net

Notes: A voluntary organisation for young people between the ages of 8-16 years. We aim to teach all aspects of coarse angling and lessons about conservation and wildlife. We hold regular lessons, matches and away days.

**k**

## **KEEP FIT ASSOCIATION (KFA), LUNE VALLEY**

Full Name: Mrs Ann Wardle

Job Title: Publicity Officer

51 Greenwood Avenue

Bolton-Le Sands

Carnforth

LA5 8AW

Bus: +44 (01524) 822738

E-mail: mike@wardle51.freemove.co.uk

Notes: The association aims to promote physical fitness and a positive attitude to health in women of all ages. It co-operates with all recognised bodies concerned with this field and recruits and trains teachers for local classes.

**l**

## **LABACREW**

Full Name: Anna Jones

Job Title: Chair

Trees

Barber Green

Cartmel

Cumbria

LA11 6HU

Bus: 015395 36473

E-mail: annajones333@btinternet.com

Notes: We aim to improve creative writing skills by members submitting work for comment, sharing resources & holding tutor lead sessions. Membership is by invitation & meetings are held monthly.

## LANCASHIRE ASSOCIATION OF CLUBS FOR YOUNG PEOPLE

Charity Number: 521,362

Full Name: Alan M Donkin MBE

Job Title: County Director

South Place

1 Meeting House Lane

Lancaster

LA1 1TQ

Bus: +44 (01524) 65106

Bus Fax: +44 (01524) 383525

E-mail: [lacyp@lacyp.org.uk](mailto:lacyp@lacyp.org.uk)

Notes: To inspire & enable all young people, especially the disadvantaged, to realise their potential as productive, responsible & caring citizens. To assist & support clubs in which they can participate in a range of activities & develop through positive expe

## LANCASHIRE ASSOCIATION OF VILLAGE & COMMUNITY HALLS

Charity Number: 1,079,777

Full Name: Barbara Dearnley

Job Title: Secretary

21 Brookhouse Road

Caton

LA2 9QT

Bus: 01524 770085

E-mail: [bcd@hotmail.co.uk](mailto:bcd@hotmail.co.uk)

Notes: We provide support services to village & community halls throughout Lancashire. We hold regular meetings to promote our activities & information can be accessed via our website. We have links to various county & national organisations.

## LANCASHIRE COMMUNITY FINANCE

Charity Number: 1,106,165

Full Name: Phil Bamford

Job Title: Loans Officer

c/o Lancaster & District YMCA

New Road

Lancaster

LA1 1EZ

Bus: 0844 5611292

Bus Fax: 01772 556826

E-mail: [northlancs@prestonmoneyline.co.uk](mailto:northlancs@prestonmoneyline.co.uk)

Notes: Preston Moneyline is a not for profit ' community business. We offer loans and financial help to people who are unable to finance from High Street banks or building societies.

## LANCASTER & LAKES JEWISH COMMUNITY

Full Name: Fiona Frank  
Job Title: Secretary  
c/o Dept of Continuing Education  
Lancaster University  
Lancaster  
LA1 4YT

Bus: 07778 737681

E-mail: lancasterlakesjc@googlemail.com

Notes: A small unaffiliated Jewish community for Jewish people, people of Jewish heritage or with Jewish partners or children. Services organised for festivals, regular family services & other activities throughout the year including regular events & talks of

## LANCASTER CHARITY

Charity Number: 213,461

Full Name: Mr P E Oglethorpe

Job Title: Clerk to Trustees

16 Castle Park

Lancaster

LA1 1YG

Bus: +44 (01524) 846846

Bus Fax: +44 (01524) 382247

Notes: This charity provides almshouses within the city for elderly people who have resided in the city for not less than three years. These are situated in King Street, Queen Street, Lindow Street and Regent Street.

## LANCASTER DIOCESAN FAITH AND JUSTICE COMMISSION

Full Name: Margaret McSherry

Job Title: Administrator

St Bernadette's Parish House

Bowerham Road

Lancaster

LA1 4HT

Bus: +44 (01524) 383081

Bus Fax: +44 (01524) 383081

E-mail: lfjc@talktalk.net

Notes: The group aims to encourage Christians and others of good will, to campaign and work for social justice and respect for the environment, locally and globally.

## LANCASTER SINGERS

Charity Number: 1,099,551

Full Name: Brenda Harding

Job Title: Secretary

14 Ascot Close

Lancaster

LA1 4LT

Bus: 01524 66071

E-mail: [brenda.harding@cumbria.ac.uk](mailto:brenda.harding@cumbria.ac.uk)

Notes: This is a mixed-voice choir of about 50 members which was founded in 1975 with the object of performing a wide range of choral works. Weekly rehearsals are organised. Entry is by audition.

## LANCASTER UNIVERSITY VOLUNTEERING UNIT

Full Name: Ben Matthews

Job Title: Director

LUVU

Alexandra Square

Lancaster University

LA1 4XX

Bus: +44 (01524) 592063

E-mail: [b.j.matthews@lancaster.ac.uk](mailto:b.j.matthews@lancaster.ac.uk)

Notes: LUVU facilitates student and staff volunteer projects within the local community. Community organisations are welcome to contact us to discuss possible project ideas.

## LANGLEY HOUSE TRUST

Charity Number: 290,059

Full Name: Joe Costello

Job Title: Project Manager

Longcroft

58 Westbourne Road

Lancaster

LA1 5EF

Bus: +44 (01524) 64950

Bus Fax: 01524 39435

E-mail: [longcroft@langleyhoustrust.org](mailto:longcroft@langleyhoustrust.org)

Notes: The trust is a Christian charity working for the care and support of ex-offenders. The Trust was formed in 1958 and has 16 residential homes of differing styles of support throughout England aiming to provide physical, mental and spiritual help.

## LEONARD CHESHIRE NORTH WEST

Charity Number: 218,186

Full Name: Joanne Berry

Job Title: Volunteer co-ordinator

Oaklands

Dimples Lane

Garstang

Preston

PR3 1UA

Bus: +44 (01995) 602290

Bus Fax: 01995 600026

E-mail: joanne.berry@LCDisability.org

Notes: This charity is concerned with home care for disabled people and residential and day care at Oaklands in Garstang for individuals aged from 18-65 with physical disabilities.

## LESS

Charity Number: 6,181,400

Full Name: Liz Horn

Job Title: Climate Change Action Co-ordinator

F16, St Leonard's House

St Leonardgate

Lancaster

LA1 1NN

Bus: 01524 66100

E-mail: liz@lessuk.org

Notes: We provide advice to householders in the Lancaster district regarding energy conservation, local food networks and climate change.

## LIONS CLUB , LANCASTER & MORECAMBE

Charity Number: 510,818

Full Name: Mr Andrew Dodgson

Job Title: Secretary

11 Lawnswood Avenue

Scotforth

Lancaster

LA1 4NZ

Bus: +44 (01524) 383375

E-mail: andrewdodgson@fsmail.net

Notes: The club works primarily to help needy groups and individuals in the local community both by fundraising and through direct action. The club is open to both men and women over 18 years old and combines its community work with a lively social programme.

## LITFEST, LANCASTER

Charity Number: 510,670

Full Name: Jonathan Bean

Job Title: Admin & Finance manager

The Storey

Meeting House Lane

Lancaster

LA1 1TH

Bus: 01524 62166

E-mail: litfest@gmail.com

Notes: Litfest is an annual literature festival in October, a year round programme of events at the Storey & a literature development agency, incorporating flax books.

## LMC VOLUNTEERS

Full Name: Naomi Oosman

Job Title: Advice & Guidance officer

Lancaster & Morecambe College

Morecambe Road

Lancaster

LA1 2TY

Bus: 01524 521237

Bus Fax: 01524 843078

E-mail: n.oosman@lmc.ac.uk

Notes: We work as a volunteer bureau, through which local voluntary organisations may publicise their organisation in order to recruit new volunteers.

## LOCAL HISTORY SOCIETY, MOURHOLME

Full Name: Sheila Jones

Job Title: Booking Secretary

116 North Road

Carnforth

LA5 9LX

Bus: 01524 732305

E-mail: bjones@physics.org

Notes: Our society aims to enrich & entertain the local community with a programme of monthly talks on local history. We also do primary research & publish findings in field of local history.

## LUDUS DANCE COMPANY

Full Name: Jacqueline Greaves

Job Title: Head of Dance Development

Assembly Rooms

King Street

Lancaster

LA1 1RE

Bus: +44 (01524) 35936

Bus Fax: +44 (01524) 847744

E-mail: [Jacqueline.greaves@ludusdance.org](mailto:Jacqueline.greaves@ludusdance.org)

Notes: Ludus includes a performing company and community dance team with an inclusive, creative approach. We hold weekly dance classes and specialise in all ages, gifted and disabled, in conjunction with schools and other organisations.

## LUNE RIVERS TRUST

Full Name: Mrs Littlefield

Job Title: Secretary

Crossings Cottage

Cloughton

Lancaster

LA2 9RZ

Bus: +44 (015242) 22174

E-mail: [boddles\\_uk@yahoo.co.uk](mailto:boddles_uk@yahoo.co.uk)

Notes: This group brings together people and organisations concerned with the preservation and conservation of natural habitats and wildlife to improve the quality of the River Lune and its environs.

## LUNE VALLEY SQUARE DANCE CLUB

Full Name: B.Smith

Job Title: Chair

Bus: 07984561048

E-mail: [oceanwavers@hotmail.co.uk](mailto:oceanwavers@hotmail.co.uk)

Notes: Lune Valley Ocean Wavers is a very popular Square Dance club based in the North West of England near Lancaster. We dance Mainstream & Plus programmes & have an active teaching programme from beginner to Plus. We meet twice weekly for teaching & dancing,

## MACMILLAN NURSING SERVICE, LANCASTER

Full Name: Mrs H Summerfield

Job Title: Office Administrator

Comm Office

St John's Hospice

Slyne Road

Lancaster

LA2 6ST

Bus: +44 (01524) 847257

Bus Fax: +44 (01524) 32267

Notes: The Macmillan Nurses work in liaison with consultants, general practitioners and nurse colleagues supporting and advising cancer patients and their families. They act in an advisory role in the care of people coping with debilitating illnesses.

## MAKING SPACE

Charity Number: 512,907

Full Name: Lionel Rice

Job Title: Employment Development Worker

Unit 8

Eastgate

White Lund Industrial Estate

Morecambe

LA3 3DY

Bus: +44 (01524) 847937

E-mail: [lionel.rice@makingspace.co.uk](mailto:lionel.rice@makingspace.co.uk)

Notes: We are a mental health charity. We provide a range of services locally including supported housing, day services & an outreach, employment support & training, horticultural therapy & carer support. We support people with severe & enduring mental ill heal

## MALE VOICE CHOIR, LANCASTER & DISTRICT

Charity Number: 1,074,436

Full Name: A.C. Boulton

Job Title: Relations Officer

9 Bowerham Road

Lancaster

LA1 4AR

Bus: 01524 65761

E-mail: [alfredboulton485@hotmail.co.uk](mailto:alfredboulton485@hotmail.co.uk)

Notes: To give satisfaction & enjoyment to members, pleasure & education to audiences, & raise money for charities.

## MANCHESTER UNITED SUPPORTERS' CLUB, LANCASTER & DISTRICT

Full Name: Andy Baker

Job Title: Secretary

78 Highland Brow

Galgate

Lancaster

LA2 0NB

Bus: 01524 751035

E-mail: a.baker@lancaster.ac.uk

Notes: The club provides transport and obtains tickets for Manchester United matches at home, away and abroad. It organises relevant social functions and sporting activities for locally based Manchester United supporters.

## MARSH COMMUNITY CENTRE

Charity Number: 1,085,116

Full Name: Yakub Patel

Job Title: Centre Co-ordinator

Willow Lane

Lancaster

LA1 5PP

Bus: +44 (01524) 843300

E-mail: marshcommunitycentre@yahoo.co.uk

Notes: This community centre on Willow Lane, Lancaster aims to develop the skills of local people in order that they can bring about positive social & environmental change. It has a spacious main hall, fully equipped training suite of rooms & accessible kitchen

## MEMORIAL HALL, SLYNE-WITH-HEST (SHMH)

Charity Number: 1,086,566

Full Name: Mrs Brookes

Job Title: Hall Administrator

39 Coastal Road

Hest Bank

Lancaster

LA2 6HE

Bus: +44 (01524) 825464

E-mail: brookes.slynewithhestpc@btinternet.com

Notes: This group is concerned with the provision and maintenance of a village hall for the use of inhabitants of Slyne-with-Hest and surrounding area, including use for meetings, lectures, classes and other forms of education, recreation and leisure time use.

## MENCAP SOCIETY, MORECAMBE & LANCASTER

Charity Number: 222,647

Full Name: Mrs P Senior

Job Title: Secretary

Flat 16 Hillcrest Court

32-36 West End Road

Morecambe

LA4 4DL

Bus: +44 (01524) 400706

Notes: The local branch exists to support mentally handicapped people, people with learning disabilities and their families by providing recreational and leisure activities, and to increase public awareness of the problems and needs of mentally handicapped people.

## MENTAL HEALTH SERVICE USER FORUM, LANCASTER & MORECAMBE

Full Name: Alex Seggie

Job Title: Contact

Together

6-3-11 Alston House

White Cross

Lancaster

LA1 4XF

Bus: 01524 62039

Mobile: 075459 26602

E-mail: [lancaster-morecambe-forum2@btconnect.com](mailto:lancaster-morecambe-forum2@btconnect.com)

Notes: The objective of the forum is for people who experience or have experienced mental distress to have a say about mental health services in the Lancaster & Morecambe area.

## MIDDLE WOOD TRUST

Charity Number: 515,554

Full Name: Mark Bamford

Job Title: Manager

Middle Wood

Roeburndale West

Lancaster

LA2 9LL

Bus: +44 (015242) 21880

E-mail: [studycentre@middlewood.org.uk](mailto:studycentre@middlewood.org.uk)

Notes: Middle Wood Trust was set up to research into & educate about sustainable lifestyles. We run a 10 bunk bed study centre that hosts visiting groups & runs courses in crafts & sustainable development.

## MODEL RAILWAY CLUB, MORECAMBE & HEYSHAM

Full Name: Dean Harrison

Job Title: Secretary

6 Brooks Grove

Morecambe

LA3 1BA

Bus: 07880721832 ; 01524 418583

E-mail: info@mandhmrc.com

Notes: We are a model railway club situated in a disused warehouse, providing "n" "0" and "00" gauge layouts where likeminded people can gather and run trains. We also embark on days out to various locations.

## MOORSIDE FIELDS COMMUNITY GROUP

Full Name: Michael Worth

Job Title: Chair

26 Durham Avenue

Lancaster

LA1 4EE

Bus: 01524 65841

E-mail: michael.worth1@btinternet.com

Notes: To enhance the area known as Moorside Fields as a community resource & conservation area. The area is defined as Urban Green spaces marked on the 2004 Lancaster City plan.

## MORECAMBE BAY CREDIT UNION LTD

Full Name: Claire Troughton

Credit Union Centre

75 Queen Street

Morecambe

Lancs

LA4 5EN

Bus: +44 (01524) 411240

E-mail: morecambebaycu@aol.com

Notes: The Credit Union is a savings and loans cooperative owned and run by local people, serving the whole District of Lancaster (Morecambe, Lancaster, rural areas inc Bentham Parish). Regulated by the Financial Services Authority. Registration number 213658.

## MORECAMBE BAY ME GROUP

Charity Number: 1,084,277

Full Name: Alice Fleming

Job Title: Development Worker

Caroline Green Cottage

Oxenholme Lane

Natland

Kendal

LA9 7QH

Bus: (015395) 60729

E-mail: info@bayme.org

Notes: We offer help, support & information for people with ME (Chronic Fatigue Syndrome) & their carers in the Lancaster, South Lakeland & Barrow districts. This includes meetings with speakers, a newsletter & socials as well as benefit applications.

## MORECAMBE BAY MOVIE MAKERS

Full Name: Mr K Russell

Job Title: Secretary

15 Pembroke Avenue

Morecambe

LA4 6EJ

Bus: +44 (01524) 416074

E-mail: k.t.russell@talk21.com

Notes: The club promotes the art of movie making using cine film and new media by the amateur. The group meets at St Christopher's Church Hall, Bare, Morecambe, every Monday evening, October to April inclusive.

## MORECAMBE BAY NOS SUPPORT GROUP

Charity Number: 1,102,712

Full Name: Christine Bushby

Job Title: Chairperson

8 Duddon Close

Grosvenor Park

Morecambe

LA3 3SW

Bus: 01524 840989

E-mail: christine.bushby@btinternet.com

Notes: The aim of the group is to support & offer advice to osteoporosis sufferers & their carers.

## MORECAMBE BAY PARTNERSHIP

Charity Number: 1,089,559

Full Name: Susannah Bleakley

Job Title: Partnership Officer

32 Market Place

Kendal

LA9 4TN

Bus: 01539 735900

Bus Fax: 01539 740430

E-mail: office@morecambabay.org.uk

Notes: Morecambe Bay Partnership is dedicated to taking action to improve the environment & quality of life around Morecambe Bay.

## MORECAMBE BRASS BAND ASSOCIATION

Full Name: Bernard Vause

Job Title: Secretary

5 Buseph Drive

Morecambe

LA4 6PQ

Bus: +44 (01524) 410409

E-mail: morecambe@talktalk.net

Notes: The association caters for brass musicians and those wishing to learn of all ages. Established in 1904 we own our headquarters in Morecambe and are busy throughout the year performing in concerts and other community events.

## MORECAMBE LOCAL QUAKER MEETING

Full Name: Heather Bennett

Job Title: Clerk

32 St Margaret's Road

Morecambe

LA4 6EF

Bus: +44 (01524) 422972

E-mail: heather.bennett1@btopenworld.com

Notes: Local meeting of Religious Society of Friends(Quakers). Worship meetings on Sundays at 10.45 am.

## MOTOR NEURONE DISEASE ASSOCIATION, N LANCS & S CUMBRIA

Charity Number: 294,354

Full Name: Mrs S. Richardson

Job Title: Secretary

8 Mardale Avenue

Morecambe

LA4 5XP

Bus: +44 (01524) 422493

E-mail: sylvia-8@hotmail.co.uk

Notes: The branch supports local people living with MND, their families and carers. We liaise with local health and social care professionals. Funds raised are used to help sufferers of this disease and to support research into finding a cure.

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## **MUSIC MAKERS, LANCASTER**

Full Name: Ms R Brown

Job Title: Secretary

69 Farmdale Road

Lancaster

LA1 4JB

Bus: +44 (01524) 65774

Notes: This is a small local independent music club which organises its own concerts and workshops throughout the year.

**n**

## **NATIONAL COALITION BUILDING INSTITUTE, (NCBI) LANCASHIRE**

Charity Number: 1,081,443

Full Name: Liz Neat

Job Title: Director

Trinity Methodist Church

Marine Road West

Morecambe

LA3 1BY

Bus: 01524 421488

Mobile: 0797484727

E-mail: [ncbilancs@ncbi.org.uk](mailto:ncbilancs@ncbi.org.uk)

Notes: This is a non profit making world wide organisation dedicated to ending mistreatment, prejudice and discrimination in its many forms. Volunteers are trained in the skills of prejudice reduction, conflict resolution, and coalition building.

## **NATURALISTS' GROUP, NORTH LANCS (WILDLIFE TRUST FOR LANCASHIRE)**

Charity Number: 229,325

Full Name: Mike Moon

Job Title: Chairman

27 The Row

Silverdale

Carnforth

LA5 0UG

Bus: +44 (01524) 701163

E-mail: [mikejmoon@aol.com](mailto:mikejmoon@aol.com)

Notes: Activities include talks, slide shows, outings to wildlife sites, and working parties on Trust nature reserves. Wildlife surveys are conducted. Atlases of butterflies, mammals etc have been produced, or are in preparation. Meetings are open to all.



## N-COMPASS NORTHWEST LTD

Charity Number: 1,128,809

Full Name: Dawn Parkinson

No 3 Errigal House

Avroe Crescent

Blackpool Business Park

Blackpool

FY4 2DP

Bus: (01253) 362140

Bus Fax: (01253) 407473

E-mail: [dparkinson@ncompass1.org](mailto:dparkinson@ncompass1.org)

Notes: This is a registered charity that provides a range of advocacy, counselling, carers and additional support services to vulnerable and marginalised adults and young people.

## NEIGHBOURHOOD WATCH

Full Name: Elaine Betts

Job Title: Neighbourhood Watch /Crime Prevention Admin Support

Morecambe Police Station

Poulton Square

Morecambe

LA4 5PZ

Bus: 01524 596988

E-mail: [elaine.betts@lancashire.pnn.police.uk](mailto:elaine.betts@lancashire.pnn.police.uk)

Notes: Neighbourhood Watch is a police supported crime prevention initiative. A watch comprises of an informal group of residents who provide voluntary support to each other, the police & the local authority to tackle & prevent crime occurring in their neighbour

## NORTH LANCS ADVOCACY LTD

Charity Number: 1,108,198

Full Name: Colin Potter

Job Title: Manager

Room B32

St Leonard's House

St Leonard's Gate

Lancaster

LA1 1NN

Bus: (01524) 841845

E-mail: [nladvocacy@ncompass1.org](mailto:nladvocacy@ncompass1.org)

Notes: North Lancs Advocacy is a project managed by N-Compass, providing issue based advocacy from paid staff or volunteers. We work with adults in the Lancaster district providing support with health or social care service issues, choosing their best option an

**n**

## **NORTH LANCS ENTERPRISE LTD**

Full Name: John Senior

Job Title: Business Advisor

The Bay Business Centre

2 Norton Road

Heysham

LA3 1HA

Bus: 01524 400224

Bus Fax: 01524 427406

E-mail: [info@baybusinesscentre.co.uk](mailto:info@baybusinesscentre.co.uk)

Notes: Promoting the development & growth of small businesses by offering free expert advice & guidance, including a special provision for the disabled.

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## **OLIVE BRANCH (FAITH IN ACTION), THE**

Charity Number: 1,116,239

Full Name: Barbara Kirby

Job Title: Chair of the Trustees

22 Thurnham Street

Lancaster

LA1 1XU

Bus: 01524 555715

E-mail: [tob.olivebranch@live.co.uk](mailto:tob.olivebranch@live.co.uk)

Notes: The Olive Branch offers a listening ear, information, guidance & support/friendship to people in need. We plan to extend the services offered in our contact centre.

## **OLIVE TREE MINISTRIES (UK)**

Charity Number: 1,123,976

Full Name: Bill Rushworth

Job Title: Co-ordinator

40 Clarendon Road

Morecambe

LA4 4HS

Bus: 01524 413077

Bus Fax: 01524 413077

Notes: The principal aim is to establish a Christian pastoral ministry for Polish migrant workers and their families, in conjunction with a group in North Poland. An information office is situated on Albert Road, Morecambe. Also working with charities in Poland



## ONE VOICE DISABILITY SERVICE

Charity Number: 1,120,810

Full Name: Jo Williams

Job Title: Manager

The Cornerstone

2 Sulyard Street

Lancaster

LA1 1PX

Bus: +44 (01524) 382800 /34411

E-mail: one-voice@btconnect.com

Notes: Providing general information and support to disabled people, their families and carers. Training and support on access issues.Disability forum.

## ORIENTEERING CLUB, SOUTH RIBBLE

Full Name: Mrs Karen Nash

Job Title: Secretary

1 Whitelens Avenue

Lea

Preston

PR2 1YA

Bus: 01772 721573

E-mail: nash.family@talktalk.net

Notes: This club covers much of Lancashire with members in Chorley, Preston, Blackpool, Blackburn and Lancaster. It is open for both sexes and all ages (0-90) with an interest in recreational and competitive orienteering.

## OVER THE SANDS

Full Name: Robert W. McKittrick

Job Title: Chair

15 Park Square

Lancaster

LA1 3EH

Bus: 01524 34854

E-mail: robert.mck4@tiscali.co.uk

Notes: We attempt to revive the spirit of the Morecambe Choirs Festival presenting four choirs of different styles & traditions from within local communities at an annual concert. Proceeds from ticket sales to good causes/charities.



## PACT YOUTH INITIATIVE

Charity Number: 521,068  
Full Name: Barbara Dearnley  
Job Title: Secretary/Treasurer  
35 Hornby Road  
Caton  
LA2 9QW  
Bus: 01524 770399  
E-mail: bcd@hotmail.co.uk

Notes: We use an old police house in Caton to run a Youth Group with several recreational activities eg. pool, darts, games machines and outdoor activities ( weather permitting ).

## PALESTINE SOLIDARITY CAMPAIGN, LANCASTER

Full Name: Patrick Montague  
Job Title: Chair  
The Basement  
78a Penny Street  
Lancaster  
LA1 1XN  
Bus: 07807 680591  
E-mail: psclancaster@yahoo.com

Notes: We aim to increase awareness of the difficulties encountered by Palestinians living under military occupation. We show films, invite speakers, fundraise for medical charities, campaign on areas of international significance & raise awareness of human rig

## PARKINSON'S DISEASE SOCIETY

Charity Number: 258,197  
Full Name: Katherine French  
Job Title: Influence & Service Development Officer (North West)  
215 Vauxhall Bridge Road  
London  
SW1V 1EJ  
Bus: 0844 2253653  
E-mail: kfrench@parkinsons.org.uk

Notes: The Society aims to support all people with the disease, their families & carers. To collect & share information on Parkinson's & encourage & provide funds for research.

## PENHALE SOCIETY LTD

Charity Number: 223,438  
Full Name: Alison Robson  
Job Title: Administrator  
8 South Road  
Morecambe  
LA4 5RA  
Bus: +44 (01524) 411772  
E-mail: admin@penhalesociety.co.uk

Notes: This society, formerly Abbeyfield Society of Morecambe and Heysham, provides sheltered housing for a total of 22 single elderly people in 4 large family type houses.



## **PETS AS THERAPY**

Charity Number: 1,112,194

Full Name: Alison Reynolds

Job Title: Training and Research Manager

25 Bowerham Road

Lancaster

LA1 4AA

Bus: +44 (01524) 380437

E-mail: areynolds@petsastherapy.org

Notes: This organisation provides volunteers who make visits with their own assessed pets (dogs and cats) into nursing & residential care homes, hospitals, hospices, schools & prisons. We also work in mental health, stroke rehabilitation & phobia treatment.

## **PETSEARCH, LANCASTER, MORECAMBE & OUTLINE AREAS**

Full Name: Mrs M Carter / Miss P Shackleton

Job Title: Contact

7 St Michaels Place

Bolton - le - Sands

Carnforth

Lancs

LA5 8LF

Bus: 01524 823013 / 01524 822518

E-mail: mvcarter@talktalk.net

Notes: Petsearch helps re-unite lost pets with their owners and gives counselling support on pet bereavement.

## **PHILHARMONIC CHOIR, MORECAMBE & DISTRICT**

Full Name: John Gardner

Job Title: Chair

23 Hyde Road

Morecambe

LA4 6NK

Bus: 01524 415431

E-mail: ian.becker@talktalk.net

Notes: This is a choir of 40 to 50 voices performing 2 main & other concerts per year in the classical repertoire. Rehearsals at Holy Trinity, Morecambe Parish Church on Wednesday evenings at 7.30pm.

## PICCADILLY GARDEN

Full Name: Andrea Crook

Job Title: Contact

Piccadilly Garden

South Lodge

Lancaster

LA1 5AA

Bus: 01524 847685

Bus Fax: 01524 381513

E-mail: andrea.crook@piccadillygarden.org

Notes: Piccadilly Garden provides daytime support for people with learning disabilities, based mainly in a horticultural & recycling environment, along with access to other community based opportunities & accredited courses.

## POLISH SATURDAY SCHOOL

Full Name: Anne Roszkolska

Job Title: Head Teacher

Polish Centre

Nelson Street

Lancaster

LA1 1PT

Bus: 01524 39820

E-mail: szkolalancaster@googlemail.com

Notes: The Saturday school teaches children the Polish language, literature & culture. Children are supported to gain GCSE & A levels in Polish. The school also organises cultural & educational outings as well as other social events.

## PORTUGUESE CIRCLE, NORTH WEST

Full Name: Sue Tyson-Ward

Job Title: Contact

12 Brook Street

Lancaster

LA1 1SL

Bus: +44 (01524) 841703

E-mail: sue.tyson-ward@pasteis.plus.com

Notes: The circle promotes interest in all aspects of Portuguese culture including language classes.



## POULTON COMMUNITY GARDENS

Charity Number: 8,088

Full Name: Rita A Gerrard

Job Title: Secretary

Flat 1

130 Thornton Road

Morecambe

LA4 5PL

Bus: 01524 426911

E-mail: ritall@bigfoot.com

Notes: Poulton Community Gardens aim to increase awareness in gardening and the environment, improving areas of biodiversity and conduct workshops for beginners. We strive to increase nesting habitats for wildlife and clean up and beautify wasteland in the area

## POULTON RESIDENTS ASSOCIATION

Full Name: Alan Beattie

Job Title: Secretary

21 Lord Street

Morecambe

LA4 5XH

Bus: 01524 424580

E-mail: alan.f.beattie@talk21.com

Notes: Our Association has its origins in Poulton Resident's Committee, formed in 1992 to work on issues affecting the environment, community & residents of Poulton. We adopted a formal Constitution in 1998. Meetings third Monday of every month.

## PRINCE'S TRUST TEAM PROGRAMME

Charity Number: 1,079,675

Full Name: Donna Horrocks

Job Title: Programme Support Worker

Morecambe Community Fire Station

Westgate

Morecambe

LA4 4TA

Bus: 01524 413358

Bus Fax: as above

E-mail: morecambepsw@lancsfirerescue.org.uk

Notes: The Prince's Trust organises 12 week full-time programmes for young people aged 16-25. The courses aim to develop interpersonal skills in communication, teamwork, motivation, and leadership, helping the young people to become more employable.



## RAINBOW CENTRE

Charity Number: 223,933

Full Name: Mrs Susan Hargreaves

Job Title: Manager

Clarence St

Morecambe

LA4 5EX

Bus: +44 (01524) 415502

Bus Fax: +44 (01524) 415502

E-mail: rainbowcentre@btconnect.com

Notes: The Rainbow Centre is a community centre for over 55s, opening Monday to Thursday 10.00am-4.00pm. Full timetable of activities. Also provides one luncheon, 2 housebound and 1 outside lunch clubs and an advisory service.

## RAMBLERS' ASSOCIATION, LANCASTER GROUP

Charity Number: 1,093,577

Full Name: Joy Greenwood

Job Title: Secretary

25 Connaught Road

Lancaster

LA1 4BQ

Bus: +44 (01524) 32816

E-mail: joygreenwood25@yahoo.co.uk

Notes: The association encourages rambling and mountaineering. It fosters greater knowledge, love, care and preservation of natural beauty in the countryside. It campaigns for the protection of footpaths and access to the countryside.

## RAMBLING CLUB, CHURCH OF ASCENSION

Full Name: Linda Mills

Job Title: Secretary

35 Sycamore Road

Brookhouse

Nr Lancaster

LA2 9PE

Bus: +44 (01524) 771177

E-mail: lindamills@onetel.com

Notes: The purpose of the club is to promote fell-walking and a love and respect for the countryside. The added bonus is socialization through the walks, slide shows, weekends away and the coach rides.



## RECORDED MUSIC SOCIETY, MORECAMBE & HEYSHAM

Full Name: Margaret Rudd

Job Title: Secretary

33 Homfrey Avenue

Morecambe

LA3 3AG

Bus: +44 (01524) 414660

Notes: The group meets in Morecambe on Wednesday evenings at the Ascension Church, Torrisholme, to listen to recorded music on excellent stereo equipment. New members welcome. For details contact Margaret ( 414660 ) or Gordon (421537 )

## RED ROSE SHOTOKAN KARATE CLUB

Full Name: Peter Sly

Job Title: Secretary

171 Fairfield Road

Heysham

LA3 1LS

Bus: +44 (01524) 62043

Notes: This is an amateur club running classes for juniors aged 8, and adults, in karate and self defence.

## RED ROSE YOUTH

Charity Number: 1,065,010

Full Name: Robert Nelson

Job Title: Manager

116 Albert Road

Morecambe

LA4 4QU

Bus: +44 (01524) 427544

E-mail: robertwn@talktalk.net

Notes: This is a music group, open to all, meeting weekly in Lancaster for tuition and local performances. Open to children aged 6 years upwards. Free tuition from volunteers. Some instruments can be provided subject to availability.

## RED WYVERN SOCIETY

Full Name: Elaine and Adrian Waite

Job Title: Organisers

New House

Murton

Appleby in Westmorland

CA16 6ND

Bus: +44 (017683) 51498

Bus Fax: +44 (017683) 54005

E-mail: adrian.waite@awics.co.uk

Notes: This group re-creates aspects of life in 15th century Britain for the enjoyment and education of its members and the general public, by living history, reproductions of artefacts, crafts, mock battles and presentations. New members very welcome.



## RELATE LANCASHIRE & CUMBRIA

Charity Number: 1,083,821

Full Name: John Paton

Job Title: Chief Executive Officer

160 Garstang Road

Fulwood

Preston

PR2 8NB

Bus: +44 (01772) 712808

Bus Fax: 01772 788220

E-mail: [adminman@relatelancashirecumbria.org.uk](mailto:adminman@relatelancashirecumbria.org.uk)

Notes: Relate provides counselling and psychosexual therapy for couples or individuals aged 16 or over. Help is available for couples wishing to end violence in their relationship. The board of trustees is looking for new trustees in the Lancaster area.

## REMAP PANEL NORTH WEST LANCS, ENGINEERING FOR DISABLED

Charity Number: 1,000,456

Full Name: Harry Davis

Job Title: Chair

123 South Hey

Lytham St. Annes

Lancs

FY8 4BE

Bus: 01253 731958

E-mail: [data@remap.org.uk](mailto:data@remap.org.uk)

Notes: Remap is a unique registered charity and our volunteers design and manufacture, or adapt, special equipment for people with disabilities where there is nothing commercially available. This service is delivered by volunteers free of charge.

## RIBBLE VEHICLE PRESERVATION TRUST LTD

Charity Number: 1,074,702

Full Name: John Steven Machell

Job Title: Trustee

105 Scotforth Road

Lancaster

LA1 4JN

Bus: +44 (01524) 60368

E-mail: [steven41904@yahoo.com](mailto:steven41904@yahoo.com)

Notes: The group is interested in the purchase, storage, restoration and display of former Ribble (and associated companies) buses and coaches.



## RIDGE COMMUNITY CENTRE

Full Name: Paul Ireland

Job Title: Manager

Ridge Community Centre

Ridge Square

Patterdale Road

Lancaster

LA1 3HR

Bus: +44 (01524) 389008

E-mail: [pireland\\_ymcalancaster@btconnect.com](mailto:pireland_ymcalancaster@btconnect.com)

Notes: To provide a variety of community activities in the centre for the benefit of the people who live in the Bulk Ward area of Lancaster.

## ROTARY CLUB, CARNFORTH

Charity Number: 1,032,442

Full Name: Mr Leslie Pott

Job Title: Secretary

16 Levens Way

Silverdale

Carnforth

LA5 0TG

Bus: +44 (01524) 701629

E-mail: [lespott@dezy.co.uk](mailto:lespott@dezy.co.uk)

Notes: Rotary Clubs foster the ideal of service; promote high ethical standards in business and professional life and try to advance international understanding. The club organises a range of welfare and recreational activities.

## ROTARY CLUB, LANCASTER LOYNE

Charity Number: 702,889

Full Name: Allan Denham

Job Title: Secretary

20 Bryn Grove

Hest Bank

Lancaster

LA2 6EX

Bus: +44 (01524) 824333

E-mail: [allan\\_denham@hotmail.com](mailto:allan_denham@hotmail.com)

Notes: Rotary Clubs foster the ideal of service; promote high ethical standards in business and professional life and try to advance international understanding. The club organises a range of welfare and recreational activities.



## **ROYAL AIR FORCE ASSOCIATION, MORECAMBE & LANCASTER BRANCH**

Charity Number: 1,072,421

Full Name: Mrs D.Armstrong

Job Title: Secretary

Tynedale

217 Westminster Road

Heysham

Morecambe

LA3 1UL

Bus: +44 (01524) 419020

E-mail: tynedale@live.co.uk

Notes: This group is open to all serving and former members of the Royal Air Forces of the Commonwealth and their dependants. It offers comradeship to all the members and attends to the well being of those members who are in need.

## **ROYAL BRITISH LEGION WOMEN'S SECTION (LANCASTER)**

Charity Number: 219,279

Full Name: June Smith

Job Title: Secretary

118a Broadway

Morecambe

LA4 5XZ

Bus: 01524 413074

E-mail: june@bish.eclipse.co.uk

Notes: This group meets monthly to socialise & fundraise, helping ex members of the Women's Forces & their dependants. All ex service women or relations of ex service personnel are welcome.

## **ROYAL BRITISH LEGION, LANCASTER BRANCH**

Charity Number: 219,279

Full Name: Mr P Yates

Job Title: Welfare Caseworker and War Pensions Officer

55 Coniston Road

Lancaster

LA1 3NJ

Bus: +44 (01524) 61022

Notes: The Royal British Legion helps all ex-service and serving personnel and their dependants in the area with pension or welfare needs.



## RSPCA CHARITY SHOP, MORECAMBE

Charity Number: 232,252

Full Name: Ann Turner

Job Title: Branch Secretary

Longview Animal Centre

Division Lane

Blackpool

FY4 5EB

Bus: 01253 763991

E-mail: a.m.turner13@btinternet.com

Notes: This is a charity shop selling goods donated by the general public and a range of new items including RSPCA cards and gifts. All proceeds go to the local branch.

## RSPCA, BLACKPOOL AND NORTH LANCS BRANCH

Charity Number: 232,252

Full Name: Ann Turner

Job Title: Hon Branch Secretary

Longview Animal Home

Marion Moss

Division Lane

Blackpool

FY4 5EB

Bus: +44 (01253 763991)

Notes: The group arranges free neutering and microchipping of pet animals for people on benefits. We also rehome unwanted animals. You can help by assisting in local fundraising activities or by becoming a Trustee/Committee member.

## RUGBY CLUB, VALE OF LUNE

Full Name: Peter Lovett- Horn

Job Title: Secretary

Powder House Lane

Lancaster

LA1 2TT

Bus: 01524 64029

E-mail: valerugby@btconnect.com

Notes: The Vale of Lune provides top class facilities for rugby, squash & archery. The club has more than 300 Members & has a mini/junior section acknowledged as the best in the county. It also provides catering facilities for social occasions & meetings.

## SALVATION ARMY, MORECAMBE

Charity Number: 214,779

Full Name: Captains Simon & Carolyn Clampton

Job Title: Officers In Charge

Salvation Army Church & Community Centre

Balmoral Road

Morecambe

LA3 1HJ

Bus: +44 (01524) 415718

Notes: The Salvation Army is an integral part of the Christian church, distinctive in government and practice. It aims to advance Christian faith; to educate, relieve poverty and benefit the community of mankind.

## SAMARITANS OF LANCASTER & DISTRICT

Charity Number: 501,761

Full Name: Tony Guenault

Job Title: Treasurer

21 Sun Street

Lancaster

LA1 1EW

Bus: +44 (01524) 61666

E-mail: [tony.guenault@btinternet.com](mailto:tony.guenault@btinternet.com)

Notes: Samaritans work to ensure that people with overwhelming feelings of despair, including ones that may lead to suicide, receive appropriate emotional support. The telephone line is open round the clock throughout the year. Visitors welcome.

## SCOUT ASSOCIATION, LONSDALE DISTRICT SCOUT COUNCIL

Charity Number: 1,027,167

Full Name: Mrs Musgrave

Job Title: District Secretary

19 Birch Road

Garstang

PR3 1WJ

Bus: +44 (01995) 605170

E-mail: [dImus19@aol.com](mailto:dImus19@aol.com)

Notes: The movement encourages the physical, mental and spiritual development of young people so that they can take a constructive place in society, by providing progressive training based on the Scout Promise and Law, guided by adult leadership.

**SCOUT GROUP - 35th LANCASTER (ST JOSEPHS)**

Charity Number: 521,576

Full Name: Kieron Ryan

Job Title: Group Scout Leader

20 Tan Hill Drive

Skerton

Lancaster

LA1 2JB

Bus: +44 (01524) 36646

E-mail: kieron.ryan@virgin.net

Notes: To promote physical, mental and spiritual development of young people so that they may take a constructive place in society.

**SERENE REFLECTION MEDITATION GROUP (ZEN)**

Full Name: Kate Shirra-Gibb

Job Title: Contact

20 Albion Mews

Lancaster

LA1 1GE

Bus: +44 (01524) 39918

E-mail: kateshirra-gibb@talktalk.net

Notes: The purpose of the group is to promote the practice of meditation within the Soto Zen tradition of Buddhism. Newcomers are welcome and instruction in meditation is available. Meetings include talks and discussions on aspects of practice.

**SIGNPOSTS, MULTI- AGENCY RESOURCE CENTRE LTD**

Charity Number: 1,117,645

Full Name: Pamela Beswick

Job Title: Chief Executive

58 Regent Road

Morecambe

LA3 1TE

Bus: 01524 419021

Bus Fax: 01524 411541

E-mail: signpostsmarc@signposts.org.uk

Notes: Signposts supports the local community on a wide range of issues, housing, health benefits etc. The Centre holds comprehensive source materials & can access support through contacts with other agencies.

## SILVERDALE PLAYGROUP

Full Name: Jayne Finch

Job Title: Chair

48 Emesgate Lane

Silverdale

Carnforth

LA5 0RF

Bus: 01524 702617

E-mail: silverdaleplaygroup@live.co.uk

Notes: Silverdale Playgroup aims to provide a safe & stimulating environment for village children aged 2-4 years old to learn & socialise together through structured play. It organises fundraising activities & supports parents by arranging social events.

## SKERTON COMMUNITY ASSOCIATION

Charity Number: 1,058,920

Full Name: Lou Andrews

Job Title: Co-ordinator

Slyne Road

Skerton

Lancaster

LA1 2JH

Bus: +44 (01524) 380818

E-mail: LOUDANDREWS@aol.com

Notes: Skerton Community Association aims to offer community activities including youth groups, karate, women's craft, over 55's club, volunteering & training opportunities, yoga, family cooking, community library, credit union, Furniture Matters referrals, pri

## SLYNE -WITH- HEST PRE- SCHOOL

Full Name: James Meeks

Job Title: Treasurer

17 Station Road

Hest Bank

Lancaster

Lancashire

LA2 6HP

Bus: 01524 823535

E-mail: themeekstar@hotmail.com

Notes: We provide sessional care for children of pre-school age. We are a registered charity & rely on a voluntary management committee which meet monthly.

## SOUND FOUNDATION, LANCASTER

Full Name: Mike Kiernan  
 Job Title: Chairperson  
 42 Prospect Street  
 Lancaster  
 LA1 3BJ

Bus: +44 (01524) 844994

Notes: This group is promoting the creation of an arts centre/live music venue in the City.

## SPORTSREACH

Charity Number: 1,065,723

Full Name: John Gorst

Job Title: Administrator

57 Lancaster Road

Carnforth

LA5 9LE

Bus: +44 (01524) 730000

Bus Fax: +44 (01524) 730000

E-mail: office@sportsreach.org.uk

Notes: This Christian ministry organises soccer sports schools for young persons where the fundamentals of soccer are taught with an emphasis on sportsmanship and character building based on Biblical principles.

## ST JOHN AMBULANCE, LONSDALE QUAD UNIT

Charity Number: 3,866,129

Full Name: Hazel Ross

Job Title: Officer in Charge

St John Ambulance HQ

Alice Street

Morecambe

LA4 5NH

Bus: 01524 426471

Bus Fax: 01524 426471

Notes: St John Ambulance provides first aid cover for public events & training for the community. Adults (18+) meet Mondays (7.00 - 9.00 pm) Cadets (10-18 years) meet Fridays ( 6 - 7.45 pm) & Badgers ( 6 - 10 years) meet Wednesdays ( 6 - 7:30 pm).

## ST JOHN FELLOWSHIP, LONSDALE BRANCH

Charity Number: 1,077,265

Full Name: June Smith

Job Title: Secretary

118a Broadway

Morecambe

LA4 5XZ

Bus: +44 (01524) 413074

E-mail: [june@bish.eclipse.co.uk](mailto:june@bish.eclipse.co.uk)

Notes: Open to all St John Ambulance members, active or retired, plus their friends and family. Activities allow members to socialise together, raise funds for St. John and support sick and elderly members.

## ST JOHN THE DIVINE SANDYLANDS C OF E P.C.C.

Full Name: Michael L.Knight

Job Title: Church Warden

56 Stanley Road

Morecambe

Lancs

LA3 1UR

Bus: 01524 422581

Home: 07799464502

E-mail: [michaellknight@talktalk.net](mailto:michaellknight@talktalk.net)

Notes: To respond to human need by loving service, to seek to transform unjust structures of society, to strive to safeguard the integrity of creation & sustain & renew the earth. To proclaim the good news of God's kingdom.

## ST JOHN'S HOSPICE

Charity Number: 510,667

Full Name: Lorraine Swanson

Job Title: Volunteer Coordinator

Slyne Road

Lancaster

LA2 6ST

Bus: +44 (01524) 382538

Bus Fax: 01524 848665

E-mail: [lorraine@sjhospice.org.uk](mailto:lorraine@sjhospice.org.uk)

Notes: The Hospice offers palliative care and symptom control for patients with terminal illness and respite care for patients with severe chronic disabling illnesses.

## ST JOHN'S HOSPICE AND CANCERCARE SHOPS LTD

Full Name: Anne Ellis  
Job Title: General Manager  
22 Edenvale Crescent  
Lancaster

Bus: 01524 64733  
Bus Fax: +44 (01524) 409900  
E-mail: [shops@sjhospice.org.uk](mailto:shops@sjhospice.org.uk)

Notes: Cancercare have three charity shops, one in Lancaster, one in Morecambe and one on the University campus, all offering quality goods donated by members of the public for sale to raise money for the work of Cancercare and St John's Hospice.

## ST PAUL'S SCOTFORTH YOUTH GROUP

Full Name: Mrs K Beck  
Job Title: Youth Leader  
St Paul's Parish Hall  
Scotforth Road  
Lancaster  
LA1 4SA

Bus: 01524 843135

Notes: We aim to give the local children a place to meet & chill out with friends on the 2nd & 4th Sunday of every month. We do various activities which children have voted for. We also have a religious theme to all our sessions.

## ST PETER'S CATHEDRAL, DIOCESE OF LANCASTER

Charity Number: 234,331  
Full Name: Caroline Hull  
Job Title: Events Co-ordinator  
Cathedral House  
Balmoral Road  
Lancaster  
LA1 3BT

Bus: 01524 384820  
Bus Fax: 01524 384831

E-mail: [events@lancastercathedral.org.uk](mailto:events@lancastercathedral.org.uk)

Notes: This is a Roman Catholic cathedral serving the Diocese of Lancaster (including Lancashire and Cumbria ) and the wider community.

## ST THOMAS'S CHURCH

Full Name: Dave Cummings

Job Title: Administrator

St. Thomas's Church office

Marton Street

Lancaster

LA1 1XX

Bus: 01524 590410

E-mail: [dave@st.tees.org.uk](mailto:dave@st.tees.org.uk)

Notes: We are a lively evangelical Anglican church in Lancaster city centre. About 600 adults and children share in Sunday worship across our 3 main services.

## STEINER SCHOOL, LANCASTER

Charity Number: 1,066,821

Full Name: Alice Granger

Job Title: Administrator

Lune Road

Lancaster

LA1 5QU

Bus: +44 (01524) 841351

E-mail: [lancastersteinerschool@yahoo.co.uk](mailto:lancastersteinerschool@yahoo.co.uk)

Notes: The school provides education for 3-11 year old children based around its child centred curriculum and organises parent and toddler groups. A holistic and creative approach to early years development is fostered.

## STEPPING STONES, NIGERIA

Charity Number: 1,112,475

Full Name: Gary Foxcroft

Job Title: Programme Director

24 St Leonard's House

St Leonard's Gate

Lancaster

LA1 1NN

Bus: 0845 3138391

E-mail: [gary@steppingstonesnigeria.org](mailto:gary@steppingstonesnigeria.org)

Notes: Stepping Stones Nigeria works with partner organisations in the Niger Delta region of Nigeria to protect, save & transform the lives of vulnerable & disadvantaged children.

## STOREY GALLERY

Charity Number: 1,075,725

Full Name: John Angus

Job Title: Director

26 Sun Street

Lancaster

LA1 1EW

Bus: +44 (01524) 844133

Bus Fax: +44 (01524) 844133

E-mail: [info@storeygallery.org.uk](mailto:info@storeygallery.org.uk)

Notes: This is an artist centred gallery which commissions, presents and promotes contemporary visual art by nationally and internationally significant artists. It encourages artistic experimentation, and aims to stimulate critical thought and debate.

## STROKE ASSOCIATION, MORECAMBE BAY

Charity Number: 211,015

Full Name: Gregg Beaman

Job Title: Communication Support Co-ordinator

Office 4-0-7

Cameron House

White Cross

Lancaster

LA1 4XF

Bus: 07717275709

E-mail: [gregg.beaman@stroke.org.uk](mailto:gregg.beaman@stroke.org.uk)

Notes: To support and enable people who have a language difficulty following a stroke to gain in confidence and use their communication skills to best effect (see also Stroke Club).

## STROKE CLUB, LANCASTER DISTRICT

Charity Number: 518,620

Full Name: Mrs P Smith

Job Title: Chair

42 Atherton Road

Lancaster

LA1 5SP

Bus: 01524 848172

E-mail: [a2604@tiscali.co.uk](mailto:a2604@tiscali.co.uk)

Notes: We meet alternate Mondays to socialise, play games, quizzes, illustrated talks, singing. We have outings to the theatre, half day trips & meals.



## TENNIS LEAGUE, LANCASTER, MORECAMBE & DISTRICT

Full Name: Mr J Bowers  
Job Title: League Secretary  
49 Stankelt Road  
Silverdale  
Carnforth  
LA5 0TH  
Bus: +44 (01524) 701368

Notes: The league exists to organise matches between local women's, men's and mixed teams. Details of local clubs will be given on request.

## THIRD SECTOR PROJECTS

Full Name: Nicole Hollis  
Job Title: Project Development Worker  
64 Trafalgar Road  
Lancaster  
LA1 4DA  
Bus: 01524 35640  
E-mail: [nicolehollis@tiscali.co.uk](mailto:nicolehollis@tiscali.co.uk)

Notes: The aim of the group is to act as an umbrella organisation supporting projects which offer bespoke solutions to local issues, focusing on health and emotional well-being.

## THUMBPRINT

Charity Number: 1,094,984  
Full Name: Dave Kirsopp  
Job Title: Co-ordinator  
The Cornerstone  
Sulyard Street  
Lancaster  
LA1 1PX  
Bus: 01524 382800  
E-mail: [dave@thumbprint-online.org.uk](mailto:dave@thumbprint-online.org.uk)

Notes: Thumbprint enables people with learning disabilities to set up and run their own projects. People with learning disabilities are supported as equal citizens, able to take a pro-active role in building self owned projects. A flexible, dynamic service.

## TOGETHER, WORKING FOR WELLBEING

Charity Number: 211,091

Full Name: Liz Swallow

Job Title: Project manager

Unit 7.1.9 Cameron House

White Cross

Lancaster

LA1 4XF

Bus: 01524 841899

E-mail: pm-lancashirecss@together-uk.org

Notes: The support service provides housing related support to people with mental health problems living in their own homes. We can help find suitable accommodation, manage finances, benefits & access opportunities for work, leisure & education.

## TORRISHOLME ROAD ALLOTMENTS ASSOCIATION

Full Name: John Silver

Job Title: Secretary

5 Bertram Ave

Morecambe

LA4 4PW

Bus: 01524 418508

E-mail: torrisholmeroad.AA@gmail.com

Notes: To provide allotment gardening facilities for recreation & leisure time pursuits in the interests of health & social welfare for the benefit of inhabitants of this area.

## TOWNSWOMEN'S GUILD, HEYSHAM

Full Name: Mrs Whight

Job Title: Secretary

291 Heysham Road

Heysham

LA3 4PY

Bus: +44 (01524) 850015

Notes: The objects of the guild are to advance the education of women to enable them to make a contribution to the common good; to educate women in the principles of good citizenship and provide social and recreational activities.

## TRADES UNION COUNCIL , LANCASTER & MORECAMBE

Full Name: David Barnes

Job Title: Secretary

178A Lancaster Road

Morecambe

LA4 5QP

Bus: +44 (01524) 413600

Bus Fax: +44 (01524) 413600

E-mail: lmtuc@pop3.poptel.org.uk

Notes: This is a forum for all local trades union branches, meeting on the first Tuesday of every month (except August) and is a resource/advice centre on employment matters, open to the public by arrangement.

## TRANSITION CITY LANCASTER (TCL)

Full Name: Chris Hart

Job Title: Initiator

41 Woodville Street

Lancaster

LA1 3QD

Bus: 01524 840591

E-mail: [earthheart@talktalk.net](mailto:earthheart@talktalk.net)

Notes: The group is part of an international network that aims to create community resilience to a more secure energy future. The threats of peak oil & climate change will require new ways of living & a crucible for emergency responses.

## TRIMPELL BOWLING CLUB

Full Name: Tom Evans

Job Title: Chair

8 Cyprus Road

Heysham

LA3 2QP

Bus: 01524 853860

E-mail: [evanstgf@btinternet.com](mailto:evanstgf@btinternet.com)

Notes: To provide facilities for people to play crown green bowls in a clean friendly & enjoyable environment. To encourage & coach young persons & provide future players.

## TRINITY COMMUNITY CENTRE, LANCASTER

Full Name: Val Penny

Job Title: Booking Officer

Middle Street

Lancaster

LA1 1JZ

Bus: +44 (01524) 381752

Notes: The centre is owned by Trinity United Reformed Church and is a full time base for Lancaster District CVS, as well as providing bookable rooms for various other groups and recreational activities.

## TRINITY UNITED REFORMED CHURCH

Full Name: Janet Ward

Job Title: Elder

22 Castle Park

Lancaster

LA1 1YQ

Bus: 01524 60273

E-mail: [wardjrm2005@yahoo.co.uk](mailto:wardjrm2005@yahoo.co.uk)

Notes: The church has 2 centres of worship:- Trinity Bowerham Centre, Thursday afternoons 2.30 pm and Sunday evenings 6.30pm. Trinity High Street :- Sunday mornings 10.30am

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## TWL TRAINING LTD

Full Name: Becky Webster

Job Title: Community Outreach Advisor

2nd Floor

Telephone House

Fenton Street

Lancaster

LA1 1TE

Bus: 01524 840952

E-mail: rebecca.webster@twluk.com

Notes: TWL provides quality training to guide learners into employment with continued training. We offer individualised packages, including employability skills, life skills and key skills.

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## UNIQUE KIDZ & CO

Full Name: Denise Armer

Job Title: Director

23 Sand Lane

Warton

Carnforth

Lancs

LA5 9NN

Bus: 07596 988267

E-mail: uniquekidzandco@yahoo.co.uk

Notes: To advance the social & play opportunities of children & young people with additional needs/disabilities through specialist holiday & after school play schemes. To provide information, advice & advocacy to parents, carers & provide them with equal opportunity.

## UNIVERSITY OF CUMBRIA VOLUNTEERS

Charity Number: 326,550

Full Name: Emma Egglestone

Job Title: Volunteer Co-ordinator

University of Cumbria Students' Union

Bowerham Road

Lancaster

LA1 3JD

Bus: +44 (01524) 526577

Bus Fax: 01524 841924

E-mail: Emma.egglestone@Cumbria.ac.uk

Notes: University of Cumbria Volunteers signposts students to local volunteer opportunities. Local organisations may publicise their opportunities through our service.

**U****UNIVERSITY OF THE THIRD AGE**

Charity Number: 1,014,076

Full Name: Margaret Kennon

Job Title: Chairman

Yew Tree Cottage

Over Kellet

Carnforth

Lancs

LA6 1BS

Bus: 01524 736393

E-mail: [handmkennon@tiscali.co.uk](mailto:handmkennon@tiscali.co.uk)

Notes: U3A, an autonomous, self help organisation. Its' members voluntary efforts encourage & enable older people to share knowledge, skills & interests with others. Its' lifelong learning programme consists of educational & recreational activities.

**V****VCFS ICT SUPPORT SERVICE (SIGNPOSTS)**

Full Name: Pamela Beswick

Job Title: Project Director

58 Regent Road

Morecambe

LA3 1TE

Bus: 01524 427788

Bus Fax: +44 (01524) 411541

E-mail: [signpostsmarc@signposts.org.uk](mailto:signpostsmarc@signposts.org.uk)

Notes: Signposts supports the local community on a wide range of issues, housing, health, benefits etc. The centre holds comprehensive source materials and can access support through contacts with other agencies.

**VICTIM SUPPORT, NORTHERN DISTRICT**

Charity Number: 298,028

Full Name: Laraine Carr

Job Title: District Manager

37 Springfield Road

Blackpool

FY1 1BZ

Bus: +44 (01253) 626193

Bus Fax: +44 (01253) 626194

E-mail: [laraine.carr@victimsupport.org.uk](mailto:laraine.carr@victimsupport.org.uk)

Notes: This confidential free service provides emotional support and practical help to all victims of crime and gives support to victims and witnesses in court. They accept self-referrals and referrals from other agencies. They have an outreach in Morecambe.



## VICTORIA INSTITUTE

Charity Number: 521,068

Full Name: Barbara Dearnley

Job Title: Treasurer

21 Brookhouse Road

Caton

LA2 9QT

Bus: 01524 771733

E-mail: bcd@hotmail.co.uk

Notes: Our venue provides rooms for hire to local organisations. We have 3 rooms available, large hall & 2 smaller rooms plus an IT suite with networked computers & can provide a projector & interactive whiteboard.

## VILLAGE HALL, OVER KELLET

Charity Number: 521,279

Full Name: Mr John Briggs

Job Title: Secretary

The Cottage

Capernwray Road

Over Kellet

Carnforth

LA6 1BX

Bus: +44 (01524) 736026

Notes: The committee maintains the village hall as a community centre for the activities of local residents, and it is available for private hire.

## VILLAGE HALL, WARTON

Charity Number: 504,993

Full Name: Mrs P. A. M. Riley

Job Title: Booking Secretary

155 Yealand Road

Warton

Carnforth

LA5 9QF

Bus: +44 (01524) 735016

E-mail: riley\_ronpam@hotmail.com

Notes: This village hall provides facilities for educational and recreational activities for local people and visitors.

## VILLAGE HALL/COMMUNITY CENTRE, BOLTON LE SANDS

Charity Number: 700,264  
 Full Name: G Forrest  
 Job Title: Secretary/Treasurer  
 30 Broadlands Drive  
 Bolton-le-Sands  
 Carnforth  
 LA5 8BH  
 Bus: +44 (01524) 824346  
 E-mail: gforrest@homecall.co.uk  
 Notes: The village hall is organised and managed by a committee for the use of local residents/societies.

## VILLAGE HALL/COMMUNITY CENTRE, GLASSON DOCK

Charity Number: 1,020,076  
 Full Name: Claire Hawkins  
 Job Title: Secretary  
 6 Quernmore Drive  
 Glasson Dock  
 Lancaster  
 LA2 0DN  
 Bus: +44 (01524) 751300  
 E-mail: glassondock@btinternet.com  
 Notes: The committee maintains the village hall as a community centre for the use of local residents. The hall is used for a variety of community events and is available for hire.

## VILLAGE INSTITUTE, SILVERDALE

Charity Number: 1,014,665  
 Full Name: Mr T.D. Kendrick  
 Job Title: Treasurer  
 18 Fairfield Close  
 Carnforth  
 LA5 9XL  
 Bus: 01524 732811  
 Notes: The Silverdale Village Institute provides a venue for yoga, bridge, whist, dominoes, snooker, other club pursuits & annual uses by village organisations for celebrations etc.

## VOLUNTARY POLICE CADETS, LANCASTER

Full Name: P. C. Kath Bromilow  
 Job Title: Youth Involvement Officer  
 Morecambe Police Station  
 21 Poulton Square  
 Morecambe  
 LA4 5PZ  
 Bus: 01524 596979  
 E-mail: kathleen.bromilow@lancashire.pnn.police.uk  
 Notes: The voluntary Police cadets course is for young people who want an insight into the police force & the agencies we work with, emphasis placed on Community work.

## WARTON COMMUNITY RECREATION AREA COMMITTEE

Full Name: Helen Barker  
 Job Title: Secretary  
 1 Farleton Close  
 Warton  
 Carnforth  
 Lancs  
 LA5 9PE  
 Bus: 01524 732788  
 E-mail: hbarker@wartongrange.fsnet  
 Notes: We aim to plan, design, fundraise & deliver improved recreation facilities in Warton.

## WEST END DISABLED & COMMUNITY GROUP

Full Name: Dave Evans  
 Job Title: Co-ordinator  
 Resource Centre  
 22a Yorkshire Street  
 Morecambe  
 LA3 1QE  
 Bus: +44 (01524) 833080  
 E-mail: morecambe\_r3s-shop@tiscali.co.uk  
 Notes: Providing an area at Osborne Road allotments for the disabled, both groups & individuals. Also for local primary schools. Heysham High school & the Boy's Brigade to grow fruit, flowers & vegetables in a safe environment currently under construction.

## WEST END HEYSHAM NORTH ALLOTMENT ASSOCIATION

Full Name: Ron Hayhurst  
 9 Alexandra Road  
 Morecambe  
 LA3 1TH  
 Bus: 01524 421270  
 E-mail: morecambe\_r3s-shop@tiscali.10.uk  
 Notes: Provide allotments in the Morecambe & Heysham areas at Osborne Road allotments.

## WEST END IMPACT

Charity Number: 1,094,125  
 Full Name: Tracy Kohl  
 Job Title: Manager  
 12-14 Heysham Road  
 Morecambe  
 LA3 1DG  
 Bus: 01524 853857  
 E-mail: Tracy@mcc.uk.com  
 Notes: Our organisation helps people with various needs. We feed & advise the homeless & those in poor accommodation. We run a youth club, a parent café, an art group & a 'Hep C' advice group & other small groups.

W

## WHIRLWIND THEATRE FOR CHILDREN

Full Name: Myette Whalley

Job Title: Director

54 High Road

Halton

Lancaster

LA2 6PS

Bus: 07505903229

E-mail: [enquiries@whirlwindtheatre.org.uk](mailto:enquiries@whirlwindtheatre.org.uk)

Notes: Outstanding music based theatre for & with children from all backgrounds & with all abilities.

## WILDLIFE TRUST FOR LANCASHIRE, MANCHESTER & N MERSEYSIDE, THE

Charity Number: 229,325

Full Name: Nicola Estill

Job Title: North Lancashire Community Project Officer

Moneyclose Lane

Heysham

LA3 2UW

Bus: (01524) 855030

E-mail: [nestill@lancswt.org.uk](mailto:nestill@lancswt.org.uk)

Notes: The group is part of the Wildlife Trusts partnership, the UK's leading conservation charity dedicated to all wildlife. The 47 local trusts and their junior branch, Wildlife Watch, work together with local communities to protect wildlife in all habitats

## WOMEN'S AID, LANCASTER & DISTRICT

Charity Number: 1,012,353

Full Name: Shelan Holden

Job Title: Co-ordinator

PO Box 669

Lancaster

LA1 2ZP

Bus: +44 (01524) 389637

Bus Fax: +44 (01524) 39962

E-mail: [shelan@ldwa-support.org](mailto:shelan@ldwa-support.org)

Notes: Lancaster & District Women's Aid operate a domestic violence specialist service for women. We offer a local helpline, outreach & tenancy support, counselling & a support group. Training in domestic abuse awareness & related issues is available. Helpli

**W**

## **WOODFIELD RESIDENTS' ASSOCIATION**

Full Name: Mr Peter Barrow

Job Title: Secretary

28 Monkswood Avenue

Bare

Morecambe

LA4 6TW

Bus: 01524 414655

Notes: This group provides social and recreational activities for disabled and elderly people living in sheltered housing.

## **WORKERS' EDUCATIONAL, ASSOCIATION (WEA), LANCASTER**

Charity Number: 314,001

Full Name: Harriet Grimsditch

Job Title: Learning manager (Lancashire)

Crawford House

Precinct Centre

Oxford Road

Manchester

M13 9GH

Bus: 01204 304008

Bus Fax: 0161 274 4948

E-mail: [hgrimsditch@wea.org.uk](mailto:hgrimsditch@wea.org.uk)

Notes: The WEA organises accessible, high quality learning, that is responsive and relevant to the interests and needs of adults. We offer accredited / non-accredited courses and welcome the opportunity to work in partnership with VCFS groups.

**y**

## **YOUNG AT HEART SOCIAL CLUB**

Full Name: David Rowland

Job Title: Chairman

2 Branksome Drive

Morecambe

LA4 5UL

Bus: 01524 401711

E-mail: [youngatheart2008@live.co.uk](mailto:youngatheart2008@live.co.uk)

Notes: This is a club where people can meet and enjoy activities and outings, socialise and meet new friends over a cup of tea and exchange books and ideas for different activities.



## YOUNG LANCASHIRE

Charity Number: 518,147

Full Name: Mr Graham Whalley

Job Title: Chief Officer

10 Fishergate Hill

Preston

PR1 8JB

Bus: +44 (01772) 556127

Bus Fax: +44 (01772) 251334

E-mail: grahamw@lya.org.uk

Notes: This association facilitates the development of the voluntary youth sector, through a range of youth work opportunities and the provision of support, guidance and back up to volunteer youth workers.

## YOUNG MEN'S CHRISTIAN ASSOCIATION (YMCA), LANCASTER & DISTRICT

Charity Number: 250,536

Full Name: Phil McGrath

Job Title: General Secretary

YMCA "Heart of the City"

Fleet Square

Lancaster

LA1 1HA

Bus: +44 (01524) 32737

E-mail: ymcalancaster@btconnect.com

Notes: YMCA caters for the development & needs of the individual in body, mind & spirit. It delivers specific work towards people in crisis, including homeless, offenders & also to the wider community through its Community Development Programme.

## YOUTH & COMMUNITY CENTRE, HALTON

Charity Number: 506,984

Full Name: Maureen Richardson

Job Title: Fundraiser

165 High Road

Halton

Lancaster

LA2 6PY

Bus: +44 (01524) 811854

E-mail: mrichardson61@hotmail.com

Notes: We provide a venue for people of all ages to pursue leisure, social and educational activities in order to develop their physical, mental and spiritual capacities. Our venue is open to all people without distinction.